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22 MARCH 2024







Koster – It's no secret that the South African Post Office (SAPO) has been on a bit of a downward spiral, but the whole situation has gone from bad to "you've got to be kidding me." We've seen over 400 post offices shut their doors for good since 2020. And no, it's not because we've all stopped sending mail.

why your post didn't deliver...

SAPO's been quick to blame everything under the sun — like us moving online and some suppliers cutting them off. But let's be real: the big elephant in the room is how they've been managing things. Or, more accurately, how they haven't.

Take a stroll past the Koster Post Office, and you'll get the picture. It's been hit by vandals, left to crumble, and there are stories of locals trying to nab packages amid the chaos. Platinum Weekly set out to investigate, on Friday 15 March 2024, and found people trying to patch things up there, but it's a bit late for band-aids.

Colonel Adéle Myburgh reports: "From April to November 2023, we've had a mini crime wave at the Koster Post Office, with five break-ins." Break-in number six happened just over a week ago, but when we went to the post office to take a look... it seemed that the post office has not

been in use for years. This Post Office is but one of many in South Africa being looted. Unlike most businesses, budgeting for security is maybe not the Post Office's top priority.

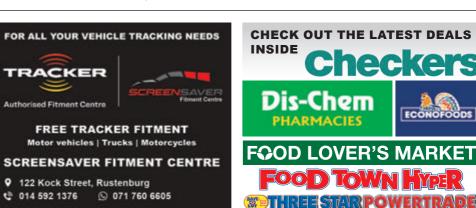
This is what the Koster Post Office looked like a few days ago... If you wondered

And let's not even start on how this mess is hitting everyone in the pocket, especially those relying on these services the most.

Earlier this year, communications minister Mondli Gungubele said he intends to review the South African Post Office's monopoly on certain services, including parcel deliveries under 1kg. Gungubele said he wished to consult the public in this regard and gave interested parties until Wednesday, 6 March 2024 to submit their comments.

But here's the problem: SAPO's been fighting tooth and nail to keep this monopoly, all while their ships are sinking.

Refiloe Mokiti, a local from Koster, shares their dismay: "I've called Koster home for five years now, and watching the post office saga unfold has been heartbreaking. It's like nobody's lifting a finger, and the problems just keep piling up. The post office is such a crucial part of local business. What must we do now?"





In remembrance



Op die ouderdom van 92

Maart in Rustenburg om

11h00. 'n Liefdesdiens

gelewer deur Martin's

Rustenburg, 014 592 0037.

Begrafnisdienste

Join us in mourning the enormous loss of the late Jane Ryan (70), who passed away on 11 March 2024. Her life celebration service will take place Saturday 23 March 2024 at 11:00 from the Hervormde Kerk, Tuine Gemeente, Cuccoo Avenue in Rustenburg. For more information, contact Cobus on 081 379 8919 or Wilna on 074

200 2687 at Econo Funerals. A Service with love and dignity through Econo Funerals.

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het Edna Rosie Cronje na haar Hemelse-huis gegaan op 9 Maart 2024 Sy gaan baie gemis word deur almal wat haar geken het. Haar roudiens word gehou op Vrydag 22



Die troosdiens van wyle Roy van Straaten, oorlede op 17 Maart 2024, 'n dag voor sy 31ste verjaarsdag, vind op Maandag 25 Maart 2024 om 11:00 plaas vanuit die kapel by Sonskyn Aftree Oord Rustenburg (reg langs Toledo Spur). Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Stephanus de Beer (57), oorlede op 16 Maart 2024. vind op Vrydag 22 Maart 2024 om 11:00 plaas vanuit die Kruislig Kerk op die ou Pretoria pad te Rustenburg. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



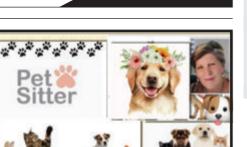
Elphia Oberholzer (44) oorlede op 17 Maart 2024. vind op Vrydag 22 Maart 2024 om 14:30 plaas vanuit die Kapel by Sonskyn Aftree Oord in Koorsboomstraat te Rustenburg (reg langs Toledo Spur). Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Die troosdiens van wyle Denise Lourens (71), oorlede op 15 Maart 2024. vind op Donderdag 21 Maart 2024 om 11:00 plaas vanuit die Kapel by Sonskyn Aftree Oord in Koorsboomstraat te Rustenburg (reg langs Toledo Spur). Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



vir Flip van der Merwe (69), oorlede op 16 Maart 2024. Sy diens het op Woensdag 20 Maart 2024 om 11:00 plaasgevind te Rietvlei begraafplaas in Rustenburg. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



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Dit was 'n baie hartseer dag op 12 Maart 2024 toe Sonjalina van Jaarsveld oorlede is op die ouderdom van 78. Haar stem is stil en haar plek is leeg. Sy het diep spore getrap in almal se lewens wat haar geken het. Sy gaan baie gemis word. Haar verassingsdiens het plaasgevind op Woensdag 20 Maart vanuit Die Rots Gemeente Rustenburg. 'n Liefdesdiens gelewer deut Martin's Begrafnisdienste Rustenburg, 014 592 0037.



Ons onthou met liefde Dean Maartens (64), oorlede op 13 Maart 2024. Ons vier sy lewe op Vrydag 22 Maart 2024 om 11:00 vanuit die AGS Kerk Oase van Hoop in Joubertstraat, Oos Einde Rustenburg. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Ons onthou met liefde vir Kotie Walkinshaw (64), hier in die foto saam met haar kleinkinders Haar gedenkdiens het op Maandag 18 Maart 2024 in Rustenburg plaasgevind. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en



Ons onthou met liefde vir Phillip Geldenhuis (65), oorlede op 13 Maart 2024. Saterdag 23 Maart 2024 om 11:00 plaas vanuit die PPK Berachah, 46 Kiepersollaan te Mooinooi. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Ons onthou met liefde vir Henna Cornelius (85). oorlede op 14 Maart 2024. Ons het haar lewe op Dinsdag 19 Maart 2024 gevier vanuit die Hervormde Kerk Rustenburg Suid Gemeente te Rustenburg. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste.



Ons onthou met liefde vir Jacques-Ricardo Gibson (44), oorlede op 14 Maart 2024. Ons vier sy lewe op Saterdag 23 Maart 2024 om 11:00 vanuit die Kapel by Sonskyn Aftree Oord Koorsboomstraat te Rustenburg (reg langs Toledo Spur). Dra asseblief 'n denim met 'n oranje hemp of bloes indien u die diens bywoon. Vir meer navrae, skakel Cobus op 081 379 8919 of Wilna op 074 200 2687 by Econo Begrafnisdienste - 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingdienste

Farewell to *Oom Lew*: a pillar of Rustenburg's community



Rustenburg - We mourn the loss of Cornelius Llewellyn van der Nest, affectionately known as Oom Lew, the beloved founder of Learn Fast Driving School.

His passing on Friday 15 March 2024 has left our community bereft of a true legend whose impact on the lives of countless people will be remembered. Born on 18 March 1953, Oom Lew dedicated his life to teaching thousands of young individuals the importance of safe driving and the pride that comes with it.

Oom Lew's funeral is scheduled for Tuesday 2 April 2024, at the Nederduits Hervormde Church in Manuka Avenue, Geelhoutpark, at 10:00, where we will bid him a final farewell. He leaves behind a daughter and three grandchildren, along with a community that admired and

His life partner of 23 years, Ina Rosslee, reflects on the immense love and admiration the community held for Llewellyn. She shared, "He was truly remarkable, a true legend. His ability to connect with people, his extensive involvement in community initiatives, and his dedication to serve made him a beloved figure to many."

Having made Rustenburg his home since 1975, Llewellyn witnessed and contributed to the town's growth from a town to a bustling city. His commitment to safety and education on the road has left a permanent mark on the

Karin Potgieter, headmaster of Bergsig Academy, praises Oom Lew's gentleness and generosity, noting his passion for his work went beyond teaching driving skills - it was about nurturing and guiding the youth. "He was the most gentle person I knew, with a beautiful, open heart. He helped hundreds, if not thousands, pass their learners and driving licenses, making a significant difference in their lives," says Potgieter.

Though Oom Lew is no longer with us, Learn Fast Driving School continues to thrive under the guidance of Ina Rosslee, his dedicated partner and co-pilot in all endeavours. The school stands as a testament to Oom Lew's legacy, embodying his spirit of kindness, dedication, and community service.

As we reflect on the life of Cornelius Llewellyn van der Nest, let us honour his memory by embodying the values he lived by: compassion, service, and a commitment to making a positive impact in the lives of others. Goodbye, Oom Lew — you will be dearly missed but not forgotten.



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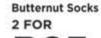


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THE BEST IN FRESH

DAYLIGHT ASSAULT ON LOCAL RESIDENT



Rustenburg - In a shocking daylight assault on Saturday, 9 March 2024, Jan Erasmus, a resident on the R24 near Silwerrand Primary School just outside Rustenburg, fell victim to a violent attack by three unidentified men. The incident, which occurred right on Erasmus's property, has left the community calling for increased police presence and responsiveness.

