

# FATHER TIED UP AND HELD AT GUNPOINT IN FRONT OF TODDLER

**The very spot where a father was held at gunpoint and bound in front of his 21-month-old boy. During the terrifying ordeal, the toddler was given a packet of Flings (crisps) and milk. In a heartbreaking moment of innocence, the child started feeding his helpless father some of the Flings as he lay bound on the floor.**



**Rustenburg** – A father's primary duty is to protect his family, especially his children. But all sense of security was shattered for a young father on Friday morning, 15 November 2024, in broad daylight, when armed intruders invaded his home on a smallholding.

It was just before 09:30 when two men, armed and wearing balaclavas and gloves, used a crowbar to force open the security gate of the kitchen door and stormed into the house. According to an eyewitness, one of the intruders was tall and thin with a light complexion, while the other was short and dark-skinned. The father and the nanny immediately raised their hands, surrendering to the masked men. It is hoped that the toddler did not fully comprehend the nightmare unfolding around him.

The father was struck once with the crowbar and then repeatedly tapped on the head with a gun as the robbers voiced their demands, spitting out threats each time they didn't get the response they wanted. With every threat, his thoughts were consumed with fear for the safety of his son. He cooperated fully, handing over the information they sought, praying that his compliance would keep his child safe.

**See page 8**

## CHECK OUT THE LATEST DEALS INSIDE

Dis-Chem  
PHARMACIES

FOOD LOVER'S MARKET

FOOD TOWN HYPER

SAVE & LOT

THREE STAR POWERTRADE

Two Students Stabbed, Grade 12 Learners Transferred for Exams | **PAGE 4**

Family Survives Terrifying Armed Robbery in Olifantsnek | **PAGE 5**



# AFRI READYMIX



RUSTENBURG, BOSHOEK & NORTHAM



sales@afrireadymix.co.za  
www.afrireadymix.co.za

014 008 5051/2



# NAIL IT WITH THE RIGHT TOOLS!



TOOLS AND SPARES

GARDENING EQUIPMENT

PLUMBING EQUIPMENT

CLEANING EQUIPMENT

014 061 0805 | dennis@afrihardware.co.za  
NOORDVAAL BUILDING Cnr Brink & Kock street



# Cancer Fundraiser

## Skaylar Jane Louwies

**10 AM – 2PM**  
**29 Nov 2024**  
Hyper Butchery  
Klopperstreet  
Rustenburg

**For more information**  
084 220 0024

**Every sale/donation is going to be in support of Sky's treatment**



# YOUR ONE STOP WATERSHOP

WATER PURIFIERS - WATER PUMPS - FILTERS & SOFTNERS  
BOTTLED WATER - BRANDED WATER - CUSTOM FILTRATION PLANTS  
WATERBARS - WATER KIOSKS



**WATER... OUR MOST PRECIOUS RESOURCE...**

# WATER2GO

014 533 3493 | 087 397 9728 | [www.water2go.co.za](http://www.water2go.co.za)

FOR ALL YOUR VEHICLE TRACKING NEEDS

**TRACKER**  
Authorised Fitment Centre

**SCREENSAVER**  
Fitment Centre

**FREE TRACKER FITMENT**  
Motor vehicles | Trucks | Motorcycles

**SCREENSAVER FITMENT CENTRE**

122 Kock Street, Rustenburg  
014 592 1376 | 071 760 6605

**1MIX**  
CONCRETE

**MINI BUILD**

**SAND - STONE - CEMENT  
BRICKS - READYMIX**

014 596 5180 • 079 218 3144  
89D Ridder Street

**Matrix Beamie**

**PERSONALISED VEHICLE TRACKING & RECOVERY**

122 Kock Street, Rustenburg  
014 302 0976  
060 850 2413

**DSTV & OPENVIEW SIGNAL REPAIRS**

**DSTV streaming (no decoder or dish needed) | Call Anthony 073 782 7181**  
Monday - Sunday

## Placing an obituary

Announcing the death of a family member is a time-honoured tradition as life should be celebrated and never forgotten. To help you to celebrate the life of your loved one and share details about the upcoming funeral, place an obituary in our newspaper, free of charge. You can include the date of death, details about their life and surviving family members. You can also write a special message, a poem or a prayer. Please include a photo and the date, time and place of the memorial service.

If you would like to place an obituary in Platinum Weekly / Platinum Bushvelde, send the information via WhatsApp to 072 482 6871 or email [news@platinumweekly.co.za](mailto:news@platinumweekly.co.za) / [news@platinumbushvelde.co.za](mailto:news@platinumbushvelde.co.za).

## AR & H SPRINGS

**SERVICES:**

- Springs on Vehicles, Trailers & Trucks
- Resetting of Coil Springs
- Rebuilding, Resetting & Replacing of Leaf Springs

**ALSO:**

- Compression Springs
- Tension Springs
- Torsion, Extended & Double Torsions Springs

**CONTACTS:**  
Hannes/ Anje  
014 596 5633  
014 596 5708  
57 Molen Street, Rustenburg



**Childline 116**  
South Africa

## WE PAWN

**15% interest**  
**STOLS MOTORS RUSTENBURG**  
**Anything on wheels.**

**Office hours**  
014 592 9828  
014 592 2658

# FOOD TOWN HYPER RUSTENBURG

TRANS Shopping Mall

**PROMOTION VALID 21 - 27 NOVEMBER 2024**

**Spekko**

**SASKO**

**CAKE WHEAT FLOUR**

**Full Cream Milk**

**Excella**

**BUY ALL FOR R899**

White Star Maize Meal 12.5kg+Spekko Rice 10kg+Sasko Cake Flour 12.5kg+Atlanta Brown Sugar 10kg+Unity UHT LongLife Milk 6x1lt+ Excella Sunflower Oil 2lt

## Fresh Market Deals!

**BUY ALL FOR R115**  
Chicken Feet 1kg+Chicken Heads 1kg+Chicken Gizzards 1kg

**BUY ALL FOR R249**  
Beef Chuck 1kg+Beef Mince 1kg+Boerewors 1kg

**249.99**  
Beef Mince p/kg

**199.99**  
Baby Hake p/kg

**89.99**  
Potatoes L/M 10kg+ Onions 7kg+ Butterbeans 7kg+ Tomatoes 6kg

**69.99**  
Mixed Vegetable

**18.99**  
Banana

**R129**  
Mixed Vegetable

## PRICE LOCK SAVINGS!

**RAINBOW**  
Rainbow Chicken Mixed Portions 5kg  
**184.99**

**SUNBAKE**  
Sunbake Brown Bread 700g  
**BUY 2 FOR R30**  
(R15.00 EACH)

**5 PACKS**  
Kellogg's Instant Noodles Assort 5x70g  
**BUY 2 FOR R56**  
(R28.00 EACH)

**RHODES**  
Rhodes Baked Beans 410g  
**BUY 2 FOR R44**  
(R22.00 EACH)

**LUCKY STAR**  
Lucky Star Pilschard Assort 400g  
**BUY 2 FOR R48**  
(R24.00 EACH)

**BULL BRAND**  
Bull Brand Corned Meat 300g  
**BUY 2 FOR R60**  
(R30.00 EACH)

**DOUGLASDALE**  
Douglasdale Amasi Full Cream/ Fresh Milk 2lt  
**ANY 2 FOR R56**  
(R28.00 EACH)

**MAMA ORIGINAL**  
Mama Original 70% Fat Spread Brick 500g  
**BUY 2 FOR R48**  
(R24.00 EACH)

**KNORR**  
Knorr Packet Soup Assort 50g  
**ANY 5 FOR R24**  
(R4.80 EACH)

**RHODES**  
Rhodes Baked Beans 410g  
**BUY 2 FOR R44**  
(R22.00 EACH)

**LUCKY STAR**  
Lucky Star Pilschard Assort 400g  
**BUY 2 FOR R48**  
(R24.00 EACH)

**BULL BRAND**  
Bull Brand Corned Meat 300g  
**BUY 2 FOR R60**  
(R30.00 EACH)

**DANONE**  
Danone Nutriday Dairy Snack Assort 6x100g  
**BUY 2 FOR R35**  
(R17.50 EACH)

**COCA-COLA**  
Coca-Cola Soft Drink Assort 2lt  
**BUY 3 FOR R69**  
(R23.00 EACH)

**ULTRA MEL**  
Danone Ultramel Custard 1lt  
**BUY 2 FOR R48**  
(R24.00 EACH)

**MARANG**  
Marang Eggs 60's  
**139.99**

**UNITY**  
Unity UHT Long Life Milk 6x1lt  
**89.99**

**MON - FRI: 08:00 - 18:00, SAT: 08:00 - 16:00, PUBLIC HOLIDAYS - 09:00 - 14:00, SUNDAY: OPEN**

**CNR FATIMA BHAYAT & KLOPPER STREET, RUSTENBURG. TEL: 014 597 4282**

<https://www.facebook.com/RustenburgFoodTownHyper/>

**065 542 6259**

Scan our QR Code To Access All Our Promotions On Our Facebook Page



# EXPERIENCE the best in fresh.



AS SEEN ON TV

Blueberry Punnets  
125 g  
4 FOR  
**R50**



AS SEEN ON TV

Nectarine or Peach  
Punnets  
ANY 2 FOR  
**R50**



AS SEEN ON TV

Ground Beef  
**79<sup>99</sup>**  
per kg



AS SEEN ON TV

Oukraal Sizzler  
800 g  
**49<sup>99</sup>**  
per pack



White Grape  
Punnets 500 g  
2 FOR  
**R60**



Spanish Santé  
Cocktail Tomato  
Punnets 200 g  
2 FOR  
**R25**



Paw Paw Prepacks  
2 FOR  
**R60**



Lettuce Prepacks  
2 FOR  
**R29**



English Cucumbers  
2 FOR  
**R25**



Beetroot or Carrot  
Thriftpacks 1 kg  
ANY 2 FOR  
**R25**



Onion Thriftpacks  
1 kg  
2 FOR  
**R25**



Tomato Thriftpacks 1 kg  
2 FOR  
**R35**



Spinach Bunches  
3 FOR  
**R25**



Crown Pumpkin or  
Hubbard Squash  
ANY 2 FOR  
**R50**

BUTCHERY



Pork Loin Ribs  
**89<sup>99</sup>**  
per kg



Pork Neck Steak  
**89<sup>99</sup>**  
per kg



Pork Texan Steak  
**59<sup>99</sup>**  
per kg



Boneless Gammon  
**89<sup>99</sup>**  
per kg



Chicken Flatties  
**59<sup>99</sup>**  
per kg



Chicken Fillets  
**79<sup>99</sup>**  
per kg



Chicken Stir-Fry,  
Goulash or Tenderised  
Steak 500 g  
**R50** per pack



Beef Forequarter  
Packs  
**89<sup>99</sup>**  
per kg



Beef Rashers  
**89<sup>99</sup>**  
per kg



Beef Stir-Fry,  
Goulash or  
Tenderised Steak  
500 g  
**59<sup>99</sup>**  
per pack



Beef Club & T-Bone  
Steak  
**109<sup>99</sup>**  
per kg



Lamb Braai Chops  
**149<sup>99</sup>**  
per kg



Food Lover's  
Traditional  
Boerewors  
**99<sup>99</sup>**  
per kg



Gammon Steaks  
**89<sup>99</sup>**  
per kg



FILLET FRIDAY

Beef Fillet  
**199<sup>99</sup>**  
per kg

SPECIAL VALID FRI 22 NOV 2024 ONLY!

# FOOD LOVER'S MARKET

SPECIALS VALID MONDAY 18 - SUNDAY 24 NOVEMBER 2024

THE BEST  
IN FRESH  
GUARANTEED!

AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, FREE STATE, UPINGTON, NORTHERN CAPE, KIMBERLEY AND SHOWGATE. EXCLUDING FOOD LOVER'S EATERY THE MARC, BRAAMFONTEIN, BANK CITY AND ROSEBANK.  
ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE • LENASIA BUTCHERY & STORE ARE STRICTLY HALAAL & NIHT-CERTIFIED. NO PORK PRODUCTS SOLD IN-STORE.



# 75-YEAR-OLD ARRESTED FOR RAPE

**Rustenburg** – The Bafokeng Sexual Offences Regional Court in Tlhabane has sentenced a 75-year-old man, Themba Moya, to 20 years in prison for the rape of a minor. The sentence was handed down on Wednesday, 6 November 2024. The court heard that on Sunday, 4 June 2023, Moya called 15-year-old Tshwetso Letshaba, his neighbour in Lethabong near Rustenburg, to his house under the pretence of needing her help. Upon her arrival, he led her into his bedroom, where he raped her. The incident was reported to the police, and Moya was arrested shortly afterward. Tragically, brigadier Sabata Mokgwabone revealed that the young victim took her own life just weeks after the incident. Lieutenant general Sello Kwen, North West provincial commissioner, commended the investigative team led by detective-sergeant Letshabang Mzinyathi, as well as the public prosecutor, advocate Dzimema, for their tireless efforts in securing Moya's conviction.



The investigating officer, detective-sergeant Letshabang Mzinyathi, whose dedication and investigative work were instrumental in securing justice in this case.

# JUSTICE IN JEOPARDY: FAKE LAWYER'S CASES PUT COURT RULINGS IN QUESTION

**Rustenburg** – The Tlhabane Magistrate Court has postponed the case against Teboho Johannes Motse (41) to 15 November 2024 to allow him time to secure legal representation, enabling the court to proceed with his bail application. Motse was arrested by the Provincial Commercial Crime Investigation Unit (CCIU) on Wednesday, 6 November 2024, for charges of uttering, forgery, and contravening the Legal Practice Act, 2014. The postponement followed his brief court appearance on 14 November 2024, after his initial legal representative failed to appear.

According to court records, Motse is accused of posing as an attorney and conducting legal duties without proper credentials. Investigations revealed that he appeared in court as a legal representative on 26 September 2023 in Tlhabane, issuing instructions and executing proceedings without being registered under Act 28 of 2014. Further probes unveiled that on 30 January 2023, Motse unlawfully represented clients, obstructing justice by posing as a qualified attorney. He allegedly presented a forged certificate of admission and offered legal services at the Bafokeng Magistrates' Court, handling both civil and criminal matters despite lacking the necessary qualifications. A case was registered in July 2023, leading to his arrest and initial appearance in the Bafokeng Magistrates' Court on Friday, 8 November 2024. Motse remains in custody while investigations continue. The allegations raise serious concerns about the integrity of cases he previously handled. With his credentials now under scrutiny, many are questioning whether the rulings in those matters will stand or be reopened for review.



Teboho Johannes Motse, accused of uttering and posing as a lawyer, awaits his next court appearance in a high-profile legal fraud case.

# AfriForum and Matlabas Custodians clinches a cooperation agreement to strengthen community safety

AfriForum and Matlabas Custodians signed a cooperation agreement on Thursday, 14 November 2024, which aims to promote community safety in Limpopo, North West and Gauteng. This partnership covers an area of more than 2 million hectares and will better equip communities to deal with threats with the help of comprehensive security initiatives. This cooperation agreement provides several opportunities to start strategic projects such as the expansion of information networks and to exercise contingency plans on a regular basis in order to promote quick and efficient action. Furthermore, this partnership also includes an air wing component that aims to respond more quickly to farm attacks and other crimes. These operational improvements will make communities resilient and strengthen them in the face of various security challenges. The organisations will also pool their extensive specialist knowledge and advanced technology such as drones to achieve their goal. This technology will help monitor large and remote areas to ensure faster response and provide critical information to emergency crews. Training and expanding capacity are now a priority for the organisations as both organisations have targeted plans in place to equip community members with practical skills and strategic insights. According to Llewellynn Hemmens, AfriForum's district coordinator for Greater Pretoria North, this collaboration is a milestone for both organisations. "The relationship of trust that AfriForum and Matlabas Custodians have already built is of crucial importance." "We know that the path to sustainable security in our communities is built on a strong foundation of cooperation and a common goal. Together we can build a network that makes a significant difference in people's lives and that creates hope for a safer future." However, AfriForum and Matlabas Custodians' partnership is just the beginning – the aim is to involve other security organisations and structures in this network in order to establish a broader communication network. By pooling resources and equipping communities with improved equipment, this partnership will seek to provide higher levels of coordination and shared support. "The strengthening of this circle of support is the realisation of 'standing together' by ordinary people who have the community's safety at heart," says Hemmens. "We are committed to the vision of changing people's everyday lives, and this project serves as a beacon of hope for communities that sometimes feel left to fend for themselves." AfriForum and Matlabas Custodians invite other role players to become part of this movement and work together towards a stronger, more resilient future for everyone.

**AfriForum press release extracts**



The Royal Bafokeng Nation is invited to the

# 2024

# KGOTHA-KGOTHE

**AGENDA:**  
ANNUAL FINANCIAL STATEMENT  
FOR 2023

**DATE:**  
30 NOVEMBER 2024

**TIME:**  
10:00

**VENUE:**  
CIVIC CENTRE AUDITORIUM,  
PHOKENG

*Buses will collect MORAFE at the usual pick-up points from 07h00*

**For more information, contact**

**Khumo Molobye:**  
*Monday-Friday, 8h00 - 17h00*

**014 566 1200**  
**khumo@bafokeng.com**

**WWW.BAFOKENG.COM**

MEC Viola Motsumi met with the school governing body, parents, and management of Meriti Secondary School on 13 November 2024 to discuss the recent violence and outline measures to improve safety for students and staff.

281 Grade 12 learners and 10 teachers from Meriti Secondary School were relocated to Swartruggens Gekombineerde Skool to sit for their remaining examination papers in a safe and secure environment on 17 November 2024.

# Two Students Stabbed, Grade 12 Learners Transferred for Exams

**Rustenburg** – The North West Department of Education has swiftly responded to violent incidents at Meriti Secondary School in Rustenburg on Tuesday, 12 November 2024. Two learners, one from Grade 9 and another from Grade 10, were stabbed in separate but related incidents believed to be linked to gang violence. The incident unfolded when a learner was attacked outside the school premises by a gang of four individuals, reportedly former students of Meriti Secondary School. The learner fled towards the school for safety, but the gang followed and stabbed another learner inside the school grounds. Both students were rushed to local hospitals, with one sustaining four stab wounds. The Department has assured that both learners will be allowed to complete their examinations once they are medically cleared. In response to these violent events, North West MEC for Education, Viola Motsumi, convened an urgent meeting with the school governing body (SGB), parents, and the school management on Wednesday, 13 November 2024. The meeting aimed to address safety concerns and implement immediate measures to prevent further incidents. During the meeting, MEC Motsumi announced that four security personnel would be deployed to Meriti Secondary School starting Thursday, 14 November 2024, to ensure the safety of students and staff. The MEC emphasised the importance of providing a secure learning environment, especially during the critical examination period. To ensure a safe and calm environment for the Grade 12 learners, the North West Department of Education relocated 281 learners and 10 teachers from Meriti Secondary School to Swartruggens Gekombineerde Skool in Swartruggens to write their remaining examination papers. This move took place on Sunday, 17 November 2024, in light of the violent events at the school. To further support the learners, the Department arranged for meals to be served three times a day, provided accommodation to allow effective studying, and ensured 24-hour security at the new examination centre. MEC Motsumi also confirmed that Meriti Secondary School would receive four full-time security personnel to help maintain safety on the premises. "We are committed to ensuring that our learners are safe and able to complete their examinations without disruption," MEC Motsumi concluded. The Department of Education remains dedicated to ensuring a safe learning environment for all students and educators, continuing to collaborate with law enforcement and other stakeholders to address violence in schools and provide the necessary security during the examination period and beyond.



# Family Survives Terrifying Armed Robbery in Olifantsnek

**Rustenburg** – In the early hours of Friday, 15 November 2024, a family in the Olifantsnek Dam area faced a harrowing ordeal when armed robbers broke into their home. Around 3 a.m., the couple was asleep in their bedroom, while their two children, aged 9 and 10, were in their respective rooms. Their brave dog, Vlooi, a crossbreed with a Dachshund, became their first line of defence, barking persistently just as the robbers entered the house.

Recalling the moment, the woman said, "Vlooi and I had been lying in bed for about 10 minutes. Just as we were closing our eyes, I heard a bump. At first, I thought it was my husband bumping into the bedside table. But when Vlooi jumped up barking, I saw two robbers standing in front of me with flashlights pointed at me."

The situation quickly escalated when one of the robbers attempted to silence Vlooi. "Suddenly, a firearm was pointed at me," she recounted. "I only saw the front of the gun before I jumped behind my husband, who was standing against the wall. We don't have a weapon, but my husband shouted in English, 'Give me the gun!' I handed him our steel flashlight — the only thing we had to defend ourselves. When the robber tried to shoot the dog, the gun just made a clicking sound. Luckily, it wasn't loaded."

The couple's 10-year-old son stood frozen behind the bedroom door, while their 9-year-old daughter remained asleep throughout the terrifying encounter.

As one of the robbers attempted to reload the gun, the husband banged the flashlight against the wall, creating a loud noise that startled the intruders. The robbers fled the house in haste.

The robbers were described as wearing a brown jacket with a black beanie and a brown hunting jacket with blue mining pants.

The woman shared a chilling detail: "Our son said one of the robbers was rummaging through the fridge, looking for food. They didn't search the rest of the house. They went straight to our bedroom. Thankfully, they didn't see our son standing nearby."

Grateful for their safety but deeply shaken, the family has since installed security alarms and plans to relocate. "We thank the Lord for sparing our lives," the woman said. "The robber's gun didn't work at that moment. I truly thought we were all going to die that morning."

For now, they remain determined to protect their children and move forward from the traumatic event.



The entry point used by the robbers during the terrifying home invasion.

# Masked, armed robbers strike Rustenburg garage

**Rustenburg** – A local garage in Rustenburg was the target of an armed robbery in the early hours of Saturday morning, around 00:30. Five masked men, armed with handguns, carried out the attack, leaving staff shaken but fortunately unharmed.

The robbers escaped in a grey charcoal Volkswagen Polo, making off with cigarettes, disposable vapes, cash from the register, and the staff's cellphones. The manager of the garage explained, "They were wearing masks, so you could not identify the suspects. Luckily, no customers were in the store or outside at that time, and no one was hurt."

Four staff members were on duty during the robbery. After the incident, they had to rely on a local casino nearby to borrow a phone and contact their management, as their personal phones were stolen.

The private security, Wesalarms, quickly responded to the scene. "Wesalarms arrived and phoned the police. Thank you for your speedy reaction, Wesalarms," the manager added.

The police are investigating the robbery, and the public is urged to provide any information regarding the suspects or the grey Volkswagen Polo.



The masked suspects fled the scene in a grey charcoal Volkswagen Polo.

# Van soldaat tot burgemeester: Die merkwaardige lewenspad van Oom Charlie

**Derby** – Hedley Charles Crous, beter bekend as Oom Charlie, is op 31 Oktober 2024 op die ouderdom van 98 oorlede. Sy lewe, gevul met ryk ervarings en 'n liefde vir sy gemeenskap, is 'n storie wat in die harte van die Derby-gemeenskap sal voortleef.

Oom Charlie, gebore op 15 Augustus 1926, was die oudste inwoner van Derby. Sy lewensreis het hom na Italië geneem toe hy op 17-jarige ouderdom by die weermag aangesluit het tydens die Tweede Wêreldoorlog. Hy het van 1943 tot 1945 in Italië gewoon, voordat hy na Suid-Afrika teruggekeer het.

In Johannesburg het hy hom eers in Delarey gevestig, maar sy hart het



Hedley Charles Crous, beter bekend as Oom Charlie, het 'n merkwaardige nalatenskap agtergelaat.

PC WORX

cherry on IT

www.pcworx.co.za

Hurry up before the sale ends. T&C's While Stocks Last and Limited Stock.

HURRY UP THIS

BLACK FRIDAY

SHOP ONLINE

22 Nov - 02 Dec

UP TO 40% OFF

22 Nov - 02 Dec

UP TO 40% OFF

Kingmax 16GB USB 2.0 Type-A Flash Drive Black

R45

SAVE R34

WAS R79

KINGMAX

Gaming Mouse Acceptor GM-211

R79

SAVE R120

WAS R199

CANYON

Gaming Keyboard Deimos GK-4

R299

SAVE R200

WAS R499

CANYON

Canon PIXMA MG2541S 3-in-1 Multi-function Printer

R599

SAVE R200

WAS R799

Canon

HP Smart Tank 580 All-in-One Multifunction Printer

R2 799

SAVE R700

WAS R3 499

hp

Canon Pixma G3470 A4 3-in-1 printer with Wi-Fi

R2 899

SAVE R1 100

WAS R3 999

Canon

Kingmax 32 GB Micro SD Card

R49

SAVE R30

WAS R79

KINGMAX

Extra-large pad for Mouse and Keyboard

R145

SAVE R84

WAS R229

CANYON

Gaming Headset Shadder GH-6

R319

SAVE R80

WAS R399

CANYON

HP DeskJet Ink Advantage 4276 3-in-1 Printer

R1 499

SAVE R500

WAS R1 999

hp

Epson L3252 3-in-1 EcoTank Printer

R2 999

SAVE R500

WAS R3 499

EPSON

Canon Pixma G4470 A4 4-in-1 Ink Tank Printer

R4 499

SAVE R1 500

WAS R5 999

Canon

FREE IN-STORE ASSESSMENT ON PRINTERS, LAPTOPS AND DESKTOPS.

PC WORX

cherry on IT

www.pcworx.co.za

Address:

Shop 214, Waterfall Mall, Rustenburg

Phone:

014 537 3722

Email:

info@pcworx.co.za

Working days & hours:

Mon – Thu | 8 AM – 7 PM

Fri | 9 AM – 7 PM

Sat | 9 AM – 6 PM

Sun | 9 AM – 3 PM

T&C's While Stocks Last and Limited Stock.

na die plaaslewe gehunker. Hy het later 'n stuk grond in Derby gekoop, waar hy vir 42 jaar 'n integrale deel van die gemeenskap was.

Oom Charlie was bekend vir sy harde werk en vindingrykheid. Van insleepdienste en herwinning tot sy rol as algemene handelaar, het hy in verskeie velde 'n sukses gemaak. Hy was ook 'n geliefde skoolbusbestuurder, wat kinders van plaas na skool vervoer het. In 1981 is Oom Charlie as burgemeester van Derby verkies en het die pos vir agt jaar beklee. Sy bydrae as leier het 'n blywende indruk op die gemeenskap gemaak.

Met sy wysheid en humor het hy baie jongmense aangemoedig

om hul ouer mense te respekteer en God in hul lewens te ken. "Wees eerbiedig teenoor jou meerderes," het hy gereeld gesê.

In Januarie 2023 het Oom Charlie Derby finaal vaarwel toegeroep en na Pretoria verhuis om nader aan sy kinders te wees. Hy het aan die gemeenskap gesê: "Ek wens julle alle voorspoed toe en mag dit goed gaan met julle."

