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23 OCTOBER 2026

BLOOD STOCKS ARE LOW.

We need YOU.



Denel van Den Heever of Outdoor Arena Security and SANBS Rustenburg donor care officer Kgalalelo Matlhoko encourage residents to give the gift of life by donating blood.

Platinum Weekly newspaper | Rustenburg – Somewhere, a family is waiting for good news. A mother is recovering after a difficult birth, a cancer patient is facing another treatment, or a loved one is undergoing major surgery. For each of them, donated blood can make a life-saving difference.

SANBS Rustenburg is warmly encouraging residents to roll up their sleeves and give someone the chance to come home to the people who love them.

In an appeal issued on Friday 16 October 2026, the national South African National Blood Service (SANBS) warned that blood collections were falling behind demand, putting increasing pressure on national supplies. SANBS needs to collect 3,500 units of blood daily and aims to maintain a five-day supply to help hospitals care for patients when they need it most.

"The current blood supply is under significant pressure," said SANBS senior manager for donor relations Monique Schreiner, appealing to regular donors, those who have not donated in a while, and people considering their first donation.

One donation can save up to three lives. You can donate every 56 days, and making it a regular habit helps keep blood available for patients throughout the year.

Whether you are a familiar face or a first-time donor, the team at SANBS Rustenburg would love to welcome you. The donor centre is situated at Lifestyle Square in Beyers Naudé Drive.

Your donation could mean another birthday, another hug, or another day together.

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PLATINUM WEEKLY

Ten-year licence cards: progress, but keep renewing

Platinum Publishers* | *SA – South African motorists are a step closer to renewing their driving licence cards every ten years – but the change has not yet taken effect.

On 6 October 2026, Parliament's select committee received a briefing on proposed regulations extending card validity from five to ten years for motorcycle and light motor vehicle licence codes A1, A, B and EB. The changes still need to be finalised.

Heavy vehicle licence cards would retain their five-year validity, while professional driving permits would remain valid for two years.



The proposal aims to ease renewal backlogs and reduce pressure on licensing centres.

For now, motorists must continue renewing their cards under the existing rules. Do not assume that your current card has automatically gained another five years. The Department of Transport says renewals must continue until the new provisions take effect.

Security officers under scrutiny after rifle seizure

Platinum Weekly newspaper* | *Mooinooi – A police inspection of security arrangements at a Mooinooi plant led to the arrest of two security officers after they allegedly failed to produce licences or permits for two rifles in their possession. Members of Operation Karabo conducted the compliance inspection on Monday morning, 12 October 2026.

According to police spokesperson colonel Adéle Myburgh, the officers were allegedly carrying two Norinco rifles resembling AK-47-type rifles. Preliminary investigations indicated that neither could produce the required firearm licences or permits, while one allegedly also lacked the competency certificate required to handle the firearm.

The officers, aged 29 and 38, were arrested for alleged possession of unlicensed firearms and ammunition. They appeared before the Mooinooi Magistrate's Court on Wednesday, 14 October 2026. Police said the firearms allegedly belonged to a 44-year-old man. A separate case of alleged failure to safeguard a firearm was opened against him.

North West Provincial commissioner lieutenant general Arthur Adams stressed that firearm compliance is non-negotiable, particularly for security service providers entrusted with protecting people and property. Investigations are ongoing.


One of the two Norinco rifles seized during the police compliance inspection at a Mooinooi plant.

Waterbuck discovery leads to two arrests

Platinum Weekly newspaper* | *Groot Marico – A farmer's routine patrol on his game farm sparked an investigation that led to the arrest of two suspects for alleged illegal hunting.

According to police spokesperson colonel Adéle Myburgh, the farmer noticed bloodstains on Friday, 9 October 2026, before discovering the remains of a slaughtered waterbuck.

Groot Marico police attended the scene, and the case was handed to the Stock Theft and Endangered Species (STES) Unit in Lehurutshe.

On Wednesday, 14 October, the investigating officer followed up on information that led to the discovery of large pieces of meat at a house in Doornlaagte Village, near the farm. Two suspects were arrested.

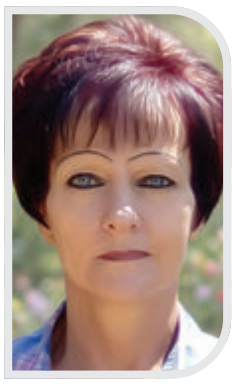
Ofentse Bogatsu (25) and Kelebogile Keletso Mosia (28) appeared before the Groot Marico Magistrates' Court on Monday, 19 October. They were remanded in custody until their next appearance on Monday, 26 October.

In liefdevolle herinnering | In remembrance



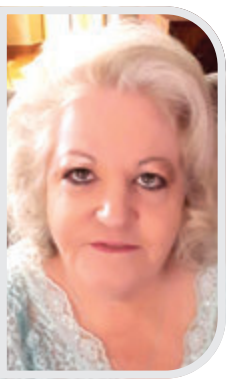
Ons onthou met liefde wyle Albert van Staden (60), oorlede op 12 Oktober 2026. Sy verassing sal privaat geskied.

Vir meer navrae, skakel Cobus by 081 379 8919 of Wilna by 074 200 2687 – 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingsdienste.



Ons onthou met liefde wyle Ansie van Wyk (59), oorlede op 14 Oktober 2026. Haar troosdiens vind op Saterdag 24 Oktober 2026 plaas om 11:00 te Nuvo Hunting Safaris Plaas, Vlakplaats, Thabazimbi.

Vir meer navrae, skakel Cobus by 081 379 8919 of Wilna by 074 200 2687 – 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingsdienste



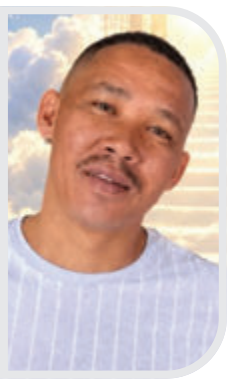
Ons onthou met liefde wyle Joey Bezuidenhout (66), oorlede op 18 Oktober 2026. Ons vier haar lewe op Donderdag 29 Oktober 2026 om 11:00 vanuit His Vision gemeente, ou Pretoria-pad, Rustenburg.

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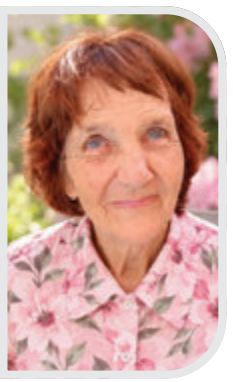
Ons onthou met liefde wyle Linka van der Westhuizen (76), oorlede op 16 Oktober 2026. Haar troosdiens vind op Saterdag 24 Oktober 2026 plaas om 12:00 vanuit die NHK, Kloof Gemeente, Manukalaan 108, Rustenburg.

Vir meer navrae, skakel Cobus by 081 379 8919 of Wilna by 074 200 2687 – 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingsdienste.



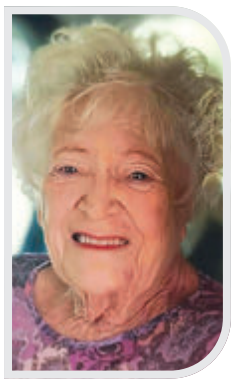
Join us in mourning the enormous loss of the late Rodrick Mouton (36), who passed away on 18 October 2026. The celebration service of his beautiful life will take place on Saturday 24 October 2026 from the New Apostolic Church, Karlienpark, Rustenburg.

For more information, contact Cobus on 081 379 8919, Wilna on 074 200 2687, or Myrtle on 067 926 7383 at Econo Funeral and Cremation Services – a service with love and dignity.



Ons onthou met liefde wyle Lidia van Dyk (87), oorlede op 15 Oktober 2026. Haar troosdiens vind op Saterdag 24 Oktober 2026 plaas om 10:00 vanuit die NG Kerk, Potchefstroom-Die Bult gemeente, Presidentstraat 39, Potchefstroom.

Vir meer navrae, skakel Cobus by 081 379 8919 of Wilna by 074 200 2687 – 'n diens met liefde en waardigheid deur Econo Begrafnis en Verassingsdienste.



Ons onthou met liefde wyle Cora Cato (81), oorlede op 13 Oktober 2026. Ons het haar Maandag 19 Oktober 2026 gegroet te Donkerhoek Begraafplaas, Rustenburg, waarna die troosdiens vanuit die kapel te Sonskyn Aftree Oord plaasgevind het.