Erasmus, while speaking to Platinum Weekly, recounted the harrowing experience: "I live on the R24, right at the second circle. That day, I was out by the gate, busy setting up a fence. Out of nowhere, three men approached me, asking for a cigarette. I refused and continued with my work, only for one of them to strike me on the head with a steel pipe.'

The attack was witnessed by a gardener working on the property, who quickly came to Erasmus's aid with a shovel, causing the assailants to flee the scene. The swift response of the gardener likely prevented further harm to Erasmus, who was fortunate to escape with just one blow to the head.

Following the attack, Erasmus reported the incident to the local police, hoping for a prompt investigation and response. However, his calls for help seem to have gone unanswered. "We contacted the police right after the assault, asking them to come over. Up to today, they haven't shown up nor returned our calls. I'm hesitant to leave the smallholding unattended to visit the police station; it's just not safe," Erasmus shared.

Despite the violent encounter, Erasmus is currently recovering at home, suffering from headaches but grateful, knowing that it could have turned into something much worse.

CPF MEMBERS INTERVENE IN DANGEROUS INCIDENT



Rustenburg – In a courageous act of community vigilance on Tuesday 5 March 2024, members of the Rustenburg Community Policing Forum (CPF) intervened in a dangerous situation in Klopper Street, East-End, preventing potential

The incident unfolded when a man, heavily under the influence of alcohol, assaulted a woman with a firearm before discharging it in her direction. He then retired to bed, allowing the victim an opportunity to seek help. She promptly contacted her neighbour, a friend, and together they managed to secure the firearm in a cloth. Upon the CPF's arrival, led by the woman's quick thinking, the firearm was handed over, securely hidden. The CPF members were able to control

the situation until the South African Police Service (SAPS) arrived to take the assailant into custody Marcus Haasbroek, acting executive chairperson the Rustenburg Executive Committee, extended his profound gratitude towards the CPF members involved: Annelize Germishuys, Rassie Bylieveldt, André Marchall, Mark Norval, André and Veruschka Malan, and Danie Eastes. Their prompt and decisive action not only averted further violence but also underscored the critical role of community policing in maintaining public safety. "We salute the bravery and quick thinking of the CPF members who went beyond the call of duty to protect a member of their community," Haasbroek remarked, highlighting the significance of community solidarity in times of crisis.

RUSTENBURG COURT HEARS CASE OF ILLEGAL RHINO HORN DEALERS

Rustenburg – A significant development unfolded in the Rustenburg Magistrates' Court on Monday, 18 March 2024, as Raher Mahomed (27), Joao Seven (39), Abraham Khoza (49), and Usuf Mikilo (51) faced charges of illegal rhino horn trading. This action comes in the wake of their arrest during a meticulously planned sting operation by local authorities in Rustenburg on Friday 15 March.

Colonel Adéle Myburgh reported that the sting operation was set into motion after the police were tipped off about the suspects' intent to sell rhino horn for R65,000. One of the arrests occurred at a residence in Geelhoutpark, marking a critical juncture in this operation. The prompt and effective response from the police disrupted the planned transaction, leading to the suspects' capture. Charged under the stringent National Environmental

Biodiversity Act 10 of 2004, the suspects now face serious legal consequences for their actions. According to lieutenant colonel Tinyiko Mathebula, this legislation underscores the severity of wildlife crimes and the commitment to preserving biodiversity.

Following their court appearance, all four suspects were remanded in custody, and appeared before court on 20 March. "The bail application of the four suspects were postponed to Wednesday 3 April 2024," said Henry Mamothame, National Prosecuting Authority North West regional spokesperson.

The North West Head of Directorate for Priority Crime Investigation, major general Patrick Mbotho, welcomed the arrest and lauded the members' swift action on the information received.



The rhino horn that was confiscated during the sting operation in Rustenburg, a critical piece of evidence in the fight against illegal wildlife trade.















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KOTANE LOCAL MUNICIPALITY

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NOTICE

PUBLIC NOTICE CALLING FOR **INSPECTION OF THE THIRD** SUPPLEMENTARY VALUATION ROLL AND LODGING OF OBJECTIONS 2023/2024

Notice is hereby given in terms of Section 49 (1)(a)(i) of the Local Government Municipal Property Rates Act, 2004 (Act 06 of 2004), hereinafter referred to as the "Act", that the Third Supplementary Valuation Roll for 01 June 2023 to 31 July 2024 is open for public inspection during the office hours (Monday to Friday Time: 07h30 to 16h00) at the offices of Moses Kotane Local Municipality from 01 April 2024 to 03 May 2024. An invitation is hereby made in terms of section 49 (1)(a)(ii) read together with 78 (2) of the Act that any owner of property or other person who so desires should lodge an objection with the municipal manager in respect of any matter reflected in, or omitted from the supplementary valuation roll within the above-mentioned period. Attention is specifically drawn to the fact that in terms of section 50(2) of the Act, an objection must be in relation to a specific individual property and not against the supplementary valuation roll as such. The form for the lodging of an objection is obtainable from the listed Municipal Offices, or website www.moseskotane.gov.za.

The completed objection forms must be returned by hand to the Municipal Offices. No form of electronic submission will be accepted. CLOSING DATE FOR OBJECTIONS IS ON 30 April 2024. AT 16:00. No late objections will be accepted.

For enquiries please contact Ms M. Kgabo/ Ms D Manopolo at 014 555 1350/1337

Mr. M. V. Letsoalo Municipal Manager Moses Kotane Local Municipality Stand 933 Station Road Mogwase | 0314

CLASSIFIEDS

FORM JJJ | LOST OR DESTROYED DEED NOTICE IN TERMS OF REGULATION 68 OF THE DEEDS REGISTRIES ACT, 1937 (NUMBER 47 OF 1937)

Notice is hereby given that in terms of Regulation 68(1)

of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of Deed of Transfer Number T10875/2013 dated 19 FEBRUARY 2013 passed by: RUSTENBURG LOCAL MUNICIPALITY In favour of: SIDO CONSULTING ENGINEERS REGISTRATION NUMBER: 2009/060334/23 In respect of certain property, namely: ERF 2509 CASHAN EXTENSION 28 TOWNSHIP Registration Division J.Q., North West Province MEASURING 1319 (ONE THOUSAND THREE HUNDRED AND NINETEEN) Square Metres which has been lost or destroyed. All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing, National Department of Agriculture, Land Reform and Rural Development, Dalrrd Building, 600 Lilian Ngonyi Street, Pretoria with the Registrar of Deeds at Pretoria within two weeks from date of the first publication of this notice.

APPLICANTS | DU PLESSIS & VAN DER WESTHUIZEN INC. ATTORNEYS | 2 EDAM AVENUE WATERVAL EAST EXTENSION 37 | RUSTENBURG EMAIL ADDRESS: tasneem@dupwest.co.za TELEPHONE NUMBER: (014) 523 4600

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SAVF RUSTENBURG

In search of the biological father of the following children. Female child age 15 and male child age 10 with the surname Renoster. Their biological mother passed away on 26/01/2023 her name was Anissa Renoster. Please contact the social worker Ms Sunè van Rooyen at SAVF Rustenburg on telephone 071 192 5739 or email rustenburg.mwk1@savf.co.za

In search of the biological father of the child concerned, Christian Matthee. His biological father is known as Wiehan Matthee and allegedly in KZN. Please contact the social worker Ms Sindisiwe Pitso at SAVF Rustenburg on telephone 071 192 5739 or email rustenburg.mwk2@savf.co.za

Lebogang's lucky day: from grocery shopper to Mahindra owner!

Rustenburg – Three Star Powertrade, a leading retail store in Rustenburg, hosted their 'Power-Up' competition on Saturday 16 March 2024, offering patrons the chance to win enticing prizes, including a brand-new Mahindra Bolero Maxitruck Plus.

The competition presented a straightforward challenge: shoppers needed to purchase at least three products from participating suppliers to stand a chance to win. This innovative contest was aimed at giving back to the loyal customers of Three Star Powertrade.

Wayne Labuschagne, the regional general manager of Three Star Powertrade, expressed that the competition served as a gesture of gratitude towards their shoppers. "Thanking our customers is at the heart of what we do, and this competition was an extension of our appreciation," Labuschagne stated.

The event day saw a festive atmosphere with boerewors rolls, a jumping castle and face painting activities that brought smiles to the faces of the young ones, and ample chilled beverages and water to keep the day refreshing.



Lebogang Mbale in her brand-new Mahindra Bolero Maxitruck

The highlight was the lucky draw, where winners were randomly selected, turning the day into a memorable occasion for five lucky individuals. Lebogang Mbale emerged as the star of the day, winning the grand prize; a brand-new Mahindra Bolero Maxitruck Plus.

The other winners, each walking away with fantastic prizes, were Pauline Mogaki (air fryer), Amina Molatedi (generator), Jacob Moeng (oven cooker), and Emmerculate Mogalefe (pressure cooker). Each winner expressed gratitude, highlighting the positive ripple effect of Three Star Powertrade's generosity.





This isn't a story, it's a journey.