Oom Charlie het 'n nalatenskap van diens, deernis en volharding agtergelaat. Sy begrafnisdiens was op Donderdag, 7 November 2024, om 10:30 by Ons Tuis: Van Rensburg gehou.

Derby sal altyd onthou hoe hierdie unieke en geliefde man 'n verskil gemaak het.



# Netcare Ferncrest Hospital Hosts Maternity Training Day

**Rustenburg** – On Friday, 8 November 2024, Netcare Ferncrest Hospital hosted an insightful maternity training day aimed at supporting new and expectant mothers.

Held at the Ferncrest dining hall, the event focused on equipping participants with the knowledge and skills necessary to care for their newborns with confidence. The programme offered expert guidance from a team of specialists, including a gynaecologist, paediatrician, and a dietitian, each providing valuable insights into pregnancy, childbirth, and baby care. Expectant mothers were introduced to essential topics such as self-care during pregnancy, baby nutrition, and understanding baby health.

One of the first-time mothers in attendance, Bonolo Motloung, shared her excitement and expectations: “As a first-time mom, I’m hoping to learn the dos and don’ts. So far, they have explained everything so nicely and clearly. This journey is very stressful, but I want to learn, experience it, and enjoy it,” she said.

The programme’s content emphasised the importance of self-care for mothers. Dr. Lucky Mapefane, a gynaecologist at Netcare Ferncrest Hospital, stressed that: “Empowering care begins with continuous learning. Your health and happiness are just as important as your baby’s.” Practical demonstrations, such as how to change diapers and safely hold a baby, were incorporated to make the learning experience more interactive.



A vibrant turnout at the Ferncrest dining hall as new and expectant mothers gathered to learn essential parenting skills.



Anna Mahuba, one of the enthusiastic new moms, eagerly participates in the maternity training day.



Dr. Mokabe Nukabelang, paediatrician at Netcare Ferncrest Hospital, shared expert advice on newborn care.

## VACANCIES | VAKANTE POSTE

### VACANCY

#### Scaffold Erectors

An established company in the Construction & Mining industry is looking for Scaffold Erectors in Amandelbult and surrounding areas

#### Requirements

##### Minimum Requirement:

- Valid certificates
- Knowledge of mining and construction environment
- Previous experience with scaffolding
- Good communication skills
- Medically fit
- No criminal record
- Sober habits

Interested parties can email their CV and Qualifications to: [info@agoproject.com](mailto:info@agoproject.com)  
**Closing Date: 30 November 2024**

### VACANCY

#### Scaffold Supervisor

An established company in the Construction & Mining industry is looking for a Supervisor to Supervise operations of scaffolding on site in Amandelbult and surrounding areas

#### Requirements

##### Minimum Requirement:

- Matric or NQF level 4 equivalent qualification
- Knowledge of mining and construction environment
- Excellent time management and leadership skills
- Liaising with clients and reporting skills
- Previous experience with scaffolding & Supervision
- Ability to work independently
- Good communication skills
- No criminal record
- Sober habits
- Medically fit
- Valid driver's licence advantageous

Salary –based on experience and qualifications. Interested parties can email their CV and Qualifications to: [info@agoproject.com](mailto:info@agoproject.com)  
**Closing Date: 30 November 2024**

## Giant potholes, a ‘growing’ concern



Can you call this a pothole? It's so huge, it's more like a sink hole!

**Rustenburg** – On Monday, 18 November 2024, *Platinum Weekly* newspaper received a video showing vehicles slowly navigating massive potholes, some of which were so deep they almost submerged entire tires in water. The video, shared by a concerned local resident, sparked alarm across the community.

To investigate the matter, our team visited the area on Wednesday, 20 November 2024. Upon arrival, we discovered that a section of the road had been taped off, indicating that it had become too dangerous for vehicles to pass. The damaged road

is a critical connector between a residential area and the R510, and it has been in this poor state for nearly four months.

Local resident Christoff Muyatso, who uses this road daily, expressed his frustration. “This stretch of road has been in this condition for months. It’s not just inconvenient, it’s damaging our cars. And with the water, you can’t even tell how deep the potholes really are,” Muyatso said.

In the video shared with us, vehicles can be seen cautiously driving through the potholes, with water spilling over the sides as they try to avoid further

damage. However, by the time our team arrived on site, the road had been barricaded to prevent more cars from passing through.

With the rainy season now in full swing, the situation has only worsened. The ongoing rainfall is causing the potholes to deepen and fill with water, making it even harder for drivers to navigate and increasing the risk of accidents.

Platinum Weekly Newspaper has reached out to the Rustenburg Local Municipality for comment on any plans to address the road’s condition. At the time of publication, we are still awaiting a response.



A pangolin, one of the most trafficked and endangered mammals in the world.

## HELP Protect the Endangered Pangolin

A pangolin, one of the most trafficked and endangered mammals in the world. If you’ve spotted one or witnessed suspicious activity, such as someone attempting to sell or trade it illegally, report it immediately.

Simply snap a photo of the animal, note its location, and send the details to the *Pangolert* number:

**072 726 4654**

## Municipality Condemns Vandalism and Acts of Sabotage at Substations



**Rustenburg** – The Rustenburg Local Municipality is alarmed and deeply disturbed by the alarming rise in sabotage and vandalism targeting its municipal substations. These criminal acts have caused significant disruptions to essential services, delayed service delivery, and imposed a heavy financial burden on the municipality.

The destruction of municipal infrastructure is not only an inconvenience but a major setback to

the community, affecting both residents and local businesses. The impact of these acts is especially evident in the recurring blackouts, which continue to disrupt daily life.

In response to the ongoing situation, the executive mayor, cllr Shiela Mabale-Huma, has expressed grave concern and announced plans to establish a dedicated committee. This committee will work closely with law enforcement agencies to investigate these incidents and track down those responsible for the sabotage.

The executive mayor emphasised that these actions are a clear sign of deliberate attempts to harm the municipality and its residents. Without decisive intervention, the community will continue to suffer from the damaging effects of these ongoing attacks.

**Residents are urged to report any suspicious activities to the Directorate of Public Safety at the following contact numbers: 014 590 3221, 3304, or 3232. Alternatively, incidents can be reported to the South African Police Services at 10111.**





# BuildRite

Hardware & Building Supplies

786 @BuildriteH www.buildritegroup.co.za 082 0555 286

## NORTHAM

Stand 2447 Swarklip Road,  
Northam, 0360  
Cell 072 147 7866



### GRAND OPENING

Friday 22 November 2024 to 28 November 2024

*Sale*



Fibre Cement Hollow Column  
200mm x 2m  
40224

**R99.<sup>99</sup>**



Steel Roof Tile  
1760mm x 420mm  
Grey, Burgundy and Green

**R74.<sup>99</sup>**



SABS APPROVED



Double Roman Roof Tile  
Red/Grey  
56171/2

**R7.09**  
WITHOUT DELIVERY



Fencing Mesh - 30 m  
100mm x 100mm  
28070

**R299.<sup>99</sup>**



Wheelbarrow Steel Bin  
21250

**R299.<sup>99</sup>**



Maxi Brick  
10030

**R4.09**



Common Bricks  
10029

**R1.99**



Clay Bricks  
56279

**R2.89**



IBR Roof Sheet  
3.6m  
53560

**R189.<sup>99</sup>**



Corrugated Iron Roof Sheet  
3.0m  
55401

**R109.<sup>99</sup>**



Aluminium Window  
PT 66  
39378

**R219.<sup>99</sup>**



Aluminium Window  
NC 2 ECO  
0.9m x 0.9m  
39378

**R349.99**



Aluminium Window  
ND 4 PROMO  
10522

**R609.<sup>99</sup>**



Rubber Duck Liquid Rubber  
- 20 Lt  
Excluding Green & White

**R999.99**



Cedar Hi-Cover PVA  
- 20 Lt  
White, Cream

**R289.99**



Supreme PVA  
20 Lt  
White, Cream and Peach

**R119.99**



Aluminium Designer Single Door  
Assorted Designs Available

**R2099.<sup>99</sup>**



Aluminium Door 'CLASSIC'  
Available as Left or Right Opening  
55985/6

**R1099.99**



8 Panel Meranti Door  
12291

**R679.99**



TownHouse Door 2/4/6 Panel  
22645/55915

**R279.99**



GLAZED PORCELAIN TILE COMBO  
\*10 x Boxes Porcelain Tiles (600mm x 600mm)  
\*5 Bags Porcelain Fix  
\*1 x 5litre Tile Bond  
\*1 x Tile Spacers  
\*1 x 5kg Grout

**R2299.99**



Porcelain Tile Combo  
\*10 x Boxes KT 01 Porcelain Tiles (600mm x 600mm)  
\*5 Bags Porcelain Fix  
\*1 x 5litre Tile Bond  
\*1 x Tile Spacers  
\*1 x 5kg Grout

**R1699.99**



PVC Ceiling Panels  
3.9m x 0.3m  
51434, 51310, 51472, 40715

**From R57.<sup>99</sup>**  
\*Sold as Box of 10 From R579.99



Water Tank  
5000 Litre  
41044

**R3699.99**

2500 Litre  
**R1799.99**  
41042



Covers 14.4m²  
Choose From... Carrara City Grey White

**R1299.99**  
39665

**R899.99**  
52574



7 Piece Bath Combo  
White

- \* Bath Tub with Handles
- \* Close Couple Toilet Set
- \* Cistern with Mechanism
- \* Plastic Toilet Seat
- \* Basin and Pedestal

**R1699.99**  
53295

Build Rite reserves the right to limit quantities on any promotional items offered on sale. Prices exclude accessories used for display purposes. Prices and illustrations are correct at the time of going to press. BuildRite Hardware can not be held responsible for any changes, errors or omissions that may occur. All prices are inclusive of VAT.

## EXPLOSIVES, FIREARMS (ONE SELF-MADE), AND HYDROPONIC DAGGA BUST

**Potchefstroom** – A significant breakthrough in the fight against drug trafficking and illegal arms manufacturing took place on Thursday, 14 November 2024, when a joint operation by the Drug Task Team, BIU Security Company, and Provincial Organised Crime Unit uncovered a hydroponic dagga lab in Vyfhoek, Potchefstroom.

During the operation, police discovered dagga plants with an estimated street value of R10 million. In addition, the team seized two rifles — one self-made — along with ammunition and three self-made explosive devices, including two hand grenades and a small pipe bomb. Colonel Amanda Funani confirmed that the raid, conducted with a search warrant, targeted a smallholding in the area. Inside, authorities uncovered a sophisticated hydroponic dagga lab, illustrating the

scale and organisation of the operation.

Michael Cilliers (29), the individual arrested at the scene, appeared before the Potchefstroom Magistrates' Court on Tuesday, 19 November 2024. He faces charges of unlawful possession of firearms and explosives as well as cultivating and dealing in dagga. He was remanded in custody, with his next court date set for Wednesday, 4 December 2024.

Lieutenant general Sello Kwena, the provincial police commissioner, praised the operation, emphasising that it sends a strong message.

Members of the public are encouraged to report any criminal activities anonymously via the SAPS Crime Stop number (08600 10111) or the MySAPS application. Extortion-related incidents can also be reported on the Extortion Hotline at 080 091 1011.



A sophisticated hydroponic dagga lab uncovered during the police operation.



Dagga plants with a staggering street value of R10 million discovered at the smallholding.



Illegally obtained weapons and explosive devices, including two hand grenades, a pipe bomb, and two rifles (one self-made), seized during the raid.

# FOOD TOWN HYPER TLHABANE

SAVE LOT

PROMOTION VALID 21 - 27 NOVEMBER 2024

## Combo Deal!

**BUY ALL FOR R899**

White Star Maize Meal 12.5kg+Spekko Rice 10kg+Sasko Cake Flour 12.5kg+Atlanta Brown Sugar 10kg+Unity UHT LongLife Milk 6x1lt+ Excella Sunflower Oil 2lt

## Fresh Market Deals!

<p><b>BUY ALL FOR R184</b></p> <p>Pork Shoulder Chops 1kg+ Pork Chops 1kg+Pork Leg Chops 1kg</p>	<p><b>BUY ALL FOR R270</b></p> <p>Beef Chuck 1kg+Beef Mince 1kg+ Beef Boerewors 1kg</p>
<p><b>89<sup>99</sup> PKG</b></p> <p>Beef Chuck</p>	<p><b>89<sup>99</sup> PKG</b></p> <p>Kampruur Wors</p>
<p><b>132<sup>99</sup></b></p> <p>Potatoes 4kg+Tomatoes 2kg+ Carrots 1kg+Beetroot 1kg+ Onions 3kg</p>	<p><b>R38.00</b> <b>R39.99</b></p> <p>SPINACH+ CABBAGE WATERMELON FULL</p>

1000 MONARENG STREET, TLHABANE, RUSTENBURG. TEL: 014 565 6250

<https://www.facebook.com/foodtownhyperthlabane/>

## PRICE LOCK SAVINGS!

<p><b>BUY 2 FOR R360</b> (R180.00 EACH)</p> <p>Chubby Chick Mixed Portions 5kg</p>	<p><b>BUY 2 FOR R28</b> (R14.00 EACH)</p> <p>Sasko Premium Slices Brown Bread 700g</p>	<p><b>BUY BOTH FOR R52</b></p> <p>Bull Brand Corned Meat Asst 300g Or Lucky Star Pilchards Asst 400g</p>
<p><b>59<sup>99</sup></b></p> <p>Kellogg's Corn Flakes 1kg</p>	<p><b>BUY 3 FOR R69</b> (R23.00 EACH)</p> <p>Coca-Cola Soft Drink 2lt</p>	<p><b>BUY 5 FOR R24</b> (R4.80 EACH)</p> <p>Knorr Packet Soup Asst 50g</p>
<p><b>BUY 2 FOR R35</b> (R17.50 EACH)</p> <p>Danone Nutriday Dairy Snack Asst 6x100g</p>	<p><b>129<sup>99</sup></b></p> <p>Marang Or Top Lay Large Eggs 60's</p>	<p><b>89<sup>99</sup></b></p> <p>Sun African French Polony 3kg</p>
<p><b>BUY 2 FOR R22</b> (R11.00 EACH)</p> <p>Rhodes Baked Beans 410g</p>	<p><b>BUY 2 FOR R20</b> (R10.00 EACH)</p> <p>Brookes Crush Dairy Blend Asst 1lt</p>	<p><b>59<sup>99</sup></b></p> <p>Omo Washing Powder 2kg</p>

**34<sup>99</sup>** D'Lite 37% Fat Spread (Tub) 1kg

Scan Our QR Code To Access All Our Promotions On Our Facebook Page

PLEASE SEND US A WHATSAPP OR WE RESERVE THE RIGHT TO LIMIT QUANTITIES, VALID WHILE STOCKS LAST. PICTURES ARE FOR ILLUSTRATION PURPOSES.

TO RECEIVE OUR WEEKLY SPECIALS AND PROMOTIONS

TRADING HOURS  
MONDAY - SATURDAY: 07:30 - 20:00.  
PUBLIC HOLIDAYS & SUNDAY: 07:30 - 16:00.

081 060 6856



For the Love of Paws  
SPCA of Rustenburg

BLACK FRIDAY

25 - 29 November 2024

All Clothes  
R5 per item

All books  
R10 per book

11 Eskom str,  
Rustenburg

PLATINUM  
WEEKLY

VACANCIES

WHATSAPP OR CALL 081 389 2846  
TO ADVERTISE A VACANCY

BUFFELSPOORT SEKURITEIT

Alarm Monitoring  
Gewapende Reaksie  
Gemeenskaps Patroolie

Charl Visser: 076 344 2469

PROPERTIES WANTED  
URGENTLY

I CAN HELP YOU MANAGE  
YOUR PROPERTY

RAWSON  
YOUR NEIGHBOURHOOD EXPERTS

Lindi Ferreira  
083 240 5623

Shalom Pet Sitting

My service is as follows:

- I sleep over to look after your animal children, and after the house so that everything is in order.
- When you just want to book me for one day.
- If you want me to go and give them water and food... you are welcome.
- I adapt to you as my client's needs.

Contact Amanda  
076 542 8022

DreamCatcher  
Photography SA

Follow us on  
• Facebook  
• Instagram  
• TikTok

Specialising In • Cakesmashes • Birthdays • Couples • Engagements  
• Newborn • Milestones • Family • Maternity Shoots • Professional Portfolios for Models • Business Portraits.

Our Expertise Covers • Elegant Boudoir • Beautiful Wedding  
• Joyful Baby Shower • And All-Event Photography  
• Indoor Studio And/Or Serene Garden Settings.

Your Moments, Forever Treasured

We also do location shoots subject to it being a safe area and covered by our insurance.

Capturing Lifelong Memories!

Call: 082 492 7665

# FROM PAGE 1

## Father Tied Up and Held at Gunpoint in Front of Toddler

**Rustenburg** – A father's primary duty is to protect his family, especially his children. But all sense of security was shattered for a young father on Friday morning, 15 November 2024, in broad daylight, when armed intruders invaded his home on a smallholding. It was just before 09:30 when two men, armed and wearing balaclavas and gloves, used a crowbar to force open the security gate of the kitchen door and stormed into the house. According to an eyewitness, one of the intruders was tall and thin with a light complexion, while the other was short and dark-skinned. The father and the nanny immediately raised their hands, surrendering to the masked men. It is hoped that the toddler did not fully comprehend the nightmare unfolding around him. The father was struck once with the crowbar and then repeatedly tapped on the head with a gun as the robbers voiced their demands, spitting out threats each time they didn't get the response they wanted. With every threat, his thoughts were consumed with fear for the safety of his son. He cooperated fully, handing over the information they sought, praying that his compliance would keep his child safe. With guns in hand, the robbers tied up the father and the nanny before ransacking the house. They took anything of value they could carry to the back door. Among the stolen items were an orange GRIP 6.5KVA generator, a small blue generator, two televisions, two

laptops, a black high-performance Intel Core Ultra PC and screen, a microwave, an Xbox, two rings (one gold with an amethyst (light blue) setting, the other gold with a topaz (purple) setting), a coin collection, a soundbar, a vacuum cleaner, tools such as a drill and battery-operated screwdriver, two cellphones belonging to the father and nanny, keys to their Jetta, a gas gun, and even the kettle. They packed some of the loot into the family's hard-shell suitcases using sheets and scatter cushions. However, it wasn't the material loss that left this family shattered – it was the emotional trauma. After binding the father and nanny, the nanny, desperate to comfort the toddler, asked that they fetch Flings (crisps) from the cupboard for him to eat. One of the robbers handed the child a two-litre bottle of cow's milk from the fridge, which the little one couldn't drink, along with a large packet of Flings (crisps). In a heartbreaking moment of innocence amid the chaos, the toddler began feeding his father some of the crisps. The father, recounting the moment in an interview with *Platinum Weekly*, said: "I prayed like I've never prayed before. When they took my baby and the nanny to another room, I thought the worst. I kept praying for my child's safety." Once they had gathered most of the loot, one of the robbers took the remote for the security gate and left. The other stayed behind to watch the nanny. A few minutes later, he returned with another intruder, described by an eyewitness as arriving in a grey-blue "what looked like" a Ford Bantam bakkie. The nanny described the third intruder as having a large belly. All three robbers threatened the nanny before leaving the house, saying, "We know where you live." One of them even loaded his gun in front of the nanny, trying to instil further fear. While the robbers whispered to each other, the nanny overheard one speaking Zulu and the other with a Zimbabwean accent. "He tried to hide the fact that he is Zimbabwean, pretending not to understand English," she said. The experience has shaken this family to their core. Gone are the carefree days when they were both at university, with the father working in a restaurant after classes

to save enough money to buy his fiancée an engagement ring. This young couple understands the value of hard work and dedication, but the father, knowing that he escaped the ordeal with his life does little to restore his sense of security. As the festive season approaches, this terrifying incident serves as a stark reminder that no one is truly safe. Even in broad daylight, behind security gates and locked doors, criminals can strike. This family's property was fenced, their doors locked – yet they still fell victim to these predators. It is evident that the robbery was well planned in advance. Most criminals show no hesitation in resorting to firearms and violence, displaying a complete disregard for the harm they inflict on others. Driven by greed, they show no concern for justice or the well-being of those affected. Ironically, the effort and ingenuity they invest in criminal activities could have been channelled into building successful, meaningful lives. Ultimately, their actions reflect the choices they make. This incident serves as a warning to all of us. In a world where violent crimes can happen without warning, we must remain vigilant. Our security, awareness, and preparedness must be sharper than ever before. "I would like to express my heartfelt thanks to the responding security officers, the first SAPS responders, as well as the other police officials and the forensic team who came to our home. I'm also deeply grateful to those behind the scenes who provided eyewitness testimony and information to SAPS, and the BSO Tactical Team for their vital role in assisting with the investigation. A special thank you to the investigating officer for all the hard work and dedication he's putting into this case," said the father. As the criminals drove away, covering their stolen goods with a green shade net, they left behind more than just physical damage. They left a family forever changed. At the time of going to print, the victims were informed that two arrests were made and that a court appearance is imminent. If you have any information that could help bring these criminals to justice, please contact Constable Wettes at 082 772 5563, or alternatively, WhatsApp 079 057 5169.

## Donate books to the Rustenburg SPCA

**Rustenburg** – The Rustenburg Society for the Prevention of Cruelty to Animals (SPCA) is calling on the community to donate books for their upcoming book sale. While the date of the sale is not yet confirmed, the collection of books is already in full swing to ensure a successful event that will raise crucial funds for animals in need.

Marisa Kruger, the inspector and manager of the Rustenburg SPCA, encourages residents to participate. "We urge everyone to donate books they no longer need," she said. "Each book donated goes a long way in supporting the welfare of the animals in our care."

This ongoing book collection is a perfect opportunity for community members to declutter their shelves and support a worthy cause. Whether you have a few novels, children's books, or non-fiction volumes to spare, your donation can make a significant impact. **For more info or in case of emergency, please contact the Rustenburg SPCA office at 014 592 3181 or inspector Marisa Kruger at 084 885 5173.**

KOSTER

Car boot Sale

SATERDAG  
30 NOV '24  
8AM - 12PM

KOÖPERASIESAAL  
NAVRÆ: SUZAAN 078 819 2646

Rustenburg  
G-Om Projek  
Wee Care Project

Soen maak ons 'n verskil in die lewe van 'n kind

Desember koskas

Aflewering en donasies voor 29 November asb

40 gesinne

Mielie-meel (10kg)	Baked beans (2x blikkies)
Bruin suiker (2kg)	Pilchards (2x blikkies)
Rys (2kg)	Corned beef (2x blikkies)
Hawermout (1kg)	Gemengde groente (2x blikkies)
Pakke pasta (2x 500g)	Tamatie en Uie (2x blikkies)
20-Min noodles	Pakkies soppeier (4x)
- (2x pakke van 5)	Pakkies koekies (8x)
Sout (500g)	Tamatiesous (1x bottel)
Soja (2x 400g)	Koekies seep (2x)
Koffie (medium blik)	Seepoeier (1kg)
Rooibos (medium pak)	Sunlight seep (1x blokkie)
Konfyt (1kg)	Eiers (2.5 dosyn)
Vrugteslaai (2x blikkies)	Margarien (1kg)
Gemengde groente (2x blikkies)	Melkpoeier (800g)

KONTANT DONASIES OF GROOT HOEVEELHEDE VAN  
SPESIFIEKE PRODUKTE OOK BAIE WELKOM

VIR MEER INLIGTING - MARIËTA: 063 705 0304

WE NEED  
YOUR  
BLOOD!

Donate blood at the South African National Blood Service (SANBS) Rustenburg, situated at the Lifestyle Square centre in Beyers Naude Drive, Rustenburg.

Pop in before you do your shopping!

Your blood can save up to three lives! You can donate blood every 56 days.

For more information visit [www.sanbs.org.za](http://www.sanbs.org.za) or give SANBS Rustenburg a call at 014-594 2771.

SANBS



NOTICE OF CONSULTATION FOR A MINING PERMIT APPLICATION AND ENVIRONMENTAL AUTHORISATION APPLICATION IN RESPECT OF CERTAIN PORTION OF THE REMAINING EXTENT OF THE FARM BIEKRAAL 134 JP, SITUATED IN THE MAGISTERIAL DISTRICT OF MANKWE: NORTH WEST PROVINCE, SOUTH AFRICA.

DMRE REF N.O: NW30/5/1/3/2/11623MP

Notice is given in terms of section 27 of the Mineral and Petroleum Resources Development Act 2002 (Act 28 of 2002), in terms of Regulation 40 - 44 of the Environmental Impact Assessment Regulations published in Government Notice R 326 of 7 April 2017 as amended, under Section 24(5) of the National Environmental Management Act, 1998 (Act No. 107 of 1998) as amended, the project triggered.

**Listing Notice 1:** Listed activity 21 (GNR 327) as amended (GNR 517) and activity 27 (GNR 327).

**Competent Authority:** Department of Mineral Resources & Energy

**Applicant:** Umbono We Langa (Pty) Ltd

**Commodities:** Chrome Ore, Diamond (alluvial), Gold Ore, Copper Ore and vanadium Ore

**Environmental Impact Assessment**

**Process:** Murara Environmental Consultants (Pty) Ltd has been appointed as the Independent Environmental Consultancy to undertake the application for mining permit application with Department of Mineral Resources and Energy.

**Registration of interested and/or affected party (I&AP):** Interested and/or affected parties (I&AP), Who wish to participate by contributing comments or concerns, or would like to obtain Draft Basic Assessment Report and Environmental Management Programme, should please contact us on the details below.

**Murara Environmental Consultants (Pty) Ltd** (Thagwana H/Nephawe M). **Address:** 507 Leyds Street, Pretoria 0002. **Cell Number:** 064 954 8869. **E-Mail:** muraraec@gmail.com. Kindly note that the Draft Basic Assessment Report and Environmental Management Programme will be available from 23 November 2024 for 30 days' public Consultations.

RUSTENBURG CHILD AND FAMILY WELFARE

We are looking for the biological father of Onkarabetse Mkengu, daughter of Ms. Galeboe Mkengu (1988/08/23-2013/08/13). Should anyone have any details in this regard, may you kindly inform the social worker on amoloko.socialworker@gmail.com or 014 537 2014/2072

The Social Worker at Child and Family Welfare Rustenburg is looking for the biological father of Mphoentle Molefe. Mphoentle is the daughter of the late Ms Thato Molefe. If anyone has any information about the father of the afore-mentioned child, kindly inform the undersigned on 014 537 2014/2072 or by email on amoloko.socialworker@gmail.com

ALCOHOLICS ANONYMOUS / NARCOTICS ANONYMOUS

Call 071 383 5773 / 072 070 8504  
Address NG Bergsig 194 Bethlehem street, Rustenburg

PUBLIC PARTICIPATION PROCESS and NOTICE OF SECTION 24G RECTIFICATION APPLICATION FOR THE UNLAWFUL COMMENCEMENT OF A LISTED ACTIVITY

Interested and Affected Parties (I&APs) are notified pursuant of the provisions of the Environmental Impact Assessment (EIA) Regulations of 8 December 2014 as amended, published in terms of section 24(5) of the National Environmental Management Act (NEMA), 1998 (Act 107 of 1998) as amended, of the Applicant's intent to apply for environmental authorization in terms of Section 24G of the NEMA from the Department of Economic Development, Environment, Conservation and Tourism (DEDECT) North West Province for the rectification of unlawful commencement of a listed activity.