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Placing an obituary

Announcing the death of a family member is a time-honoured tradition as life should be celebrated and never forgotten.

To help you to celebrate the life of your loved one and share details about the upcoming funeral, place an obituary in our newspaper, free of charge.

You can include the date of death, details about their life and surviving family members.

You can also write a special message, a poem or a prayer. Please include a photo and the date, time and place of the memorial service.

If you would like to place an obituary in *Platinum Weekly / Platinum Bushvelder*, send the information via WhatsApp to 072 482 6871.

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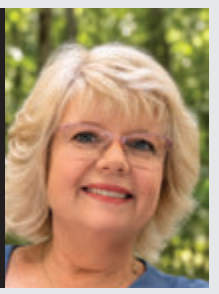
WELLBEING IS NOW RECOGNISED IN LAW, SO WHY ARE WILD ANIMALS STILL SUFFERING IN CIRCUS CAGES?

Response to Rustenburg circus: Entertainment should not come at the expense of animal wellbeing

| This response follows the circulation of pamphlets advertising a circus at Oom Paul School in Rustenburg from 28 October to 1 November 2026. |

Platinum Weekly newspaper | Rustenburg – The statutory definition of wellbeing in South Africa reads: "wellbeing means the holistic circumstances and conditions of an animal, which are conducive to its physical, physiological and mental health and quality of life, including the ability to cope with its environment."

"Animals were not born to perform."



Crucially, this definition in Section 43(c) of the National Environmental Management Amendment Act 2 of 2022 is not expressly limited to free-roaming animals.

When we consider the basic needs and natural behaviours of lions and tigers, research shows is that they are wild animals with complex physical, psychological and social needs – not props for human entertainment. Lions typically live in prides or coalitions, with territories that can range from 20 to 400 square kilometres. Tigers are generally solitary, highly territorial animals. Depending on the habitat and availability of prey, their territories can range from 10 to 400 square kilometres. They are also predominantly nocturnal.

So how can permits still be issued allowing wild animals to be confined in cages and forced to perform meaningless tricks for the profit of circus owners? How does a lifetime of confinement and forced performance reconcile with a legal definition of wellbeing that recognises an animal's physical, physiological and mental health, quality of life and ability to cope with its environment?

Wild animals in circuses deserve retirement in reputable sanctuaries, where their individual needs can be met and they can live out their lives with dignity, in environments that allow them to express as much of their natural behaviour as possible. Charlie, now known as Duma, was taken from the wild to perform in a circus before spending more than 40 years confined in a zoo cage. His story is a reminder that a different future is possible – one in which wild animals are given the opportunity to live with greater freedom and dignity.

We cannot undo the suffering these animals have endured. But we can refuse to perpetuate it. The law recognises wellbeing. Now it is time for the treatment of wild animals in captivity to reflect it.

Greed, ignorance and human entitlement must never take precedence over the lives and wellbeing of sentient beings.

Cheryl Phillips, former DA MP and former shadow deputy minister of environment, forestry and fisheries
BAT Author

Panga robber strikes as Rustenburg businesses open



Platinum Weekly newspaper | Rustenburg – Pepper spray, a large panga and threats for cash turned an early morning at a Rustenburg business into a frightening ordeal on Wednesday 21 October 2026.

Outdoor Arena Security (OAS) responded to an armed business robbery in Protea Park before receiving information about a second robbery in Bo-Dorp. According to its community alert, both incidents occurred between 06:00 and 06:30. OAS said CCTV footage from one of the businesses showed a lone man entering, spraying a shop assistant in the eyes with pepper spray and producing a panga. He demanded cash before moving behind the counter and swinging the weapon towards the employee, who retreated into a corner. The robber fled with cash and cellular phones. The suspect is believed to have travelled in a white or silver sedan resembling a Toyota Corolla, reportedly without number plates. Distinguishing features include a badly damaged windscreen and a black front wheel. OAS thanked SAPS officers for responding promptly, but said the aftermath also exposed the financial pressure robbery victims face. According to OAS, one shop owner was asked to keep the premises closed pending forensic examination and fingerprint collection. With no clear timeframe provided, the owner reportedly withdrew the case rather than risk further lost income. OAS called for improved coordination and faster forensic responses to help preserve evidence while limiting the financial burden on small businesses.

Residents and business owners are urged to remain vigilant.

Do not confront the suspect if spotted. Report information to SAPS or the OAS 24-hour control room on 071 741 1272.
OAS said information would be treated confidentially.

Boruni jwa mo lefelong jwa IRMA jwa Valterra Platinum Amandelbult

ERM CVS e Batla Ditshwaelo go tswa go Baagi ba Selegae le Bannaleseabe ba Bangwe

Gompieno, **14 Diphalane 2026**, feme e e ikemetseng ya boruni ya ERM CVS e itsise gore go tloga ka **16–18 Ngwanaitseele 2026** le gape ka **30 Ngwanaitseele–3 Sedimonthole 2026** e tla etela moago wa meepo wa Valterra Platinum Amandelbult kwa porofenseng ya Limpopo ya Aforikaborwa go dira tiro ya karolo ya boraro ya boruni jwa mo lefelong. tiragatso kgatlhanong le Maemo a Letsholo la Netefaletso ya Meepo e e nang le Maikarabelo (IRMA) a Meepo e e nang le Maikarabelo. Amandelbult e ntsha Iridiamo, Polatinamo, Paladiamo, Rodiamo le Ruteniamo.

Fa ba le mo lefelong, baruni ba tla kokoanya ditshwaelo go tswa mo bannaleseabeng ba selegae ba ba nang le kgatlhego – mongwe le mongwe yo o amiwang ka tlhamalalo kgotsa ka tsela e e seng ya ka tlhamalalo ke moepo -- go akaretsa maloko a baagi, badiri ba moepo, le badiredipuso. Baruni ba tla tlhatlhoba gape tiro le dikago tse di amanang le yona. Tshedimosetso e ka romelwa go baruni pele ga matlha a boruni jwa mo lefelong go fitlha ka letlha la bofelo la boruni jwa mo lefelong.

Tlhatlhobo ya IRMA e felela ka pegelo ya boruni jwa setšhaba e e gatisitsweng mo webosaeteng ya IRMA (bona fa tlase go bona kgokagano). Dipegelo tsa boruni tsa IRMA di akaretsa thulaganyo ya boruni, di tlhalosa gore lefelo le bone jang maduo kgatlhanong le nngwe le nngwe ya ditlhokego di le 400+ tsa Maemo a IRMA, le go ntšhwafatsa maemo a Phitlhelelo ya IRMA ya lefelo. Batho ba ba nang le kgatlhego ba ka kopa khopi ya mmatota ya pegelo go tswa mo lefelong le le tlhatlhobilweng.

Lefelo le le tlhatlhobilweng le ka dirisa diphitlhelelo go tswa mo boruni go tokafatsa mekgwa ya lone. Bannaleseabe, bogolosegolo batshodi ba ditshwanelo, baagi ba ba amegang le badiri ba meepo, ba ka dirisa dipholo tsa boruni jo le dipegelo tsa boruni tse di fetileng go bona tshedimosetso e e feletseng ka ga lefelo le go matlafatsa tirisanommogo e ntsi mo ditokafatsong tse di botlhokwa thata mo go bona.

MATLHA A BORUNI MO LEFELO:
16–18 Ngwanaitseele 2026 le 30 Ngwanaitseele–3 Sedimonthole 2026

Ditshwaelo tsa gago di tla thusa ERM CVS go sekaseka khuetso ya moepo wa Amandelbult wa Valterra Platinum mo baaging ba selegae le go lekanya tiragatso ya yona kgatlhanong le mekgwa e e gaisang ya meepo. ERM CVS e go laletsa go ikwadisetsa potsolotso le baruni ka nako ya boruni, le/kgotsa go romela ditshwaelo tse di kwadilweng ka ga moepo wa Valterra Platinum Amandelbult o dirisa dintlha tsa kgolagano tse di fa tlase.

Dipotsolotso di ka tshwarwa ka Seesemane, Setswana, Sepedi le isiXhosa. Dipotsolotso tse di kopilweng ka la bo 9 Ngwanaitseele 2026 di ka dirwa ka namana kgotsa di le kgakala. Dikopo tsa dipotsolotso tse di dirilweng morago ga 9 Ngwanaitseele 2026 di ka dirwa ka namana fa nako e letla, le go tswa kgakala fa go sa nna jalo. Ditshwaelo le ditshwaelo tse di kwadilweng tse di rometsweng pele ga la bo 3 Sedimonthole 2026 di tla sekasekwa.