I'm Reabetswe Maungwa, the creator of 1019 Sauce, and I come from Tlhabane in Rustenburg. When COVID hit, I found comfort in my kitchen. Mixing South African and Ghanaian flavours, I stumbled upon a unique sauce that felt like home.

Glencore, in their effort to build economically resilient and sustainable communities, became an ally in my business with their Enterprise and Supplier Development programme. They provided the tools I needed – an oven, delivery vehicle, and other equipment that allowed me to scale up and produce more. Their support transformed my kitchen experiment into a real business.

I envision a future in agro-processing, empowering others and expanding my brand's reach. Glencore's belief in my journey fuels my determination.

With Glencore as my partner, the story of 1019 Sauce is more than a sauce – it's a testament to dreams nurtured and empowered. To my fellow entrepreneurs, keep that fire alive, trust your path.

Progress. Together.

GLENCORE

PLAN TO MONETISE ON SA'S WILDLIFE

Comment on the detailed plan by the Department of Forestry, Fisheries and the Environment to monetise South Africa's wildlife.

The public was given just 14 days to respond: by Friday 22 March 2024.

Scan this QR code to read more about it on our Facebook page.





the keys to the elated Mahindra winner.

ebogang Mbale

Have your say / Sê jou sê

Would you intervene by catching a stray animal to take it to a shelter?

In our community, it's not uncommon to encounter stray animals, particularly dogs, wandering close to roadsides. These animals might be long-time street residents or beloved pets that have accidentally strayed from their homes. Encountering such a situation presents a decision: should you intervene? Would you consider safely stopping to rescue a stray dog and taking it to a local animal welfare organisation, such as the Rustenburg Society for the Prevention of Cruelty to Animals (SPCA) or the Thabazimbi Animal Rescue (TAR)? What do you do in these circumstances?



Yes. I'm convinced that all animals deserve care and protection. The streets present a harsh environment for stray animals, compelling them to adopt aggressive behaviours merely to survive. It is imperative that these animals are brought to organisations like the SPCA. where skilled professionals can provide the necessary

Kgalalelo Mampone



majority of the time, my toddler accompanies me and given the current crime circumstances in Rustenburg, it's imperative to avoid any situations that could jeopardise our safety including the risk of being bitten by a stray animal. It would be highly beneficial if the SPCA could offer a WhatsApp reporting line for

PUBLIC POLL: THE RESULTS ARE IN!

Would you intervene by catching a stray animal to take it to a

NO 22% YES 78%

Send your event listing to news@platinumweekly.co.za ** Free Placement! **PLATINUM EVENT DIARY**

Summer Spay Drive - Animal IQ	1 Mar - 30 Apr '24	Rustenburg: 213a Beyers Naude Drive Rtb	076-365-5235
Rooted Market Fun Run	21 Mar '24	Rustenburg: 318 JQ, Rooted Market	071-125-4684
Chris Chameleon	23 Mar '24	Rustenburg: Tarentaal Teater	082-782-3019
Anita & Danielle belowende skrywers	23 Mar '24	Rustenburg: Deo Volente gastehuis	083-651-2856
Fun Day Fundraiser	23 Mar '24	Koster: Waterkloof Hengeloord	083-493-5911
Human Rights Weekend	21 - 24 Mar '24	Rustenburg: Omaramba Holiday Resort	014-572-3004
1st Dinner night @ Rooted	24 Mar '24	Rustenburg: 318 JQ, Rooted Market	079-661-7230
Easter Weekend	28 Mar - 1 Apr '24	Rustenburg: Omaramba Holiday Resort	014-572-3004
Danie Botha Live	29 Mar '24	Mooinooi: Mooinooi AGS	
Zetske van Pletzen "Styl, modeparade en meer"	5 Apr '24	Rustenburg: NG Proteapark Gemeente	083- 651-5387

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SOULFOOD

PSALM 63

Joy in the Fellowship of God A Psalm of David when he was in the wilderness of Judah.

63 O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You In a dry and thirsty land Where there is no water. 2 So I have looked for You in the sanctuary, To see Your power and Your glory.

3 Because Your lovingkindness is better than life, My lips shall praise You.

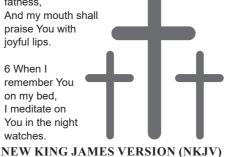
4 Thus I will bless You while I live;

I will lift up my hands in Your name. 5 My soul shall be satisfied

as with marrow and fatness

praise You with joyful lips.

6 When I remember You on my bed, I meditate on You in the night watches.



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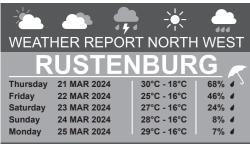
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Die lere onderneem 'n toer later

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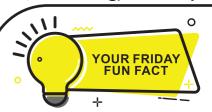
Do you think a life sentence should be for life?

In South Africa, a life sentence (for a crime committed) may not necessarily mean spending one's entire life behind bars, given the provisions for parole under the Criminal Law Amendment Act of 1997. But thinking about murderers, rapists, and serious crime... we want to hear your opinion. Should a life sentence in South Africa unequivocally mean imprisonment for life, without the option for parole? Here's how you can participate. Email us at news@ platinumweekly.co.za or WhatsApp your response to 081 579 7000

Include the following:

- Your answer: Yes or No
- Why? We want to hear from you!
- A recent photo We'd love to publish your pic alongside vour answer!
- Your town/city
- **Deadline** Be sure to send your response before 12:00 on Monday, 25 March 2024.

Vote results: The outcome of the poll will be featured in our next issue. Be a part of our community's story! P.S.: Don't forget, you can also voice your opinion on our Facebook post about this topic. Join the conversation!



Did you know; a life sentence in SA is undetermined.

In South Africa, when someone is given a life sentence, it means they could be in jail for their entire life. However, according to the Criminal Law Amendment Act of 1997, sentences vary: the minimum jail time for serious crimes are 25 years for murder, 15 years for rape, and 10 years for robbery before they can ask for parole. Some very rare cases could have a person in jail for 1,000 years with no chance of getting out early. Getting parole isn't guaranteed and depends on if the person behaves well in jail.



CASMAR





CASMAR Impala Rugby Club sweeps weekend with four wins!

Rustenburg - It was a triumphant weekend for the CASMAR Impala Rugby Club as all four of its teams showcased remarkable performances at the Impala Rugby Club, with victories across the board in their respective matches on Saturday 16 March 2024

The CASMAR Impala Vixens, the club's spirited women's team, secured a win against Orbit TVET College with a close score of 15-10. Demonstrating teamwork and determination, the Vixens played with heart, thrilling fans with their

In the men's category, the under-21 team faced Amandelbult Rugby Club and emerged victorious with a decisive 37-21 win. Meanwhile, the CASMAR Impala Vikings, the second team, edged out Siyanda Wildebees Rugby Club in a nail-biting match that ended 8-6.

The highlight of the weekend was the first team's game against Potchefstroom Dorp Rugby Club, where they dominated with an impressive 65-10 victory. Henry Blom, a standout player in the match,

was named 'Man of the Match', a testament to his exceptional performance on the field. Looking ahead, the CASMAR Impala Rugby Club will be taking a well-deserved two-week break. However. the CASMAR Impala Vixens are set to continue their momentum, facing off against Potchefstroom Dorp Rugby Club this coming Saturday 23 March 2024, at Highschool Rustenburg's A-field. Kick-off is scheduled for 14:00. Cassandra Coetzee, the president and captain of the Vixens, expressed optimism about the upcoming game, stating, "I strongly feel that we can win, and the current team is on the winning side, and we are growing as a team. Potch is a strong team, and it's going to be a tough game."

The community is encouraged to come out and support the Vixens as they aim to continue their winning streak. With a blend of talent, teamwork, and tenacity, the CASMAR Impala Rugby Club is proving to be a formidable force in the rugby scene. Let's rally behind them as they strive for more victories in the future!

Ruggas!



2024 Six Nations

Ierland klop die brawe Skotte 17-13 om sodoende die gesogte Ses Nasies-titel vir die agtereenvolgende jaar te

Engeland klop Frankryk 33-31. Met minder as 'n minuut se speeltyd begaan die Ingelse (n fatale foutile en staan (n strafskop af wat deur Thomas Ramos suiwer deur die pale gejaag word om die oorwinning aan die Franse te besorg. Die Azzurris beleef hulle beste jaar nog in die Ses Nasies-reeks met twee oorwinnings en een gelykop uitslag. Die Italianers klop Wallis 24-21. Wallis kon nie daarin slaag om een enkele game te wen nie is dan die trotse wenners van die gesogte houtlepel vir 2024.

vanjaar na Suid Afrika om in twee toetse teen die Bokke uit te draf. Dit kan net vet pret wees

United Rugby Championship

BEPALINGS: Vrydag 22 Maart

- Ospreys 21:35 Munster
- Glasgow Warriors 21:35

Saterdag 23 Maart

- Sharks 15:00 Ulster
- Scarlets 17:00 Benetton
- Stormers 17:05 Edinburgh
- Connacht 19:15 Lions Zebre 21:35 Leinster
- Dragons 21:35 Bulls

Varsity Cup 2024

UITSLAE: Maandag 18 Maart

CUT 40-59

- Shimlas UWC 14 63 Maties
- Wits 33-33 UCT Ikeys

BEPALINGS: Maandag 25 Maart

- Shimlas 19:00 Maties
- **CUT 19:00 NWU**
- UJ 19:00 Wits

Nag ou prof...