**Activities unlawfully commenced with:** Government Notice R. 327 (Listing notice 1) of 4 December 2014, activity no.:

28. Residential, mixed, retail, commercial, industrial or institutional developments where such land was used for agriculture, game farming, equestrian purposes or afforestation on or 01 April 1998 and where such development:

(ii) will occur outside an urban area, where the total land to be developed is bigger than 1 hectare. And; Government Notice R. 325 (Listing notice 3, of 4 December 2014), activity no.:

12. The clearance of an area of 300 square meters or more of indigenous vegetation except where such clearance of indigenous vegetation is required for maintenance purpose undertaken in accordance with a maintenance management plan: **h. North West**

**iv. Critical biodiversity areas as identified in systematic biodiversity plans adopted by the competent authority; or**

**vi. Areas within a watercourse or wetland, or within 100 metres from the edge of a watercourse or wetland.**

**Location:** Portion 66 of the farm Elandskraal 469JQ located at Mooinooi within Madibeng Local Municipality, North West Province. The centre coordinates of the site are as follows: 25° 45' 34.70" S 27° 34' 20.56" E

**Applicant:** Mhatu Minerals and Investments (Pty) Ltd | **Public Participation Process:** Members of the public are invited to register as Interested and/or Affected Parties (I&APs) and/or to submit written comments and/or objections on the application process via e-mail, WhatsApp or telephonically, to the EAP. Any submissions by I&APs should include the I&AP's name, contact number, e- mail, residential or postal address, and an indication of any direct business, financial, personal or other interest, which they may have in relation to the application. **Duration of registration period:** I&APs have 30 days to register to participate in the public participation process, from the date of this notice. A copy of the draft Basic Assessment Report will be available for review on site (Monday to Friday from 8:00am till 5:00PM) and via a link for download to registered I&APs from 21 November 2024 until 06 January 2025. Please note that only registered I&APs will be informed of the outcome of the application. For more information and to register as an I&AP and/or to submit comments, please contact the EAP using details below: **Consultant/EAP:** RAMS GROUP (Pty) Ltd **Contact person:** Tshilidzi wa Ramushoana **WhatsApp:** 0762046728 | **Call:** 0813418069 | **Fax number:** 0865259919 | **Email address:** theramsgroup@gmail.com | **Postal address:** P O Box 1809 Rustenburg 0300 | Remember to quote the following reference number **24/2024ER** in all your correspondence. **NB: Please note that this is not a job advertisement!!!!**



Fields College marks milestone moments at honours evening

Rustenburg – Fields College recently hosted an elegant Honours Evening, a night dedicated to celebrating the achievements and talents of its learners. The atmosphere was filled with pride and anticipation as families, staff, and learners gathered to honour academic excellence, sport, leadership, and dedication.

One of the most anticipated moments of the evening was the announcement of the new head boy and head girl. Their appointments mark the beginning of a new chapter for Fields College, and both students embody the qualities of leadership, responsibility, and integrity that the school values so highly. As they take on these important roles, we can already see bright futures ahead for them, and we look forward to the positive impact they will have on the school community.

Fields College continues to inspire its learners to reach new heights, and this elegant evening was a testament to the bright futures being shaped within its walls.



Toekomsleiers van Laerskool Dawid Brink word aangewys



Rustenburg – Op Dinsdag 1 November 2024, het Laerskool Dawid Brink met trots hul hoofleiers vir 2025 aangekondig. Baie geluk aan hoofseun Olwethu Bacela, hoofmeisie Kayla-Lemé Nel, onderhoofseun Kamva Ntelezi, en onderhoofmeisie Taryn Percy.

Hierdie dinamiese span sal die skool met integriteit en toewyding lei na 'n jaar vol geleenthede en sukses.

Life-coaching initiative to assist Lighthouse “kids” transition into adulthood



Rustenburg – Crossing the threshold and becoming an “adult” is simultaneously exciting and daunting for most teenagers. It’s a life stage where you both question and discover your “self”: who you are and why you are here. Taking this next step boldly and intentionally sometimes requires a little bit of expert help and care – which is now being offered to the young adults at the Lighthouse Children’s Home.

As an extension of the Iwisa No 1 Fills Good campaign, the oldest teenagers at Lighthouse will be receiving group life-coaching sessions in the build-up to the end of the year. These will equip them with the skills, positivity and resilience they need to start their future journeys with hope and a sense of possibility.

The age of “majority” – when a child turns 18 years old – is a critical turning point for most teenagers. For children at the Lighthouse Children’s Home however, it’s a defining moment. “In South Africa, as soon as a child turns 18, they become an adult,” explains Elsa Doubell, co-founder of Lighthouse Children’s Home. “This means that they are no longer able to stay at our current facilities, and will need to find a new home somewhere else.”

This is the challenging reality facing Lighthouse at the moment, and something the collective team of Lighthouse, Three Star Powertrade and Iwisa No 1 are trying to do something about. “When Lighthouse was selected by Three Star Powertrade as the NPO beneficiary of the Iwisa No 1 Fills Good competition, they were very clear from the beginning that all money raised through the campaign would be put towards saving for an exit house for the older children,” explains Sibongile Mooko, Premier FMCG Marketing Executive: Milling. “There is an available house next to their current property that they would like to buy. The property is currently on the market.” The amount needed to buy the house is a daunting R600,000 however – needed by the end of November 2024. “While all of Iwisa no 1’s campaign efforts are going towards contributing to this total, we definitely need other partners to commit and help,” notes Mooko. “We’re also mindful that providing a physical space for these young adults is just one aspect of their transition though. They need holistic assistance to navigate what lies ahead of them: both life’s challenges and its wonderful opportunities. This is why we’ve reached out to our value chain partners and suppliers, and asked them to raise their hands and contribute. We’re excited about the responses we are already starting to receive.”

One of these is an offer to help prepare the older children for what lies ahead through a life-coaching intervention. Adam Botha from Your Mindful Coach will be working closely with the teenagers at Lighthouse over the next few months. “His sessions will focus them on the realities of adulthood and equipping them with some of the essential life skills they need to step fully and mindfully into this next chapter,” explains Doubell. “This will include facilitating discussions around emotional resilience, decision-making, personal responsibility and living meaningful lives of purpose. We want to empower each of these

remarkable young people with the knowledge and tools they need to succeed in the real world.” Mooko notes that this intervention speaks directly to the intention of the campaign and to the heart of the Iwisa No 1 brand: “Iwisa No 1 is a legacy brand – built on the power of community in communities where we are privileged to be part of daily life. Our products ‘witness’ key family moments including children growing up and starting families of our own. ‘Fills Good’ is all about capturing those moment and amplifying them. This is why we’re encouraging people to continue supporting Lighthouse’s dream of an exit home through the campaign. We need everyone’s assistance to make this possible.”

Until the end of November, each purchase of Iwisa No 1 products at Three Star Powertrade will see a percentage of the purchase price allocated to Lighthouse.

“We’re calling on like-minded brands, corporates and other partners to come forward and assist wherever they can to ensure these young adults have a home at the end of the year,” she adds. “In this way, we can ensure that 2025 will truly be a new year of possibility for them.”

ABOUT LIGHTHOUSE CHILDREN’S HOME

Lighthouse Child and Youth Care Centre is a non-profit organisation that was established in December 2019 in Rustenburg. Their mission is to provide a safe and nurturing home for abused, abandoned, and vulnerable children between the ages of 3 weeks and 16 years.

The centre was established with just 11 children, but due to the increasing need in our community, they have now grown to accommodate 59 children.

As a non-profit organisation (NPO No. 290-195), they rely solely on the generosity of individuals, companies, and the community to support our cause. They receive no funding from the Department of Social Development, and every day is a challenge as they strive to provide for all the children in our care.

For more information, please visit [www.lighthousekids.co.za](http://www.lighthousekids.co.za) or contact [admin@lighthousekids.co.za](mailto:admin@lighthousekids.co.za).

ABOUT IWISA No.1

IWISA No.1 has been an iconic maize brand and family favourite since 1956. It is a brand that has captured the hearts and minds of our nation, building trust and creating wonderful family memories with every delicious meal – whether for breakfast, lunch or supper – through consistent quality, nourishment and fill.

The full IWISA No.1 range comprises IWISA No.1 Super Maize Meal, IWISA No.1 Traditional Samp, IWISA No.1 Easy Cook Samp, IWISA No.1 Maize Rice, IWISA No.1 Creamy Maize Flour and IWISA No.1, Instant Maize Porridge and Mageu. Whichever IWISA No.1 maize product you choose, you will find it to be an excellent accompaniment to meat dishes as well as vegetable dishes, casseroles and stews.

**IWISA No.1 and Lighthouse Child and Youth Care Centre press release extracts**



WHERE TO REPORT CHILD ABUSE AND NEGLECT	
Rustenburg Child Welfare	014 537 2014
SAVF Rustenburg - 212A Kruger Street	014 592 8568
RATA Social Services Rustenburg 58 Ridder Street	014 000 4804
<b>Child Protection Hotline</b>	
Brits	072 408 8864
Hartbeespoort	072 086 5854
Rustenburg	079 169 5340
Childline	116
Department of Social Services Development, Rustenburg	014 565 3630/1/2 014 555 6804
SAPS	
Rustenburg SAPS Radio Control Centre	014 590 4115/ 6/ 7
Rustenburg SAPS Community Service Centre	014 590 4126/ 27/ 39
SAPS Boitekong	014 593 6001/ 6002/ 6003
SAPS Emergency (cell phones only)	112
SAPS Marikana	014 572 8600/ 8601/ 8602
SAPS Rustenburg	014 590 4115/ 4116/ 4117
SAPS Tlhabane	014 565 9154
SAPS CrimeStop	10111
RUSTENBURG CRIME COMBATING FORUM	
Rustenburg Crime Combating Forum / RCCF	074 327 3041
PRIVATE SECURITY	
Wesalarms	014 592 8364
Extrasec	014 594 1257
Fidelity ADT	086 121 2501
Arena Outdoor Security	087 815 0730 071 741 1272
Buffel Sekuriteit and Rustenburg Landelike Diens	076 344 2469
COMMUNITY POLICE FORUM (CPF)	
Sector 1	071 553 5199
Sector 2	076 475 3268
Sector 3	083 459 7125
Sector 4 and 5	065 504 6036
AMBULANCE	
Ambulance / Metro Control Room	014 597 6600 10177
Ambulance / Metro Control Room (provincial)	014 777 3500

EMERGENCY NUMBERS



MEDICAL EMERGENCY	
National Sea Rescue Institute (NSRI)	087 094 9774
Med 24/7 (Private)	086 177 7761
ER24	084 124
JustMed24	072 702 0125
NetCare 911	082 911
Trauma Rescue	014 594 0689
Ferncrest Hospital (Emergencies)	014 568 4339/8
Peglerae Hospital (Casualties)	014 597 2823
HOSPITALS	
Ferncrest Hospital	014 568 4399
Job Shimankana Tabane (JST) provincial hospital	014 590 5100
La Femme Clinic	014 101 0148
RusMed 24	014 523 9378/9351
WILDLIFE AND ENDANGERED ANIMALS	
Pangolert	072 726 4654
SNAKE REMOVAL	
Timothy Strydom (Swartruggens, Koster)	073 009 5970 081 432 0729
Phillip Snyman (Rustenburg)	079 527 4293
Raymond Louwies (Rustenburg and surrounds)	065 523 4466
PDI Wildlife Rescue (Rustenburg, Koster, Derby)	082 843 8465
PEST CONTROL	
Bee Removal	061 657 6085
CLEANING SERVICES 24/7	
CIA Crime Incident Accident	079 498 7606
FIRE	
Fire Department	014 590 3232/ 3333/ 3444
RTB LOCAL MUNICIPALITY	
RLM Accounts Queries	014 590 3111/3090
RLM Emergencies (Fire Dept.)	Press 3
RLM Customer Care Supervisor	Press 2
WATER	
Water Problem Helpline	014 590 3111
ELECTRICITY	
Electricity Helpline	014 590 3170
Eskom National Line	086 003 7566
ROAD AND TRAFFIC	
<b>N4 Emergency Contact Number</b>	
24-hour Security Control Room:	014 569 0394/ 0395 or 071 602 7683
Bakwena Emergency Control Centre	082 225 9362
Traffic Control Room (Rustenburg)	014 590 3221

HAVE YOUR SAY

Do you know what projects our local municipality has planned for the next four years?

The municipality has several projects lined up to improve our area. Do you know about it? Do you care to know? Is the municipality communicating it clearly to you? Let us know if you'd like more updates and transparency on future projects that impact our community!



No, to be honest, I had no idea that our municipality had any projects planned for our town in the coming years. I'd love to know more about them. It's encouraging when community members are actively involved and kept informed about positive changes that affect us all. Typically, we only speak up when there's an issue — like when the power goes out or the water supply is interrupted. I believe the municipality could definitely improve its communication, especially given the tools and technology available in the 21st century. **Carmen Koekemoer, Rustenburg**



Yes, these projects are designed to enhance the municipality's revenue base, reshape the local landscape, and generate numerous employment and business opportunities. **Mathapelo Machaie, Mogwase**

PUBLIC POLL: THE RESULTS ARE IN!

Do you know what projects our local municipality has planned for the next four years?

NO 98% YES 2%

Send your event listing to news@platinumweekly.co.za \*\* Free Placement!

PLATINUM EVENT DIARY

Platinum Mark   Annual Fundraiser for Gereformeerde Kerk Rustenburg-Wes	21 - 30 Nov '24	Rustenburg: Gereformeerde Kerk Rustenburg-Wes	082-663-2763
Youth Prayer Night	22 Nov '24	Rustenburg: African Evangelical Church	072-911-1721
Kerssang by Kerslig saam met Danie Botha	7 Dec '24	Koster: Koster Skool Gronde	087-147-4513

SUDOKU

		3	6		4			
						8	6	4
1					2	3		
	5	3					1	7
	7	4		5			6	
			4		3		9	5
3			2			1		
	2			8			3	
7			9			5		

Christmas Run

TOYS FOR CHILDREN IN NEED

You are invited to spread blessings and cheer this year for our Christmas toy handout to children in need. Sweets, new and pre-loved toys are welcome! All donations accepted

Bring a smile to a child this Christmas

For more information, please contact:



Antionette Tina Jolene Juanita

060 415 4036  
062 391 5010  
066 491 8819  
083 444 6391



RUSTENBURG COMMUNITY POLICE FORUM

Staan Saam RUSTENBURG

Thank you

Partners in Policing

SECTOR 1

SOULFOOD

PSALM 95

A Call to Worship and Obedience

95 Oh come, let us sing to the Lord! Let us shout joyfully to the Rock of our salvation. 2 Let us come before His presence with thanksgiving; Let us shout joyfully to Him with psalms. 3 For the Lord is the great God, And the great King above all gods. 4 [a]In His hand are the deep places of the earth; The heights of the hills are His also. 5 The sea is His, for He made it; And His hands formed the dry land. 6 Oh come, let us worship and bow down; Let us kneel before the Lord our Maker. 7 For He is our God, And we are the people of His pasture, And the sheep [b]of His hand. Today, if you will hear His voice: 8 “Do not harden your hearts, as in the [c]rebellion, As in the day of [d]trial in the wilderness, 9 When your fathers tested Me; They tried Me, though they saw My work.

+

NEW KING JAMES VERSION (NKJV)

Platinum Publishers (Pty) Ltd t/a Platinum Weekly disclaims all liability for any loss, damage, injury or expense, however caused, arising from the use of or reliance upon, in any matter, the information provided through this publication, whether through news, classifieds, editorials or advertisements, and does not warrant the truth, accuracy or completeness of the information provided. Advertisements, classifieds, editorials and letters written to the editor/ newspaper/s is the opinions and representations of the companies/individuals who placed or sent the advertisements, classifieds, editorials or wrote or sent the letters to the editor and not that of the editor/s, editor in chief, journalists, employees or owners of Platinum Publishers (Pty) Ltd. We herewith indemnify ourselves from any related claims. Platinum Weekly's title and design of its logo is the sole property of Platinum Publishers (Pty) Ltd. Contact us per email with any queries: ads@platinumweekly.co.za.

POLL

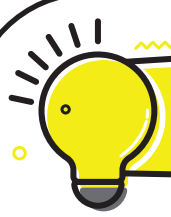
Do you believe in life beyond Earth?

Are we alone, or could aliens really exist? With billions of stars and planets in the universe, many wonder if we're truly alone. From mysterious signals to the discovery of distant, Earth-like planets, science offers intriguing hints. Do you believe other forms of life exist out there, or are we unique? Share your thoughts with us! Here's how you can participate. Email us at news@platinumweekly.co.za or WhatsApp your response to 081 579 7000. Include the following:

- Your answer: Yes or No
- Why? We want to hear from you!
- A recent photo – We'd love to publish your pic alongside your answer!
- Your town/city
- Deadline – Be sure to send your response before 12:00 on Monday, 25 November 2024.


**Vote results: The outcome of the poll will be featured in our next issue. Be a part of our community's story!**


**P.S.: Don't forget, you can also voice your opinion on our Facebook post about this topic. Join the conversation!**

 FUN FACT

Did you know?

In 1928, Scottish scientist Alexander Fleming made a groundbreaking discovery — by mistake! Fleming left a petri dish of *Staphylococcus* bacteria uncovered in his lab. When he returned, he found that mould had taken over and killed the bacteria around it. This mould, *Penicillium notatum*, turned out to be the first antibiotic, penicillin, which revolutionized medicine. Before long, penicillin became a powerful weapon against infections, saving millions of lives. Today, Fleming's "messy lab moment" is celebrated as one of science's greatest accidental breakthroughs!






WE KNOCK DROP FLYERS AND PAMPHLETS

ads@platinumweekly.co.za

081 389 2846



All original designs in this newspaper is the sole property of Platinum Publishers (Pty) Ltd and may only be reproduced or distributed by or with the written consent of Platinum Publishers (Pty) Ltd. Copyright is strictly reserved, and no work, or part thereof, may be used for commercial purposes. Should any of the content be copied without the written consent of Platinum Publishers (Pty) Ltd, legal action may be taken.





Glencore recently hosted the first-ever World Robotics Olympiad (WRO) at Kloofview Primary School, marking a transformative moment for young learners from nine local schools.

# Glencore Ferroalloys hosts first World Robotics Olympiad

**Rustenburg** – Glencore Ferroalloys has taken a bold step in shaping the future of the youth in communities in which it operates by hosting the first World Robotics Olympiad (WRO) at Kloofview Primary School in Rustenburg on 12 November 2024. Building on last year's successful pilot project that introduced learners to data systems, artificial intelligence and robotics, this year's competition brought together nine schools from across Rustenburg, in the North West province to challenge their critical thinking and problem-solving skills.

Glencore partnered with TechnoLab, a division of the University of Johannesburg's Faculty of Engineering and the Built Environment to help prepare and empower learners from their host communities. The programme started in May 2024, where teachers from the nine schools were trained to successfully give robotics lessons to the learners in their schools. Each school received five Lego robots, five tablets, a laptop and robotics mat to help the young minds in learning.

The purpose of the initiative aims to raise awareness among Grade 3 and 4 learners including teachers on the role technology being vital in cultivating entrepreneurship and innovation in the economy.

The day was filled with excitement from both teachers and learners, from Berseba Primary School, Bethani Primary School, Boshoeck Primary School, Dimapo Primary School, L.D Matshego Primary School, Marikana Primary School, Maumong Primary School, Mmamogale Primary School and Modikwe Primary School, who eagerly showed up to showcase their skills and represent their respective schools.

The championship concluded with awarding the top four teams who received trophies, medals and certificates of achievement to continue fuelling their passion for robotics. To ensure that the momentum continues, Glencore announced further workshops to keep the interest in the revolution of technology alive in local schools.

Among the top 3 performing schools were L.D Matshego Primary School, Mmamogale Primary School and Maumong Primary School. Boitumelo Mika, a Grade 4 learner from L.D Matshego Primary School said, "I am excited that we won, I even cried when our school was mentioned as the winner."

Glencore press release extracts

# Tumé bekroon as Vastrap se top akademiese ster

**Rustenburg** – Op Woensdag, 13 November 2024, het Laerskool Vastrap hul 2024 Dux-leerling aangekondig, Tumé Hanekom. Hierdie prestige toekenning, wat jaarliks aan die top akademiese presteerder in graad 7 toegeken word, beklemtoon Tumé se harde werk en toewyding. Baie geluk aan hierdie uitsonderlike jong akademikus!



# RUSTIE-SWEMMERS SKITTER IN POTCHEFSTROOM-GALA

**Rustenburg** – Hoërskool Rustenburg se swemspan het op Saterdag, 9 November 2024, hul merk gemaak by die gala in Potchefstroom met uitstaande prestasies.

Dehan Lötter het 10 goue medaljes gewen in verskeie afdelings, terwyl Dédé Engelbrecht 2 eerste plekke ingepalm het en verskeie podiumplekke verdien het. Dylan Manini, Alexi Schuch, en Leroux Bylieveldt het ook hul spanne met puik prestasies verteenwoordig. Van vlinderslag tot vryslag het die Rustie-swemmers bewys hoekom hulle toppresterders in die swembad is.

Baie geluk aan die Rustie-swemmers!



Christo and Suzette van Staden shared a triumphant finish in the tandem category, completing the course in an impressive time of 3 hours and 55 minutes.

# Rustenburg cyclists conquer the Virgin Active Ride Joburg

**Rustenburg** – On Sunday, 17 November 2024, members of the Rustenburg Cycling Club proudly joined thousands of cycling enthusiasts from across the globe in the prestigious Virgin Active Ride Joburg. For 26 years, this iconic event has transformed the bustling city of Johannesburg into a cyclist's playground, with participants taking over the legendary

M1 highway to experience the city's unparalleled energy. Competing in the demanding 97km road race, Rustenburg's cyclists showcased exceptional grit and determination. Congratulations to each member who crossed the finish line — your achievement is a testament to perseverance and passion!



Itumeleng Tshoga crossed the finish line in 5 hours and 20 minutes, while Patric Murunwa conquered the route in 6 hours and 35 minutes.



Morné Petzer demonstrated stellar performance, finishing the challenging 97km race in just 2 hours and 50 minutes.



Louis Bredell completed the race in a remarkable 4 hours and 8 minutes, showcasing his unwavering commitment.



Johan Roos, Gregg Taylor, and Sharon O'Reilly celebrate their collective accomplishment, representing the Rustenburg Cycling Club with pride.

# VEANÉ CROWNED STRONGEST WOMAN

**Rustenburg** – Bergsig Academy's Grade 10 powerhouse, Veané Nel, achieved an extraordinary feat on Saturday, 16 November 2024, at the Africa's Strongest Man/ Woman competition held at Steineck Lodge in Rustenburg. Competing in the 'Open Novice' category, Veané secured the title of Strongest Woman in South Africa and Africa. Her jaw-dropping performance included a 165kg deadlift, Apollos press

(60kg, 5 reps in 60 seconds), a 90kg-per-hand farmer's walk totalling 180kg, a 200kg yoke over 20 meters, an Atlas stone lift (75kg, 5 reps in 60 seconds), and an 80kg sandbag loading medley. This remarkable achievement not only highlights her strength but also cement her place as a rising star in the world of strongwoman competitions. Congratulations to Veané!



NGU  
Koster  
Tehuis vir Bejaardes

KERSSANG BY  
KERSLIG  
saam met Danie Botha.

Koster skool  
gronde


7 Desember  
2024

18:00  
vir 19:00

R 20.00 en 'n blikkie kos per persoon.  
Sluit kers in.

Kontak Carika by 087 147 4513 of 076 065 9353





Get the *Platinum Weekly* directly on your phone.


WhatsApp **081 821 1332** to subscribe today!

FREE




KERNEELS


THE OTHER DAY, OUMA ASKED ME TO PASS HER LIPSTICK...



...BUT I ACCIDENTALLY PASSED HER A GLUE STICK.



SHE STILL ISN'T TALKING TO ME.





# Join the 25<sup>th</sup> annual Poison Rally at Rustenburg Kloof!

**Rustenburg** – Get ready for the excitement as the iconic Poison Rally returns to Rustenburg Kloof from 6 to 8 December 2024, celebrating its 25th year!

With tickets at R420 per person (including all shows, camping, and special edition metal and cloth badges) or R250 per person after 14:00 on Saturday, this rally promises an action-packed weekend for all attendees. Tickets will be available at the gate, and everyone is invited to be part of the thrill and camaraderie.

For more information, contact Jakes@PoisonRally.co.za or Colette@PoisonRally.co.za. Don't miss out on this milestone event — come join the adventure!

# Rugga nuus

United Rugby Championship

**UITSLAE**  
Vrydag 4 Oktober

- Scarlets 23-24
- Connacht
- Cardiff 36-52
- Glasgow Warriors

**Saterdag 5 Oktober**

- Lions 55-21
- Edinburgh
- Bulls 47-21
- Ulster
- Benetton 5-35
- Leinster
- Dragons 30-33
- Sharks
- Munster 23-0
- Ospreys
- Zebre 5-36
- Stormers

**BEPALINGS**  
Vrydag 11 Oktober

- Glasgow Warriors 20:35
- Zebre

**Saterdag 12 Oktober**

- Benetton 16:00


Sharks

- Cardiff 16:00
- Scarlets
- Edinburgh 18:15
- Stormers
- Leinster 18:45
- Munster
- Ospreys 20:35
- Bulls
- Ulster 21:00
- Connacht

**Sondag 13 Oktober**

- Dragons 15:30
- Lions

Nag ou grote...



RUSTENBURG CYCLING CLUB

# CHRISTMAS LIGHTS

## NIGHT RIDE

11 December 2024 · Save the Date

Everybody is Welcome



More Information will be provided closer to the date.

# LIGGIES VIR LEWE-FEES

1 - 4 Desember 2024  
16h00 - 21h00  
NG Proteapark

Gratis Toegang

Stalletjies | Kinderaktiwiteite  
Vermaak vir oud en jonk  
Fotogeleenthede | Bekende  
Gaskunstenaars | BAIE LIGGIES!



1 Desember 2024 - RIANA NEL - 18h00  
BRING JOU STOEL SAAM

# THREE STAR CASH & CARRY

PROMOTION VALID 21 - 27 NOVEMBER 2024

**MEAT MARKET**

- A-Grade Beef Rump p/kg **109<sup>99</sup>**
- Beef Chuck/Brisket/Short Rib p/kg **84<sup>99</sup>**
- Beef Stew Bone-In 3kg **239<sup>99</sup>**
- Beef Lean Mince p/kg **89<sup>99</sup>**
- Pork Braai Chops 3kg **169<sup>99</sup>**
- Crown National Kampvuur Wors p/kg **89<sup>99</sup>**

**FRUIT & VEG**

- Spanish Tomatoes 200g+Lettuce Head+ Cucumber **49<sup>99</sup>**
- Butternut 7kg **59<sup>99</sup>**
- Potatoes (L/M) 10kg **79<sup>99</sup>**
- Beetroot 1kg **30<sup>00</sup>**
- Banana 2kg **39<sup>99</sup>**
- Watermelon Large Whole **69<sup>99</sup>**
- Apples Asst 1.5kg **29<sup>99</sup>**
- Peaches Box 12's **39<sup>99</sup>**

**PRICE LOCK SAVINGS!**

- Marang Large Eggs 60's **129<sup>99</sup>**
- Sasko Cake Wheat Flour **199<sup>99</sup>**
- White Star Maize Meal 5kg+ Select Rice 5kg+ Sasko Cake Flour 5kg **199<sup>99</sup>**
- Unity UHT Full Cream Milk 6x1lt **89<sup>99</sup>**
- Selati Brown Sugar 2kg **39<sup>99</sup>**
- Sunbake White Bread 700g **29<sup>99</sup>**
- Coca-Cola Soft Drink 2lt **45<sup>99</sup>**
- Maq Auto Or Hand Washing Powder 2kg **119<sup>99</sup>**

**NO CARD NEEDED TO SAVE!**

- Rainbow Mixed Portions 5kg **184<sup>99</sup>**
- Bokomo Corn Flakes 1kg **54<sup>99</sup>**
- Stork Country Spread (Tub) 1kg **44<sup>99</sup>**
- Excelsa Oil 2lt **63<sup>99</sup>**

CNR HEFER STR & TUIN STR, OOS EINDE, RUSTENBURG. TEL: 014 596 5066

TRADING HOURS: MON-THU: 07:00-17:30, FRI: 07:00-18:00, PUBLIC HOLIDAYS & SAT: 07:00-14:30, SUN: CLOSED.

SEND US A WHATSAPP ON 060 311 2624 & RECEIVE OUR WEEKLY SPECIALS

WE RESERVE THE RIGHT TO LIMIT QUANTITIES. VALID WHILE STOCKS LAST. PICTURES ARE FOR ILLUSTRATION PURPOSES. ALL PRICES INCLUDE VAT, E & OE



# Dis-Chem PHARMACIES

BETTER HEALTH STARTS HERE

# HOT SUMMER DEALS

Summer Essentials

Pages 3-5

Thursday 14 November to Sunday 8 December 2024

## Everyday Essentials



**2+1 FREE**  
on Skin eFX Body Lotion 400ml\*

\*Offer excludes Skin eFX Banded AND Value Packs



**2+1 CHEAPEST FREE**  
on ANY Dentalmate mouthwashes



**Extra Rewards**  
**1 FOR 62<sup>99</sup>  
2 FOR 95<sup>00</sup>**  
SAVE R30<sup>98</sup>



**Extra Rewards**  
**1 FOR 69<sup>99</sup>  
2 FOR 95<sup>00</sup>**  
SAVE R44<sup>98</sup>



**1 FOR 49<sup>99</sup>  
2 FOR 65<sup>99</sup>**  
SAVE R33<sup>99</sup>

**VALUE PACKS**

## Health & Wellness



**Extra Rewards**  
**2+1 FREE**  
on Lifestyle Food Rolled Oats 1kg

Lifestyle Food Rolled Oats 1kg  
**64<sup>99</sup> each**



**SAVE R45<sup>00</sup>**

Lifestyle Food Choice Grade Irradiated Honey 1kg #186491  
**WAS 184<sup>99</sup>  
139<sup>99</sup>**



**SAVE R40<sup>00</sup>**

The Real Thing Zeolite Powder 300g #41974  
**WAS 204<sup>99</sup>  
164<sup>99</sup>**



**SAVE R35<sup>00</sup>**

Biogen Premium Pre-Workout 600g / Assorted  
**WAS 384<sup>99</sup>  
349<sup>99</sup>**

## Discover Festive Glam favourites on pages 6-12



**20%\* OFF**  
Revlon ColorStay Xtensionaire™ Mascara

Revlon ColorStay Xtensionaire™ Mascara Assorted  
**229<sup>95</sup> each**



Rimmel Thrillseeker Glassy Gloss Gift Set 3 x fruity flavours  
**359<sup>99</sup> per set**



Chanson D'Eau EDT 100ml Assorted  
**275<sup>00</sup> each**



**Extra Rewards**  
Defence My Age Pearl Revitalizing Day Cream 50ml  
**465<sup>00</sup>**



**FREE**  
Defence My Age Pearl Revitalizing Night Cream 50ml  
**475<sup>00</sup>**



**FREE**  
BioNike Defence Exfoliating Face Scrub 75ml valued at 225<sup>00</sup> when you purchase ANY TWO BioNike treatment products\*

\*Offer excludes BioNike Aknet AND Defence Sun products

\*Discount to be deducted at tills





# HOT SUMMER DEALS

**FIND THE BEST OFFERS** *just for you*

## 4 INSTANT DISCOUNT BETTER SAVINGS FOR YOU AND CONFECTIONERY

Unlock exclusive savings on a wide range of supplements, health foods, personal care, as well as travel essentials, and more this summer. Plus, you can hit that sweet spot with our delicious snacks and drinks, too! Don't miss out - swipe your **Dis-Chem** Benefit Card at the till or add to your profile online to claim your Instant Discounts.



## 5 SUN CARE

Summer is in season and is coming with the heat. Don't burn under the beautiful summer time sun, protect your lovely skin from UV radiation with our wide range of dermatologically proven sun care essentials including sunscreen lotions and sprays.



## 6-7 SUMMER ESSENTIALS

Beat the heat with our summertime must-haves. Remain cool, calm, and collected with our wide selection of electric fans. Plus, don't let tiny pests ruin your day, our top of the range insect repellents offer powerful protection for the whole family. Embrace the warmth day and night, and make every day a comfortable celebration.



## 8-9 WORLD OF COLOUR

It's time to switch up your makeup routine! Experiment with eye-catching new colours from our wide range of eyeshadows, eyeliners, lipsticks, and foundations. A bold new look awaits!



## 10-11 BROWS, LASHES & NAILS AND FESTIVE FRAGRANCES

Elevate your festive beauty game with awesome deals on lashes, brows, and nails. Discover stunning lash extensions, perfectly shaped brows, and vibrant nail designs all at unbeatable prices. Christmas came early this year! Leave an ever-lasting impression with awesome deals on sophisticated fragrances. Turn to page 11 and explore a wide selection of enchanting fragrances. Your signature scent awaits – shop now.



## 12-14 FACE CARE & DERMO FACE CARE

This season, achieve radiant skin with our extensive selection of facial care products. Revitalise your skin and unleash your inner glow with our diverse array of dermatologically proven hydrating serums and exfoliating gels. The key to unlocking a luminous, smooth, and impeccable face card starts here.



## 15-17 HAIR CARE

Take care of your hair with our comprehensive range of premium hair care products. Whether it's nourishing shampoos and conditioners or styling essentials, you can achieve healthy, clean hair with **Dis-Chem**. Find the perfect solutions for your hair type, and look forward to your best hair days yet.





# 18-19 BATH & BODY CARE

Welcome the refreshing summer feeling with fantastic offers on our diverse selection of Bath & Body items. Revitalise cleanliness with our enriching collection of body washes, soaps, scrubs, shower gels, and moisturisers. Each product is designed to pamper your skin to perfection.



# 20-21 PERSONAL CARE DEODORANTS

Everything you need to kickstart your day feeling refreshed is here. From feminine hygiene for freshness and comfort to shaving essentials for a smooth, confident experience, as well as deodorant sprays, sticks, and roll-ons to ensure proper hygiene. Elevate your confidence with our extensive selection of personal care products.



# 22-23 DENTAL CARE HOUSEHOLD

Take advantage of renewed offers on household essentials and dental care. Now is the perfect time to refresh your living space and oral hygiene. A house is a refreshing home when it's clean. Find your reason to smile from our extensive selection of toothbrushes, toothpaste, and mouthwashes. Add that extra bit of confidence to your smile, and in your home.



# 24-25 ALL ABOUT BABIES & TOTS

It's amazing how our little ones grow up so fast. They start as helpless newborns, and in the blink of an eye they begin to crawl, walk, and talk. From their first tooth to first steps, we have the widest range of baby essentials on pages 24 – 25 to cherish every cute milestone in style.



# 26-27 HEALTHIER LIFESTYLE

Stock up on affordable breakfast cereals, free-from-gluten foods, dairy-free milk alternatives and delicious sugar substitutes, even sauces, spices, snacks, and refreshing health drinks. We make it easier for you to eat healthily. Turn to pages 26 and 27 for a tantalising taste of what to shop.



# 28-29 SPORT SUPPLEMENTS

Transform summer into your training ground with our extensive selection of affordable sports supplements. Visit pages 28 and 29 to conquer your workout journey today. With options ranging from protein powders to amino acids, reaching your fitness goals has never been easier.



# 30-31 SELF MEDICATION MULTIVITAMINS

Are you aware that non-prescription medications can address a variety of issues, from a runny nose to minor conditions like cuts, muscle aches, headaches, and the flu? Minimise the risk of catching colds and flu next season with our extensive range of affordable immune boosters and multivitamins.



# 32-33 COGNITIVE HEALTH GUT HEALTH

Maintaining a happy and resilient gut is all about your dietary choices. Improve your gut health by adding probiotics, calcium, and minerals to your daily meals. Plus, enhance your focus and performance with our range of cognitive support products. Nourish both your brain and gut with the essential nutrients needed for optimal function.

# 34 BONE & JOINT HEALTH

Say goodbye to constant stiffness and joint pain with our diverse selection of Bone & Joint Health products. Our products are rich in calcium and essential minerals that support the development and maintenance of bone strength. Discover the freedom to move with confidence.





# INSTANT DISCOUNT

## BETTER SAVINGS FOR YOU



### ON-THE-GO MUST-HAVES



Convenience on the go...  
With our on-the-go essentials! From toothpastes, deodorants, shaving creams, sunscreen sprays, shampoos, hand creams to international adaptors and in-flight pillows and more.



Blade 3in1 Shower Gel 50ml #161460  
**24<sup>99</sup>**  
WITH CARD **19<sup>99</sup>**

**INSTANT DISCOUNT**  
**20%\* OFF**  
Travel Essential products\*\*

Skin eFX Hand & Nail Cream 50ml / Assorted  
**16<sup>99</sup>**  
WITH CARD **13<sup>99</sup>**

**INSTANT DISCOUNT**  
**20%\* OFF**  
ALL Basics Travel products

Blade Body Lotion 50ml #161466  
**19<sup>99</sup>**  
WITH CARD **15<sup>99</sup>**

Skin eFX Daily Moisturiser 75ml / Assorted  
**17<sup>99</sup>**  
WITH CARD **14<sup>39</sup>**

\*\*Offer only applicable on the above travel essential products

**INSTANT DISCOUNT**  
**20%\* OFF**  
ALL Dove 30ml travel products

Dove Body Lotion 30ml #440714  
**19<sup>99</sup>**  
WITH CARD **15<sup>99</sup>**

**INSTANT DISCOUNT**  
**50%\* OFF**  
The Bald Theory Shampoo 150ml

The Bald Theory Purifying Shampoo 150ml  
**259<sup>99</sup>**  
WITH CARD **209<sup>99</sup>**

**INSTANT DISCOUNT**  
**10%\* OFF**  
Blade Shave Gel 260ml

Blade Shave Gel 260ml Assorted  
**59<sup>99</sup>**  
WITH CARD **49<sup>99</sup>**

**INSTANT DISCOUNT**  
**20%\* OFF**  
ALL Gold+ products

Gold Plus Berberine & Green Tea 60 vegcapsules  
**364<sup>99</sup>**  
WITH CARD **299<sup>99</sup>**

**INSTANT DISCOUNT**  
**15%\* OFF**  
All Tabard products

Tabard Insect Repellent Lotion 150ml  
**104<sup>99</sup>**  
WITH CARD **89<sup>24</sup>**

Tabard Mosquito Repellent Aerosol 150g  
**109<sup>99</sup>**  
WITH CARD **93<sup>49</sup>**

\*Unlock these exclusive savings with your Benefit Card

BEST ADVICE | WIDEST RANGE | LOWEST PRICES ON YOUR ESSENTIALS



### CONFECTIONERY

**mentos**  
STAND A CHANCE TO  
**WIN**  
1 OF 5 PS5 VR2

1. **BUY** any Mento Gum, Candy or Incredible Chew.  
2. **SWIPE** your Dis-Chem Benefit Card.  
3. **WIN** 1 of 5 PS5 VR2 Virtual headsets.

**YES TO FRESH**

\*The image shown are for illustration purposes only and may not be an exact representation of the prize.  
PROMOTION DATES: 14 NOVEMBER 2024 - 08 DECEMBER 2024

Mentos Incredible Chew! 72g / Assorted  
**WAS 29<sup>99</sup>**  
**23<sup>99</sup>** each

**20%\* OFF**  
ALL Mentos products

Mentos Incredible Chew! Stick 47g / Assorted  
**WAS 16<sup>99</sup>**  
**13<sup>59</sup>** each

Mentos Chewing Gum 35 pieces / Assorted  
**WAS 39<sup>99</sup>**  
**31<sup>99</sup>** each

\*Advertised prices already reflect discount

**2+1 CHEAPEST FREE**  
on Munch'D Sweets\*

**FROM 19<sup>99</sup>** each

\*Excludes Munch'D advent calendar

**1 FOR 16<sup>99</sup>**  
**3 FOR 40<sup>00</sup>**  
SAVE R10<sup>97</sup>

Steri Stumpie Flavoured Low Fat Milk 350ml Assorted

**1 FOR 16<sup>99</sup>**  
**2 FOR 25<sup>00</sup>**  
SAVE R8<sup>98</sup>

Kayleys Bar Toff-O-Fluff 55g OR Choc-O-Fluff 45g

**1 FOR 12<sup>99</sup>**  
**3 FOR 18<sup>00</sup>**  
SAVE R20<sup>97</sup>

Halls 33.5g / Assorted

**SAVE R13<sup>00</sup>** each

Beigel & Beigel Pretzels OR Break Mix 500g  
**WAS 92<sup>99</sup>**  
**79<sup>99</sup>** each

**SAVE R9<sup>00</sup>** each

Nestlé Aero Chocolate 80g / Assorted  
**WAS 23<sup>99</sup>**  
**15<sup>99</sup>** each

**SAVE R17<sup>00</sup>** per pack

Swizzels Luscious Lollies 176g #405082  
**WAS 49<sup>99</sup>**  
**32<sup>99</sup>** per pack

**SAVE R8<sup>00</sup>** each

Nestlé Aero Chocolate 85g / Assorted  
**WAS 27<sup>99</sup>**  
**18<sup>99</sup>** each

**SAVE R25<sup>00</sup>** each

Lindt Excellence Dark OR Lindor Slab 100g / Assorted  
**WAS 89<sup>99</sup>**  
**64<sup>99</sup>** each

**1 FOR 18<sup>99</sup>**  
**2 FOR 30<sup>00</sup>**  
SAVE R7<sup>98</sup>

Lipton Ice Tea 500ml Assorted

**SAVE R45<sup>00</sup>** each

Lindt Excellence Mini Slabs Pouch Bag 150g / Assorted  
**WAS 169<sup>99</sup>**  
**124<sup>99</sup>** each



Also available  
online at  
**dischem.co.za**



**BETTER VALUE STARTS HERE**

STAND A CHANCE TO  
**WIN** A TRIP FOR 2 TO  
**ZANZIBAR**  
With NIVEA SUN & TROPIKA ISLAND OF TREASURE!

Get ready for the ultimate  
sun-kissed adventure with  
**NIVEA SUN** at the home  
of **TROPIKA ISLAND  
OF TREASURE!**

**NIVEA  
SUN**

**30%\***  
**OFF**  
NIVEA SUN  
products\*\*



**BUY**

any NIVEA SUN  
product.

**SWIPE**

your Dis-Chem Benefit Card  
for automatic entry.

Tropika Island of Treasure host  
**ZANELE POTELWA**

Competition runs from 15 September 2024 to 31 December 2024. Trip valued at R120 000.

Ts & Cs apply, [www.nivea.co.za/about-us/terms-and-conditions](http://www.nivea.co.za/about-us/terms-and-conditions). Keep your till slip after purchase.

\*Discount to be deducted at tills

\*\*Offer excludes NIVEA SUN Banded **AND** Value Packs

**Sun  
Lab**



**2+1  
CHEAPEST  
FREE**  
on ANY  
Sun Lab  
products

**Cetaphil**

**20%\***  
**OFF**  
ALL Cetaphil  
products



**TECHNI  
BLOCK**



**2+1  
CHEAPEST  
FREE**  
on  
Techniblock  
products\*

\*Discount to be deducted at tills

\*Offer excludes Techniblock Banded **AND** Value Packs

**Everysun**



**2+1  
CHEAPEST  
FREE**  
on ANY Everysun  
Sun Care  
products

**BioNike**  
HEALTH AND BEAUTY

Nickel Tested\*\*  
**WITHOUT**  
Preservatives  
Fragrances  
Gluten



**20%\***  
**OFF**  
ALL BioNike  
Defence Sun  
products

\*Discount to be deducted at tills

\*\*Also residual nickel content can lead, especially in allergy-prone subjects, to allergic reactions or skin sensitisations. Hence, every production lot is analysed to ensure the nickel content in products is lower than 0.00001%.

**LUV  
that  
SUN**



**2+1  
CHEAPEST  
FREE**  
on ANY Luv that Sun  
products

**Tropitone**

**2+1  
CHEAPEST  
FREE**  
on ANY Tropitone  
Self Tanning  
products



**Lirene**  
DERMO PROGRAM



**2+1  
CHEAPEST  
FREE**  
on ANY Lirene  
Sun Care  
products

**island  
Tribe**  
SUN PROTECTION  
**Summer  
YASE MZANSI**

**Win**  
**Plus**

**R100 000 IN CASH!**

**1 OF 10 SHOPPING EXPERIENCES  
WORTH R10 000 EACH!**

**2+1  
CHEAPEST  
FREE**  
on Island Tribe  
products\*

At Island Tribe we know  
that as a South African  
you need a sunscreen as  
diverse and resilient as  
you are, and one that can  
keep up with your lifestyle.

\*Offer excludes Island Tribe Banded **AND** Value Packs



Terms and conditions apply. Competition valid 1 October 2024 to 31 December 2024.  
Adcock Ingram Healthcare (Pty) Ltd. Reg. No. 2037/1019/28/07 Private Bag 959, Bryanston, 2021  
South Africa. Tel: +27 11 635 0001. [www.adcock.com](http://www.adcock.com) 2024/05/07/1012588. May 2024.

**BUY ANY PARTICIPATING ISLAND TRIBE PRODUCT AND SWIPE YOUR Dis-Chem BENEFIT CARD TO ENTER!**

Promotional offers valid from Thursday 14 November to Sunday  
8 December 2024, while stocks last. Available online at [dischem.co.za](http://dischem.co.za)  
OR at selected stores. E&OE.



**Dis-Chem  
PHARMACIES**

BETTER HEALTH STARTS HERE





# SUMMER ESSENTIALS

**INTEX**

GET READY TO SPLASH INTO SUMMER WITH OUR INTEX INFLATABLES



Caticorn Baby Pool  
#449015  
**499<sup>99</sup>**



Friendly Octopus Play Center  
#449010  
**1889<sup>99</sup>**



Jurassic Adventure Play Center  
#449009  
**1689<sup>99</sup>**



King Kool Lounge Set  
#449019  
**319<sup>99</sup>** each



Rainbow Cloud Float  
#449017  
**399<sup>99</sup>**



Transparent Lounge Set  
#449012  
**399<sup>99</sup>** each

Razzle Dazzle Wave Mat  
#449021  
**89<sup>99</sup>** each



Rainbow Fiesta Island  
#449013  
**1299<sup>99</sup>**



Timeless Tubes  
#449011  
**199<sup>99</sup>**



Sit 'N Float  
#449020  
**249<sup>99</sup>** each



Sweetheart Float  
#449016  
**549<sup>99</sup>**



## INSECT REPELLENTS

**Buzz off, bugs!**

Did you know that as temperatures rise, pesky insects like mosquitoes, flies and ants become more active? Don't let tiny pests ruin your fun. Our top-rated insect repellents offer powerful protection for the whole family, so you can savour every moment this summer.



FROM **59<sup>99</sup>** each

**2+1**  
CHEAPEST  
FREE  
on ANY Repel-It  
products



**Homemax**  
YOUR COMPLETE HOME SOLUTION

**Homemax**  
Mosquito Killer

**SAVE**  
**R30<sup>00</sup>**

Electric Mosquito Killer  
#225825  
**WAS 149<sup>99</sup>**  
**119<sup>99</sup>**



**DOOM**

**2+1**  
CHEAPEST  
FREE  
on ALL Doom products

FROM **ONLY 44<sup>99</sup>** each



**SAVE**  
**R15<sup>00</sup>** each



Fever-Tree Scented Candle Fly & Mosquito Repellent  
250g / Assorted\*  
**WAS 129<sup>99</sup>**  
**114<sup>99</sup>** each

\*Available at selected stores only



**20%\***  
**OFF**  
ALL Raid products

FROM **ONLY 44<sup>99</sup>** each



**ReitzeR's**



Anti-Mozzie Body Spray Banded Pack  
125ml  
**114<sup>99</sup>** per pack

Anti-Mozzie Linen Spray Banded Pack  
250ml  
**76<sup>99</sup>** per pack



Anti-Mozzie Cream Banded Pack  
200ml  
**64<sup>99</sup>** per pack

**SAVE**  
**R10<sup>00</sup>**



Citronella Insect Repellent Cream  
500ml  
#25641  
**WAS 49<sup>99</sup>**  
**39<sup>99</sup>**



Baygon No Fly Candles  
2-pack  
**WAS 56<sup>99</sup>**  
**49<sup>99</sup>** each



**SAVE**  
**R20<sup>00</sup>**

Fly Repellent Fan  
**WAS 169<sup>99</sup>**  
**149<sup>99</sup>**



**SAVE**  
**R10<sup>00</sup>**

Home Butler Bug Zapper  
**WAS 99<sup>99</sup>**  
**89<sup>99</sup>**





## ENJOY A SANDY SUMMER WITH OUR FUN FOR THE BEACH ESSENTIALS

**Beach Bucket Set**  
6-piece  
#450349  
**59<sup>99</sup>**

**Beach Bucket Set**  
6-piece  
#450454  
**89<sup>99</sup>**

**Beach Bucket Set**  
7-piece  
#450422  
**99<sup>99</sup>**

**Beach Bucket Set**  
2-piece  
#450450  
**59<sup>99</sup>**

**Beach Bucket Set Rubber**  
5-piece  
#450424  
**129<sup>99</sup>**

**Beach Car**  
1-piece  
#450451  
**59<sup>99</sup>**

**Beach Boat Set**  
5-piece  
#450453  
**69<sup>99</sup>**

**Beach Wagon Set**  
5-piece  
#450421  
**89<sup>99</sup>**

## SOAK UP THE SUN & UNLEASH YOUR INNER WATER WARRIOR

**XSHOT**  
Nano Fast Fill  
#450877  
**SAVE R10<sup>00</sup>**  
**WAS 99<sup>99</sup> 89<sup>99</sup>**

**XSHOT Jr.**  
Fast Fill  
#450879 / #450878  
**SAVE R14<sup>00</sup>**  
**WAS 139<sup>99</sup> 125<sup>99</sup> each**

**XSHOT**  
Fast-Fill  
#450879 / #450878  
**SAVE R14<sup>00</sup>**  
**WAS 139<sup>99</sup> 125<sup>99</sup> each**

**DQUIP Spray Mini Water Fan**  
• Trigger releases fine mist  
• Ice can be added in the bottle  
• Lightweight and convenient  
• Battery operated  
#140759  
**SAVE R10<sup>00</sup>**  
**WAS 79<sup>99</sup> 69<sup>99</sup>**

**Spiderman OR Frozen Handheld Fan**  
• 6 built-in LED phases  
• Light up cooling fan  
• Soft touch, flexible and safe  
#432565  
**SAVE R20<sup>00</sup> each**  
**WAS 89<sup>99</sup> 69<sup>99</sup> each**

**DQUIP Handheld Fan**  
• 3 x speed settings  
• Type-C cable  
• Rechargeable  
• Rated power: 1A max  
#432565  
**SAVE R40<sup>00</sup>**  
**WAS 189<sup>99</sup> 149<sup>99</sup>**

**DQUIP USB Rechargeable Clip-On Fan**  
• 3 x speed settings  
• Type-C cable length: 1.2m  
• Rated power: 4W  
• 360° rotating base  
• Long battery life  
#432649  
**SAVE R100<sup>00</sup>**  
**WAS 299<sup>99</sup> 199<sup>99</sup>**

**Home Quip 13cm Rechargeable Clip-On Fan**  
• 360° rotation  
• 3 x speed settings  
• Base clamp  
• USB cable included  
#382318  
**SAVE R40<sup>00</sup>**  
**WAS 329<sup>99</sup> 289<sup>99</sup>**

**DQUIP USB Rechargeable Oscillating Desk Fan**  
• 2 x speed settings  
• Night function  
• Low noise  
• LED light  
#432566  
**SAVE R100<sup>00</sup>**  
**WAS 449<sup>99</sup> 349<sup>99</sup>**

**Elektra Turbo Color Air Turbo Fan PLUS USB Fan**  
• 2-speed settings  
• Adjustable angle  
• Energy saving  
#167281  
**SAVE R80<sup>00</sup> per set**  
**WAS 499<sup>99</sup> 419<sup>99</sup> per set**

**Home Quip USB Rechargeable Table Top Fan**  
• Flexible rotation  
• 3 x speed settings  
• USB cable included  
#417604  
**SAVE R90<sup>00</sup>**  
**WAS 449<sup>99</sup> 359<sup>99</sup>**

**Home Quip 20cm USB Rechargeable Table Top Cool Blaster Fan with Light**  
• 3 x speed settings  
• USB cable included  
• 12 LEDs  
#438467  
**SAVE R40<sup>00</sup>**  
**WAS 449<sup>99</sup> 409<sup>99</sup>**

**Alva Air 30cm Plastic Desk Fan (Black)**  
• Power: 35W  
• 3 plastic blades  
• Oscillate function  
• 12 month warranty  
#455269  
**SAVE R50<sup>00</sup>**  
**WAS 499<sup>99</sup> 449<sup>99</sup>**

**Alva Air 30cm Drum Desk Fan (Matte Black)**  
• Metal drum-shaped frame  
• 5 plastic blades for optimised airflow  
• 12 month warranty  
#455273  
**SAVE R300<sup>00</sup>**  
**WAS 1299<sup>99</sup> 999<sup>99</sup>**

**Home Quip Rechargeable 220V Blaster Fan with Power Bank**  
• 30cm diameter  
• 2 x speed settings  
• USB output  
• 100 lumen 12 LEDs  
#438464  
**SAVE R100<sup>00</sup>**  
**WAS 999<sup>99</sup> 899<sup>99</sup>**

**Milex Antarctic Air Cooler**  
• Cools, humidifies and purifies the air  
• Portable, you can enjoy cool clean air, anywhere  
• The easy-fill water tank lasts up to 8 hours  
#226416  
**SAVE R50<sup>00</sup>**  
**WAS 399<sup>99</sup> 349<sup>99</sup>**

**Milex Air Cooler 7 litres**  
• Power: 65W  
• Remote control  
• Automatic left to right swing  
• 2 x ice packs  
• 3 x speed control  
• Removable easy to clean 7 litre water tray  
#420271  
**SAVE R300<sup>00</sup>**  
**WAS 1999<sup>99</sup> 1699<sup>00</sup>**

**Elektra Comfort Stand Fan**  
• 3 x oscillating speeds  
• Adjustable angle  
• Energy saving  
#113685  
**SAVE R100<sup>00</sup>**  
**WAS 699<sup>99</sup> 599<sup>99</sup>**

**Elektra 2-in-1 Desk & Stand Fan**  
• LED display  
• 4 x speed settings  
• 7.5-hour timer with remote control  
• Eco-friendly  
#433166  
**SAVE R100<sup>00</sup>**  
**WAS 1299<sup>99</sup> 1199<sup>00</sup>**





# WORLD OF COLOUR

Also available  
online at  
**dischem.co.za**



## PALLADIO

Botanical & Vitamin Infused Cosmetics



Palladio is a 100% paraben-free makeup range. Shop our affordable vegan beauty cosmetics from lip oils and bronzers to foundations and finishing sprays. Products are rich in antioxidants; vitamins A, C, D, and E; and powerful botanical infusions to help nourish your skin.