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Tshedimosetso e nngwe e ka bonwa jaaka go supilwe fa tlase:

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- Go tlamela ka pegelo kgotsa go tlhatlhela ngongorego ka ga thulaganyo ya boruni jwa IRMA: responsiblemining.net/feedback-complaints

On-site IRMA Audit of Valterra Platinum Amandelbult

ERM CVS Seeks Input from Local Community and Other Stakeholders

Today, **14 October 2026,** independent audit firm ERM CVS announces that from **16–18 November 2026** and again on **30 November–3 December 2026** it will visit the Valterra Platinum Amandelbult mining complex in South Africa's Limpopo province to conduct the on-site phase of its independent, third-party renewal audit of the operation's performance against the Initiative for Responsible Mining Assurance (IRMA) Standard for Responsible Mining. Amandelbult extracts Iridium, Platinum, Palladium, Rhodium and Ruthenium.

While onsite, auditors will collect feedback from interested local stakeholders – anyone directly or indirectly affected by the mine -- including community members, mine workers, and government officials. Auditors will also inspect the operation and its associated facilities. Information can be submitted to the auditors prior to the onsite audit dates until the last date of the onsite audit.

An IRMA assessment results in a public audit report published on the IRMA website (see below for link). IRMA audit reports summarize the audit process, explain how and why the site scored against each of the 400+ requirements of the IRMA Standard, and refresh the site's IRMA Achievement level. Interested parties may request a physical copy of the report from the audited site.

The audited site can use the findings from the audit to improve its practices. Stakeholders, particularly rights holders, affected communities and mine workers, may use the results of this audit and past audit reports to gain detailed information about the site and empower more collaborative engagement on improvements that matter most to them.

ONSITE AUDIT DATES:
16–18 November 2026 and 30 November–3 December 2026

Your comments will help ERM CVS assess the impact of Valterra Platinum's Amandelbult mine on local communities and measure its performance against best mining practices. ERM CVS invites you to sign-up for an interview with auditors during the audit, and/or submit written comments about Valterra Platinum Amandelbult mine using the contact details below.

Interviews can be held in English, Setswana, Sepedi and isiXhosa. Interviews requested by 9 November 2026 can be conducted in-person or remotely. Interview requests made after 9 November 2026 can be in-person if time permits, and remotely if not. Feedback and written comments submitted before 3 December 2026 will be considered.

On the web: erm.com/ermcvs/services/sector-specific-certification-schemes/irma-stakeholder-feedback-form/

Email: RMM@ermcvs.com

Telephone/WhatsApp: +1 (514) 825 7486

Web QR code

Interviews with members of the community occur without mine personnel present. Interviews with non-management workers occur without management present and can be scheduled to occur offsite on request. IRMA auditors protects the identity of individual commenters although the general nature of comments will be summarized in the report.

More information is available as indicated below:

- Amandelbult's renewal audit status or view its past audits: responsiblemining.net/Amandelbult
- IRMA's mission, Standard, assessment process, or other mine audits: responsiblemining.net
- To provide feedback or file a complaint about the IRMA audit process: responsiblemining.net/feedback-complaints

ERMCVS IRMA Valterra PLATINUM

– THE HOTTEST – HOUSEBRAND

DEALS IN SOUTH AFRICA

























SPECIALS VALID THURSDAY 22 OCTOBER - SUNDAY 1 NOVEMBER 2026

FOOD LOVER'S MARKET

SCAN FOR MORE DEALS!

AVAILABLE AT SELECTED FOOD LOVER'S MARKET STORES IN THE INLAND REGION: GAUTENG, LIMPOPO, NORTH WEST, MPUMALANGA, FREE STATE, NORTHERN CAPE, KIMBERLEY & SHOWGATE.
EXCLUDING FOOD LOVER'S EATERY THE MARC, BRAAMFONTEIN, BANK CITY AND ROSEBANK.
VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS.

HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE • WHILE STOCKS LAST • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY.
LENASIA BUTCHERY & STORE ARE STRICTLY HALAAL & NIHT-CERTIFIED. NO PORK PRODUCTS SOLD IN-STORE.

THE BEST IN FRESH GUARANTEED!

UNBELIEVABLE range

There's always something fresh to discover.
With hundreds of varieties of fruit and veg sourced throughout the year, there's more choice for every meal, every season and every budget.

Your Leaders in fresh Since 1993



AS SEEN ON TV
Dessert Peach or Nectarine Punnets
any 2 for
R49



Cheeky Cherry Tubs 300 g
69.99 each

NEW SEASON!



Watermelons
69.99 each

NEW SEASON!



Spanspek
2 for
R49



AS SEEN ON TV
English Cucumber or Lettuce Prepacks
any 3 for
R29

NEW SEASON!



Winter Melons
2 for
R39



Black, Red or White Grape Punnets
R59 each



Strawberry Punnets 250 g
2 for
R50

COMBO
1 x Potato Bag 5 kg,
1 x Onion Bag 3 kg,
1 x Carrot Bag 3 kg,
1 x Tomato Bag 2 kg
R199



Sweetcorn Prepacks 4s
R29 each



Green Pepper Thriftpacks 4s
2 for
R50



Robot Peppers 3s
R30 each



Carrot Thriftpacks 1 kg
2 for
R25



Potjie Potato Thriftpacks 1 kg
2 for
R35



Beetroot Thriftpacks 1 kg
2 for
R25

SPECIALS VALID THUR 22 OCT - SUN 1 NOV 2026 • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY. HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE

SAVE BIG!



Food Lover's Fruit Nectar Assorted 3 L
any 2 for
R70
SAVE R50



AS SEEN ON TV
Food Lover's Chips Assorted 100 g
any 4 for
R100
SAVE R30



AS SEEN ON TV
Penny Lane Frozen Straight Cut Chips 1 kg
3 for
R100
SAVE R47

AS SEEN ON TV
Food Lover's Crushed Garlic or Garlic & Ginger 500 g
any 3 for
R70
SAVE R50



AS SEEN ON TV
Food Lover's Baked Beans in Tomato Sauce 410 g
8 for
R100
SAVE R32



AS SEEN ON TV
Food Lover's Mixed Dried Fruit, Unpitted Prunes or Dried Cranberries 500 g
64.99 each
SAVE R60





Food Lover's Salted Butter 500 g
2 for
R120
SAVE R40



Food Lover's 40% Fat Spread 1 kg
3 for
R100
SAVE R35



La Belinda Chopped or Peeled Tomatoes 400 g
any 7 for
R100
SAVE R20



COMBO
2 x Food Lover's Light Brown Sugar 2 kg, 1 x Food Lover's Light Brown Sugar 1 kg
R100
SAVE R39



COMBO
1 x Food Lover's Festive Fruit Cake Mix Bucket 1 kg, 1 x Food Lover's Glacé Cherries 150 g
149.99
SAVE R25



Penny Lane Frozen Blueberries 1 kg
74.99 each
SAVE R15



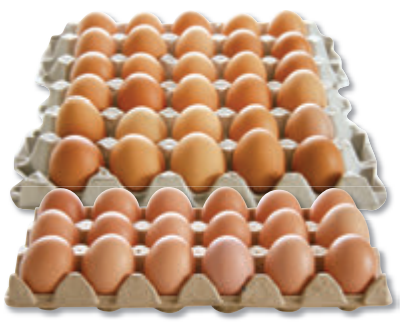
Moccagatta Pasta Assorted 500 g
any 6 for
R100
SAVE R20