2024 Super Rugby UITSLAE:

Vrydag 15 Maart Western Force

14-22 Moana Pasifika



Crusaders 10-14 Hurricanes

Saterdag 16 Maart

Waratahs 10-12 Blues

PACIFIC

- Chiefs 46-29 Fijian Drua
 - Highlanders 21-27 Brumbies

BEPALINGS:

Vrydag 22 Maart

Hurricanes 08:05 Rebels

Brumbies 10:35 Moana Pasifika

Saterdag 23 Maart

- Fijian Drua 03:05 Waratahs
- Chiefs 05:35 Highlanders
- Blues 08:05 Crusaders
- Western Force 10:35 Reds Nag ou grote...

UWC 16:45 UCT Ikeys



Justin van der Linde secured 19th overall place, and clinched fourth place in the Vet's category.

RCC triumphs at #2 Cradle Ford Trailseeker MTB series

Rustenburg – On Saturday 9 March 2024, a group of Rustenburg Cycling Club (RCC) members embarked on an extraordinary adventure with the Ford Trailseeker MTB Series, South Africa's premier mountain bike series. The #2 Cradle Ford Trailseeker took place at Cradle Moon Mountain Bike Park in Johannesburg.





Gideon du Plessis shines in interprovincial tennis tournament

Rustenburg – On Saturday 16 March 2024, Gideon du Plessis of Bergsig Academy dazzled audiences in Benoni as part of the North West u/19 tennis team against Gauteng East. Despite his age, the 16-year-old sensation proved his mettle, holding victories against the u/19B team and securing gold for his squad.

Although they fell short against the A-team, Gideon and his teammates enjoyed the experience. His performance showcased not just skill, but also resilience and sportsmanship, leaving a lasting impression on all who watched.

INVITATION FOR PROSPECTIVE BIDDERS



BID NO.	DESCRIPTION	DOC. FEES (NON- REFUNDABLE)	AVAILABILITY OF BID DOCUMENT	EVALUATION CRITERION	ENQUIRIES	CLOSING DATE
RLM/DTIS/ 0082/2023/24	Appointment of a service provider for the upgrade and maintenance of the Mpheni House chiller plant for the Rustenburg Local Municipality for a period of 36 months	TENDER DOCUMENT AMOUNT R 3 000.00 REFERENCE NUMBER: 0082+Company name BANK NAME Standard Bank ACCOUNT NUMBER: 033 054 657	Documents will be available on the E-tender and RLM websites respectively, 5 days after the date of advertisement. NB! Proof of deposit with proper reference as stipulated and required, must be attached with mandatory documents to be submitted	 Administrative evaluation (document completion and attachment of mandatory documents) CIDB Grading 4ME or higher. 80/20 Preference point system (price = 80 & Specific goals points = 20) 	TECHNICAL Mr. X Gumenge 014 590 3572 xgumenge@rustenburg.gov.za SCM Ms. O. Serole 014 590 3123 oserole@rustenburg.gov.za	<u>Date</u> : 29 April 2024 <u>Time</u> : 09h00
RLM/DTIS/ 0055/2023/24	Appointment of a service providers for the repairs, maintenance, replace and upgrade of HVAC systems for the Rustenburg Local Municipality for a period of 36 months as and when required.	TENDER DOCUMENT AMOUNT R 3 000.00 REFERENCE NUMBER: 0055+Company name BANK NAME Standard Bank ACCOUNT NUMBER: 033 054 657	Documents will be available on the E-tender and RLM websites respectively, 5 days after the date of advertisement. NB! Proof of deposit with proper reference as stipulated and required, must be attached with mandatory documents to be submitted	 Administrative evaluation (document completion and attachment of mandatory documents) CIDB Grading 4ME or higher. The company must be registered with South African Refrigeration and Air conditioning contractors Associations (SARACCA) 80/20 Preference point system (Price = 80 & Specific goals POINTS = 20) 	TECHNICAL Mr. X Gumenge 014 590 3572 xgumenge@rustenburg.gov.za SCM Ms. O. Serole 014 590 3123 oserole@rustenburg.gov.za	Date: 29 April 2024 Time: 11h00
RLM/DTIS/ 0054/2023/24	Appointment of a service providers for the repairs, maintenance, replacement and upgrade of pumps and pumpstation infrastructure for Rustenburg Local Municipality for a period of 3 year as and when required.	TENDER DOCUMENT AMOUNT R 3 000.00 REFERENCE NUMBER: 0054+Company name BANK NAME Standard Bank ACCOUNT NUMBER: 033 054 657	Documents will be available on the E-tender and RLM websites respectively, 5 days after the date of advertisement. NB! Proof of deposit with proper reference as stipulated and required, must be attached with mandatory documents to be submitted	 Administrative evaluation (document completion and attachment of mandatory documents) CIDB Grading 4ME or higher. 80/20 Preference point system (Price = 80 & Specific goals Points = 20) 	TECHNICAL Mr. X Gumenge 014 590 3572 bfaku@rustenburg.gov.za SCM Ms. O. Serole 014 590 3123 oserole@rustenburg.gov.za	Date: 30 April 2024 Time: 09h00
RLM/BTO/ 0083/2023/24	Appointment of a service provider for meter reading services throughout Rustenburg Local Municipality for a period of 3 years (36 months)	TENDER DOCUMENT AMOUNT R 3 000.00 REFERENCE NUMBER: 0083+Company name BANK NAME Standard Bank ACCOUNT NUMBER: 033 054 657	Documents will be available on the E-tender and RLM websites respectively, 5 days after the date of advertisement. NB! Proof of deposit with proper reference as stipulated and required, must be attached with mandatory documents to be submitted	 ❖ Administrative evaluation (document completion and attachment of mandatory documents) ❖ Functionality evaluation scoring 80 out of maximum of 100. ❖ 80/20 Preference point system (Price = 80 & Specific goals Points = 20) 	TECHNICAL Ms. B Faku 014 590 3476 bfaku@rustenburg.gov.za SCM Ms. O. Serole 014 590 3123 oserole@rustenburg.gov.za	<u>Date</u> : 30 April 2024 <u>Time</u> : 11h00

- Bidders must submit both a hard copy document and an electronic tender document in the form of a clearly marked USB. (Bidders will be disqualified for not submitting a USB with scanned bid documentation)
- Bid documents must be in a sealed packaging clearly marked with the bid number and description, must be placed in the bid box in the foyer of the Municipal offices, Missionary Mpheni House, Beyers Naude Drive, Rustenburg not later than the prescribed closing date, where after the bids will be opened in public at the Municipal offices.
- All bids will be evaluated in accordance with the Supply Chain Policy of the Rustenburg Local Municipality, PPPFA 2022 and other related legislations. Bids will remain valid for 90 days.
- 4. The lowest or any bid will not be necessarily accepted, and the municipality reserves the right to accept the whole or part of any bid. The municipality reserves the right to increase or decrease quantities as indicated in the technical specifications. A market analysis conducted will be taken into
- consideration to ensure right procurement and quality service
- Tender submission must comply with the instruction note (Tender Completion and Attachment of Mandatory Documents) as well as all other additional tendering condition and requirements stated in the tender document.
- Objections or complaints must be submitted in writing to the Municipal Manager at the address stated, and must contain the following:
- (a) reasons and/or grounds for the objection or complaint.
- (b) the way in which the objector or complainant's rights have
- been affected; and (c) the remedy sought by the objector or complainant
- Any objection or complaint must reach the Municipal Manager with a 14-day period after award has been made. Late objections or complaints will not be entertained.
- 8. Submissions which fail to adhere to all the requirements and instructions stated on this advert, E-tender advert, CIDB

- Website for CIDB tenders as well as the tender document will lead to disqualification.
- Should there be any contradictions between the information on this advert and the information in the tender document, then the information on this advert will take precedence.
- 10. Rustenburg Local Municipality will not accept late bids.
- 11. The bid price validity is 90 days.
- Rustenburg Local Municipality will not accept documents which are not in envelopes and clearly marked with the bid number and description.

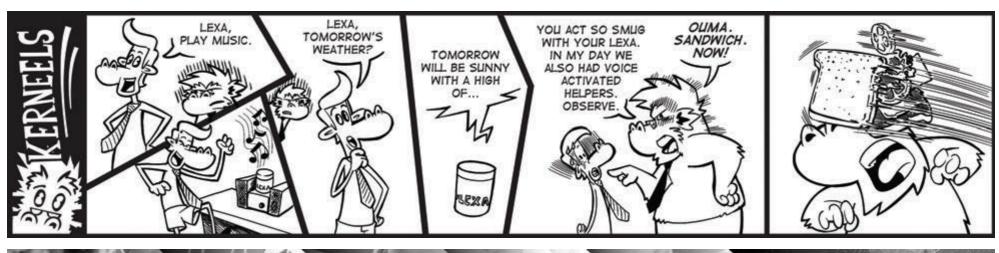
RUSTENBURG LOCAL MUNICIPALITY MISSIONARY MPHENI HOUSE P.O BOX 16, RUSTENBURG 0300

Adv. A. Khuduge Municipal Manager



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INAUGURAL BILL ROWAN THREE BRIDGES ULTRA MARATHON: a tribute to a running legend



Bill Rowan triumphed at the first Comrades Marathon in 1921.