FROM ONLY  
**145<sup>00</sup>**  
each

**FREE**

Palladio Floral  
Cosmetic Bag  
when you purchase  
**ANY** Palladio products  
to the value of **325<sup>00</sup>**  
**OR** more

#PalladioBeautySouthAfrica

## L.A. Girl® COSMETICS

L.A. Girl Cosmetics loves to inspire beauty by creating new ways to ignite individual expression through the art of colour. Our magical range of products will give you luscious lips, help you sculpt a fabulous face and hypnotize with enticing eyes.

**20%\***  
**OFF**

**ALL**  
**L.A. Girl**  
products



FROM ONLY  
**165<sup>00</sup>**  
each

#LAGirlCosmeticsSouthAfrica

\*Discount to be deducted at tills

## DEBORAH MILANO

As a leading name in Italian cosmetics, Deborah Milano's time-honoured mission has been to make professional makeup accessible to millions of women everywhere. Encompassing true Italian style unquestionably driven by a passion for beauty, creativity, attention to detail and taste, Deborah Milano is now available exclusively at Dis-Chem.



FROM ONLY  
**125<sup>00</sup>**  
each

**FREE**

Basics Beauty 3-Piece  
Makeup Brush Set  
when you purchase  
**ANY** Deborah products  
to the value of **330<sup>00</sup>**  
**OR** more

## BRONX COLORS URBAN COSMETICS



**FREE**



FROM ONLY  
**99<sup>95</sup>**  
each

Bronx Single Slide  
Shadow Body when you  
purchase **ANY TWO**  
Bronx Single Slide  
Eyeshadows

## MAYBELLINE NEW YORK



**FREE**



FROM ONLY  
**74<sup>95</sup>**  
each

Maybelline New York  
Baby Skin Primer **AND**  
Lasting Fix Setting Spray  
when you purchase **ANY**  
Maybelline New York  
makeup products to the  
value of **320<sup>00</sup>**  
**OR** more

Source Euromonitor International Limited; Beauty & Personal Care 2024ed, retail value sales, rsp, all retail channels, 2023 data.

## L'ORÉAL PARIS

BECAUSE YOU ARE WORTH IT



**FREE**



L'Oréal Paris Gift\*  
when you purchase  
**ANY** L'Oréal Paris  
makeup products to the  
value of **399<sup>00</sup>** **OR** more



FROM ONLY  
**224<sup>95</sup>**  
each

\*Your **FREE** L'Oréal Paris Gift Includes: Telescopic Mascara  
**PLUS** Prime Lab Primer

## CATRICE COSMETICS



**DISCOVER  
THE LATEST**  
Catrice products!



FROM ONLY  
**89<sup>95</sup>**  
each

**OWN  
YOUR  
MAGIC.**

## YARDLEY LONDON

**20%\***  
**OFF**

**ALL**  
**Yardley**  
cosmetic  
products



FROM ONLY  
**154<sup>95</sup>**  
each

\*Discount to be deducted at tills





REVLON  
LIVE BOLDLY

Flawless Face.  
Gorgeous Eyes.

15%  
OFF

Revlon  
Colorstay,  
Super Lustrous,  
Photoready  
AND Age Defying  
cosmetic  
products\*\*



FROM ONLY  
125<sup>99</sup> each

\*Discount to be deducted at tills \*\*Offer only applicable on the above Revlon products



RIMMEL  
LONDON



20%  
OFF

ALL  
Rimmel  
lipsticks



FROM ONLY  
169<sup>99</sup> each

30%  
OFF

ALL  
Rimmel  
mascaras



FROM ONLY  
109<sup>99</sup> each

\*Discounts to be deducted at tills

PASSIONPRO  
BEAUTY BEYOND BOUNDARIES.

2+1  
CHEAPEST  
FREE

on ANY  
Passion  
Pro  
products



FROM ONLY  
49<sup>95</sup> each

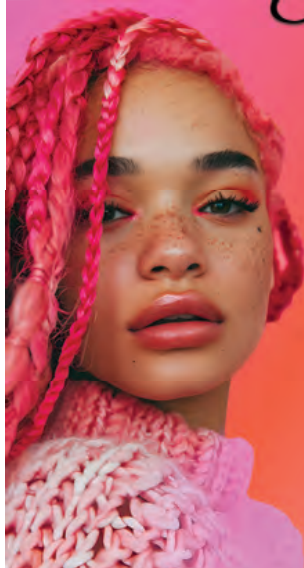
♡ cruelty free ♡ on-trend shades ♡ intense pigments

PLAYgirl® Come Out & Play!



2+1  
CHEAPEST  
FREE

on ANY  
Playgirl  
cosmetic  
products



FROM ONLY  
49<sup>95</sup> each



FROM ONLY  
89<sup>99</sup> per set

FREE

Beauty  
Treats  
Flower  
Eyeshadow  
Palette when  
you purchase  
ANY  
Cala, Basics  
OR Beauty  
Treats  
brush sets



BOOBY  
TAPE

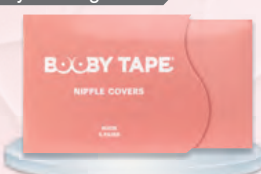
Booby Tape is the original breast lift tape designed to lift the breasts in a desirable position underneath clothing and enhance cleavage, strong enough to support your breasts and move in a natural way perfectly under tricky clothing items.

2+1  
CHEAPEST  
FREE

on ANY  
Booby  
Tape  
products

READY FOR YOUR  
BREAST LIFT?

HOW TO USE



Nipple Covers  
• Perfect accompaniment to your booby tape  
5 pairs  
239<sup>99</sup> per pair



Breast Tape  
• The original breast tape provides a perfect breast lift  
5m / Assorted colours  
234<sup>99</sup> each



Silicone Inserts  
• Available in A-C Cup and D-F Cup  
1 pair  
284<sup>99</sup> per pair

BASICS  
Beauty

CALA®



Spa Wristband  
Assorted colours  
FROM ONLY  
69<sup>99</sup> each



Headband  
OR Plush Headband  
Assorted styles & colours  
FROM ONLY  
149<sup>99</sup> each



Dis-Chem  
PHARMACIES

BETTER HEALTH STARTS HERE





# BROWS, LASHES AND NAILS

Also available  
online at  
**dischem.co.za**



**EYLURE**  
LONDON



**Eylure Brow Stencil**  
4-pack **OR** Brow Wax  
Strips 12-pack, when  
you purchase **ANY TWO**  
Eylure products

**FREE**



**FROM  
ONLY  
99<sup>99</sup>**  
each



**ELEGANT  
TOUCH**  
LONDON

**2+1  
CHEAPEST  
FREE**

on **ANY**  
Elegant  
Touch  
products



**FROM  
ONLY  
119<sup>99</sup>**  
each



**DISCO**

Elevate your beauty game this summer with our fabulous collection of Disco products. From eye-catching lashes that showcase personality with every blink to mascara that adds boldness, we've got you. Your ideal glam kit awaits with Disco.



**Eyelashes**  
Assorted  
**59<sup>99</sup>**  
per pack



**Eyelash  
Brush-on  
Glue**  
#423024  
**59<sup>99</sup>**



**Mascara**  
Assorted  
**49<sup>99</sup>**  
each



**Eye & Lip  
Liner Pencil**  
Assorted colours  
**21<sup>99</sup>**

**NAILLUSION®**

**20%\*  
OFF**

**ALL**  
Naillusion  
False  
Nails



**Perfect Luxe  
Collection  
False Nails**  
24 nails / Assorted  
**129<sup>99</sup>**  
each



\*Discount to be deducted at tills

**TWEEZERMAN®**

**NEW**

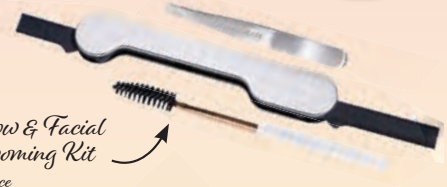
Tweezerman is known for its high-quality beauty and grooming tools. Specialising in precision tools for personal care, including tweezers, nail clippers and other grooming accessories.

**FROM  
ONLY  
199<sup>00</sup>**

Pocket  
Mirror



Brow & Facial  
Grooming Kit  
3-piece



**JULIENNE®**



**Sensitive Brow  
Tint Kit**  
Assorted shades  
Contains:  
Cream developer 10ml  
Permanent colour tint 5ml  
Brow tint applicator  
**WAS 169<sup>95</sup>**  
**129<sup>95</sup>** per kit  
**SAVE R40<sup>00</sup>**



**BASICS  
Beauty**

**20%\*  
OFF**

**ALL**  
Basics  
Beauty  
Press On  
Nails



**FROM  
ONLY  
69<sup>99</sup>**  
each



\*Discount to be deducted at tills

**Sally Hansen**

**2+1  
CHEAPEST  
FREE**

on **ANY**  
Sally  
Hansen  
Nail  
Polishes



**Nail  
Polishes  
FROM  
65<sup>00</sup>**  
each

**MAVALA**  
SWITZERLAND

**2+1  
CHEAPEST  
FREE**

on **ANY**  
Mavala  
Nail  
Polishes



**Nail Polish  
5ml  
Assorted colours  
125<sup>00</sup>**  
each

**NAILLUSION®  
GELLUSION**



**Nail  
Polishes  
FROM  
34<sup>99</sup>**  
each

**BUY BOTH  
FOR 55<sup>00</sup>**



**Nail Polish  
Remover**  
300ml / Assorted  
**PLUS Softi Round  
Cotton Pads**  
80-piece





# Festive fragrances at prices you'll love

YARDLEY  
LONDON



**20%\* OFF** ALL Yardley  
Ladies' 30ml AND  
Men's 50ml  
fragrances



FROM  
ONLY  
**365<sup>00</sup>**  
each

\*Discount to be deducted at tills

**20%\* OFF** ALL Lenthéric  
Blue Stratos,  
Hoity Toity,  
Royal Secret,  
Whisper AND  
Solo EDT/EDP  
Fragrances



FROM ONLY  
**195<sup>00</sup>**  
each

\*Discount to be deducted at tills

LENTHÉRIC  
LONDON • PARIS



**BUY BOTH  
FOR 300<sup>00</sup>  
SAVE R120<sup>00</sup>**



Masculin\*  
EDT 100ml  
Assorted

I♥\*  
EDP 50ml  
Assorted

\*Offer applicable on Lenthéric  
Masculin EDT 100ml OR I♥ EDP 50ml

## Exclusive to Dis-Chem

Zoé



EDP 100ml  
#216521  
**365<sup>00</sup>**

JEANNE ARTHES  
PARIS



French Way of Life  
EDP 100ml / Assorted  
**FROM ONLY  
395<sup>00</sup>**  
each

Gloria Vanderbilt



Vanderbilt  
in Red OR Jardin A New York  
EDP 100ml  
#432878/#449292  
**FROM ONLY  
445<sup>00</sup>**  
each

TABOO



Taboo  
EDP 90ml  
#446563  
**450<sup>00</sup>**

JEWEL



EDP 100ml / Assorted  
**ONLY  
495<sup>00</sup>**  
each

QUARTZ



EDP 100ml / Assorted  
**ONLY  
495<sup>00</sup>**  
each

NEW



Coscentra  
EDT/EDP 100ml  
Assorted  
**FROM ONLY  
235<sup>00</sup>**  
each

QUORUM



Only at  
Dis-Chem

EDT 100ml  
PLUS FREE EDT 100ml  
#298637  
**495<sup>00</sup>**  
per pack

## DEODORANTS



OUD  
Deodorant  
Body Spray  
150ml  
Assorted  
**99<sup>95</sup>**



Davidoff  
Body Spray  
150ml  
Assorted  
**255<sup>00</sup>**



Hugo Boss  
Deodorant  
Spray  
150ml  
Assorted  
**355<sup>00</sup>**



Hummer  
Deodorant  
Body Spray  
200ml  
Assorted  
**149<sup>00</sup>**



Ted Lapidus  
Pour Homme  
Body Spray  
200ml  
**195<sup>00</sup>**



Jacques Bogart  
Silver Scent  
Body Spray  
200ml  
**195<sup>00</sup>**



Aramis  
Classic  
Anti-Perspirant  
Spray  
200ml  
**385<sup>00</sup>**



25%  
EXTRA  
FREE  
GRATIS

250ml  
for the  
price of  
200ml

Tabac  
Anti-Perspirant  
Spray  
250ml  
**215<sup>00</sup>**

Promotional offers valid Thursday 14 November to Sunday 8 December 2024  
- while stocks last. Available online at [dischem.co.za](http://dischem.co.za)  
OR at selected stores. E&OE



**Dis-Chem**  
PHARMACIES

BETTER HEALTH STARTS HERE





# DERMO FACE CARE

Also available  
online at  
**dischem.co.za**



**LA ROCHE-POSAY**  
LABORATOIRE DERMATOLOGIQUE

La Roche-Posay is a French dermatology skincare company recommended by more than 90 000 dermatologists worldwide. Their promise is to make a better life for sensitive skin.

**20%\* OFF** ALL La Roche-Posay products



**FROM ONLY 285<sup>00</sup> each**

\*Discount to be deducted at tills

**BIODERMA**  
LABORATOIRE DERMATOLOGIQUE



**20%\* OFF** Bioderma Photoderm products AND H2O Cleansers\*\*

A range that provides a complete skincare programme for hyperpigmented skin on both face and body.

\*Discount to be deducted at tills

\*\*Offer excludes Bioderma Banded AND Value Packs

EAU THERMALE

**Avène**

An anti-ageing skincare range for people with sensitive skin to help smooth and firm skin, while diminishing the appearance of visible fine lines and wrinkles for a radiant, hydrated complexion.

**20%\* OFF** ALL Eau Thermale Avène DermAbsolu, A-Oxitive AND Physio Lift products



**FROM ONLY 615<sup>00</sup> each**

\*Discount to be deducted at tills

**Cetaphil**

Cetaphil is a gentle skincare brand that has been tested and trusted by doctors and dermatologists for 75 years! It is used by millions of people with sensitive skin around the world to improve the resilience of their skin.

**20%\* OFF** ALL Cetaphil products



**FROM ONLY 249<sup>99</sup> each**

\*Discount to be deducted at tills

**VICHY**  
LABORATOIRES

Health is vital. Start with your skin. Skincare formulated with soothing and fortifying Vichy Volcanic Water.

**20%\* OFF** ALL Vichy products



**FROM ONLY 595<sup>00</sup> each**

\*Discount to be deducted at tills

**CeraVe**  
DEVELOPED WITH DERMATOLOGISTS

CeraVe offers a complete line of cleansers, moisturisers and more, that contain three essential ceramides to help restore the skin's protective barrier.

**20%\* OFF** ALL CeraVe products



**FROM ONLY 265<sup>00</sup> each**

\*Discount to be deducted at tills

**Eucerin**

LIFE-CHANGING POWER OF DERMATOLOGICAL SKINCARE

UNEVEN SKIN TONE



**FROM ONLY 269<sup>99</sup> each**

ADVANCED SUN PROTECTION



**FROM ONLY 369<sup>99</sup> each**

**30%\* OFF** Eucerin products\*\*

ALL DAY OIL CONTROL



**FROM ONLY 259<sup>99</sup> each**

ADVANCED ANTI-AGE



**FROM ONLY 299<sup>99</sup> each**

DRY & SENSITIVE SKIN



**FROM ONLY 329<sup>99</sup> each**

\*Discount to be deducted at tills \*\*Offer excludes Eucerin Banded AND Value Packs





# FACE CARE

BETTER VALUE STARTS HERE

**PAYOT PARIS**

Boost the radiance, hydration, and purity of your skin this summer with premium Payot face care products. Enriched with high-quality active ingredients, these products ensure that your skincare routine delivers a dose of luminous perfection.

**NEW**

**FREE**

**FROM ONLY 395<sup>00</sup> each**

**Payot Source Plumping Infusion 125ml**, when you purchase **ANY** Payot products to the value of **995<sup>00</sup> OR** more

**SENSAI**

**FREE**

**FROM ONLY 3695<sup>00</sup> each**

**Sensai Absolute Silk Gift** containing 30ml Micro Mousse Treatment **AND** 30ml Micro Mousse Wash, valued at **2165<sup>00</sup>** when you purchase **ANY TWO** Sensai products, one being a skincare product

**BioNike** HEALTH AND BEAUTY

**Extra Rewards**

A beauty routine specifically developed to **reduce hyperpigmentation**. Promotes radiance, reduces dark spots and helps prevent new ones from forming.

**FREE**

**BioNike Defence Exfoliating Face Scrub 75ml** valued at **225<sup>00</sup>** when you purchase **ANY TWO** BioNike Treatment products\*

**FROM ONLY 155<sup>00</sup> each**

\*Offer excludes BioNike Aknet **AND** Defence Sun products

**CLARINS**

**your SUMMER HOLIDAY GIFT**

**FREE**

**Clarins Summer Tote** with your choice of 4 travel-ready trials when you purchase **ANY TWO** Clarins products one being a Moisturiser, Serum **OR** Foundation

**CLEAN BEAUTY**

**Himalaya SINCE 1930**

**TURMERIC**

**2+1 CHEAPEST FREE** on **ANY** Himalaya face care products

**FROM ONLY 92<sup>99</sup> each**

**The Ordinary.**

**The Resurface & Hydrate Set**  
2-piece  
Consists of:  
• AHA 30% + BHA 2% Peeling Solution 1 x 15ml  
• Hyaluronic Acid 2% + B5 1 x 15ml  
**180<sup>00</sup> per set**

**The Glow Set**  
2-piece  
Consists of:  
• Glycolic Acid 7% Exfoliating Toner 1 x 100ml  
• Natural Moisturizing Factors + PhytoCeramides 1 x 30ml  
**275<sup>00</sup> per set**

**SKOON.**

Clean, kind and scientific beauty products embracing African ancestral beauty secrets to nourish and replenish your skin.

**FREE**

**SKOON Gift** valued at **1000<sup>00</sup>** when you purchase **ANY** Skoon products to the value of **1500<sup>00</sup> OR** more

**FROM ONLY 599<sup>99</sup> each**

**mineraline**

ENRICHED WITH DEAD SEA MINERALS

All our products are formulated with the therapeutic power of the minerals found in the depths of the Dead Sea, which gently purify, exfoliate, and regenerate your skin, relieving it from the toxins that build up daily and improving signs of damage.

**FREE**

**Mineraline Aloe Vera Gel 250ml** when you purchase **ANY TWO** Mineraline products, one being a Peptide Plumping Serum

**FROM ONLY 295<sup>00</sup> each**

**CLINIQUE**

**FREE**

**Clinique Smart Gift\*** valued at **1300<sup>00</sup>** when you purchase **ANY** Clinique products to the value of **950<sup>00</sup> OR** more

**\*Your FREE GIFT includes:**  
Clinique Smart Clinical Repair Rich Wrinkle Correcting Cream 30ml **PLUS** Wrinkle Correcting Eye Cream 5ml

**Dermactin-TS**

Dermactin-TS is a collection of affordable intensive skincare ranges that delivers the ultimate in skincare rejuvenation and hydration.

**2+1 CHEAPEST FREE** on **ANY** Dermactin-TS products

**FROM ONLY 69<sup>99</sup> each**

Promotional offers valid Thursday 14 November to Sunday 8 December 2024 while stocks last. Available online at [dischem.co.za](http://dischem.co.za) OR at selected stores. E&OE



**Dis-Chem**  
PHARMACIES

BETTER HEALTH STARTS HERE



## Your Trusted Skincare Expert

\*Discount to be deducted at tills \*\*PIU Studies on South African Women. Individual results may vary \*\*\*Offer excludes NIVEA Luminous 630° Anti Dark Marks Range

**Mighty Patch**  
24 patches / Assorted  
**FROM ONLY**  
**169<sup>99</sup>** per pack





# HAIR CARE

BETTER VALUE STARTS HERE

head & shoulders

SAVE **R34<sup>00</sup>** each

Shampoo  
1 litre / Assorted  
WAS 229<sup>99</sup>  
**195<sup>99</sup>** each



PANTENE

SAVE **R37<sup>00</sup>** each

Shampoo **OR**  
Conditioner  
1 litre / Assorted  
WAS 199<sup>99</sup>  
**162<sup>99</sup>** each



L'ORÉAL  
PARIS



1 FOR 106<sup>99</sup>  
2 FOR 140<sup>00</sup>  
SAVE R73<sup>98</sup>

L'Oréal Paris  
Elvive  
Shampoo  
**OR** Conditioner  
400ml/300ml  
Assorted

NUTRISSE

100% GREY COVERAGE  
8 WEEKS OF COLOUR



1 FOR 149<sup>99</sup>  
2 FOR 225<sup>00</sup>  
SAVE R74<sup>98</sup>

PROTEIN  
FEED

25%  
OFF

Protein  
Feed  
Banded  
Pack



FROM  
ONLY  
**99<sup>99</sup>**  
per  
pack

\*Discount to be deducted at tills

CREIGHTONS  
MADE IN ENGLAND

25%  
OFF

ALL  
Creightons  
hair care  
products



FROM  
ONLY  
**129<sup>99</sup>**  
each

\*Discount to be deducted at tills

BED  
HEAD  
TIGI

20%  
OFF

ALL  
TIGI Bed  
Head hair  
products



FROM  
ONLY  
**219<sup>99</sup>**  
each

\*Discount to be deducted at tills

OGX  
luxury pure & simple

20%  
OFF

ALL  
OGX  
products



FROM  
ONLY  
**130<sup>00</sup>**  
each

\*Discount to be deducted at tills

MARC ANTHONY®  
TRUE PROFESSIONAL

20%  
OFF

ALL  
Marc  
Anthony  
products



FROM  
ONLY  
**209<sup>99</sup>**  
each

\*Discount to be deducted at tills

GROWTH  
BOMB

20%  
OFF

ALL  
Growth  
Bomb  
products



FROM  
ONLY  
**199<sup>99</sup>**  
each

\*Discount to be deducted at tills

PRO:VOKE®  
PROFESSIONAL HAIR CARE

25%  
OFF

ALL  
Provoke  
hair  
products



FROM  
ONLY  
**139<sup>99</sup>**  
each

\*Discount to be deducted at tills

Promotional offers valid Thursday 14 November to Sunday 8 December 2024 while stocks last. Available online at dischem.co.za OR at selected stores. E&OE.



Dis-Chem  
PHARMACIES

BETTER HEALTH STARTS HERE





# HAIR CARE

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



*Curls in Bloom*

**25%\* OFF** ALL Curls in Bloom hair care products



FROM ONLY **99<sup>99</sup>** each



\*Discount to be deducted at tills

**VIGRO**  
3 STEP SYSTEM  
FOR THICKENING HAIR

**25%\* OFF** ALL Vigro hair care products

FROM ONLY **181<sup>95</sup>** each



\*Discount to be deducted at tills

*Dark and Lovely*  
AU NATURELE

**20%\* OFF** ALL Dark and Lovely hair care products



FROM ONLY **52<sup>99</sup>** each

\*Discount to be deducted at tills

*afri pure*

**2+1 CHEAPEST FREE** on Afri Pure hair care products



Tea Tree Oil  
OR Black Castor Oil  
100ml  
**49<sup>99</sup>** each

Wrap and Set Mousse  
200ml  
**89<sup>99</sup>** each

*my natural*  
HAIR

**2+1 CHEAPEST FREE** on ANY My Natural Hair care products



Hydration Mask  
70ml  
**34<sup>99</sup>** each

Moisturising Butter  
125ml  
**54<sup>99</sup>** each

Strengthening Oil  
150ml  
**99<sup>99</sup>** each



**20%\* OFF** ALL Hair ResQ hair care products

FROM ONLY **100<sup>00</sup>** each

\*Discount to be deducted at tills



**20%\* OFF** ALL Hask hair care products

FROM ONLY **87<sup>99</sup>** each

\*Discount to be deducted at tills



Shea Moisture African Black Soap  
230g  
#197169001  
**WAS 169<sup>99</sup>**  
**129<sup>99</sup>**



Shea Moisture Shampoo OR Conditioner  
384ml / Assorted  
**WAS 309<sup>99</sup>**  
**239<sup>99</sup>** each



**20%\* OFF** ALL Nilotiq hair care products



FROM ONLY **89<sup>99</sup>** each

\*Discount to be deducted at tills



**20%\* OFF** ALL Rosemary hair care products

**20%\* OFF** ALL SofnFree Black Castor Oil products

FROM ONLY **56<sup>99</sup>** each

FROM ONLY **49<sup>99</sup>** each



\*Discount to be deducted at tills



Nativechild Milk & Honey Moisture Cream  
220ml  
#326767  
**WAS 74<sup>99</sup>**  
**61<sup>99</sup>**



SofnFree Free 2 Gro Tonic  
250ml  
**WAS 289<sup>99</sup>**  
**229<sup>99</sup>** each



**NATUR VITAL**

## HAIR S.O.S.

S.O.S. (Save Our Scalps) Natur Vital's Hair Loss range is the most effective way to prevent hair loss and keep hair strong and healthy from the root. Its formulation includes natural extracts and avoids using synthetic ingredients, with products designed to care for different hair types and improve the hair's hydration and flexibility. It effectively reduces hair loss, strengthens from the root, and doesn't aggravate the scalp.

**2+1 CHEAPEST FREE** on ANY Natur Vital hair care products

## SILVER/SILVER BLONDE

These shampoos and hair masks are products aimed at natural, bleached, highlighted or dyed hair. Certified organic blueberries deliver a blue pigment that neutralises yellowish tones.

## COLOURSAFE

This range includes natural ingredients that protect and revive the hair colour while protecting and bringing shine to your hair. They contain organic extracts, plant main actives, UV filters, plant keratin and pro-vitamin B5.



**COLOR REBEL**  
LONDON

**25%\*  
OFF**

**ALL**  
Color  
Rebel  
products



**FROM  
ONLY 94<sup>99</sup>**  
each

\*Discount to be deducted at tills

**nu-Hair**  
TREATMENTS

**25%\*  
OFF**

**ALL**  
Nu-Hair  
products



**FROM ONLY 194<sup>99</sup>**  
each

\*Discount to be deducted at tills

**JANE SEYMOUR**  
TRUSTED IN HAIR CARE

**25%\*  
OFF**

**ALL**  
Jane  
Seymour  
Wonder Set  
products



**FROM ONLY 69<sup>99</sup>**  
each

\*Discount to be deducted at tills

**Easy Waves**

**20%\*  
OFF**

**ALL**  
Easy  
Waves  
Relaxer  
250ml



**Easy Waves  
Super OR Regular  
Creme Relaxer  
250ml  
WAS 41<sup>99</sup>  
33<sup>59</sup>**  
each

\*Advertised prices already reflect discount

**Batiste**  
DRY SHAMPOO

**20%\*  
OFF**

**ALL**  
Batiste  
Dry  
Shampoo  
products



**FROM ONLY 109<sup>99</sup>**  
each

\*Discount to be deducted at tills

**DONNA**

**20%\*  
OFF**

**ALL**  
Donna  
hair  
accessories

**FROM  
ONLY 79<sup>99</sup>**  
each



**Floral  
Shower Cap**

Assorted

Keep your hair dry and frizz-free with our high-quality, waterproof, Donna Floral Shower Caps. Made from durable materials, our shower cap is built to last. Choose from a variety of chic patterns and colours to match your personal style.

**Satin  
Sleep Cap**

Assorted

Wake up to beautiful hair with the luxurious Donna Satin Sleep Caps. The elastic band ensures a snug yet gentle fit, keeping the cap in place all night without causing discomfort.

**Stocking  
Wig Caps**

Assorted

Wear your wigs with confidence by using the Donna Stocking wig caps to keep your hair flat and in place underneath your wigs.

\*Discount to be deducted at tills

**nu-lite**

**20%\*  
OFF**

**Nu-Lite**  
hair  
products\*\*



**FROM ONLY 99<sup>99</sup>**  
each

\*Discount to be deducted at tills

\*\*Offer excludes Nu-Lite colour mousse products

**REVLON**  
LIVE BOLDLY

**SAVE R10<sup>00</sup>**  
each



**ColorSilk  
Beautiful  
Permanent  
Hair Color**  
Assorted colours  
**WAS 94<sup>99</sup>  
84<sup>99</sup>**  
each

**Flex  
Shampoo**

650ml / Assorted  
**WAS 59<sup>99</sup>  
52<sup>99</sup>**

**Flex  
Hair Mousse**

150ml / Assorted  
**WAS 74<sup>99</sup>  
67<sup>99</sup>**

**Flex  
Styling Gel**

150ml  
**WAS 79<sup>99</sup>  
72<sup>99</sup>**



**afri chic**

**2+1  
CHEAPEST  
FREE**

on **ANY**  
Afri Chic  
hair  
accessories



**Hair Twist  
Sponge**  
**119<sup>99</sup>**  
each

**Steel Tail Hair  
Comb**  
**19<sup>99</sup>**  
each

**Military Hair  
Brush**  
Assorted  
**139<sup>96</sup>**  
each

**EXPERT  
kair**

**2+1  
CHEAPEST  
FREE**

on **ANY**  
Kair  
hair care  
products



**High-light Kit**  
**121<sup>99</sup>**  
each

**Leave In  
Conditioner  
OR Treatment**  
200ml / Assorted  
**71<sup>99</sup>**  
each

**FIESTA**  
hairspray

**2+1  
CHEAPEST  
FREE**

on **FIESTA**  
Hairsprays



**Hairspray**  
300ml / Assorted  
**69<sup>99</sup>**  
each

**PERFECT  
TOUCH**

**2+1  
CHEAPEST  
FREE**

on **ANY**  
Perfect  
Touch  
products



**Hairspray**  
350ml / Assorted  
**99<sup>99</sup>**  
each

**Gel**  
500g / Assorted  
**99<sup>99</sup>**  
each

**Hairspray**  
125ml / Assorted  
**61<sup>99</sup>**  
each

**SAISON PRO**  
EXCLUSIVES

**SAVE R7<sup>00</sup>**  
each



**Twin Olive  
Maximum  
Hold Gel**  
236ml  
332894  
**WAS 44<sup>99</sup>  
37<sup>99</sup>**  
each





# BATH & BODY CARE

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



**Dove Body Lotion**  
400ml / Assorted  
**OR**  
**Dove Body Cream**  
400g / Assorted  
**99<sup>99</sup>**  
each

**FREE**

**Dove Anti-Perspirant Deodorant**  
150ml valued at 49<sup>99</sup>  
when you purchase  
**ANY TWO Dove Body Cream 400g**  
**OR Lotion 400ml**

**1 FOR 79<sup>99</sup>**  
**2 FOR 129<sup>00</sup>**  
**SAVE R30<sup>98</sup>**

**Dove Shower Gel**  
400ml Assorted\*

**NEW**

**SAVE R1000**  
each

**NEW**

**Dove Shower Gel**  
225ml / Assorted  
**WAS 54<sup>99</sup>**  
**44<sup>99</sup>**  
each

**2+1 CHEAPEST FREE**  
on ANY Lifebuoy products

**99.9% GERM PROTECTION**

\*Offer excludes Dove Men +Care 400ml range

**1 FOR 119<sup>99</sup>**  
**2 FOR 168<sup>00</sup>**  
**SAVE R71<sup>98</sup>**

**NIVEA Repair & Care Body Cream**  
**OR Body Lotion**  
400ml / Assorted  
**OR Body Lotion**  
625ml / Assorted

**1 FOR 51<sup>99</sup>**  
**2 FOR 70<sup>00</sup>**  
**SAVE R33<sup>98</sup>**

**NIVEA Shower Gel**  
250ml / Assorted

**1 FOR 99<sup>99</sup>**  
**2 FOR 140<sup>00</sup>**  
**SAVE R59<sup>98</sup>**

**NIVEA Shower Gel OR Foam Bath**  
750ml / Assorted

**1 FOR 57<sup>99</sup>**  
**2 FOR 82<sup>00</sup>**  
**SAVE R33<sup>98</sup>**

**Lux Shower Gel**  
400ml / Assorted

**2+1 CHEAPEST FREE**  
on ANY Radox products

**1 FOR 144<sup>99</sup>**  
**2 FOR 215<sup>00</sup>**  
**SAVE R74<sup>98</sup>**

**Dove Men +Care Body and Face Wash**  
650ml / Assorted

**2+1 FREE**  
on ANY Afri Pure Body Wash 500ml

**20%\* OFF**  
Good Stuff Spaah products\*\*

\*Discount to be deducted at tills  
\*\*Offer excludes Good Stuff Spaah Gift Sets

**SAVE R1000**  
each

**VALUE PACK**

**SAVE R1000**  
each

**Good Stuff Body Wash OR Lotion**  
700ml / Assorted  
**WAS 79<sup>99</sup>**  
**69<sup>99</sup>**  
each

**Good Stuff Hand Wash Refill Value Pack** 1 litre / Assorted  
**OR Foam Bath** 1.3 litres / Assorted  
**WAS 84<sup>99</sup>**  
**74<sup>99</sup>**  
each

**3+1 FREE**  
on ANY Skin eFX Glycerine Soap Bars 150g

**30%\* OFF**  
ALL Kool Kids Bubble Bath AND 3-in-1 Body Wash 500ml

**2+1 CHEAPEST FREE**  
on ANY Nature's Nourishment Hand Wash 500ml AND 1 litre Refill

**2+1 CHEAPEST FREE**  
on ANY Nature's Nourishment Baths 2 litres

**2+1 FREE**  
on ANY Dettol Soap Bars 175g

\*Discount to be deducted at tills





20%  
**OFF**

EpiMax Man Cream  
400g OR Man Lotion  
450ml



VALUE  
PACK

**SPECIAL OFFER**

EpiMax  
Cream  
Value Pack  
400g PLUS 125g  
#205340 **119<sup>99</sup>**  
per pack



NEW

EpiMax  
Ultra  
Tissue Oil  
125ml  
#452752 **169<sup>99</sup>**

EpiMax  
Ultra  
Tissue Oil  
60ml  
#452810 **109<sup>99</sup>**



SAVE  
**R25<sup>00</sup>**  
each

Blistex DCT Cocoa Butter,  
Aloe & Vitamin E 7g  
OR Lip Medex 7g  
OR Lip Rescue Agave 7g  
**WAS 124<sup>99</sup>**  
**99<sup>99</sup>**  
each



ANY TWO  
FOR 100<sup>00</sup>  
SAVE R35<sup>98</sup>

Vaseline  
Body Lotion  
OR Body  
Cream  
400ml  
Assorted\*



1 FOR 99<sup>99</sup>  
2 FOR 125<sup>00</sup>  
SAVE R74<sup>98</sup>

Vaseline  
Body Lotion  
625ml  
Assorted\*



1 FOR 99<sup>99</sup>  
2 FOR 130<sup>00</sup>  
SAVE R69<sup>98</sup>

Vaseline  
Clinical Care  
Body Lotion  
OR Cream  
400ml / Assorted



2+1  
CHEAPEST  
FREE  
on ANY Ingram's  
products

\*Offer excludes Vaseline Clinical Care range



FEMININE HYGIENE

Kotex



2+1  
CHEAPEST  
FREE

on Kotex  
Pads AND  
Pantyliners\*

Pads and  
Pantyliners  
**FROM ONLY**  
**26<sup>99</sup>**  
per pack

\*Offer excludes Kotex tampons AND underwear

lillets.



1 FOR 49<sup>99</sup>  
2 FOR 65<sup>99</sup>  
SAVE R33<sup>99</sup>

Ultra Thin Pads  
Value Pack  
20 regular  
16 super  
14 super plus



1 FOR 36<sup>99</sup>  
2 FOR 65<sup>99</sup>  
SAVE R7<sup>99</sup>

Maxi Thick Pads  
Value Pack  
Scented  
OR Unscented  
20 regular  
16 super

always



2+1  
CHEAPEST  
FREE

on Always  
Pads AND  
Pantyliners

Pads and  
Pantyliners  
**FROM ONLY**  
**26<sup>99</sup>**  
per pack

Libresse



SAVE  
**R18<sup>00</sup>**  
per pack

Ultra  
Goodnight  
Duo Pads  
16 night  
16 long  
20 normal  
**WAS 54<sup>99</sup>**  
**36<sup>99</sup>**  
per pack



Protection and  
Comfort Maxi  
Duo Pack  
16 night  
18 super  
20 normal  
**WAS 46<sup>99</sup>**  
**34<sup>99</sup>**  
per pack

TAMPAX

2+1  
FREE

on Tampax  
Tampons



Tampax  
Tampons  
20 super  
20 regular  
**69<sup>99</sup>**  
each

Dis-Chem  
PHARMACIES

BETTER HEALTH STARTS HERE





**Gillette**

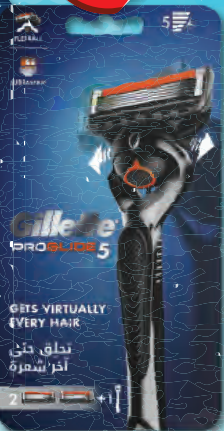
**A CLOSE SHAVE  
THAT IS GENTLE ON YOUR SKIN**

**SAVE  
R8000\***  
per pack



**Mach3 Turbo  
3-Blade Razor**  
Contains:  
1 handle **PLUS**  
2 cartridges  
#327152  
**WAS 279<sup>99</sup>**  
**199<sup>99</sup>** per pack

**SAVE  
R11000\***  
per pack



**Proglide5  
3-Blade Razor**  
Contains:  
1 handle **PLUS**  
2 cartridges  
#389204  
**WAS 369<sup>99</sup>**  
**259<sup>99</sup>** per pack

**SAVE  
R8000\***  
per pack



**Mach3 Turbo  
3-Blade Cartridges**  
4-pack  
#46827  
**WAS 429<sup>99</sup>**  
**349<sup>99</sup>** per pack

**SAVE  
R11000\***  
per pack



**Proglide5  
5-Blade Cartridges**  
4-pack  
#101666  
**WAS 579<sup>99</sup>**  
**469<sup>99</sup>** per pack

**SAVE  
R27000\***  
per pack



**Fusion5  
5-Blade Cartridges**  
8-pack  
#469094  
**WAS 899<sup>99</sup>**  
**629<sup>99</sup>** per pack

\*Offer only applicable on the above Gillette products

**Venus**

**Up to 100%** Smooth Skin. No Pain.  
No Harsh Chemicals.



**Smooth Sensitive  
3-Blade Cartridges**  
4-pack  
#389026  
**WAS 399<sup>99</sup>**  
**279<sup>99</sup>** per pack

**SAVE  
R12000\***  
per pack



**Comfortglide  
Breeze  
3-Blade Cartridges**  
4-pack  
#63061  
**WAS 429<sup>99</sup>**  
**309<sup>99</sup>** per pack

**SAVE  
R10000\***  
per pack



**Smooth  
3-Blade Cartridges**  
4-pack  
#46925  
**WAS 349<sup>99</sup>**  
**249<sup>99</sup>** per pack

**SAVE  
R5000\***  
per pack



**Comfortglide  
Breeze  
3-Blade Razor**  
Contains: 1 handle  
**PLUS** 2 cartridges  
#63059  
**WAS 279<sup>99</sup>**  
**229<sup>99</sup>** per pack

**SAVE  
R4000\***  
per pack



**Smooth  
3-Blade Razor**  
Contains: 1 handle  
**PLUS** 2 cartridges  
#46923  
**WAS 214<sup>99</sup>**  
**174<sup>99</sup>** per pack

\*Offer only applicable on the above Gillette Venus products

**Schick**



**Hydro 5  
5-Blade Cartridges  
Value Pack**  
10-pack  
#209331  
**549<sup>99</sup>** per pack

**FREE**



Schick  
Shaving Gel 198g  
valued at 109<sup>99</sup>  
when you purchase  
Schick Hydro 5  
10-pack Value Pack  
cartridges



**Quattro Titanium  
4-Blade Trimmer**  
Contains:  
1 handle  
**PLUS** 1 razor  
**PLUS** 1 AAA battery  
#15711  
**WAS 239<sup>99</sup>**  
**119<sup>99</sup>** per pack

**SAVE  
R12000**  
per pack



**Hydro 3  
3-Blade Razor**  
Contains:  
1 handle  
**PLUS** 1 cartridge  
#96255  
**WAS 129<sup>99</sup>**  
**64<sup>99</sup>** per pack

**SAVE  
R6000**  
per pack



**Hydro 5  
5-Blade Razor**  
Contains:  
1 handle  
**PLUS** 1 cartridge  
#96256  
**WAS 179<sup>99</sup>**  
**89<sup>99</sup>** per pack

**SAVE  
R9000**  
per pack



**Hydro 5  
Power Select  
5-Blade Razor**  
Contains:  
1 handle  
**PLUS** 1 cartridge  
#172988  
**WAS 219<sup>99</sup>**  
**109<sup>99</sup>** per pack

**SAVE  
R11000**  
per pack

**NIVEA MEN**

**2+1  
CHEAPEST  
FREE**  
on ANY NIVEA Men  
face care  
products

**Even Tone  
Creme**  
75ml  
**68<sup>99</sup>** each

**Deep  
Anti-Blackhead  
Scrub**  
75ml  
**99<sup>99</sup>** each

**Deep  
Clean  
Shaving Gel**  
200ml  
**104<sup>99</sup>** each

**MaxShave**

**10%  
OFF**  
ALL MaxShave  
products

**FROM  
ONLY  
19<sup>99</sup>**

\*Discount to be deducted at tills

**Mandy's**

**20%  
OFF**  
ALL Mandy's  
Wax products

**FROM  
ONLY  
24<sup>99</sup>**

\*Discount to be deducted at tills

**NISH MAN**

**1 FOR 99<sup>95</sup>  
2 FOR 150<sup>00</sup>**  
**SAVE R49<sup>98</sup>**

**Hair Styling  
Matte Clay  
Wax**  
100ml

**Hair  
Styling Wax**  
100ml

**Hair  
Styling Cream**  
100ml

\*Offer only applicable on the above Nish Man products

**L'ORÉAL  
MEN EXPERT  
BARBERCLUB**

**20%  
OFF**  
ALL L'Oréal Men  
Expert Barber Club  
products

**FROM  
ONLY  
90<sup>99</sup>**

**NOVEMBER<sup>®</sup>**  
1 - 30 November

\*Discount to be deducted at tills





# DEODORANTS

BETTER VALUE STARTS HERE



\*Discount to be deducted at tills \*\*Offer excludes Yardley AND Lenthéric Banded AND Value Packs

**2+1 CHEAPEST FREE**  
on ANY Old Spice products

**FROM ONLY 54<sup>99</sup>** each

**2+1 CHEAPEST FREE**  
on ALL Hey You Fine Fragrance Body Mist

Hey You Fine Fragrance Body Mist for Men OR Women  
125ml/200ml Assorted  
**FROM 44<sup>99</sup>** each

**GARNIER mineral**

**48H ANTI-SWEAT & ANTI-ODOUR PROTECTION**  
WITH NATURALLY ABSORBENT MINERALITE

**0% ALCOHOL**

Anti-Perspirant Roll-On for Men OR Women  
50ml / Assorted

**1 FOR 32<sup>99</sup>**  
**2 FOR 50<sup>00</sup>**  
SAVE R15<sup>98</sup>

**1 FOR 47<sup>99</sup>**  
**2 FOR 68<sup>00</sup>**  
SAVE R27<sup>98</sup>

**NIVEA**  
Anti-Perspirant Deodorant Spray for Men OR Women  
150ml / Assorted

**1 FOR 29<sup>99</sup>**  
**2 FOR 50<sup>00</sup>**  
SAVE R9<sup>98</sup>

**Brut**  
Anti-Perspirant Roll-On  
50ml Assorted

**1 FOR 50<sup>99</sup>**  
**2 FOR 80<sup>00</sup>**  
SAVE R21<sup>98</sup>

**AXE**  
Deodorant Body Spray  
200ml Assorted

**1 FOR 39<sup>99</sup>**  
**2 FOR 50<sup>00</sup>**  
SAVE R29<sup>98</sup>

**Sanex**  
Anti-Perspirant Roll-On for Men OR Women  
50ml / Assorted

**1 FOR 43<sup>99</sup>**  
**2 FOR 60<sup>00</sup>**  
SAVE R27<sup>98</sup>

**Shield**  
Anti-Perspirant Body Spray for Men OR Women  
150ml / Assorted

**1 FOR 44<sup>99</sup>**  
**2 FOR 64<sup>00</sup>**  
SAVE R25<sup>98</sup>

**Brut**  
Deodorant Cologne Spray  
120ml Assorted

**1 FOR 74<sup>99</sup>**  
**2 FOR 100<sup>00</sup>**  
SAVE R49<sup>98</sup>

**Mitchum**  
Roll-On for Men OR Women  
50ml / Assorted

**SAVE R10<sup>00</sup> each**

**Revlon Perfumed Body Spray**  
90ml / Assorted  
**WAS 36<sup>99</sup>**  
**26<sup>99</sup>** each

**SAVE R10<sup>00</sup> each**

**Revlon Man Deodorant Body Spray**  
120ml / Assorted  
**WAS 36<sup>99</sup>**  
**26<sup>99</sup>** each

**SAVE R10<sup>00</sup> each**

**Shower to Shower Anti-Perspirant Deodorant**  
150ml / Assorted  
**WAS 38<sup>99</sup>**  
**28<sup>99</sup>** each

**1 FOR 74<sup>99</sup>**  
**2 FOR 100<sup>00</sup>**  
SAVE R49<sup>98</sup>

**Mitchum**  
Roll-On for Men OR Women  
50ml / Assorted



UP FOR GRABS: BOSE Speakers, JBL Speakers, SONY Headphones & Beats Studio Buds

Stand a chance to **WIN**  
YOUR SHARE OF **R300 000**  
IN EPIC MUSIC ACCESSORIES & MORE!

Simply swipe your **Dis-Chem Benefit Card** when you buy ANY **TWO** participating Playboy or Playgirl products. Entries close on 8 December 2024. Enter now, and you might just elevate your listening experience with these awesome prizes.

**Playboy Deodorant Body Spray**  
150ml / Assorted  
**WAS 37<sup>99</sup>**  
**28<sup>99</sup>**

**Playgirl Deodorant Body Spray**  
90ml / Assorted  
**WAS 35<sup>99</sup>**  
**28<sup>99</sup>**







# DENTAL CARE

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



**Oral-B**

ELECTRIC TOOTHBRUSH

LOVE IT  
OR  
**100%  
MONEY BACK\*\***

\*\*T's & C's apply - available on  
[www.oralb.co.za/en-za](http://www.oralb.co.za/en-za)  
Only applicable to Oral-B  
rechargeable toothbrushes.  
Offer valid from  
1 July 2024 to 30 June 2025



SCAN ME TO  
LEARN MORE

## REMOVES UP TO 100% MORE PLAQUE\*

\*VS A REGULAR MANUAL BRUSH



SAVE  
**R500<sup>00</sup>**

**Vitality Pro 300  
Electric  
Toothbrush**

- 3 x cleaning modes
- 2-minute pro timer
- Black OR Purple

**WAS 999<sup>99</sup>  
499<sup>99</sup> each**



SAVE  
**R490<sup>00</sup>**

**Vitality D100  
OR Kids  
Frozen Electric  
Toothbrush**

- 3 x cleaning modes
- 2-minute pro timer

**WAS 839<sup>99</sup>  
349<sup>99</sup> each**



## WIN 1 OF 25 iPAD AIRS

WHEN YOU BUY ANY  
ORAL-B D100 or D300  
ELECTRIC TOOTHBRUSH

Dis-Chem T's & C's apply.

Perform your everyday work  
with quality! WIN 1 OF 25 iPAD  
AIRS for you or your child when  
you purchase either an Oral-B  
Vitality D100 or D300 electric  
toothbrush, swipe your  
**Dis-Chem** Benefit card  
to enter. Competition valid  
14 November to 8 December  
2024. Redeemable  
with on-going deals  
instore/online.



SAVE  
**R950<sup>00</sup>**

**Pro 3 Electric  
Toothbrush**

- Gum pressure control
- Built-in timer
- Includes 1 x travel case

**WAS 1899<sup>00</sup>  
949<sup>00</sup> each**



VALUE  
PACK

**1+1  
CHEAPEST  
FREE**  
on ANY Oral-B  
Replacement Heads  
2-pack AND  
4-pack

Only  
Oral-B iO  
refills  
fit iO  
handles



**25%\*  
OFF**  
ALL Oral-B Manual  
Toothbrushes,  
Toothpaste 75ml  
AND Flosses

\*Discount to be deducted at tills

**Jordan\***



**30%\*  
OFF**  
ALL Jordan  
Toothbrushes AND  
Toothpastes

\*Discounts to be deducted at tills

**mentadent**

Toothpaste  
100ml / Assorted



**1 FOR 29<sup>99</sup>  
2 FOR 44<sup>00</sup>**  
SAVE **R15<sup>98</sup>**

**White Glo\***



**20%\*  
OFF**  
ALL White Glo  
products

\*Discount to be deducted at tills



**20%\*  
OFF**  
ALL Miswak  
Toothpastes AND  
Mouthwashes  
250ml

\*Discount to be deducted at tills

**SENSODYNE**



**2+1  
CHEAPEST  
FREE**  
on Sensodyne  
products\*

\*Offer excludes Banded AND Value Packs

**remedy health**

Teeth Whitening  
System  
#170094

**WAS 209<sup>99</sup>  
159<sup>99</sup>**



SAVE  
**R50<sup>00</sup>**



**20%\*  
OFF**  
ALL Dabur Herb'l  
Toothpastes  
150g

\*Discount to be deducted at tills

With Multiply you're rewarded for every step you take to be healthy.

**momentum  
multiply**

## PLUS, get up to 12% in cashbacks when you shop at Dis-Chem!

Link your co-branded Benefit card  
on the Multiply app.

Momentum Multiply (Pty) Ltd is part of Momentum Metropolitan  
Holdings Limited Reg. No. 2014/188245/07  
Terms and conditions apply. Visit [multiply.co.za](http://multiply.co.za) for full details.

**Join Multiply today.**

Speak to your financial adviser  
or visit [multiply.co.za](http://multiply.co.za) today.





# HOUSEHOLD

BETTER VALUE STARTS HERE



1 FOR 36<sup>99</sup>  
2 FOR 55<sup>00</sup>  
SAVE R18<sup>98</sup>

Domestos  
Multipurpose  
Thick Bleach  
750ml / Assorted



1 FOR 32<sup>99</sup>  
2 FOR 50<sup>00</sup>  
SAVE R15<sup>98</sup>

Handy Andy  
Cream  
750ml / Assorted



1 FOR 23<sup>99</sup>  
2 FOR 40<sup>00</sup>  
SAVE R7<sup>98</sup>

Glade  
Air  
Freshener  
180ml  
Assorted



1 FOR 47<sup>99</sup>  
3 FOR 84<sup>00</sup>  
SAVE R59<sup>97</sup>

Sta-Soft  
Dilutable Fabric  
Conditioner  
Refill  
500ml / Assorted



SAVE  
R10<sup>00</sup>  
each

Sunlight  
Baby Laundry Liquid  
1.5 litres  
#223643  
WAS 79<sup>99</sup>  
69<sup>99</sup>

Sunlight  
Extra Dishwashing  
Liquid  
750ml / Assorted  
WAS 39<sup>99</sup>  
29<sup>99</sup> each



1 FOR 107<sup>99</sup>  
2 FOR 160<sup>00</sup>  
SAVE R55<sup>98</sup>

OMO  
Auto Washing Powder  
2kg  
#298511  
OR Auto Washing Liquid  
1.5 litres  
#199978



2+1  
CHEAPEST  
FREE  
on ANY Airoma  
products

FROM ONLY  
26<sup>99</sup>



SAVE  
R60<sup>00</sup>

SAVE  
R40<sup>00</sup>

Ariel  
Baby Auto  
Washing  
Liquid  
1.1 litres  
#222302001  
WAS 149<sup>99</sup>  
109<sup>99</sup>

SAVE  
R42<sup>00</sup>

Ariel Automatic  
Washing Liquid  
2 litres  
Assorted  
WAS 169<sup>99</sup>  
109<sup>99</sup>

Ariel  
All-in-1 Automatic  
Washing Pods  
14 capsules  
#121486  
WAS 121<sup>99</sup>  
79<sup>99</sup>



1 FOR 269<sup>99</sup>  
2 FOR 390<sup>00</sup>  
SAVE R149<sup>98</sup>

Finish  
Powerball  
Ultimate Plus  
45 tablets  
#455258  
OR Quantum  
Powerball  
All-in-1 Max  
Supersonic  
50 tablets  
#389254



1 FOR 56<sup>99</sup>  
2 FOR 85<sup>00</sup>  
SAVE R28<sup>98</sup>

Duck  
Active Clean  
In-Cistern  
Block  
3-pack  
Assorted



2+1  
CHEAPEST  
FREE  
on ALL Jeyes  
products

FROM ONLY  
29<sup>99</sup>



Harpic  
Active  
Cleaning Gel  
750ml / Assorted  
WAS 37<sup>99</sup>  
32<sup>99</sup> each



SAVE  
R15<sup>00</sup>

Baby Soft  
Fresh White 2 Ply Toilet Rolls  
18-pack  
#39756  
WAS 159<sup>99</sup>  
144<sup>99</sup> per pack



1 FOR 27<sup>99</sup>  
2 FOR 44<sup>00</sup>  
SAVE R11<sup>98</sup>

Duck  
5-in-1 Advanced  
Toilet Cleaner  
500ml / Assorted



Dr. Beckmann  
Laundry Stain  
Remover  
500ml  
WAS 84<sup>99</sup>  
67<sup>99</sup>

Dr. Beckmann  
Odour Remover  
500ml  
WAS 99<sup>99</sup>  
79<sup>99</sup>

Dis-Chem  
PHARMACIES

BETTER HEALTH STARTS HERE





# ALL ABOUT BABIES & TOTS

**BabyThings**  
Quality Baby Products

It's the Little Things



**Value Pack**  
**Sensitive OR**  
**Fresh Wipes**  
6 x 80 wipes  
**119<sup>99</sup>**  
per 6-pack



**Nappies**  
Sizes 1 – 4  
**119<sup>99</sup>**  
per pack

Size 1 3-6kg  
Size 2 5-9kg  
Size 3 8-13kg  
Size 4 12kg+

**240**  
per nappy



**Nappies**  
Sizes 1 – 4  
**229<sup>99</sup>**  
per pack

Size 1 3-6kg  
Size 2 5-9kg  
Size 3 8-12kg  
Size 4 12kg+

**230**  
per nappy



**Premium Nappies**  
Sizes 1 – 4  
**189<sup>99</sup>**  
per pack

**Price per Nappy**  
Size 1 (S) 3-6kg 78-pack 2<sup>44</sup>  
Size 2 (M) 5-9kg 69-pack 2<sup>75</sup>  
Size 3 (L) 8-12kg 63-pack 3<sup>02</sup>  
Size 4 (XL) 12kg+ 54-pack 3<sup>52</sup>



**Nappy Pants**  
Sizes 3 – 6  
**179<sup>99</sup>**  
per pack

**Price per Nappy Pants**  
Size 3 (M) 6-10kg 60-pack 3<sup>00</sup>  
Size 4 (L) 9-13kg 52-pack 3<sup>46</sup>  
Size 5 (XL) 12-15kg 48-pack 3<sup>75</sup>  
Size 6 (XXL) 15kg+ 42-pack 4<sup>29</sup>

**Pampers**  
ultra skin comfort

Ultra Skin Comfort  
with Airflow

**extra**  
**Rewards**



**PREMIUM CARE**

**Value Packs**

**Pants**  
Sizes 3 – 6

**Price per Pants**  
Size 3 (VP) 58-pack 4<sup>95</sup>  
Size 4 (VP) 50-pack 4<sup>70</sup>  
Size 5 (VP) 42-pack 5<sup>90</sup>  
Size 6 (VP) 36-pack 6<sup>53</sup>

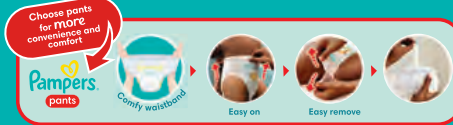
**Price per Nappy**  
Size 1 (VP) 82-pack 2<sup>87</sup>  
Size 2 (VP) 76-pack 3<sup>99</sup>  
Size 3 (VP) 60-pack 3<sup>92</sup>  
Size 4 (VP) 52-pack 4<sup>52</sup>  
Size 5 (VP) 44-pack 5<sup>34</sup>  
Size 6 (VP) 36-pack 6<sup>53</sup>

**WAS 299<sup>99</sup>**  
**NOW 234<sup>99</sup>**  
per pack  
**SAVE R65<sup>00</sup>**  
per pack



**Pants**  
Sizes 3 – 7

**Price per Pants**  
Size 3 (JP) 72-pack 3<sup>26</sup>  
Size 4 (JP) 64-pack 3<sup>87</sup>  
Size 5 (JP) 50-pack 4<sup>70</sup>  
Size 6 (JP) 44-pack 5<sup>34</sup>  
Size 7 (JP) 35-pack 6<sup>71</sup>



**DOUBLE PROTECTION**  
**ACTIVE BABY**

**Jumbo Pack**

**Jumbo Pack**



**Nappies**  
Sizes 1 – 6

**Price per Nappy**  
Size 1 (JP) 96-pack 2<sup>45</sup>  
Size 2 (JP) 94-pack 2<sup>50</sup>  
Size 3 (JP) 76-pack 3<sup>99</sup>  
Size 4 (JP) 66-pack 3<sup>56</sup>  
Size 4+ (JP) 62-pack 3<sup>79</sup>  
Size 5 (JP) 52-pack 4<sup>52</sup>  
Size 5+ (JP) 48-pack 4<sup>90</sup>  
Size 6 (JP) 44-pack 5<sup>34</sup>

**SAVE R7<sup>00</sup>**  
per pack



**Value Pack**  
**Baby Sensitive**  
4 x 56 wipes  
**OR Fresh Wipes**  
4 x 64 wipes  
**WAS 139<sup>99</sup>**  
**132<sup>99</sup>**  
per pack

**HUGGIES**

Don't forget Huggies Baby Wipes for everyday cleaning & freshness

**extra**  
**Rewards**



**SAVE R65<sup>00</sup>**  
per pack

**Value Pack**

**Nappies**  
Sizes 1 – 5  
**WAS 264<sup>99</sup>**  
**199<sup>99</sup>**  
per pack

**Price per Nappy**  
Size 1 (VP) 76-pack 2<sup>63</sup>  
Size 2 (VP) 66-pack 3<sup>03</sup>  
Size 3 (VP) 58-pack 3<sup>45</sup>  
Size 4 (VP) 50-pack 4<sup>00</sup>  
Size 4+ (VP) 44-pack 4<sup>55</sup>  
Size 5 (VP) 42-pack 4<sup>76</sup>

**Price per Nappy**  
Size 1 (JP) 96-pack 2<sup>50</sup>  
Size 2 (JP) 94-pack 2<sup>56</sup>  
Size 3 (JP) 76-pack 3<sup>29</sup>  
Size 4 (JP) 66-pack 3<sup>79</sup>  
Size 5 (JP) 52-pack 4<sup>81</sup>



**GOLD**

**Jumbo Pack**

**Nappies**  
Sizes 1 – 5  
**WAS 279<sup>99</sup>**  
**249<sup>99</sup>**  
per pack

**Price per Nappy**  
Size 1 (JP) 96-pack 2<sup>50</sup>  
Size 2 (JP) 94-pack 2<sup>56</sup>  
Size 3 (JP) 76-pack 3<sup>29</sup>  
Size 4 (JP) 66-pack 3<sup>79</sup>  
Size 5 (JP) 52-pack 4<sup>81</sup>



**SAVE R30<sup>00</sup>**  
per pack

**Jumbo Pack**

**Pants**  
Sizes 3 – 6  
**WAS 329<sup>99</sup>**  
**249<sup>99</sup>**  
per pack

**Price per Pants**  
Size 3 (JP) 66-pack 3<sup>79</sup>  
Size 4 (JP) 60-pack 4<sup>17</sup>  
Size 5 (JP) 50-pack 5<sup>00</sup>  
Size 6 (JP) 44-pack 5<sup>68</sup>



**EXTRA CARE**

**Value Pack**

**Nappies**  
Sizes 1 – 5  
**WAS 279<sup>99</sup>**  
**249<sup>99</sup>**  
per pack

**Price per Nappy**  
Size 1 (VP) 76-pack 3<sup>29</sup>  
Size 2 (VP) 66-pack 3<sup>79</sup>  
Size 3 (VP) 60-pack 4<sup>17</sup>  
Size 4 (VP) 52-pack 4<sup>81</sup>  
Size 5 (VP) 44-pack 5<sup>68</sup>



**SAVE R35<sup>00</sup>**  
per pack

**Value Pack**

**Nappies**  
Sizes 1 – 5  
**WAS 279<sup>99</sup>**  
**249<sup>99</sup>**  
per pack

**Natural Care**  
**OR Pure Baby**  
**Wipes**  
4 x 56 wipes  
**WAS 119<sup>99</sup>**  
**84<sup>99</sup>**  
per pack

**Johnson's**

**1 FOR 64<sup>99</sup>**  
**2 FOR 95<sup>00</sup>**  
**SAVE R34<sup>98</sup>**



**Baby OR**  
**Bedtime Oil**  
200ml / Assorted

**1 FOR 89<sup>99</sup>**  
**2 FOR 125<sup>00</sup>**  
**SAVE R54<sup>98</sup>**



**Baby Wash**  
500ml / Assorted

**PURITY**



**FROM ONLY 17<sup>99</sup>**



**2+1**  
**CHEAPEST**  
**FREE**  
on Purity Baby toiletries\*



\*Offer excludes Purity Food ranges





**Himalaya**  
SINCE 1930



**2+1**  
**CHEAPEST**  
**FREE**  
on Himalaya Baby  
products\*

**FROM**  
**ONLY**  
**41<sup>99</sup>**

\*Offer excludes Himalaya Value **AND** Travel Packs

**epi<sup>max</sup>**  
Baby & Junior



**NEW**

Baby & Junior  
Sunscreen  
SPF50  
200ml  
**269<sup>99</sup>**

**Cetaphil**  
baby



**20%\***  
**OFF**  
ALL Cetaphil  
Baby products

\*Discount to be deducted at tills

**Squish**



**1 FOR 15<sup>99</sup>**  
**4 FOR 52<sup>00</sup>**  
**SAVE R11<sup>96</sup>**

100% Fruit  
Juice Blend  
200ml / Assorted



**1 FOR 15<sup>49</sup>**  
**4 FOR 52<sup>00</sup>**  
**SAVE R9<sup>96</sup>**

Puree  
Pouches  
110ml / Assorted

**PURITY**



100% Fruit  
Juice Blend  
200ml / Assorted  
**WAS 15<sup>49</sup>**  
**11<sup>99</sup>**  
each

**SAVE**  
**R7<sup>00</sup>**



Baby Cereal  
(Just Add Water)  
200g / Assorted  
**WAS 42<sup>99</sup>**  
**35<sup>99</sup>**

**1 FOR 15<sup>99</sup>**  
**4 FOR 50<sup>00</sup>**  
**SAVE R13<sup>96</sup>**



Puree Pouches  
110ml / Assorted

**1 FOR 15<sup>99</sup>**  
**4 FOR 50<sup>00</sup>**  
**SAVE R13<sup>96</sup>**



7 Months  
125ml / Assorted\*

**1 FOR 18<sup>99</sup>**  
**4 FOR 60<sup>00</sup>**  
**SAVE R15<sup>96</sup>**



8 Months  
200ml / Assorted\*

\*Offer excludes Purity Organic range

**PHILIPS**  
**AVENT**



**SAVE**  
**R85<sup>00</sup>**  
Bottle and  
Teat Brush  
**WAS 159<sup>00</sup>**  
**74<sup>00</sup>**



**SAVE**  
**R500<sup>00</sup>**

**Basic Single  
Electric Breast  
Pump**

- Personalised experience, 4+4 setting levels
- Comfortable, compact and convenient for mom
- Memory setting function

**WAS 1199<sup>99</sup>**  
**699<sup>99</sup>**

**SAVE**  
**R160<sup>00</sup>**



- Comfortable expression
- Easy to clean
- Helps you release milk fast

**WAS 489<sup>99</sup>**  
**329<sup>99</sup>**



**SAVE**  
**R350<sup>00</sup>**

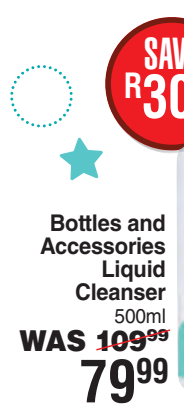
**Fast Electric  
Bottle Warmer**

- Warms baby bottles in 3 minutes
- Gentle defrost setting for baby bottles or milk storage cups
- Keeps your milk warm

**WAS 849<sup>99</sup>**  
**499<sup>99</sup>**

**pigeon**

**SAVE**  
**R350<sup>00</sup>**



Bottles and  
Accessories  
Liquid  
Cleanser  
500ml  
**WAS 109<sup>99</sup>**  
**79<sup>99</sup>**



Breast Pads  
ComfyFeel  
60-pack  
**PLUS 12 FREE**  
**WAS 159<sup>99</sup>**  
**124<sup>99</sup>**

**medela**

**SAVE**  
**R85<sup>00</sup>**



Purelan  
Lanolin Cream  
37g  
**WAS 319<sup>99</sup>**  
**234<sup>99</sup>**

**SAVE**  
**R127<sup>00</sup>**



Breast Milk  
Storage Bags  
50-pack  
**WAS 439<sup>99</sup>**  
**312<sup>99</sup>**

**Nuby**



**SAVE**  
**R73<sup>00</sup>**

Manual Breast  
Pump  
**WAS 242<sup>99</sup>**  
**169<sup>99</sup>**

**SAVE**  
**R60<sup>00</sup>**



Tritan  
Thirsty  
Kids Cups  
360ml / Assorted  
**WAS 244<sup>99</sup>**  
**184<sup>99</sup>**  
each

**SAVE**  
**R250<sup>00</sup>**



Flip 'n  
Tip Cups  
300ml Assorted  
**WAS 134<sup>99</sup>**  
**109<sup>99</sup>**  
each



**CHILDREN'S HEALTH**



**SAVE**  
**R10<sup>00</sup>**

**Telament<sup>®</sup>**  
Paediatric  
Gripe Water  
150ml  
**WAS 49<sup>99</sup>**  
**39<sup>99</sup>**



**SAVE**  
**R40<sup>00</sup>**

**Antipeel ointment**  
Ointment  
18g  
**WAS 187<sup>99</sup>**  
**147<sup>99</sup>**

**VIRAL<sup>™</sup>**  
**GUARD**  
**FROM**  
**ONLY**  
**162<sup>99</sup>**  
each



**20%\***  
**OFF**  
All Viral Guard  
products

**Extra  
Rewards**



**SAVE**  
**R210<sup>00</sup>**

**PHIPP'S**  
Milk Of  
Magnesia  
100ml / Assorted  
**WAS 83<sup>99</sup>**  
**62<sup>99</sup>**



**SAVE**  
**R6<sup>00</sup>**

**Muthi  
Wenyoni**  
Antacid  
100ml  
**WAS 42<sup>99</sup>**  
**36<sup>99</sup>**

\*Discount to be deducted at tills







# HEALTHIER LIFESTYLE

Also available  
online at  
[dischem.co.za](http://dischem.co.za)





**FUTURELIFE**  
Smart nutrition for life™

**FEED THE FUTURE**  
Dis-Chem Foundation  
FUTURELIFE  
OCTODEC NIVEA  
NOW SERVING 3.6 MILLION MEALS PER YEAR

In partnership with **FUTURELIFE, NIVEA AND OCTODEC**, the Dis-Chem Foundation serves 3.6 million nutritional meals a year.

**With your support, we can help sustain FEEDING FUTURE GENERATIONS.**

**2+1 FREE**  
on ANY FUTURELIFE Smart+ Oats Energy Bar 38g

**2+1 FREE**  
on ANY FUTURELIFE Smart+ Food 750g

**2+1 FREE**  
on ANY FUTURELIFE Bran+ Flakes 910g and Barley PLUS 10 probiotic capsules

**Smart+ Oats Energy Bar**  
38g / Assorted  
**12<sup>99</sup>** each

**Smart+ Food**  
750g Assorted  
**77<sup>99</sup>** each

**Bran+ Flakes and Barley**  
910g PLUS 10 probiotic capsules #297957  
**89<sup>99</sup>** each

**Kids Cereal**  
375g / Assorted  
**WAS 54<sup>99</sup>**  
**44<sup>99</sup>** each

**SAVE R1000** each

**extra Rewards**



## BREAKFAST CORNER



**Bokomo Weet-Bix**  
450g #162155  
**36<sup>99</sup>** each



**2+1 FREE**  
on the Same Brand Offer\*

**Lifestyle Food Granola Crunch**  
750g / Assorted  
**67<sup>99</sup>** each

**extra Rewards**



**Happy Valley Rice Puffs**  
350g/400g Assorted  
**49<sup>99</sup>** each

\*Offer only applicable on Bokomo Weet-Bix 450g, Lifestyle Food Granola Crunch 750g OR Happy Valley Rice Puffs



**20%\* OFF**  
ALL Lifestyle Food Fruits & Nuts 750g

**extra Rewards**



**Lifestyle Food**  
Dried Peaches, Pitted Prunes, Mixed Dried Fruit, Dried Mango, Pitted Dates, Dried Cranberries



**2+1 CHEAPEST FREE**  
on ANY Lifestyle Food Biltong AND Drywors

**Biltong OR Drywors**

\*Discount to be deducted at tills

## COMMUNITY NUTRITION: FEEDING FOR THE GREATER GOOD

In South Africa, food security is a critical issue. Thanks to your support, the **Dis-Chem Foundation** has cultivated gardens as well as provided fresh soup for underserved communities. Partnering with various organisations, we've ensured tens of thousands of people receive nourishing meals while gaining valuable farming and sustainability skills.



SUPPORT  
with every SWIPE





**20%\* OFF**  
ALL Indezi River products

**2+1 CHEAPEST FREE**  
on ANY Blue Diamond Almond Breeze products

Indezi River  
Full Cream Yeast Free Kefir Plain

Indezi River  
Full Cream Yeast Free Kefir Plain

Barista Blend  
**Almond Breeze**  
204 mg potassium  
Delicious and Frothy!  
Almond Milk  
Created for use with Coffee  
NOT FOR BABY/INFANT FEEDING 1 LITRE e

Sweetened  
**Almond Breeze**  
204 mg potassium  
Original Almond Milk  
NOT FOR BABY/INFANT FEEDING 1 LITRE e

Unsweetened  
**Almond Breeze**  
138 mg potassium  
No Added Sugar!  
Vanilla Flavoured Almond Milk  
NOT FOR BABY/INFANT FEEDING 1 LITRE e

**Extra Rewards**

\*Discount to be deducted at tills  
\*\*Indezi River products available at selected stores

**2+1**  
**CHEAPEST FREE**  
on ANY Happy Culture products

**Happy Culture**  
KOMBUCHA  
LIVE & SPARKLING PROBIOTIC DRINK

**Happy Culture**  
KOMBUCHA  
LIVE & SPARKLING PROBIOTIC DRINK

**Happy Culture**  
KOMBUCHA  
LIVE & SPARKLING PROBIOTIC DRINK

**Happy Culture**  
WATER KEFIR  
NATURAL PROBIOTIC FERMENTED DRINK

**Happy Culture**  
WATER KEFIR  
NATURAL PROBIOTIC FERMENTED DRINK

**2+1**  
**FREE**  
on ANY Rugani Juices 750ml

**RUGANI**  
QUEEN PINEAPPLE JUICE  
NATURAL PROBIOTIC FERMENTED DRINK

**RUGANI**  
INFUSED CARROT JUICE  
NATURAL PROBIOTIC FERMENTED DRINK

**2+1**  
**CHEAPEST FREE**  
on ANY Carb Smart products

Carb smart  
1000 Island SALAD DRESSING  
No added sugar  
No added salt

Carb smart  
SWEET CHILLI Sauce  
No added sugar  
No added salt

Carb smart  
PERI PERI Sauce  
No added sugar  
No added salt

Carb smart  
MILD CHUTNEY  
No added sugar  
No added salt

Carb smart  
STICKY Sauce  
No added sugar  
No added salt

Carb smart  
PESTO MAYONNAISE  
No added sugar  
No added salt

**PICK A BAR, DRINK PLUS SNACK AND GET THE CHEAPEST FREE**  
Pick your ideal Snack Combo in-store. Ts & Cs apply. **Excludes advertised products.**





# SPORTS SUPPLEMENTS

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



Complete Aminos 9  
360g / Assorted  
**WAS 356<sup>99</sup>**  
**299<sup>99</sup>**

Premium Pre-Workout  
600g / Assorted  
**WAS 384<sup>99</sup>**  
**349<sup>99</sup>**

Premium Iso-Whey  
750g / Assorted  
**WAS 559<sup>99</sup>**  
**499<sup>99</sup>**

Diet Protein Shake  
1.6kg / Assorted  
**WAS 664<sup>99</sup>**  
**599<sup>99</sup>**



Skinny Whey  
900g / Assorted  
**WAS 469<sup>99</sup>**  
**399<sup>99</sup>**

Diet Shake  
1.5kg / Assorted  
**WAS 639<sup>00</sup>**  
**550<sup>00</sup>**

Apple Cider Vinegar  
120 vegetable capsules  
**WAS 249<sup>99</sup>**  
**199<sup>99</sup>**

Amino Energy Sachets  
13g / Assorted  
**14<sup>99</sup>** each



**SAVE R43<sup>00</sup>**

**SAVE R55<sup>00</sup>**

Amino Burn  
200g / Assorted  
**WAS 322<sup>99</sup>**  
**279<sup>99</sup>**

Diet Pro  
1.8kg / Assorted  
**WAS 654<sup>99</sup>**  
**599<sup>99</sup>**

**SAVE R70<sup>00</sup>**

**SAVE R60<sup>00</sup>**

Hyper Pump  
500g / Assorted  
**WAS 539<sup>99</sup>**  
**469<sup>99</sup>**

Pro Test  
150 capsules  
#211819  
**WAS 639<sup>99</sup>**  
**579<sup>99</sup>**



**SAVE R40<sup>00</sup>**

**SAVE R100<sup>00</sup>**

PhedraCut Slim Packs  
20 sachets  
Assorted  
**WAS 199<sup>99</sup>**  
**159<sup>99</sup>** per pack

Isozero Whey  
1.6kg / Assorted  
**WAS 1100<sup>00</sup>**  
**1000<sup>00</sup>**

**SAVE R67<sup>00</sup>**

**SAVE R40<sup>00</sup>**

Pure Creatine Monohydrate Powder  
300g / Assorted  
**WAS 296<sup>99</sup>**  
**229<sup>99</sup>**

ALL9 Amino  
330g / Assorted  
**WAS 319<sup>99</sup>**  
**279<sup>99</sup>**

## WONDA WEDNESDAY

ONLINE ONLY. EVERY WEDNESDAY

Online at [dischem.co.za](http://dischem.co.za). While stocks last.

WONDA WEDNESDAY online only deals can be anything from electronics, household, baby, food, cosmetics, health, personal care, sports nutrition and more.

### BIGGEST SALE OF THE WEEK

- Deals expire at midnight
- Hassle-free returns
- Free delivery on orders of 600<sup>00</sup> or more
- Easy, secure ways to pay
- Delivered to your door or collect from any **Dis-Chem** store nationwide

T's & C's apply





# PLANT BASED PROTEIN



Biogen Plant Based Protein Blend  
700g / Assorted



Biogen Plant Based Protein Blend  
700g / Assorted





Primal Plant Gainer  
1.5kg / Assorted



Primal Plant Protein Blend  
700g / Assorted



Tony Ferguson Plant Based Protein  
420g / Assorted



Tony Ferguson Plant Based Protein  
420g / Assorted



USN BlueLab 100% Raw Plant Based Protein  
900g / Assorted



Optimum Nutrition Gold Standard 100% Plant Protein  
684g / Assorted



\*Discount to be deducted at tills  
\*\*Offer only applicable on the above plant based protein products

# ENERGY & ENDURANCE



USN Cramp Block Iso Gel  
60ml / Assorted  
24<sup>99</sup> each



USN Zero Sugar Hydrator  
10-pack / Assorted  
WAS 99<sup>99</sup>  
89<sup>99</sup>



32Gi Endure Sustained Energy Sports Drink  
900g / Assorted  
WAS 432<sup>99</sup>  
399<sup>99</sup>



High 5 Energy Drink  
1kg / Assorted



GU Roctane Ultra Endurance Energy Drink Mix  
780g / Assorted



Biogen Pure Recovery Whey Protein Concentrate  
500g / Assorted  
WAS 154<sup>99</sup>  
129<sup>99</sup>



Biogen Pure Energy+ Energise & Hydrate  
500g / Assorted  
WAS 94<sup>99</sup>  
84<sup>99</sup>







\*Discount to be deducted at tills

Promotional offers valid from Thursday 14 November to Sunday 8 December 2024, while stocks last. Available online at dischem.co.za OR at selected stores. E&OE.



Dis-Chem PHARMACIES

BETTER HEALTH STARTS HERE





# SELF MEDICATION

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



## COUGH, COLD & FLU RELIEF

**BUY BOTH  
FOR 58<sup>99</sup>  
SAVE R12<sup>99</sup>**



**Calpol  
Pain & Fever**  
12 tablets  
#325810  
**PLUS Paediatric  
Suspension**  
50ml  
#198477



**Benlyn  
Wet Cough  
Mucus Relief**  
200ml / Assorted  
**WAS 124<sup>99</sup>  
94<sup>99</sup> each**



**Sinutab  
Blocked Nose  
Nasal Spray**  
10ml  
#14464  
**WAS 75<sup>99</sup>  
61<sup>99</sup>**



**Oranix  
Oral Spray**  
30ml  
#196499  
**WAS 119<sup>99</sup>  
92<sup>99</sup>**

**20%  
OFF**  
ALL Andolex-C Lozenges  
16 pack AND Andolex  
Soothing Lozenges  
24 pack



\*Discount to be deducted at tills



**Strepsils  
Lozenges**  
16 OR 24 lozenges  
Assorted  
**WAS 99<sup>99</sup>  
79<sup>99</sup> each**



**Strepsils  
Lozenges**  
36 lozenges  
Assorted  
**WAS 119<sup>99</sup>  
99<sup>99</sup>**



**Cepacol  
Throat  
Lozenges**  
24 lozenges  
Assorted  
**WAS 75<sup>99</sup>  
68<sup>99</sup> each**



## PAIN MANAGEMENT

**SUFFERING FROM  
EVERYDAY ACHES & PAIN OR  
MUSCLE & JOINT PAIN?**

**SA'S  
#1  
RHEUMATICS**

**2+1  
CHEAPEST  
FREE**  
on ANY Deep Heat  
AND Deep Freeze  
products

**COOLING PAIN RELIEF**



**6 IN 1  
PAIN RELIEF**  
RHEUMATIC STIFFNESS  
MUSCULAR ACHES  
JOINT PAIN  
SPRAINS & STRAINS  
PRE-EXERCISE WARM UP

**WARMES PAIN AWAY**



**6 IN 1  
COOLING PAIN RELIEF**  
ARTHRITIS  
MUSCLE ACHES  
JOINT PAIN  
INFLAMMATION & SWELLING  
SPRAINS & STRAINS  
POST-EXERCISE RECOVERY

**COOLS PAIN AWAY**

Mentholatum Deep Heat® Rub. A13.5 Rubefacients. Each 100g contains: 12.0g Menthyl Salicylate & 5.91g Menthol. Ref. No. G2268 (Act 101 of 1965). 50 Mentholatum Deep Heat® Spray. A13.5 Rubefacients. Each 100g contains: 1.59g Methyl nicotinate; 4.95g 2-Hydroxyethyl salicylate 4.95g Ethyl salicylate & 0.99g Methyl salicylate. Reg. No. Q/13.6/264. Licence holder: Mentholatum SA (Pty) Ltd. 1st Floor, Silverberg Terrace, Steenberg Office Park, Silverwood close, Tokai, 7945. e-mail: info@mentholatum.co.za For full prescribing information, refer to the Professional Information approved by the medicines regulatory authority. \*Data Orbis (April 2023)



**Compral**  
100 tablets  
#74250  
**WAS 96<sup>99</sup>  
88<sup>99</sup>**



**TransAct  
Patches**  
10 patches  
#2327  
**WAS 299<sup>99</sup>  
249<sup>99</sup> each**



**Disprin  
Extra Strength  
500mg**  
48 tablets  
#2126  
**WAS 112<sup>99</sup>  
89<sup>99</sup> each**



**Panamor  
Gel**  
30g  
**WAS 83<sup>99</sup>  
65<sup>99</sup> each**

## EYE CARE BAUSCH + LOMB

**10%  
OFF**  
ALL Bausch + Lomb  
Artelac Eye  
products



**Artelac  
Moisture  
Eye Drops**  
10ml

**Artelac  
Splash  
Eye Drops**  
10ml

**Artelac  
Complete XP  
Eye Drops**  
10ml

**Artelac  
Splash Eye  
Drops (UD)**  
30 x 0.5ml  
eye gel drops

**Artelac  
Advanced Lipids  
Eye Lubricant  
Drops (UD)**  
30 x 0.6g  
eye gel drops



**Eye Gene**  
5ml eye drops  
**WAS 49<sup>99</sup>  
39<sup>99</sup> each**

\*Discount to be deducted at tills



## SCHEDULED MEDICATION

**Acurate**  
40 tablets

**31<sup>99</sup>**

**Allerway 5mg**  
30 tablets

**108<sup>99</sup>**

**Aspen Colchicine**  
0.5mg  
12 tablets

**62<sup>99</sup>**

**Asthavent Inhaler**  
200 dose

**38<sup>99</sup>**

**Benlyn 4 Flu**  
200ml

**89<sup>99</sup>**

**Cipla Loperamide**  
12 tablets

**23<sup>99</sup>**

**Deselex 5mg**  
30 tablets

**193<sup>99</sup>**

**Dicloflam  
Blackcurrent**  
9 tablets

**37<sup>99</sup>**

**Dis-Chem  
Emitex 50g**  
20 tablets

**36<sup>99</sup>**

**Fexo 180mg**  
30 tablets

**228<sup>99</sup>**

**Flomist  
Nasal Spray 50mcg**  
120 dose

**90<sup>99</sup>**

**Lansoloc 15mg OTC**  
14 tablets

**72<sup>99</sup>**

**Mybulen  
Suspension**  
100ml

**83<sup>99</sup>**

**Neoclarityne  
Syrup 2.5mg**  
150ml

**220<sup>99</sup>**

**Omez 20mg OTC**  
14 capsules

**61<sup>99</sup>**

**Relestat  
Eye Drops**  
5ml

**162<sup>99</sup>**

**Safyr Bleu  
Eye Drops**  
5ml

**23<sup>99</sup>**

**Sinutab  
Extra Strength**  
24 tablets

**75<sup>99</sup>**

**Somnil**  
24 tablets

**89<sup>99</sup>**

Prices only applicable in South Africa





# MULTIVITAMINS

## & DAILY SUPPLEMENTS

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



**1+1**  
CHEAPEST  
**FREE**  
on ANY Centrum  
products



**1+1**  
CHEAPEST  
**FREE**  
on ANY Gold  
Yummy Vites  
products



**1 FOR 169<sup>99</sup>**  
**2 FOR 239<sup>99</sup>**  
**SAVE R100<sup>00</sup>**

ReVite  
Omega-3 Fish  
Oil 1000mg  
90 softgel capsules  
#49895



**1 FOR 131<sup>99</sup>**  
**2 FOR 199<sup>99</sup>**  
**SAVE R63<sup>99</sup>**

Gold  
Multivit for  
Diabetics  
60 coated tablets  
#25430



**20%\***  
**OFF**  
ALL NutriPure  
products\*\*

**FROM  
ONLY  
134<sup>99</sup>**



**20%\***  
**OFF**  
SOLAL All You Need  
Multivitamins AND  
3 Per Day  
90 capsules

**FROM  
ONLY  
306<sup>99</sup>**



**20%\***  
**OFF**  
ALL Gold Salmon &  
Evening Primrose Oil  
365 softgel  
capsules

**FROM  
ONLY  
399<sup>99</sup>**



**SAVE  
R20<sup>00</sup>**

Activovite  
Complete  
Multivit &  
Mineral  
30 tablets  
**WAS 129<sup>99</sup>**  
**109<sup>99</sup>**

\*Discount to be deducted at tills  
\*\*Offer excludes NutriPure Value  
AND Banded Packs

\*Discount to be deducted at tills

\*Advertised price already reflects discount



**SAVE  
R30<sup>00</sup>**

The Real Thing  
Mega Omega  
Supreme  
150 capsules  
#32176  
**WAS 529<sup>99</sup>**  
**499<sup>99</sup>**



**SAVE  
R40<sup>00</sup>**

Bio-Strath  
Tablets  
100 tablets  
#14387  
**WAS 262<sup>99</sup>**  
**222<sup>99</sup>**



**SAVE  
R30<sup>00</sup>**

Food Grown  
Cardio Care  
Omega 3  
60 softgels  
#431768  
**WAS 219<sup>99</sup>**  
**189<sup>99</sup>**



**SAVE  
R90<sup>00</sup>**  
each

Spectrum  
Multivitamin  
OR Senior  
300 tablets  
**WAS 669<sup>99</sup>**  
**579<sup>99</sup>**  
each



## IMMUNE SUPPORT



**20%\***  
**OFF**  
ALL Biogen  
Vitamin D  
products

**FROM  
ONLY  
76<sup>99</sup>**

\*Discount to be deducted at tills



**SAVE  
R69<sup>00</sup>**

Cal-C-Vita  
Immune  
Support  
30 effervescent tablets  
#4076  
**WAS 275<sup>99</sup>**  
**206<sup>99</sup>**



**SAVE  
R30<sup>00</sup>**

Immunadue  
100 capsules  
#10307  
**WAS 139<sup>99</sup>**  
**109<sup>99</sup>**



**SAVE  
R31<sup>00</sup>**

Lung Shield  
Oxygen Enhancer  
30 capsules  
**WAS 270<sup>99</sup>**  
**239<sup>99</sup>**



**SAVE  
R40<sup>00</sup>**

A.Vogel  
Echinaforce  
100ml  
#14526  
**WAS 339<sup>99</sup>**  
**299<sup>99</sup>**



**SAVE  
R40<sup>00</sup>**

A.Vogel  
Echinaforce  
120 tablets  
#15234  
**WAS 262<sup>99</sup>**  
**222<sup>99</sup>**



**SAVE  
R50<sup>00</sup>**

Healthy Living  
Viraway  
Value Pack  
60 PLUS 60 capsules  
**WAS 259<sup>99</sup>**  
**209<sup>99</sup>**



**SAVE  
R35<sup>00</sup>**

Lifestyle Health  
Vitamin C  
1000mg  
100 tablets  
#111664  
**WAS 134<sup>99</sup>**  
**99<sup>99</sup>**



## ENERGY & ENDURANCE



**1+1**  
CHEAPEST  
**FREE**  
on TurboVite  
500ml



**2+1**  
CHEAPEST  
**FREE**  
on ANY High B  
products



**SAVE  
R43<sup>00</sup>**

Vital  
Vitamin B  
Complex  
Everyday  
Energy  
60 softgel capsules  
**WAS 212<sup>99</sup>**  
**169<sup>99</sup>**



**1 FOR 96<sup>99</sup>**  
**2 FOR 130<sup>00</sup>**  
**SAVE R63<sup>98</sup>**

ReVite  
Super B  
Energy &  
Anti-Stress  
Fizzy  
10 effervescent  
tablets  
#123428





## COGNITIVE HEALTH

Also available  
online at  
**dischem.co.za**



**30%\*  
OFF**  
EQUAZEN  
180 capsules  
& chews

EQUAZEN<sup>®</sup>  
CAPSULES

EQUAZEN Health  
Supplement  
180 capsules  
#17529  
**WAS 524<sup>99</sup>  
367<sup>49</sup>**

\*Advertised price already reflects discount

**30%\*  
OFF**  
Keenmind capsules  
30 AND 60  
capsules

KEENMIND<sup>®</sup>

Keenmind  
60 capsules  
**WAS 349<sup>99</sup>  
244<sup>99</sup>**

\*Advertised price already reflects discount

**SAVE  
R50<sup>00</sup>**

FoodGrown<sup>®</sup>  
SLEEP | MOOD | STRESS  
**Lion's Mane  
Extract  
1000 mg**

Food Grown  
Lion's Mane  
Extract  
1000mg  
60 capsules  
#451759  
**WAS 349<sup>99</sup>  
299<sup>99</sup>**

**SAVE  
R50<sup>00</sup>**

BIOGEN<sup>®</sup> PLATINUM  
**MENTAL  
LIFT<sup>™</sup>** PERFORMANCE &  
VITALITY

Biogen  
Mental Lift  
Nootropics  
60 vegetable capsules  
**WAS 414<sup>99</sup>  
364<sup>99</sup>**



## STRESS & ANXIETY

**2+1  
CHEAPEST  
FREE**  
on ANY  
Himalaya Vitamin  
products

Stress  
Wellness  
Ashvagandha

Himalaya  
Stress  
Wellness  
Ashvagandha  
120 veg capsules

**SAVE  
R20<sup>00</sup>**

Relicalm<sup>®</sup>  
L-theanine 150 mg

Relicalm  
L-theanine 150mg  
40 tablets  
#148363  
**WAS 189<sup>99</sup>  
169<sup>99</sup>**

**SAVE  
R40<sup>00</sup>**

elev8<sup>®</sup>

Elev8  
30 film coated tablets  
#113858  
**WAS 210<sup>99</sup>  
170<sup>99</sup>**

**1 FOR 109<sup>99</sup>  
2 FOR 159<sup>98</sup>  
SAVE R60<sup>00</sup>**

Gold  
L-Theanine  
250mg  
60 vegcapsules  
#331511



## LIVER HEALTH

**SAVE  
R36<sup>00</sup>**

ESSENTIALE  
EXTREME 300mg

Essentiale  
Extreme 300mg  
50 capsules  
#142904  
**WAS 179<sup>99</sup>  
143<sup>99</sup>**

**20%\*  
OFF**  
Legalon Forte  
30 AND 100  
capsules

LEGALON<sup>®</sup> FORTE  
syrup 100 mg

FROM  
ONLY  
**142<sup>99</sup>**

\*Discount to be deducted at tills

**SAVE  
R35<sup>00</sup>**

LIVER C3  
Live a healthy life

Liver C3  
60 vege capsules  
#217509  
**WAS 194<sup>99</sup>  
159<sup>99</sup>**

**1 FOR 139<sup>99</sup>  
2 FOR 199<sup>98</sup>  
SAVE R80<sup>00</sup>**

2moro2nite<sup>®</sup>  
12 sachets  
#413045

**SAVE  
R100<sup>00</sup>**

Liversential<sup>®</sup>

Liversential  
200 capsules  
#81244  
**WAS 494<sup>99</sup>  
394<sup>99</sup>**

**SAVE  
R30<sup>00</sup>**

BIOGEN<sup>®</sup> PLATINUM  
**MILK  
THISTLE**

Biogen  
Milk Thistle  
60 capsules  
#20027  
**WAS 144<sup>99</sup>  
114<sup>99</sup>**

**SAVE  
R33<sup>00</sup>**

Vital<sup>®</sup>  
**LIVER RESCUE**  
Detox & Protect

Vital  
Liver Rescue  
Detox & Protect  
30 film-coated capsules  
**WAS 182<sup>99</sup>  
149<sup>99</sup>**

**SAVE  
R17<sup>00</sup>**

Dis-Chem<sup>®</sup> gold  
**LIVER  
PROTECT**

Gold  
Liver Protect  
30 tablets  
#25425  
**WAS 101<sup>99</sup>  
84<sup>99</sup>**



## HERBAL REMEDIES

**SAVE  
R40<sup>00</sup>**

REAL THING<sup>®</sup>  
**ZEOLITE  
POWDER**

The Real Thing  
Zeolite Powder  
300g  
#41974  
**WAS 204<sup>99</sup>  
164<sup>99</sup>**

**SAVE  
R30<sup>00</sup>**

A.Vogel<sup>®</sup>  
**Nephrosolid**  
Kidney and bladder  
support drops

A.Vogel  
Nephrosolid  
50ml  
#14535  
**WAS 194<sup>99</sup>  
164<sup>99</sup>**

**SAVE  
R30<sup>00</sup>**

A.Vogel<sup>®</sup>  
**Boldocynara**  
Liver and  
Gallbladder Support

A.Vogel  
Boldocynara  
50ml  
#14519  
**WAS 194<sup>99</sup>  
164<sup>99</sup>**

**SAVE  
R78<sup>00</sup>**

Dis-Chem<sup>®</sup> gold  
**CAYENNE  
500 mg**  
supports healthy digestion  
& circulation

Gold  
Cayenne  
500mg  
365 vegcapsules  
#59787  
**WAS 391<sup>99</sup>  
313<sup>99</sup>**



## HEALTH CLINIC

## THIS WORLD AIDS DAY: KNOW YOUR STATUS

In commemoration of World Aids Day on the 1<sup>st</sup> of December, **Dis-Chem** is offering **FREE** rapid HIV testing on Saturday 30 November and Monday 02 December 2024. We urge you to visit your nearest **Dis-Chem** Health Clinic and get tested.

Know your status, get tested today.

### TO BOOK AN APPOINTMENT:

- Contact the Health Clinic Call Centre on **0861 117 427**
- email: **clinicqueries@dischem.co.za**
- Book online at **www.dischem.co.za** **OR** via the Dis-Chem App



Ernst  
van Rensburg  
Clinic Admin  
Manager





## GUT HEALTH



**20%\* OFF**  
ALL ProbiFlora products

**SAVE R70<sup>00</sup>**



**FROM ONLY 82<sup>99</sup>**

**Xtensiflora 9**  
9 Strain Probiotic  
60 vegetable capsules  
#107218  
**WAS 299<sup>99</sup>**  
**229<sup>99</sup>**

\*Discount to be deducted at tills



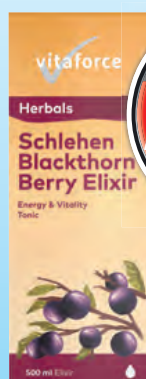
**SAVE R70<sup>00</sup>**

**SAVE R33<sup>00</sup>**



**Biogen Supreme Probiotic 9-Strain**  
120 capsules  
#449600  
**WAS 439<sup>99</sup>**  
**369<sup>99</sup>**

**Reuterina Daily**  
30 chew tablets  
#2198  
**WAS 222<sup>99</sup>**  
**189<sup>99</sup>**



**20%\* OFF**  
ALL Vitaforce Schweden Bitter & Schlehen Elixir 500ml OR 200ml products

**SAVE R80<sup>00</sup>**



**FROM ONLY 208<sup>99</sup>**

**Iberogast Oral Liquid 9 Herb Treatment**  
50ml  
#56952  
**WAS 334<sup>99</sup>**  
**249<sup>99</sup>**



**Iberogast Oral Liquid 9 Herb Treatment**  
20ml  
#98455  
**WAS 217<sup>99</sup>**  
**167<sup>99</sup>**

**Biogen Travel-Biotic 9-Strain Acute**  
10 vegecapsules  
#413291



**1 FOR 89<sup>99</sup>**  
**2 FOR 129<sup>98</sup>**  
**SAVE R50<sup>00</sup>**



## DIGESTIVE CARE



**2+1 FREE**  
on ANY Rehidrat 6 sachets



**Rehidrat Oral Electrolyte Mixture**  
6 sachets / Assorted  
**109<sup>95</sup>**  
per pack

**Soflax**  
200 tablets  
#23288  
**WAS 251<sup>99</sup>**  
**189<sup>99</sup>**

**Gastropect 100ml**  
#11247  
**WAS 49<sup>99</sup>**  
**39<sup>99</sup>**



**Lacson Syrup**  
150ml  
#2276  
**WAS 71<sup>99</sup>**  
**57<sup>99</sup>**



**Alka Fizz Effervescent Granules**  
120g  
Assorted  
**WAS 93<sup>99</sup>**  
**74<sup>99</sup>**



**Gelacid Suspension**  
200ml  
#14291  
**WAS 106<sup>99</sup>**  
**84<sup>99</sup>**

**25%\* OFF**  
ALL Rennie Antacid 48 AND 96 chewable tablets



**Rennie Antacid 48 chewable tablets Assorted**  
**WAS 105<sup>99</sup>**  
**79<sup>49</sup>**

**Rennie Antacid 96 chewable tablets Assorted**  
**WAS 182<sup>99</sup>**  
**137<sup>24</sup>**

\*Advertised prices already reflect discount



**Movicol**  
13g  
8 sachets  
#213655  
**WAS 106<sup>99</sup>**  
**85<sup>99</sup>**



**Laxa-Dor Bisacodyl**  
30 tablets  
#45726  
**WAS 62<sup>99</sup>**  
**49<sup>99</sup>**

**GAVISCON**  
NEW LARGER PACK SIZES  
RELIEVES 7 SYMPTOMS OF HEARTBURN & INDIGESTION  
**Gaviscon Double Action Tablets\***  
24 tablets  
#120693  
**WAS 119<sup>99</sup>**  
**94<sup>99</sup>**

**Gaviscon Double Action Liquid**  
300ml  
#80817  
**WAS 199<sup>99</sup>**  
**189<sup>99</sup>**

\*Offer excludes Gaviscon 16 tablets

If symptoms persist consult a healthcare professional. [20] Gaviscon® Double Action Liquid, Reg. No. A40/11/10/0480. Each 10 ml contains Sodium Alginate 500 mg, Calcium Carbonate 325 mg, Sodium Bicarbonate 213 mg, and Saccharin. Name and business address of the holder of the certificate of registration: Reckitt Benckiser Pharmaceuticals (Pty) Ltd., 8 Jet Park Road, Elandsfontein, 1601. For full prescribing information refer to the package insert approved by the Medicines Regulatory Authority. Customer Care Line: 0861 11 11 00. GavEd7, Gaviscon is a trademark of the RB Group. ©2022.



## FEMALE HEALTH



**SAVE R35<sup>00</sup>**

**SAVE R50<sup>00</sup>**

**Uri-Kleer 6 vegecaps**  
#5848  
**WAS 174<sup>99</sup>**  
**139<sup>99</sup>**

**Uri-Kleer Maintenance 28 vegecaps**  
#5850  
**WAS 259<sup>99</sup>**  
**209<sup>99</sup>**



**SAVE R60<sup>00</sup>**

**SAVE R40<sup>00</sup>**

**4UTI Maintenance 28 vegetable capsules**  
#412820  
**WAS 234<sup>99</sup>**  
**174<sup>99</sup>**

**4UTI Acute 6 vegetable capsules**  
#412809  
**WAS 164<sup>99</sup>**  
**124<sup>99</sup>**



**SAVE R50<sup>00</sup>**



**SAVE R30<sup>00</sup>**

**Stamina Max For Women 10 capsules**  
**WAS 164<sup>99</sup>**  
**134<sup>99</sup>**



## MALE HEALTH



**SAVE R40<sup>00</sup>**

**A.Vogel Prostan Prostate Support 30 capsules**  
#15233  
**WAS 489<sup>99</sup>**  
**449<sup>99</sup>**



**SAVE R50<sup>00</sup>**

**Prostavon Prostate Health 90 capsules**  
#67941  
**WAS 269<sup>99</sup>**  
**219<sup>99</sup>**



**SAVE R50<sup>00</sup>**

**Gold Fertility for Men 60 vegecapsules**  
#412221  
**WAS 199<sup>99</sup>**  
**149<sup>99</sup>**



**SAVE R50<sup>00</sup>**

**Gold Prostate Care 60 softgel capsules**  
#25414  
**WAS 249<sup>99</sup>**  
**199<sup>99</sup>**





# BONE & JOINT HEALTH

Also available  
online at  
[dischem.co.za](http://dischem.co.za)



**20%\* OFF**  
ALL MenaCal.7 products

**VALUE PACK**

**MenaCal.7**  
BONE SUPPORT  
BEEN UNDERSTUNNING  
BONE HEALTH SUPPLEMENT  
90 tablets / tablette

**FROM ONLY 207<sup>99</sup>**

\*Discount to be deducted at tills

**20%\* OFF**  
ALL OsteoEze products

**OSTEOEZE**  
THE JOINT SPECIALIST  
**GOLD**  
HIGH DOSAGE JOINT & CARTILAGE SUPPORT  
90 CAPSULES

**FROM ONLY 129<sup>99</sup>**

\*Discount to be deducted at tills

**SAVE R50<sup>00</sup>**

**THRESHHold**  
Real MSM  
120 tablets  
**WAS 379<sup>99</sup>  
329<sup>99</sup>**

**Dis-Chem gold**

**JOINT SUPPORT**

**ADDED VALUE**  
Get Gold Joint Support 60 coated tablets valued at 116<sup>99</sup> when you purchase Gold Joint Support 120 coated tablets.

**SAVE R70<sup>00</sup>**

**BIOGEN**  
**CALMAG MAX**  
120 tablets  
#382849  
**WAS 369<sup>99</sup>  
299<sup>99</sup>**

**SAVE R30<sup>00</sup>**

**LIFESTYLE HEALTH**  
**CALCIUM FIZZY**  
500 mg  
30 effervescent tablets  
**WAS 129<sup>99</sup>  
99<sup>99</sup>**

**2+1 CHEAPEST FREE**  
on ANY Himalaya vitamin products

**Rumalaya forte**  
50 g

**SAVE R35<sup>00</sup>**

**ULTIMATE CALCIUM**  
ULTIMATE BONE & JOINT HEALTH  
30 film-coated tablets  
#417142  
**WAS 184<sup>99</sup>  
149<sup>99</sup>**

## MINERALS

**2+1 CHEAPEST FREE**  
on ANY Slow-Mag products

**Slow-Mag**  
MAGNESIUM  
100 Capsules

**20%\* OFF**  
ALL Gold Slow Release Magnesium products

**Dis-Chem gold**  
**MAGNESIUM SLOW RELEASE**  
FROM ONLY 89<sup>99</sup>

\*Discount to be deducted at tills

**2+1 CHEAPEST FREE**  
on Bioplus Vit-Ality Magnesium Mg+ 30 Fizzies

**BIOPLUS VIT-ALITY**  
**Mg+**  
30 FIZZIES

**20%\* OFF**  
ALL Chela-Fer Iron products

**Chela-Fer**  
IRON SUPPLEMENT  
24 mg 30 tablets/tablette  
FROM ONLY 185<sup>99</sup> each

\*Discount to be deducted at tills

**SAVE R39<sup>00</sup>**

**Ferrirmed**  
Syrup  
100ml  
**WAS 238<sup>99</sup>  
199<sup>99</sup> each**

**20%\* OFF**  
ALL Biogen Iron products

**BIOGEN**  
**IRON + VITAMIN C**  
30 tablets  
FROM ONLY 99<sup>99</sup>

\*Discount to be deducted at tills

**20%\* OFF**  
ALL CrampEase products

**CrampEase**  
NIGHT  
60 capsules / suppositories  
FROM ONLY 99<sup>99</sup>

\*Discount to be deducted at tills

**20%\* OFF**  
ALL Lifestyle Health Cramp Free products

**LIFESTYLE HEALTH**  
**CRAMP FREE**  
60 capsules / suppositories  
FROM ONLY 89<sup>99</sup>

\*Discount to be deducted at tills

**SAVE R15<sup>00</sup> each**

**SALTABS**  
SALT TABLETS  
30 tablets  
**WAS 90<sup>99</sup>  
75<sup>99</sup> each**

## LIBIDO

**SAVE R30<sup>00</sup>**

**Stamina max**  
FOR MEN  
10 capsules  
**WAS 164<sup>99</sup>  
134<sup>99</sup>**

**VALUE PACK**

**maXimor Advance**  
6 capsules  
**WAS 259<sup>99</sup>  
209<sup>99</sup> each**

**SAVE R30<sup>00</sup>**

**PerformeX**  
25 capsules  
#445368  
**WAS 219<sup>99</sup>  
189<sup>99</sup>**

**SAVE R25<sup>00</sup>**

**Dis-Chem gold**  
**LIBIDO COMPLEX**  
60 vegcapsules  
**WAS 114<sup>99</sup>  
89<sup>99</sup>**



Delivered to your door OR collect from any Dis-Chem store nationwide - [dischem.co.za](http://dischem.co.za)  
FREE delivery on orders of 600<sup>00</sup> or more in major metropolitan areas.  
No charge for collection in-store.

**Dis-Chem PHARMACIES**  
BETTER HEALTH STARTS HERE

Dis-Chem reserves the right to limit the quantity of any item offered for sale. Sale products may vary from photographs. Pictures are for illustration purposes only. Some offers may not be available at all stores. Prices include VAT and are valid for cash, or credit card. E&OE. Customer careline 0860 347 243 [careline@dischem.co.za](mailto:careline@dischem.co.za) | Prices and offers valid Thursday 14 November to Sunday 8 December 2024 while stocks last.

34 **FLIP CATALOGUE OVER FOR BLACK FRIDAY SAVINGS**