Food Lover's Canola Oil 2 L
3 for
R200
SAVE R40



Food Lover's Carbonated Soft Drinks Assorted 2 L
any 8 for
R100
SAVE R36



Large Eggs 48s
R100 each



Food Lover's Instant Coffee 200 g
119.99 each



You First Chia Seeds 500 g
2 for
R150



Urban Pantry Chips Assorted 85 g/120 g
any 4 for
R100



Urban Pantry Jams Assorted 355 g
69.99 each



Urban Pantry Salmon Portions 300 g
189.99 each

HARBOURSIDE



Food Lover's Seafood Mix 700 g
69.99 each

HOT FOODS



BEST DEAL IN TOWN
Butter-Brined Whole Rotisserie Chicken
79.99 each

BAKERY



COMBO
1 x Cinnamon Doughnuts 6s, 1 x Fondant Doughnuts Assorted 6s
R50

THE BEST IN FRESH GUARANTEED! **FOOD LOVER'S MARKET**

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THE BUTCHER'S BLOCK



Game Droëwors 400 g
99.99 per pack

Everyday Beef Burger Patties Assorted 400 g
59.99 per pack



Spicy Mediterranean-Style or Romesco Beef Tomahawk Steak
199.99 per kg



Classic Herb & Pepper or Mediterranean-Style Lamb Staanrib
189.99 per kg

Lamb Packs with Stew
189.99 per kg

Lamb Shoulder Roast
189.99 per kg

Classic Garlic & Herb Butter Lamb Rump Steak
299.99 per kg



Chicken Thigh Sosaties Assorted
99.99 per kg

Chicken Mince 500 g
54.99 per pack



Pork Sosaties 10 x 100 g
R100 per deal



Chicken Goulash, Stir-Fry or Fillet Prego 500 g
54.99 per pack

Beef Goulash, Stir-Fry or Tenderised Steaks 500 g
89.99 per pack

Roasted Paprika & Garlic, Spicy Mediterranean-Style or Romesco Beef T-Bone Steak
189.99 per kg

Pork Sausages 2 x 400 g
R80 per deal

Pork Packs
69.99 per kg

Boneless Pork Gammon
99.99 per kg

THE BEST IN FRESH GUARANTEED!

FOOD LOVER'S MARKET

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Our Ward Matters

Listening, caring and cutting back



"We cannot solve every problem overnight, but we can keep showing up and doing our part."

Our Ward Matters continued its community clean-up efforts in Safari Gardens on Monday 19 October.

Platinum Weekly newspaper | Rustenburg – A freshly cut verge, a cleared sidewalk and a bag of collected litter may seem like small things. Together, they are making a visible difference as *Our Ward Matters* (OWM) tackles overgrown spaces and neglected corners across local neighbourhoods.

Founded by Ward 15 councillor André van Dyk and led by him and councillor Tanya Rothman, the initiative continues its work in Wards 15, 16 and 17, encouraging residents to take pride in the places they call home.

Room to breathe in the Rivers

On Wednesday 14 October 2026, the team worked alongside Rothman in Palalarivier and Krokodilrivier. Grass and overgrown vegetation between and behind houses in Palalarivier were cleared to improve visibility and help reduce potential veld-fire risks. In Krokodilrivier, near Little Margate, the team tackled overgrowth and removed grass encroaching onto the road.

Helen Joseph gets a helping hand

On Thursday 15 October, the team, led by Van Dyk, completed the upper section of Helen Joseph Road near Blikkies vol Liefde and cleaned the traffic island at the Kiepersol intersection. Sidewalks and road edges also received attention, improving visibility and making the route tidier for residents and motorists.

Residents speak, the team responds

A resident's report of recurring weekend disturbances at a private vacant stand on the corner of Arend Road and Bosduif Crescent highlighted another area needing attention. Concerns included parked cars, drinking, loud music and a couch reportedly used as a permanent gathering spot.

OWM began clearing overgrown grass around the area and along Bosduif Crescent, while other members collected litter in Safari Gardens and continued cutting grass along Helen Joseph Road. Van Dyk acknowledged that the reported disturbances would also need attention through the relevant channels.

Listening leads to action

On Monday 19 October, Van Dyk reported that clearing the long grass had revealed the couch, dumped waste and alcohol bottles. He said he would take further photographs and refer the concerns to Waste Management and Public Safety for follow-up.

The team also cleaned stormwater drains along Arend Road, including the stretch past Coffee on Safari towards Safari Oord, while two members continued cutting grass along Helen Joseph Road.

"We cannot solve every problem overnight, but we can keep showing up and doing our part," said Van Dyk.

According to OWM, service delivery issues identified during its work were reported on the day, with reference numbers obtained.

WANT TO HELP?

Contact André (076 057 1669) or Ilse (083 393 0316)

Banking details: *Our Ward Matters* | FNB | Acc: 63038972641 | Branch: 258055 | Ref: OWM

Together, we clean. Together, we care. Together, *Our Ward Matters*.



The private vacant stand at the corner of Arend Road and Bosduif Crescent, where a resident reported recurring weekend disturbances.

Only 26% of landfill sites in North West meet standards, AfriForum audit shows



Platinum Weekly newspaper | North West – Rustenburg's Waterval landfill and the privately operated Mooinooi site are among just five of 19 waste disposal facilities to pass AfriForum's 2026 provincial landfill audit, released on 16 October 2026. Only 26% of the landfill sites and transfer stations assessed met the organisation's minimum audit requirements, which require a score of at least 80%.

The province recorded an average score of 40%, with particularly poor results close to home: Swartruggens scored 0% and Koster just 6%.

The other sites that passed were Hartebeesfontein in Madibeng, Felophepa in Potchefstroom and Vryburg. Felophepa climbed from 50% last year to 92% following the appointment of a competent contractor, according to AfriForum.

AfriForum's Alta Pretorius said effective waste management has far-reaching consequences for people and the environment, and called for urgent improvement.

The organisation has submitted its report to the Department of Forestry, Fisheries and the Environment. Residents are encouraged to support recycling and community initiatives that reduce waste sent to landfills.

FORM JJJ | LOST OR DESTROYED DEED

Notice is hereby given in terms of Regulation 68 of the Deeds Registries Act, 1937, of the intention to apply for the issue of a certified copy of **Deed of Transfer Number T065562/2010,** passed by JAN HARM RED, Identity Number: 480122 5546 08 1, in favour of OSCAR NKOMAZANA, Identity Number: 620625 5538 18 0 and MARTHA NKOMAZANA, Identity Number 650715 1008 18 0 in respect of:

ERF 2350 RUSTENBURG TOWNSHIP; REGISTRATION DIVISION J.Q., PROVINCE OF NORTH WEST; HELD BY Deed of Transfer Number T065562/2010, which has been lost or destroyed.

All interested persons having objection to the issue of such copy are hereby required to lodge the same in writing with the REGISTRAR OF DEEDS: NORTH GAUTENG at PRETORIA, 600 Lilian Ngoyi Street, Pretoria Central, 0002, within two weeks from the date of the publication of this notice.

Dated at RUSTENBURG on this 23rd day of OCTOBER 2026.

CONVEYANCER | JANUS ADRIAAN OLIVIER | VAN VELDEN-DUFFEY INC | 67 Brink Street Rustenburg | 014 592 1135 | januso@vvd.co.za

NOTICE OF STAKEHOLDER CONSULTATION PROCESS

GLENCORE OPERATIONS SOUTH AFRICA (PTY) LTD

CHROME MINING DIVISION

RIETVLY MINE | KROONDAL MINE | WATERVAL MINE

INVITATION TO PARTICIPATE IN THE 4TH GENERATION FIVE-YEAR SOCIAL AND LABOUR PLAN (SLP) 2026-2030

THIS CONSULTATION RELATES TO THE SOCIAL AND LABOUR PLAN PROCESS.

Glencore Operations South Africa (Pty) Ltd invites affected communities, stakeholders and other interested parties to participate in the stakeholder consultation process for the proposed 2026–2030 Social and Labour Plan for Rietvly Mine, Kroondal Mine and Waterval Mine. **Your input will assist in identifying local priorities and informing SLP commitments for the next five-year period.**

Glencore has appointed Umsizi Sustainable Social Solutions **(www.umsizi.co.za)** to facilitate an independent, transparent and inclusive stakeholder engagement process.

WHY YOUR PARTICIPATION MATTERS

The consultation process provides an opportunity for stakeholders to comment on the proposed SLP and to contribute information on community needs, development priorities and opportunities for collaboration. The consultation is intended to support meaningful engagement and alignment with relevant municipal development priorities.

WHO IS INVITED TO PARTICIPATE?

- Affected and adjacent communities
- Traditional Authorities and community leadership structures
- Local and District Municipalities
- Employees and organised labour
- Local businesses, SMMEs and community organisations
- Youth, women and persons with disabilities
- Landowners, lawful occupiers and other relevant stakeholders

The Consultations will be conducted through relevant structures such as the Local Tribal Authority/Councils, Rustenburg Local Municipality, and the respective Municipal Ward Councilors representing Wards 5, 6, 16, 18, 33, 35 and 42.

WHAT CAN YOU PROVIDE INPUT ON?

