

1,000 PENNESAKKIES TEEN 2021

**RUSTENBURG EMERGENCY
CONTACT NUMBERS**

SAPS

Rustenburg SAPS Radio Control Centre:
014 590 4115/6/7
Rustenburg SAPS Community Service Centre:
014 590 4126/27/39
SAPS Boitekong: 014 593 6001/ 6002/ 6003
SAPS Emergency (cell phones only): 112
SAPS Marikana: 014 572 3143
SAPS Rustenburg: 014 590 4112
SAPS Tlhabane: 014 565 9171/54/59

AMBULANCE

Ambulance / Metro Control Room:
014 597 6612
Ambulance / Metro Control Room (provincial):
10177

MEDICAL EMERGENCY

Med 24/7 (Private): 086 177 7761
ER24: 084 124
NetCare 911: 082 911
Trauma Rescue:
014 594 0689
Ferncrest Hospital (Emergencies):
014 568 4339/8
Peglerae Hospital (Casualties):
014 597 2823

HOSPITALS

Ferncrest Hospital: 014 568 4399
Job Shimankana Tabane (JST) provincial
hospital: 014 590 5100
La Femme Clinic: 014 594 9500
RusMed 24: 014 523 9378/9351

**PEST CONTROL / SNAKE
EMERGENCY NUMBERS**

Mostert Pest Control: 071 213 5107

CLEANING SERVICES 24/7

CIA Crime Incident Accident:
079 498 7606

FIRE

Fire Department: 014 590 3232 /3444/3333
Rustenburg Local Municipality emergencies
(fire): 014 590 3090

RTB LOCAL MUNICIPALITY

RLM Accounts Queries:
014 590 3111
Press 1 for:
RLM Emergencies (Fire Dept.)
Press 2 for:
RLM Customer Care Supervisor

ALARMS

ADT (Control Room):
086 121 2520 / 086 121 2501
Oracle Protection Services:
014 533 3062/3726 / 081 358 4032
Wesalarms: 014 592 8364

SSR & CPF/GPF

CPF Sector 1: 061 019 6870
CPF Sector 2: 072 907 0844
CPF Sector 3: 072 204 4847
CPF Sector 5: 082 573 3712
CPF Sector 6: 079 227 9748
Staan Saam RTB: 083 444 6391
Staan Saam Rustenburg Community Watch:
083 296 6949

**SOUTH AFRICAN COMMUNITY CRIME
WATCH RUSTENBURG (SACCW)**

079 689 0961

ANIMAL EMERGENCIES

Animal Clinic Zinniville: 014 538 2114
ARAN Veterinary Clinic: 014 592 6007/
083 410 7960
Bergbos Direklyniek: 014 533 1959/2084
Bergbos Direklyniek (A/H): 083 653 1081
Rtb SPCA: 014 592 3181
Rtb SPCA (A/H): 072 933 7723

WATER

Water Problem Helpline: 014 590 3111

ELECTRICITY

Electricity Helpline: 014 565 1042
Eskom National Line: 086 003 7566

ROAD & TRAFFIC

Bakwena N4 Toll Road: 080 022 5936
Traffic Control Room (Rustenburg): 014 590 3221

**PLATINUM WEEKLY
NEWSPAPER: 014 592 5653 /
072 482 6871.**

Rustenburg - Wyk 42 raadslid Ilse Edwards en Wyk 18 raadslid Martha Lerm het 'n projek geloods waar hul pennesakkies met 'n pen, potlood, liniaal, uitveër en skerpmaker vir behoeftige kinders bymekaar maak. Hul mikpunt met die projek is om 1,000 skoolkinders wat behoeftig is te help met die belangrikste skryfbehoeftes in 2021. As jy belang stel om betrokke te raak, kontak Edwards op 0647551009 of Lerm op 079 110 2087.



health
Department of
Health
North West Province
REPUBLIC OF SOUTH AFRICA



THE NOVEL CORONAVIRUS (2019-nCoV)

What is Novel Coronavirus? is a new coronavirus strain identified in China, which has caused cases of severe pneumonia in China. Coronavirus is a family of viruses known to cause illnesses ranging from common cold to pneumonia. Cases of 2019nCov have been exported to other cities and countries

Main Signs and Symptoms of the Virus

Mild to severe respiratory illness with the following:

- Fever
- Dry cough
- Difficulty in breathing
- In severe cases they experience organ failure (kidney failure) followed by death

Incubation Period

2-14 days

Mode of Transmission

The virus probably originally emerged from an animal source but now it seems to be spreading from person to person

Treatment

No vaccine available, Patient will be provided with supportive care

How can I Protect myself from getting the virus?

- Wash hands often with soap and water
- Avoid touching eyes, nose and mouth with unwashed hands
- Avoid close contact with suspected person with Novel Coronavirus
- Stay at home when you are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect your hands frequently after touching objects and surfaces

-REMAIN VIGILANT AND ADOPT GOOD PERSONAL HYGIENE-

MONITOR YOUR HEALTH CLOSELY

- 1 All travelers to monitor your health closely for 2 weeks upon returning to South Africa
- 2 If you have fever, cough or runny nose, wear a mask and seek medical attention promptly
- 3 Call the clinic ahead of your visit and inform the doctor of your symptoms and travel history

PRECAUTIONS TO TAKE



Avoid contact
with live
animals, poultry
& birds



Avoid
consumption
of raw and
undercooked
meat



Avoid crowded
places and
around people
who are unwell



Observe good
personal
hygiene at all
times



Wash hands
frequently
with soap



Wear a mask
if you have a
cough or
runny nose



Cover your mouth
with a tissue paper
when coughing or
sneezing



See a doctor
if you are
unwell