Koster – The Koster Marathon Club proudly announced its annual **Bill** Rowan Three Bridges Ultra Marathon, set to take place on Sunday 21 April 2024. This event not only honours the legendary athlete Bill Rowan, but also serves as a qualifying race for the esteemed Comrades Marathon. The marathon will feature three distances: a 50km ultra marathon starting at 06:30, a 10km race beginning at 06:45, and a 5km fun run at 07:00. Athletes and enthusiasts are encouraged to mark their calendars and ensure their participation by registering before the online closing date on 19 April. On-site registration will be available on 20 April, for one day only. Registration fees are set at R350 for the 50km, R150 for the 10km, and R100 for the 5km. Participants can collect their race numbers at T&T Slaghuis, Derby. For more information or to enter the race, visit www.kostermarathonclub. co.za or contact 083 950 4230 or 078 488 7757.

Bill Rowan, the legacy behind the marathon

But who was Bill Rowan, and why does this marathon bear his name? A fascinating story submitted by a local reader, featuring old newspaper clippings, sheds light on this remarkable figure from Koster. On 24 May 1921, Bill Rowan, a farmer from Koster, made history by winning the first Comrades Marathon. A memorable story from that day involves a troop of boy scouts, including a 12-year-old Vernon Jones, who would go on to become a significant recorder of Comrades history. They witnessed Rowan, covered in dust and sweat, running alongside a convoy of motor vehicles — a rare sight in those days. Rowan's determination and his accurate prediction of finishing the race in nine hours, one minute ahead of his estimated time, left an indelible mark on the event's history.

The Bill Rowan medal, introduced in the year 2000 and named in his honour, commemorates his victory and the standard he set with a finishing time of 8hrs 59min. This medal represents the spirit of endurance, perseverance, and the rich history of the Comrades Marathon. The inaugural Bill Rowan Three Bridges Ultra Marathon is more than just a race; it's a celebration of a legacy, a testament to the enduring spirit of runners, and an invitation to be part of history. Join us in paying tribute to a local legend and making your mark in the world of long-distance running!



GET READY TO REV YOUR ENGINES!

Rustenburg – On Saturday 6 April 2024, Rustenburg will transform into a speedster's paradise with the eagerly anticipated "1660 Mashup 2024" hosted by Platinum Raceway Rustenburg!

The adrenaline-pumping action unfolds at the Rustenburg Show Grounds, where the gates will swing open at 09:00, gearing you up for an unforgettable day of racing that officially kicks off at 17:00. Whether you're a hardcore racing fan or looking for a day packed with excitement and family fun, this event promises something for everyone.

And here's the deal – getting into the heart of the action won't break the bank! Adults can dive into the excitement for just R80, while learners get a special rate of R60.

Platinum Raceway Rustenburg secretary and promoter, Wendy Kinnear, extends a warm invitation to everyone: "We're throwing open our doors to not just the local community but also to clubs from other towns. Bring your friends, family, and your passion for racing – it's going to be an electrifying day of fun, competition, and community spirit."

Need more details? Wendy and Michael are just a call away at 064 681 4059 or 071 638 2470

So, mark your calendars, set your reminders, and get ready to be part of a day where speed, excitement, and friendly competition come together in a spectacular fashion. See you at the starting line!







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Rhodes 100% Fruit Juice Blend All Variants



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Brookes Oros Ready to Drink Squash All Variants



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Blackseed Immune Booster & Anti-Oxidant

WAS 16995 12746

Vitaforce Herbals Olbas Inhalant Oil

WAS 24695 **197**56

*Advertised prices already reflect discounts



Cal-C Vita Immune Support WAS 25995 tablets 20

*Advertised price already reflects discount

Biogen Vitamin C WAS 12995 1000mg 60 capsules 9995 #291102



20 fizzy tablets *Advertised price already reflects discount



- COUGH, COLDS & FLU



Oral Spray #196499 9295



13995 Strepsils Strepsils

Orange wm Vitamin C Lozenges 36-pack Assorted 9995

BRONCHO **Broncho Stop COUGH SYRUP** Cough Syrup 200ml **Broncho Stop** Cough Syrup 200ml #288482 115¹⁶

*Discount to be deducted at tills

One-Day Lennon Flu Cure Cough Mixture 100ml 100ml #4301 55^{95}

aspen

ONE-DAY

FUI CURE

Cough Remedy 100ml / Assorted

Borstol

72⁹⁵ 74⁹⁵

BORSTOL

ORIGINAL



COVERING YOUR COUGH & COLD NEEDS**



Acta Plus Wet & Dry Cough Syrup



VapoLozenges **+ IMMUNE SUPPORT** VapoLozenges

15% Vicks products'

VapoLozenges + Immune Support

Ruanita

Manager

Van Tonder

Clinic Regional

"Discounts to be deducted at tills ""Offer excludes Vicks Humidifiers AND Medinite products

Coaself your healthcare provider before taking more than one medicine. Read each label before see. Use as directed. If symptoms persist see year doctor. "Source, incremental interactional Int, board as 2022 retail value saile; of Googh Remedies, Decongraphent, Phopyrapid Prepositions, Combination Products and Fooderitic Googh and Cold Remedies, was read to be an Improvement to the precision of Complete and Cold Remedies. Providing Interaction (Interaction persists) (Interaction persistent) (Interaction persists) (Interaction persistent) (Interaction persists) (Interaction persists) (Interaction persists) (Interaction persists) (Interaction persists) (Intera

HEALTH CLINIC

WHY THE FLU VACCINE CAN BOOST IMMUNITY DURING PREGNANCY?



Getting a flu shot while pregnant can help protect you and your baby. Pregnant women are strongly advised to get their flu shot because changes to the immune system during pregnancy can increase the risk of severe flu related illness.

To find out more or book an appointment, contact the Health Clinic Call Centre on 0861 117 427 OR email: clinicqueries@dischem.co.za You can also book an appointment online at dischem.co.za or via the Dis-Chem App.







Promotional offers valid Thursday 14 March to Sunday 7 April 2024 while stocks last. Available online at dischem.co.za OR at selected stores. E&OE.

BETTER HEALTH STARTS HERE





OR Spartan 24 tablets

3195 31each

Disprin

9695

Extra Strength 48 tablets



Telfast

Telfast

150ml

Suspension

14895

GREAT SAVINGS WITH OUR SCHEDULED MEDICINE

Broncol Linctus 8195 3195 7095 Canesten IVC Acurate Allermine Cough Syrup 40 tablets 30 tablets Coryx Cold & Flu Dis-Chem **Dis-Chem Emitex** Colchicine 3395 63⁹⁵ 12⁹⁵ **34**95 50mg 20 tablets Houde 1mg Anti-Diarrhoea 12 effervescent tablets 6 tablets 6 tablets Flomist Nasal Spray 9095 7095 **58**95 Ibumax 229⁹⁵ Fexo 180mg **Ibugesic Forte** Cold and Flu 50mcg 30 tablets 30 capsules 7295 2495 Lansoloc OTC 69⁹⁵ K-Fenak 50mg Lorano 10mg Raztol 10mg 10 tablets 9 tablets 14 capsules 30 tablets Prices only applicable in South Africa

- STRESS & ANXIETY



Tibb Stress-away 120 tablets

WAS 32495 299⁹⁵







Gold Gaba 500mg 60 tablets #25546 WAS 15695 12995 each





OMEGAS & HEART HEALTH



Tibb WAS 29995 pressure-eeze 23996

% olal Omega-3 Kril Oil 60 capsules S(1) LAL OMEGA-3 KRILL OIL Omega-3 Krill Oil WAS 37495 299⁹⁶

Lifestyle Health WAS 16995 Cardio Q10+ 13995 30 vegecapsules

LIFESTYLE

CARDIO Q10+

9

e tra

9000 DEED PUR UBIQ**UINO**L Biogen Ubiquinol C-ENZYME Q10 Co-Enzyme 60 softgel capsules WAS 48995 39995

The Real Thing Mega Omega Supreme 60 capsules #32176 WAS 22995 19995



*Advertised prices already reflect discounts

Gold Omega 3 Salmon Oil+ 1000mg 90 softgel capsules #26510

WAS 16295 12995



SAVE 3000

LIFESTYLE

CARDIO

Q10 *



Biogen Supreme Omega 3 60 PLUS 10 softgel capsules #229306 WAS 24995

19995



B-CAL-K2

B-CAL-K2 WAS 16695 30 tablets 13356



Joint Support 60 coated tablets

WAS 10995 **82**46



Gold Joint Support 120 coated tablets

WAS 18995 14246



THRESHHold Real MSM

WAS 34495 WAS 15695 30995 12Q95

Lifestyle

Health

Cal K2

#164941

30 tablets





*Advertised price already reflects discount













20% OFF





BETTER HEALTH STARTS HERE

- LIVER & MALE HEALTH



Liversential 200 capsules #81244 WAS 44999

WAS 44995 3995





#25548

8995 each

WAS 11495









Gold Probiotic 9 Strain 60 vegecapsules #196756

WAS 25485 19995

Gold Activated Charcoal 60 vegecapsules #218334

WAS 119°





*Advertised prices already reflect discount



DIGESTIVE CARE



Rennie Digestive Antacid 96 chewable tablets Assorted 11495



Rehidrat Blackcurrant 6 sachets



Buscopan 10mg 20 tablets Purgolene 14595

20-pack











139⁹⁵

1400

Ciplaton Oxiprovin Capsules **Grape Seed Extract** 60 soft gelatine 60 capsules capsules WAS 15395

WAS 9995 8995

Arnigel Arnigel Arnigel WAS 99°5 79°6 45g



Solal Super Colostrum 120 capsules #50873 WAS 51995 415⁹⁶



Ultima **Brain Fuel** WAS 26895

*Advertised prices already reflect discounts



Natura Silicea Tissue Salts 125 tablets

6995

Natura Calc Fluor Tissue Salts 125 tablets 6995



Bio-Strath Tablets 60 tablets

WAS 16295 14995



Spatone Apple Liquid Iron Supplements 28 x 25ml sachets

WAS 39995 359⁹⁵

MINERALS



Ultimag Advanced Magnesium Plus Zinc 30 effervescent tablets

WAS 20495 179⁹⁵





189⁹⁵ Zinium 120 capsules #384785 WAS 15995

Ziniu 70 **ALL Zinium** products

127⁹⁶ Zinplex 120 tablets WAS 14395

*Advertised prices already reflect discount



Lifestyle Health **Electrolyte Fizzy**

WAS 10995 8995



The Real Thing Tri-Mag 90 capsules

WAS 23995 20995

- MUSCLE RELIEF



while stocks last Available online at dischem.co.za
OR at selected stores. E&OE.





HEALTH FOODS







BETTER HEALTH STARTS HERE











*ALL-IN-ONE Advanced Nutritional Supplement • Nativa (Pty) Ltd • 260 Cradock Avenue, Lyttefton, Centurion, South African, 0157 • Customer Care Line: 0860 628 482 • YCLIF002/01









BETTER HEALTH STARTS HERE

SPORTS SUPPLEMENTS













SPORTS DRINKS









David Beckham Amber Breeze EDP 100ml

WAS 77500

BECKHAM

David Beckham Classic EDT 100ml WAS 63500 47625

DAVID RECKHAM

David Beckham fragrances**

581²⁵ "Offer only applicable on the above David Beckham products

Lenthéric Hoity Toity EDP 50ml WAS 26500 21200

Lenthéric Hoity Toity EDP 15ml WAS 11500 9200

Lenthéric Solo EDP 50ml WAS 18500 14800

solo

*Advertised prices already reflect discounts



BioNike Defence Color makeup is popular amongst women who wish to enhance their looks while fully respecting their skin. Our formulations are created to provide utter comfort and preserve the well-being of

skin, even when very sensitive,

allergic and reactive.

Foundation Assorted shades FROM **295**⁰⁰

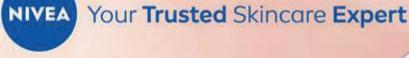


*Advertised prices already reflect discount



Color Foundation





CELLULAR LIFT

on ANY NIVEA ladies' face care products

Anti Dark Circle Eye Treatment 27995 each

NIVEA Perfect & Radiant Luminous 630° Range BREAKTHROUGH

REDUCE DARK MARKS VISIBLY IN 2 WEEKS*

Anti Dark Marks Advanced Serum

30ml

37195 each

Marks Day Cream SPF50 40ml OR Advanced Night Cream 50ml 33895

Anti Dark



NEW

3-Zone Lifting Serum 39995

LULAR ADVANCED ANTI-AGE DAY CREAM CELLULAR

Advanced Anti-Age Day Cream SPF15

38495

CELLULAR

Advanced Anti-Age Night Cream

HIVEA

38495 each

Anti-Wrinkle

Q10 Anti-Wrinkle Power **Firming Day** SPF15 Revitalising Night Cream

24995

VISIBLY YOUNGER LOOKING SKIN IN 7 DAYS







UltraRich Cleansing Wash 150ml 50ml 26495 each

Night Cream 29595 each

50ml 29595 each

UltraRich Day Cream Renewing SPF15 Serum 50ml 32995



Rose Water Facial Toner Tonic 300ml #86521 200ml / Assorted 7995 each 9495













ATH, BODY AND HAIR CAR



Playboy OR Playgirl Body Wash 400ml / Assorted **PLUS Body Lotion OR** Cream 400ml / Assorted



Sanex Shower Gel 500ml / Assorted PLUS Roll-On 50ml / Assorted



Afri Pure Body Wash 500ml / Assorted **PLUS Body Oil** 180ml / Assorted*

*Offer excludes Afri Pure Hybrid variant



BUY BOTH

Cream Regular 400g **PLUS Body Wash Regular** 450ml #304353



Satiskin Shower Gel WAS 9495 69^{95}



Skin eFX Body Wash 400ml / Assorted 3995



Skin eFX Aqueous Body Cream 2995 500ml / Assorted 29each



1 FOR 2295 2 FOR 3200 **SAVE 1390** MORE **Protex** Protex Deep Clean

Protex Soap Bar 200g / Assorted



OR Conditioner 400ml/360ml/275ml Assorted





Exclusive to Dis-Chem Protein Plus Shampoo AND Conditioner **Banded Pack** 2 x 500ml / Assorted WAS 6695

Schwarzkopf Gliss Shampoo OR Conditioner 400ml / Assorted WAS 10295 7206 Schwarzkopf Gliss Mask

300ml / Assorted WAS 12995

Sheen







Shampoo WAS 9495 650ml / Assorted

7596 each WAS 5995 4095

20% nulls: SHAME SIMME Nu-lite CONDITIONER products'

Strate Hair Straightener 50ml / Assorted WAS 3995 3196 Sheen 2-in-1 **Curl Relaxer**

50ml WAS 9995 7996

20% Sheen Sheen Sheen

*Advertised prices already reflect discounts





**Offer excludes Nu-lite Colour Mousse









Hair Studio Gel 1 litre WAS 5695 4695

ALL Sta-Sof-Fro

Braid Sprays 350ml

Sta-Sof-Fro

Braid Spray

350ml / Assorted

WAS 7295

5836



Afri Pure Argan 100% Pure Oil 50ml WAS 13995 11196 Jojoba Oil Vitamin E Oil 100ml WAS 4995 3996

*Advertised prices already reflect discount

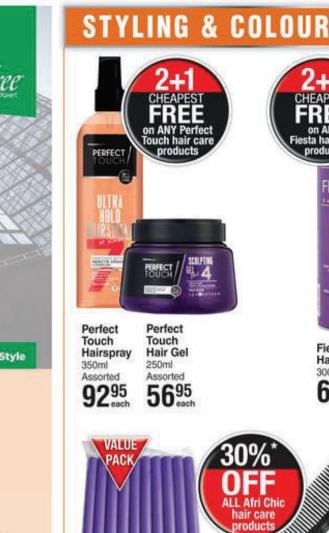
Star-Sof-Fio 100 ml FREE





Difeel Biotin Pro-Growth Shampoo 354.9ml

Difeel Biotin Pro-Growth Conditioner 354.9ml



Perfect Touch

Hair Gel

Assorted

5695 each

ALL Afri Chic

hair care

Afri Chic

 20^{97} *Advertised prices already reflect discount

Hair Comb with Side Handle

Assorted colours

WAS 2995

FREE on ANY Kair hair

care products

kair

250ml

Afri Chic

Rollers

Bendy Roll

Value Pack

10-pack/Assorted

WAS 9995

6997 per pack

Kair

Blonde

Highlight Kit

11495 each



Easy As 1-2-3

1. Comb Out

Wash

3. Prevent

Tea Tree Oil Anti-Lice Kit

- Contains Anti-Lice
- Gel-Cream 200ml Therapeutic
- Shampoo 200ml Maintenance

Spray 200ml WAS 21995 175⁹⁶





Natur Vital Coloursafe Permanent Hair Colour

Assorted shades WAS 16995

OLORSILI Revion Colorsilk Permanent Hair Colour Assorted shades WAS 8995 7995 each

on ANY Fiesta hair care

MITTER

Hairspray

6495 each

Afri Chic

Plastic Tail

Hair Comb

13⁹⁷

AIR

Assorted colours

WAS 1895

Kair

200ml

Assorted

6695 each

Treatment

300ml / Assorted

EST/

*Advertised price already reflects discount



Scan QR code to shop directly online





Delivered to your door OR collect from any Dis-Chem store nationwide dischem.co.za

FREE delivery on orders of 600% or more in major metropolitan areas. No charge for collection in-store.















*Offer only applicable on Libresse Maxi AND Ultra Duo Packs

PHARMACIES





















Body Lotion OR Cream 400ml / Assorted*



Men Face Wash

51⁹⁵

50ml / Assorted

WAS 7195

SAVE 1200

Petroleum Jelly 450ml / Assorted WAS 6795 5595 each



*Offer excludes Vaseline Clinical Care AND Firm & Nourishing Ranges



Men Even Tone Serum SPF15



WAS 8995 69^{95}



Men Face Moisturizer

50ml / Assorted WAS 7195 5195



AND TRANSFORM YOUR MOOD



Hand Wash 300ml / Assorted WAS 4295 3495



Body Wash 400ml OR Foam Bath Assorted 5495 each



THE ESSENCE OF MAN

1 FOR 5195 2 FOR 7800 SAVE 2590



Deodorant Body Spray 200ml / Assorted



SAVE 700

Deodorant Body Spray 120ml / Assorted WAS 3895 3195 each



Anti-Perspirant Roll-On 50ml / Assorted

Dis-Chem















TRY our most powerful clean

1 FOR 3295 2 FOR 5400 SAVE 1190

> Handy Andy Cream 750ml / Assorted











MORE THAN
YOU EXPECT











Comfort Refill Pack 800ml / Assorted WAS 4895 4295









KILLS GERMS ON SURFACES EVERYWHERE

UNSTOPPABLE

*Domestos kills germs on toilet, bathroom, kitchen and floor surfaces **Domestos 750ml recommended retail price



Domestos

750ml / Assorted





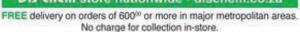
FLIP CATALOGUE OVER FOR BABY SAVINGS





DIRT IS GOOD 💥

Delivered to your door OR collect from any Dis-Chem store nationwide - dischem.co.za





Dis-Chem PHARMACIES



Thursday 14 March to Sunday 7 April 2024









Navaho Travel System Suitable from birth

- · This travel system includes high safety rated infant car seat PU leather handle
- All-terrain wheels
- Large shopping basket Assorted colours

329999



Joie

I-Traver™

i-Size Booster Seat

- Belted booster seat
- Meets the highest R129 and i-Size safety standards
- Side impact protection with Guard Surround Safety
- Lightweight design 10-position headrest
 3-position seat depth

WAS 4599** 399999

MAXI-COSI

Cassia Swing **Essential Graphite**

Swing smartly in style · From birth up to approx 6 months 0 - 9 kg

- Automatic Motion
- Detection
- · 12 soothing melodies · The lightest swing
- WAS 5499** 449999



See pages 9 to 11 for exclusive Dis-Chem Baby City deals

S Discover S Vitality

Johnson's baby



Designed for healthy skin development from day 1



Cottontouch Face & Body Lotion

9499 each



Bedtime Bath 500ml

8499

Bedtime Bath 300ml

5999 each

Clinically proven to help baby sleep better

"When used as part of a nightly routine.

JOHNSON'S baby bedtime range

Protects newborn skin from day 1

roddle, JOHNSON'S cottontouch lotion & wash 500 ml

Shiny Drops Kids Shampoo

8495 Shiny Drops

Kids Conditioner

Spray 200ml 6495



Boosts natural shine for silky

smooth, healthy looking hair

2+1
CHEAPEST
FREE
on ANY Johnson's
baby products



Soft & Shiny 2-in-1 Shampoo & Conditioner

5995 each

Soft & Shiny Conditioner Spray 200ml

pack

5699 each

2 step solution for soft, shiny & naturally beautiful hair

JOHNSON'S® soft & shiny range



Baby Aqueous Cream OR Jelly

6495 each Top-to-Toe Baby Wash

300ml 5999 each Baby Soap Bar 175g / Assorted

2199 each

Johnsons

Shampoo 750ml RQ95

Baby

Baby Lotion 500ml

Johnsons

Johnson's Comment of C

Value Pack Gentle All Over 6 x 72 wipes OR Extra Sensitive Wipes 6 x 56 wipes

144⁹⁹



Suitable for the whole family

Together We Raise™



PROGRAMME FILLED WITH BABY ESSENTIALS

ARE YOU EXPECTING? WELL EXPECT MORE!

GET YOUR BABY BAG!

Register for the Baby Programme:
• In-store • WhatsApp • Online
Shop your baby essentials at Dis-Chem or Dis-Chem Baby City
to qualify for a FREE Baby Bag.*

Dis-Chem Baby City and Dis-Chem Benefit Cards can be used in both retailers.

*Ts and Cs apply.















Baby Cornstarch Powder 4999 each Baby Shampoo 200ml Assorted 4999 each Baby Soap Bar 175g Assorted



Gentle Cleansing Gel 750ml

244⁹⁹

Stelatopia Cleansing Oil 500ml

33999 Vitamin

Barrier Cream 100ml 21999 each



Soap Bar 1999 each Time Wash 400ml

Wash 400ml



Comprehensive range of products designed to take care of the delicate skin of infants and children every day. These hypoallergenic ingredients are carefully chosen to guarantee effectiveness while catering to newborn skin.



67°1 SAVE 25° Bidline ----30 TRIDERM 0 m e 16.90 f. oz

Baby Cleansing Wipes

WAS 8500 76⁹⁹ per pack

Baby Protective Cream WAS 10500 79⁹⁹

Baby Bath Oil WAS 22500 157⁹⁹



epi\max^{*}

Banded Pack Baby & Junior Cream 100g PLUS 400g 114⁹⁹









Changing Baby







babycity





GULD





Sizes 3 – 6 19999 per pack Nappies Sizes 2 – 5 25999 per pack

Baby Care



WAS 9999

7999



Bum **Barrier Cream** WAS 15499

12399



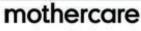
100% **Pure Water Baby Wipes** 3 x 80 wipes WAS 13999 99⁹⁹ per pack

Sudocrem 8AVE 1500

Skin and Baby Care Cream WAS 18409 16999



WAS 12499 11249 per pack





Grey Heather WAS 74999 Backpack ACOO Diaper Bag* 46999 'While stocks last



Sangenic Twist & Click Advanced Nappy Disposal System Assorted colours

WAS 45999 28999

Braun IRT6525 ThermoScan® 7+ #1 thermometer

for the whole family

WAS 129999

25⁰⁰

Telament

Paediatric

92999

Telament Colic Drop



Sangenic Twist & Click Nappy Disposable Bin Refill Cassette

WAS 40999 259⁹⁹ per pack



Deluxe Travel and **Grooming Kit**

7-piece Contents:

- Nail clipper Scissor
- Tweezer
- Nasal aspirator
- Thermometer
- · Infant comb · Infant hairbrush

249⁹⁵ per kit

Children's Health





Inhalation Capsules 10 capsules WAS 8295



Karvol Decongestant 6699



PHIPP'

23⁹⁶

Phipp's

Milk of

Magnesia

100ml / Assorted

BRAUN



Infacol Oral Suspension for Effective Cough Relief WAS 17909 13999





Nûby

Breathe Eeze

Nasal Aspirator

WAS 16999

11999

Baby Things Digital

Thermometer

54⁹⁵

Feeding Baby





Powdered Drink WAS 19499

500

Cerelac WAS 4200 Baby Cereal (Just Add Water) 3799



Nestum Baby Cereal (Just Add Milk) 250g / Assorted 25





Crispy Tiddlers 12g / Assorted Suitable for 12 months+ WAS 1699 1199 each



1599 each



WAS 2199 1599 each







800 Baby Cereal (Just Add Milk) Baby Cereal (Just Add Water) 250g / Assorted 250g / Assorted WAS 3699 WAS 2400 1999 2899 each





Heat Sensing Spoons 2-piece / Assorted 4995 per set



Spoon & Fork 2999 per set







Stainless Steel Insulated Bowl Set 2-piece / Assorted 8995 per set

Weaning Bowl with Heat Sensitive Spoon Assorted 8995 per se

Suction Bowl with Fork & Spoon 5995 per se

Weaning **Bowl Set** with Suction 2-piece / Assorted 4995 per set









WAS 18909 13999

PHILIPS AVENT Ultra Air Deco Mix Soother Assorted 13999 each



Breast Milk Storage Cups 29499 180ml x 10



Insulated Straw Cup 266ml / Assorted OR Sipper Cup 390ml / Assorted WAS 19900 12999 each

8999 each





12 months+

SAVE 8000

Pop-ups Freezer Pots & Tray 4m+

3999

Big Kids 1st Cutlery Set WAS 17409 11999 per pack





SAVE 20000

BAMBINO

Pesto High Chair Suitable from

6 months onwards · 3-position adjustable tray

· 3-position seat recline

 7-position height adjustable seat Assorted colours

WAS 199999 1799⁹⁹



6-in-1 Multiply High Chair

 6 modes including baby mode high chair, traditional high chair, booster, portable booster, toddler chair and play table

 5 height adjustments · 4-position adjustable tray with cupholder

· 3-position seat recline · Seat & tray folds

compactly WAS 439999 399999

20% OFF



Mom & Baby Essentials



Nûby 7000

Manual Silicone **Breast Pump**

 Soft natural cup shape allows for quick and easy expression

 Ball stopper keeps liquid inside container for easy storage

· Made with soft silicone · Suction cup base prevents unwanted spills and

WAS 21909 14999

messes



Made for Me **Double Electric Breast Pump**

3-in-1 use as a pump, as a let-down catcher or to provide relief to engorged breasts

USB rechargeable

 LED Screen: Lets you see how long you have been expressing for WAS 2999*9

2499⁹⁹





Nursing Pads 40-piece 79⁹⁵ per pack Maternity Pads 12-pack 2999 Per



Pregnancy Shake 400g

19995



Sterilising Fluid

WAS 5295 4499

Sterilising Surface Spray 500ml

WAS 4795 36⁹⁹

Sterilising Tablets 32 tablets

WAS 5705 4999



Nipple

Stretch Mark Cream

Cream 11999 8499 each

Baby Fabric Conditioner

4499 each

750ml 6499

Baby

Wash

Laundry



Antenatal Firming Cream

9999 each

Antenatal Massage Lotion

12499 each

*Offer only applicable on the above Happy Event products



100% Natural **Body Oil**

12499

(arriwell



(Black & Nude) S – XXL / Assorted WAS 9999 6999

*Offer excludes Purity Food ranges





Freestyle Flex™

Built-in rechargeable battery

Double Electric Breast Pump WAS 969955 · 2-Phase Expression Technology



Swing Maxi™ Double Electric Breast Pump

2-Phase Expression Technology Built-in rechargeable battery

 Noticeably quieter compared to the previous generation

SAVE 0000 Single Electric Breast Pump WAS 709900 5499⁹⁹

Freestyle™ Hands-Free Double Electric Wearable Breast Pump

Ultra-lightweight

Anatomically shaped collection cups

Solo™

· Easy to use

Improved mobility

Faster charging

WAS 4899⁵⁹

389999

 Built-in, USB rechargeable battery 2-Phase Expression Technology

WAS 1349999



Harmony Flex Manual Breast Pump

Compact & portable

 Discreet & quiet PersonalFitFlex™

breast shield 2-Phase Expression

WAS 104999 79999





vital 🗑

vital (**NURTURE**

Nurture Easy Fill and Pour Breast Milk Storage Bags 250ml

19999 each

*Offer excludes Vital Baby bottles AND teats



Essentials Pack

Starter kit 1 x Harmony manual

breast pump

WAS 112999 4 x mmx storage bags
 4 x ultra-thin nursing pads



ODY CITY OFFERS EXCLUSIVE TO babyci







BabyThings **Quality Baby Products**

Fitted Sheet

- Cotton enriched, hypoallergenic and super soft
- Lightweight luxury percale fabric finish is gentle on baby's skin
- Snug elasticated fit for safety and comfort
- Standard cot size 95 x 66cm Assorted colours

Duvet Set 4-piece Assorted



Scatter Cushions Assorted 6499 each

9499



Foam Mattress

- · Breathable full-depth airflow holes for comfortable &
- undisturbed sleep Orthopaedic design for extra comfort & support
- Soft breathable mesh is soft on baby's skin and protects against harmful allergens FROM

40999



Emerald Camp Cot

- Twilight OR Sable Large size camp cot
- Light weight and
- compact fold Includes carry bag for
- easy storage · Suitable from birth to
- approximately 3 years No Bassinet included

Assorted 99999



Sapphire Range Camp Cot Oxford Grey **OR** Charcoal

- Large storage unit
- Vibration and light unit Carry bag
- Toy bag
- Changer with PVC · Mattress & sheets
- not included Assorted colours

199999



Assorted

- The 5-in-1 Baby Bathing Tub brings the bath up to a parent's height and prevents a sore back from constant bending
- It has a fabric shelf below, handy for holding towels

1999⁹⁵



Ruby Range Camp Cot

- Large size camp cot Includes musical box, with night light
- Detachable nappy changing station
- Two levels for
- adjustment heights Mosquito net included

Assorted colours 229999



Feeding Tub Chair* Assorted colours 2799⁹⁹

*4-8 weeks manufacturing time





Lunar 91 Toddler Bed with Slate White & Sahara* WAS 199999





Quilted Mattress Protector Assorted sizes 165⁹⁹



Mattress Assorted sizes 595⁹⁹

Chelin🕸 **Amber Camp Cot**

- Co-Sleeper Camp Cot
- with auto fold system Two-level bassinet
- · Mobile, change mat and storage unit Night light with music
- unit Playpen access

WAS 349999 329999



Dis-Chem PHARMACIES

OFFERS EXCLUSIVE TO babyc

SHOP ONLINE NOW AT



Booster Car Cushion

· It is easy to remove from the vehicle and easy to clean

29999



ISOFIX All-in-1 Rotate+ Car Seat

- Make safety a priority with the 360° rotating car seat
- The seats come with ISOFIX installation
- Adjustable headrest Easy to install and easy to remove from the vehicle

WAS 299999 2499⁹⁹



Laguna **Booster Car Seat**

- · This car seat can be used with or without a backrest, it all depends on the weight and the age of the child
- This car seat is easy to install and remove from the vehicle

WAS 99999 89999



I-Safety Car Seat

- Fitted with 3-point
- retractable seat belts Contains 3 different backside recline positions
- Designed to ensure your baby is

comfortable WAS 169999 1499⁹⁹

AGE GROUP 3 22kg — 36kg

ages of 6-12 years

GROUP 0+/1/2/3 birth (infant birth weight) - 36kg max AGE





GROUP 2/3 15kg - 36kg max



ages of 6-12 years



GROUP 3 22kg to 36kg



ages of 6-12 years



- Compatible with
- Chippewa Travel System
- Free-standing Removable soft mattress
- · A large hood that provides shade for your baby · Removable cover for
- wash purpose Adjustable canopy 1599⁹⁹



Chippewa Travel System Light Grey

- Large canopy for sun
- protection Front removable bar
- Adjustable handlebar
- Aluminium frame Swivel front wheels 5-point harness for

666999



- · Rear axle with
- Large shopping
- Easy to fold · Great for the
- outdoors

Assorted colours 4999999



- Compact structure, making it easy to fold and carry
- Best suspension design for the smoothest ride

89999



lote

Muze LX

- Travel System
- Stroller suitable from birth up to 15kgs
- Compact auto-gravity self-folding fold · UPF50+ and water
- repellent canopy
- · All wheel suspension and one-touch braking system Joie Juva infant car seat included

Assorted colours

WAS 399999 359999



Versatrax

- Travel System Shale
- Suitable from birth to 15kg Reversible stroller seat with rearward and forward
- facing modes Custom seat recline options
- One-touch braking system
 Puncture proof, foam-filled
- rubber tyres UPF50+ and water repellent
- stroller canopy · i-Gemm 3 infant car seat

WAS 11999** 10999999





Rito Star Foldable Trike

- Parent steering with
- telescopic push-bar High-quality steel frame with handlebar clutch and rear

Assorted colours WAS 299999



GRACO

Comfy Cruiser Travel System: Into The Wild

Suitable for use from birth to 15kg (approximately 3 years)

Includes the Click Connect Snug Essentials i-Size infant car seat (from birth to 12 months)

WAS 499999 449999



Chelino

Amber Stroller Rose Gold

 A beautifully designed Amber stroller from Chelino with metallic finish and features that fit perfectly into

the modern mom's lifestyle Compatible with Amber

WAS 499999 469999



Chelino

- **Amber Car Seat**
- 0 13kg
- Compatible with optional Amber Stroller

 ISOFIX compatible WAS 109999 99999



Etna 360° ISOFIX Car Seat Suitable from

- birth to 36kg · Easy installation with ISOFIX system and top tether
- · 5-point safety harness · 360° rotation and side protection system

WAS 339999 299999





MAXI-COSI

RodiFix

Pro I-Size

 From approximately 3 – 5 years up to 12 years From 100 to 150cm 15 - 36kg

- Multiple recline positions
- G-CELL 2.0 Side Impact Protection
- ClimaFlow for
- temperature control AirProtect® Safety Cushions

WAS 449900 379999



MAXI-COSI

Jaya Stroller

- Birth up to 4 years
- Flash fold and go 0 - 22 kg
- Auto fold
- Lie flat mode Easy to carry Compatible with
- baby car seats WAS 729999

OFFERS EXCLUSIVE TO babyci







10999







Value Pack **Pure Wipes** 12 x 56 wipes 229⁹⁹ per pac







79999 SAVE $70^{\bar{0}0}$ My First B&W

and his friends WAS 99999

baby is comfortable as they go exploring with Clip Clop

Soccer Ball WAS 21989 149⁹⁹



Activity Walker

- 2-in-1 walker/rocker mode
- Removable electronic tray with music, lights & sounds
- Height adjustable seat
- · Softly padded seat with backrest

Assorted colours WAS 1199° 99999

10999