- Skills development, learnerships, bursaries and other
- Human Resource Development initiatives
- Mine Community Development / Local Economic
- Development priorities
- Employment equity and transformation initiatives Local procurement, enterprise and supplier development opportunities Housing and living conditions
- Measures relating to downscaling, retrenchment and future workforce transition

CONSULTATION DETAILS

Stakeholders are invited to attend the relevant consultation meeting(s) and/or submit written comments using the contact details below.

MINE AREA	DATE	TIME	VENUE
Kroondal Mine	21 October 2026	10h00-15h00	Kroondal Lekgotla Hall
Waterval Mine	20 October 2026	10h00-15h00	Waterval Lekgotla Hall
Rietvly Mine	28 October 2026	10h00-15h00	Tumagole Primary School

HOW TO PARTICIPATE

- Attend the relevant Open Day stakeholder consultation meeting.
- Submit written comments, development priorities or recommendations.
- Indicate which mine and affected area your submission relates to.
- Closing date for written submissions: 7 November 2026.

CONTACT DETAILS

Umsizi Sustainable Social Solutions

Attention: **Ms Veli Mokalapa**

Tel / WhatsApp: **+27 79 782 3934**

Email: **veli@umsizi.co.za**

YOUR PARTICIPATION IS IMPORTANT. ALL STAKEHOLDER INPUT RECEIVED DURING THE CONSULTATION PROCESS WILL BE RECORDED, CONSIDERED AND USED TO INFORM THE DEVELOPMENT OF THE PROPOSED 2026-2030 SLPS

Energising **today.**
Advancing **tomorrow.**

GLENCORE

NOTICE OF PUBLIC PARTICIPATION FOR A PROPOSED PROSPECTING RIGHT APPLICATION WITHOUT BULK SAMPLING AND ENVIRONMENTAL AUTHORISATION APPLICATION: ON PORTION 11 AND 24 OF THE FARM WINKELHAAK 403 JP AND PORTION 3 OF THE FARM NOOITGEDACHT 381 JP, SITUATED IN THE MAGISTERIAL DISTRICT OF SWARTRUGGENS.

DMPR REF N.O: NW30/5/1/1/2/15110 PR

Notice is given in terms of section 16 (4) b of the Mineral and Petroleum Resources Development Act 2002 (Act 28 of 2002), in terms of Regulation 40 - 44 of the Environmental Impact Assessment Regulations published in Government Notice R 326 of 7 April 2017 as amended, under Section 24(5) of the National Environmental Management Act, 1998 (Act No. 107 of 1998) as amended, the project triggered.

Listing Notice 1 (BAR & EMPr: Listed activity 20 (GNR327) and Activity 27 (GNR327).
Competent Authority: Department of Mineral and Petroleum Resources
Applicant: RONMAG WORX (PTY) LTD
Commodities: Chrome ore, Concrete sand(silica), Copper Ore and Jade(gemstone)
Size of the proposed mining: 238,581 hectares

Environmental Impact Assessment Process: Murara Environmental Consultants (Pty) Ltd has been appointed as the Independent Environmental Consultancy to undertake the application for proposed prospecting right application with the Department of Mineral Resources and Energy. **Registration of interested and/or affected party (I&AP):** To ensure that you are identified as an interested and/or affected parties (I&AP), Please submit your name, contact details and interest in the matter to the contact details given below, within 30 days of this notice. **Murara Environmental Consultants (Pty) Ltd** (Nephawe M/ MuridaT.G/ Mannzwa E). **Address:** 504 Leyds Street, Pretoria 0002. **Cell Number:** 064 954 8869. **E-Mail:** murараec@gmail.com. Kindly note that the Draft Basic Assessment Report and Draft Environmental Management Programme will be available from 21 October 2026 for 30 days of public consultations.

NOTICE OF PUBLIC PARTICIPATION FOR A PROPOSED MINING PERMIT APPLICATION AND ENVIRONMENTAL AUTHORISATION APPLICATION: CERTAIN PORTION OF PORTION 39 OF THE FARM MAMAGALIESKRAAL 420 JQ; SITUATED IN THE MAGISTERIAL DISTRICT OF BRITS.

DMPR REF N.O: NW 30/5/1/3/2/12240MP

This notice is given in terms of section 27 of the Mineral and Petroleum Resources Development Act 2002 (Act 28 of 2002), Regulation 40 - 44 of the Environmental Impact Assessment Regulations published in Government Notice R 326 of 7 April 2017 as amended, and Section 24(5) of the National Environmental Management Act, 1998 (Act No. 107 of 1998) as amended, which triggered the project.

Listing Notice 1: Listed activity 21 (GNR 327) as amended and activity 27 (GNR 327).
Competent Authority: Department of Mineral and Petroleum Resources
Applicant: Matmon Mining (Pty) Ltd
Commodities: Chrome ore
Size of the proposed mining: 5 hectares

Environmental Impact Assessment Process: Murara Environmental Consultants (Pty) Ltd has been appointed as the Independent Environmental Consultancy to undertake the application for the proposed mining permit application with the Department of Mineral Resources and Energy. **Registration of interested and/or affected party (I&AP):** To ensure that you are identified as an interested and/or affected parties (I&AP), please submit your name, contact details and interest in the matter to the contact details given below within 30 days of this notice. **Murara Environmental Consultants (Pty) Ltd (**Nephawe M/ Murida T.G**). Address: 504 Leyds Street, Pretoria 0002. Cell Number:** 064 954 8869. **E-Mail:** murараec@gmail.com/ info@murараec.co.za. Kindly note that the Basic Assessment Report and Environmental Management Programme will be available from 23 October 2026 for 30 days of public consultations.



Welcome relief before the climb: the water point sponsored by Chilou Projects helped mountain bikers refresh before tackling Mini Breedts.


RCC's road cyclists enjoyed a morning ride to Buffelspoort and back on 17 October.


RCC's mountain bikers took on challenging trails and sweltering heat during the club ride on 17 October.

Hot climbs, cool company for RCC

Platinum Weekly newspaper | Rustenburg – A challenging climb, welcome refreshments and good company kept spirits high as 23 cyclists joined Rustenburg Cycling Club's (RCC) club rides on Saturday 17 October 2026. Regular riders, visitors and new members shared the morning's adventure, with 16 mountain bikers heading for the trails and seven road cyclists setting off towards Buffelspoort.

For the mountain bikers, the Mini Breedts climb tested legs and determination in sweltering heat. Some were tackling the route for the first time, making the water point sponsored by Chilou Projects a particularly welcome stop before the main ascent.

The group returned along the construction road beside the N4 works before rounding off their outing with ice-cold refreshments at the local Plato coffee shop. Meanwhile, the club's road cyclists enjoyed a ride to Buffelspoort and back. RCC thanked everyone who joined the rides and looks forward to welcoming cyclists to its next outing. The club also acknowledged its sponsors: Rustenburg Toyota, Infinity, M Civils, Rustenburg Gearbox Centre and Local Choice Pharmacy.

WE NEED YOUR BLOOD!

Donate blood at the South African National Blood Service (SANBS) Rustenburg, situated at the Lifestyle Square centre in Beyers Naude Drive, Rustenburg. Pop in before you do your shopping! Your blood can save up to three lives! You can donate blood every 56 days. **For more information visit www.sanbs.org.za or give SANBS Rustenburg a call at 014 594 2771.**

SANBS

PUBLIC NOTICE
NOTICE OF APPLICATION FOR THE RENEWAL OF AN ATMOSPHERIC EMISSION LICENCE THE NATIONAL ENVIRONMENTAL MANAGEMENT: AIR QUALITY ACT (ACT NO. 39 OF 2004)

Impala Platinum Limited – Rustenburg Operations is located approximately 15km north northwest of the town of Rustenburg in the North West Province.
Notice is hereby given of a renewal application in terms of Section 47 of the National Environmental Management: Air Quality Act (Act No. 39 of 2004) by Impala Platinum Limited – Rustenburg Operations to the Air Quality Officer of the Bojanala Platinum District Municipality, for an Atmospheric Emission Licence for the Listed Activities tabled below:

Category 4: Metallurgical Industry	Sub Category 4.1: Drying and Calcining Drying and calcining of mineral solids including ore
Category 4: Metallurgical Industry	Sub Category 4.16: Smelting and Converting of Sulphide Ores Processes in which sulphide ores are smelted, roasted calcined or converted (Excluding Inorganic Chemicals-related activities regulated under Category 7)

Copy of the Application: A hard copy of the application will be available for review at the Impala Visitors Centre and at the Impala Economic Inclusion Centre.
Stakeholder Involvement: Stakeholders are invited to register as Interested and Affected Parties. Written representations or objections on the application may be submitted by mail or email within 30 days of this notice to:
Jan Potgieter (EnviroNgaka):
Postal address: Postnet Suite #73, Private Bag X0001, Ifafi, 0260
Email address: public.comment@environgaka.co.za
Tel number: 082 857 1743
Date of Notice: 16 October 2026
Submissions should please reach us by no later than 16 November 2026.

TSHEDIMOSETSO YA SETŠHABA
KOPO YA GO NTŠHAFATSO LAESENSE YA KGOLOLO YA MOWA MOLAO WA BOSIAMISI JWA TIKOLOGO WA BOSAETŠHABA: TAOLO YA BOLENG JWA MOWA (MOLAO WA NOMORO YA 39 WA 2004)

Impala Platinum Limited – Rustenburg Operations e fitlhelwa kwa bokgakaleng jwa dikilometara di ka nna 15 kwa bokone-bokonebophirima jwa toropo ya Rustenburg mo Porofenseng ya Bokone Bophirima.
Ka kitsiso eno go itsisiwe batho botlhe gore Impala Platinum Limited – Rustenburg Operations e tsentse kopo ya go ntšhafatsa Laesense ya Kgololo ya Mowa go ya ka Karolo 47 ya Molao wa Bosiamisi jwa Tikologo wa Bosaetšhaba: Taolo ya Boleng jwa Mowa (Molao wa Nomoro ya 39 wa 2004). Kopo eno e rometswe go Motlhankedi wa Boleng jwa Mowa wa Mmasepala wa Kgaolo ya Bojanala Platinum mabapi le ditiro tse di mo lenaaneng le le latelang:

Setlhopha sa 4: Madirelo a go dira ditshipi	Karolwana ya 4.1: Go Omisa le go Besa (Drying and Calcining). Go omisa le go besa diminerale tse di tiileng, go akaretsa le manya
Setlhopha sa 4: Madirelo a go dira ditshipi	Karolwana ya 4.16: Go Nyerolosa le go Fetola Manya a Sulphide (Smelting and Converting of Sulphide Ores). Ditsamaiso tse mo go tsona manya a sulphide a nyerolosiwang, a besiwang, a fisiwang kgotsa a fetolwang. (Go sa akarediwe ditiro tse di amanang le dikhemikale tse e seng tsa organic tse di laolwang mo tlase ga Setlhopha sa 7.)

Go Lekola Kopo: Khopi e e gatisitsweng ya kopo e tla nna teng gore e lekolwe kwa Impala Visitors Centre le kwa Impala Economic Inclusion Centre.
Go Naya Ditshwaelo: Batho botlhe ba ba nang le kgatlhego kgotsa ba ba ka amegang ke kopo eno ba lalediwa go ikwadisa jaaka Batho ba ba Nang le Kgatlhego le ba ba Amegang (Interested and Affected Parties). Ditshwaelo, dikakanyo kgotsa dikganetso tse di kwadilweng mabapi le kopo eno di ka romelwa ka poso kgotsa imeile mo malatsing a le 30 morago ga letsatsi la kitsiso eno go:
Jan Potgieter (EnviroNgaka):
Aterese ya Poso: Postnet Suite #73, Private Bag X0001, Ifafi, 0260
Aterese ya Imeile: public.comment@environgaka.co.za
Nomoro ya Mogala: 082 857 1743
Letsatsi la Kitsiso: 16 Diphalane 2026
Ka kopo, ditshwaelo tsotlhe di tshwanetse go bo di fitlhile ka la 16 Ngwanatsele 2026.

PARLIAMENT
OF THE REPUBLIC OF SOUTH AFRICA

TLHAGISA MAIKUTLO

Mametlelelo ya Molaotlhomo wa Dikago tsa Mmasepala [B23 - 2026]

TALETSO YA DITLHAGISO TSE DI KWADILWENG

Potfolio Komiti ya Puso Tshwaraganelwa Merero ya Setso e laletsa baamegi le bang ba ba nang le kgatlhego go romela ditshwaelo tse di kwadilweng ka ga Mametlelelo ya Molaotlhomo wa Dikago tsa Mmasepala [B23-2026].

MAIKAELELO A MOLAOTLHO

Molaotlhomo o ikaelela:

- go mametlelela Puso ya Selegae: Molao wa Dikago tsa Mmasepala, 1998, go tsenya ditlhaloso tse di rileng; go dira gore go nne botlhokwa gore mokhanselara yo o tlhophilweng jaaka motshodi wa ofisi ya masepala kgotsa go ya ka dikarolo tsa 79, 79A le 80 tsa Puso ya Selegae: Molao wa Dikago tsa Mmasepala, 1998, go nna le maitemogelo a a tlhokegang, bokgoni kgotsa borutegi;
- go oketsa nako e khansele ya selegae e tshwanetseng go tlhoma baemedi ba yone mo khanseleng ya kgaolo ka yone; go oketsa nako e khansele ya selegae e tshwanetseng go bitsa kopano ya yone ya ntlha morago ga go tlhophiwa;
- go tlamela ka nako e mo go yone go tshwanetseng ga tlhophiwa mmusakgotla yo montšhwa;
- go dira tlamelo ya go bouta ga khansele go akaretsa ka go tsholetsa diatla kgotsa go bouta ka sephiri;
- go tlamela ka mabaka a go tlosa le mokgwa wa go tlosa batlhankedi ba mmasepala mo ofising;
- go oketsa nako e mo go yona go tshwanetseng ga tshwara kopano ya go tlhopha maloko a khuduthamaga;
- go oketsa nako e kopano ya ditlhopho tsa meiyara, motlatsa meiyara, meiyara khuduthamaga le motlatsa meiyara khuduthamaga e tshwanetseng go tshwarwa ka yone; go dira dithulaganyo tsa ditumalano tsa puso tshwaraganelwa;
- go dira tlamelo ya paka e mo go yone go tshwanetseng ga tlhophiwa meiyara khuduthamaga morago ga gore meiyara khuduthamaga yo o dirang a tlosiwe mo tirong;
- go tlamela ka paka e mo go yone go tshwanetseng ga tlhophiwa komiti ya mmeiyara morago ga go thapiwa ga meiyara khuduthamaga yo montšhwa yo o tlhophilweng , le go tlamela ka dintlha tse di golaganang.

Motho mongwe le mongwe kgotsa mokgatlho o o eletsang go romela ditshwaelo tse di kwadilweng a ka dira jalo ka go romela tlhagiso go Motl Ng Z L Mkhize, Modulasetilo wa PK ya Puso Tshwaraganelwa le Merero ya Setso ka tsibogelo ya: Moh Shereen Cassiem, Mokwaledi wa Komiti ka Imeile - Coalitions@parliament.gov.za. Go kopa khophi ya Molaotlhomo le dipotso ka kakaretso, tswee tswee ikgolaganye le Moh S Cassiem mo go Coalitions@parliament.gov.za kgotsa mo go 083 709 8533.

Ditlhagisot se di kwadilweng di tshwanetse go fitlha kwa Palamenteng pele ga Labotlhano, 27 Ngwanatsele 2026 ka 16:00.

Mo tlhagisong ya gago, tswee tswee tlamela ka leina, sefane , nomore ya mogala, le aterese ya imeile ya motho kgotsa mokgatlho o o romelang ditshwaelo.

E rebotswe ke Motl Ng ZL Mkhize LP, Modulasetilo: PK ya Puso Tshwaraganelwa le Merero ya Setso.

gear GA4278

Palamente – Go sala morago maitlamo a rona go Batho
– Go dira gore tiro ya gago ya isago e nne botoka

RUGGANUUS

United Rugby Championship

BEPALINGS
Vrydag 23 Oktober
- Cardiff 20:45 Sharks
- Connacht 20:45 Zebre
- Edinburgh 20:45 Lions

Saterdag 24 Oktober
- Bulls 13:45 Ulster
- Stormers 16:00 Scarlets
- Benetton 16:00 Glasgow Warriors
- Leinster 19:00 Munster
- Ospreys 21:00 Dragons

2026/27 Champions Cup

UITSLAE
Vrydag 16 Oktober
- Gloucester 36-36 Union Bordeaux-Bègles

Saterdag 17 Oktober
- Bath 14-32 Montpellier
- Munster 33-25 Racing 92
- La Rochelle 31-14 Lions
- Connacht 45-36 Saracens
- Stormers 49-12 Bristol Bears
- ASM Clermont 23-48 Leinster
- Bulls 56-20 Stade Français
- Sale Sharks 27-47 Glasgow Warriors

Sondag 18 Oktober
- Northampton Saints 28-12 Cardiff
- Stade Toulousain 43-40 Exeter Chiefs
- Section Paloise 41-17 Leicester Tigers

Die Champions Cup word op 11 Desember hervat.

2026/27 Challenge Cup

UITSLAE
Vrydag 16 Oktober
- Edinburgh 17-27 Toulon
- Dragons 29-14 USA Perpignan

Saterdag 17 Oktober
- Scarlets 47-14 Newcastle Falcons
- Zebre 21-40 Ulster
- Black Lion 14-39 Ospreys
- Lyon OU 33-40 Sharks

Sondag 18 Oktober
- Castres Olympique 18-9 Benetton
- Harlequins 57-19 Vannes
- Aviron Bayonnais 29-27 Cheetahs

Die Challenge Cup word op 11 Desember hervat.

Nag ou grote...

New leaders, new possibilities at Grenville



Grenville's next chapter of leadership: 2027 head leaders Akona Mfana, Ndinani Kama, Ofentse Maila, Itumeleng Mafube, Owen Magano and Kopano Thembo, pictured with 2026 head girl Goitseona Monnakgotla and head boy Orifha Makhunamisha.

Platinum Weekly newspaper | Rustenburg – A new chapter of learner leadership awaits Grenville High School as its head leaders for 2027 prepare to make their mark.

Ofentse Maila has been named head girl, with Itumeleng Mafube as head boy. Supporting them are deputy head girls Akona Mfana and Ndinani Kama, alongside deputy head boys Owen Magano and Kopano Thembo. The incoming team follows in the footsteps of 2026 head girl Goitseona Monnakgotla and head boy Orifha Makhunamisha.

Congratulations to the new leaders! May they lead with kindness, listen with care and remember that even small acts can set a powerful example.

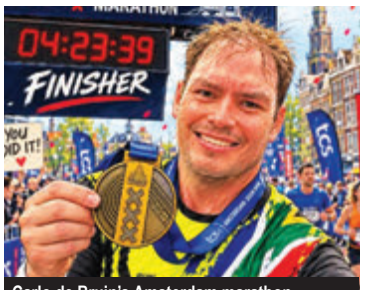
Irene steps up to the top spot!


Irene Scheffer proudly took her place on the podium after winning her age category in the Meiringspoort 12.5 km race.

Platinum Weekly newspaper | Rustenburg – Run/Walk For Life Rustenburg's Irene Scheffer celebrated on the podium after finishing first in her age category in the Meiringspoort 12.5 km race in De Rust on Saturday, 10 October 2026. This year's event brought a fresh challenge, with flooding forcing runners onto an alternative route along the Uniondale road.



Anel de Bruin celebrated her Amsterdam half-marathon achievement with a little AI magic, photo supplied.



Carlo de Bruin's Amsterdam marathon achievement got a creative AI touch, photo supplied.

From Rustenburg to Amsterdam, with pride!

Platinum Weekly newspaper | Rustenburg – Run/Walk For Life Rustenburg members Anel and Carlo de Bruin stepped onto the international stage at the TCS Amsterdam Marathon event on Sunday, 18 October 2026. Anel completed the 21.1 km half marathon in 2 hours 38 minutes, while Carlo conquered the 42.2 km marathon in 4 hours 23 minutes. With a memorable finish inside Amsterdam's Olympic Stadium, this event gives runners a spectacular stage to celebrate every hard-earned kilometre.

SOULFOOD

PSALM 40:8

I delight to do Your will, O my God, And Your law *is* within my heart."

NEW KING JAMES VERSION (NKJV)

SUDOKU

			3	6		5	8	
1		6	4					
	5				1			4
		8				7	2	5
	9			3	7			
		5		4		6		
2			6			3		
	3			7			1	6
8				5			7	

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HAVE YOUR SAY

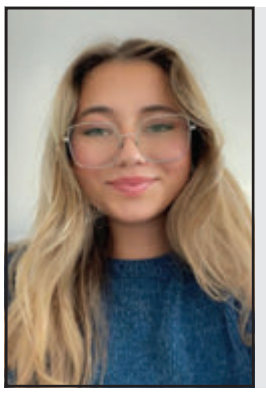
Do you let your pet sleep on your bed?

For some, bedtime means cuddling up with a furry friend. Others prefer keeping their pillows free of paws and pet hair. Does your pet have a place beside you, or do they sleep in their own cosy spot?



"No, I prefer to keep my bed free of pet smells."

Teboho Moloedi, Rustenburg



"Yes! My three dogs are family. Two share my bed, while my oldest sleeps on the floor because jumping is difficult. They bring me comfort, happiness and wonderful company. Bedtime wouldn't feel the same without them."

Beartriz Coelho, Rustenburg

PUBLIC POLL: THE RESULTS ARE IN!

Do you let your pet sleep on your bed?

NO 47% YES 53%

POLL

Do you believe using wild animals in circuses is cruel?

For some, the circus brings family fun. For others, keeping wild animals confined and making them perform raises concerns about their wellbeing. Should wild animals have a place in the circus ring? Have your say. Here's how you can participate. Email us at news@platinumweekly.co.za or WhatsApp your response to 081 579 7000.

Include the following:
- **Your answer:** Yes or No
- **Why?** We want to hear from you!
- **A recent photo –** We'd love to publish your pic alongside your answer!
- **Your town/city**
- **Deadline** – Be sure to send your response before 12:00 on Monday, 26 October 2026.

Vote results: The outcome of the poll will be featured in our next issue. Be a part of our community's story!

P.S.: Don't forget, you can also voice your opinion on our Facebook post about this topic. Join the conversation!



Send your event listing to news@platinumweekly.co.za ** Free Placement!

PLATINUM EVENT DIARY

Vroue Rus-naweek

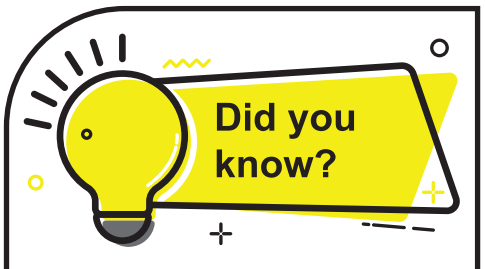
20–22 November 2026

Kom rus, herstel en word opnuut versterk tydens 'n besondere wegbreek vir vroue in die rustige Magaliesberg. Die koste beloop R1,200 per persoon, plus 'n nie-terugbetaalbare registrasiefooi van R100. Slegs 40 plekke is beskikbaar – bespreek vroeg om teleurstelling te voorkom. Plek: Kloofwaters, Magaliesberg, Noordwes – sowat 40 minute vanaf Rustenburg. Besprekings: Pastoor Corné Wernich by 076 897 8241.

Noot vir Noot Christmas Fundraiser

Saturday, 5 December 2026 | Doors open 18:00; starts 19:00

Enjoy a festive music evening filled with fun, laughter and team spirit while supporting Lighthouse Child & Youth Care Centre's December holidays. Perfect for a year-end celebration! Tables of 10 cost R2,000. Each guest should bring a Christmas gift or stationery for a child in care. Bring your own cooler box and snacks, and compete for best-dressed table and most team spirit prizes. Location: Rustenburg Civic Centre | Bookings and enquiries: 083 493 5911.



A TINY BUMP WITH AN ANCIENT JOB...

Goosebumps form when tiny muscles attached to hair follicles contract, pulling hairs upright. Cold, fear or even moving music can trigger this automatic reflex. For our hairier ancestors, raised hairs helped trap an insulating layer of air, keeping them warm. In furry animals, the same response can also make them appear bigger when threatened. Humans have far less body hair, so goosebumps offer little protection against the cold. Those tiny bumps are a visible reminder of an ancient survival mechanism.

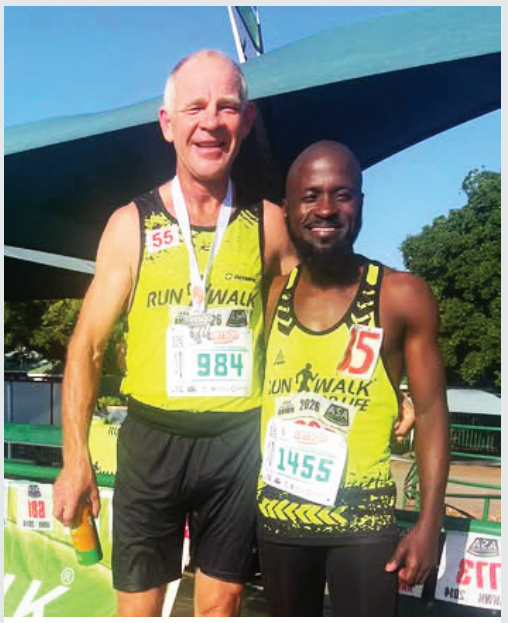


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Potch pace earns Rustenburg pride



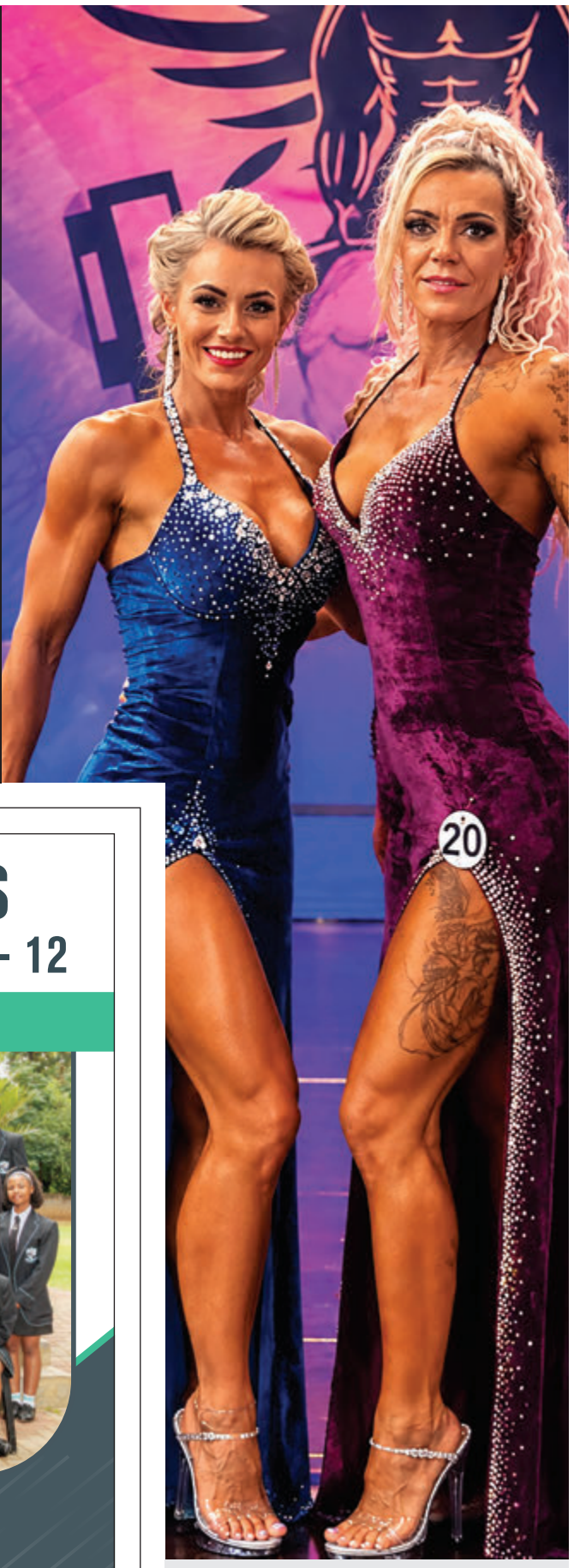
Fanie Beukes (left) and Michael Tlou, all smiles after their strong half-marathon performances at Letsgo Potch!

Platinum Weekly newspaper | Rustenburg – Run/Walk For Life Rustenburg members Michael Tlou and Fanie Beukes delivered strong performances in the Letsgo Potch! 21.1km race in Potchefstroom on Saturday, 17 October 2026. Michael finished in 1:18 and Fanie in 1:24 – plenty of reason for club pride! The community event brought runners together over distances ranging from 5km to a full marathon.

Susters deel die kollig én die podium

Platinum Weekly koerant | Rustenburg – Vir susters Charnè Swart en Danietza Du Toit was die Gym Angels-fiksheidskompetisie 'n geleentheid om saam te skitter – en albei het met 'n podiumplek huis toe gekeer.

Die Rustenburgse susters het op Saterdag 10 Oktober 2026 aan dié kompetisie, aangebied deur UIBFF in Klerksdorp, deelgeneem. Charnè het tweede in die Glamour-afdeling geëindig, met Danietza kort op haar hakke in die derde plek. Dié prestasies getuig van harde werk, dissipline en toewyding. Twee susters, twee podiumplekke en dubbele rede vir Rustenburg om trots te wees!



Rustenburgse susters Charnè Swart en Danietza Du Toit het onderskeidelik tweede en derde in die Glamour-afdeling by Gym Angels geëindig.

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MAMA'S Russians Assorted



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ALBANY Superior Sliced Brown Bread



BUY THREE 39 3 x 700g

800g + 1kg + 400g

YUM FUN Jam Assorted 800g, Smooth Peanut Butter 400g & SUNSHINE D Original 60% Fat Spread Tub 1kg



BUY ALL 89 per combo

5kg

GOLDEN RAY IQF Mixed Chicken Portions



199.99 5kg

KELLOGG'S Instant Noodles Multipack Assorted 5's



BUY FOUR 99 4 x (5 x 70g)

per pack

BABY STEPS Disposable Nappies 40's / 44's / 50's / 60's & Wet Wipes 80's



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10kg + 10kg + 10kg

GOLDEN DELIGHT Premium Grade Long Grain White Parboiled Thai Rice 10kg, SHIBOBO Super Maize Meal 10kg & ACE Cake Wheat Flour 10kg



BUY ALL 299 per combo

MAQ Hand Washing Powder



2kg

BUY THREE 180 3 x 2kg

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3kg for R299.99

Frozen Pork Chops (Leg / Shoulder)



69.99 loose serve per kg

3kg for R199.99

5kg for R299.99

Fresh Chakalaka Wors (Thin)



99.99 loose serve per kg

GOLDI Frozen Chicken Heads & Feet



14.99 1kg

Frozen Chicken Feet (Large)



49.99 loose serve per kg

3kg for R139.99

GOLDEN RAY IQF Mixed Chicken Portions



84.99 2kg

Fresh Chakalaka Wors (Thick)



89.99 loose serve per kg

3kg for R259.99

GOLDI Frozen Chicken Livers Tub



11.99 250g

500g for R19.99

Frozen Chicken Drumsticks



79.99 loose serve per kg

3kg for R229.99

GOLDI IQF Mixed Chicken Portions



89.99 2kg

Frozen Sliced Beef Liver



64.99 loose serve per kg

3kg for R179.99

GOLDI Frozen Chicken Soup Pack



24.99 1kg

Frozen Chicken Wings



79.99 loose serve per kg

3kg for R219.99

MAMA'S IQF Mixed Chicken Portions



169.99 4kg

Frozen Hake



79.99 loose serve per kg

3kg for R229.99

GOLDI IQF Chicken Soup Pack



49.99 2kg

Frozen Chicken Leg Quarters



58.99 loose serve per kg

4kg for R219.99

GOLDI IQF Mixed Chicken Portions



209.99 5kg

Frozen Mullet Slices



79.99 loose serve per kg

3kg for R229.99

Crumbed Chicken Burger / Schnitzel / Strips / Nuggets



79.99 loose serve per kg

2kg for R149.99

Frozen Whole Chicken



199.99 3's

5's for R319.99

SUPREME CHICKEN Leg Quarters



259.99 5kg

3kg



+

5kg



TASTE & MORE Plain Russians 3kg & SHIBOBO Super Maize Meal 5kg

BUY BOTH 149 per combo

10kg



+

10 x 17g



Frozen Chicken Leg Quarters 10kg & 10 x ALL GOLD Chicken Flavoured Seasoning 17g

BUY ALL 499 per combo

10's



+

10 x 17g



10 x Frozen Whole Chicken (In a Bag) & 10 x BENNY Powdered Chicken Flavoured Seasoning 17g

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Value Pies Assorted



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Premium Beef Sausage Rolls



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Chocolate & Caramel / