

Classifieds

Shopfitting & Furniture

Window Display Holder
Samsung Logitel Telephone System
Cupboard
Stationary, Files etc
Sinige/Wit Lght 2meters x 600mm
Office Furniture, National Safe-car 2
with draws=
Pc screens hp with keyboard
Please Call; Louriza; 083 444 9069
to view items ads0000

BMW for Sale

BMW 116i, 2007, 7600KM, White
Motorplan, Immaculate. R130 000
O.N.O Contact Faried 082 5511 945

BMW 116i X5, 2006, 75000KM, Grey
Motorplan, Fullhouse, Immaculate,
R315 000 O.N.O Contact Faried
082 5511 945 ads0119

Event, Wedding and Portrait Photography

visit: www.brandihill.com
email info@brandihill.com for book-
ing information or call 084 480 3256
sel0187

Fiat Uno Spares

ARE you struggling with your Fiat
spares call Julius on 071 840 3266
or E-mail: mwalimu64@gmail.com
tom0007

DJ Lamza's Mobile Disco

ANY "CELEBRATION" 079 497
6288/ 083 785 3620 Website:
djlamza.webstarts.com Email:
dj.lamza@vodamail.co.za
djworks@mtnloaded.co.za ren0038

Neolife Spring Water

NEOLIFE Natural Spring Water
provides high quality bottled water.
Riaan 083 378 4557
(Rustenburg). ads0199

Cash 4 Cars

SPOT cash for your car! 083 277
0445! tom06

LIFELINE

LIFELINE provides caring,
confidential counselling for
persons experiencing personal
problems, trauma or crisis. Personal
interviews are available at the
centres in Klerksdorp, Mafikeng
and Rustenburg or on the 24 hour
telephone: 0861-322-322. VCT
(Voluntary Counselling and Testing)
for HIV is available. At Rustenburg
times are Monday to Friday 0800 -
1500 and Saturdays 0900 - 1200.
24 hour information provided on
0800 012 322. 24 hours available
counseling lines: Counselling &
Crisis intervention: 0861 322 322.
HIV Helpline: 0860 012-322. Stop
Gender Violence Helpline: 0800 150
150. LifeLine Office Numbers: Rus-
tenburg: 014-594 1455; Mafikeng
018-381 0976; Klerksdorp 018-462
1838. tm0004

Classifieds Classifieds

POM POM Hondosalon

WAS, Dip & Sny van alle honde- en
katte rasse. Montego Honde- en
Katkos beskikbaar. Op- en aflaa
Maandag tot Vrydag. Skakel: 014
592 6498 ren0016

Pastel Training

Accounting & Payroll Training @ a
Pastel Authorised Training Centre in
Rustenburg. Accounting 2-3 days &
Payroll 4 days Full Time from 09:00-
15:30 including lunch, or Part Time
on Saturdays. Contact: 073 165
6901 - 014 596 6978 - 0828031770
or janetbotha@mweb.co.za. Book
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Precious/ Nicolene 014 592 5671
or 0145925755 or Fax: 086 540
9028. Inba Building Office No
3. C/o Boom & Van Alphen Str
sel0160

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Street. Loans up to R6500.00.
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T+C apply. REN0042

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Leë Huise / Empty houses

**Vervoer / Mini Movers /
Transport** - Tuinrommel / Garden
Refuse - Bourommel / Building
Waste - Meubels / Furniture:
Persoonlike Toesig / Personal
Supervision
Alwyn: 082 447 2060 Fax: 086 574
1558 / alwyn.elfoffe@vodamail.
co.za ads2034



Holiday Accommodation

Winkelspruit Self catering, 6
sleeper flat Walking distance from
beach Sea View R350 per night
Contact Chandre 0829610925
henk@tlouconsult.co.za REN 0034

Properties Needed

We urgently need homes to let.
Free maintenance plan included
Jakes 0828059252 ads2043

Cooking Classes

PRESENTED by Pamela Mostert
and Wilna Knoesen. Have you
always wanted to know that little
more about food preparation and
presentation? Then this is for you!
Where: Reformed Church cnr.
Klopper & Zending Street. When:
20th July 2011 from 9 o'clock
till 12. Cost: R300.00 per class.
Please confirm for a reservation in
the class only 20 seats per class.
Contact - Pamela 072 480 9291 /
Wilna: 083 976 2691 sel0039

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TRAUMA RESCUE
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Emergencies: When to call an Ambulance

In a medical emergency call 0861 789 911 !!! Don't
hesitate to call if you're not sure if the situation is
an emergency or not. If in doubt, call anyway. Call-
ing an ambulance can be the difference between life
and death. However, it is a good idea to take a
first aid course so that you can recognise a medical
emergency and administer effective first aid until
medical help arrives.

What is a medical emergency?

- Unconscious person – who doesn't wake or re-
spond when shaken.
- Heart attack (suspected) – pain in the chest, es-
pecially if it lasts more than five minutes. The pain
may spread to arms and jaw.
- Breathing difficulty – especially if the person is un-
able to speak more than a few words or has blue
lips or mouth.
- Abdominal pain – that is severe and undiagnosed.
- Haemorrhages – major uncontrolled bleeding.
- Bleeding – that does not stop after at least 10 min-
utes of continuous pressure.
- Back pain (severe) – after a fall or after sudden
onset of back pain if over 50 years of age.
- Burns – which are bigger than the size of a hand
and/or cause severe pain that is not relieved with
simple painkillers, or if the person has difficulty
breathing.
- Choking – especially if the person is unable to
talk, cry or breathe.
- Convulsions or fitting – or if they have no history of
convulsions (for example epilepsy or brain injury).
- Drowning, near drowning, diving or scuba acci-
dent.
- Stroke (possible) – especially if the person experi-
ences numbness, loss of function of hand, arm or

leg, slurred speech, facial droop or severe abrupt
headache.

- Headache (severe) – not the usual kind, with or
without loss of function of arm or leg.
- Motor vehicle accidents – if you think someone
has been injured.
- Industrial accidents – where a person is injured
or trapped.
- Vaginal bleeding (severe) – with possible or con-
firmed pregnancy.
- Suicide attempt.
- Pain (severe) after a fall or injury – when the per-
son is unable to sit up, stand or walk.
- Drug overdose or poisoning – whether you know
for sure or just suspect an overdose.

- Diabetes – if the person is not fully awake or not
behaving normally.
 - Allergic reaction – especially with difficulty breath-
ing or loss of consciousness.
 - Electrical shock – of any kind.
 - Trauma (injury) – which is severe, especially to
the head, neck, chest or abdomen – for example if
the person was stabbed, shot or impaled, or hit by
or ran into an object.
 - Meningococcal disease – if symptoms indicate
possible infection.
 - Hypothermia or heat stress – which is severe.
- If you're not sure, call 0861 789 911 anyway...

EMERGENCY: 0861 789 911



**OFFICE FURNITURE FOR SALE!
!!BARGAINS!!**

Call 083 980 8057

CRANE CORPORATION
22 Cobalt Street, Rustenburg, Ziniaville

CRANE HIRE 24/7

Anthony Petzer
P.O. Box 6301 Cell: 082 849 9008 Tel: 014 538 1461
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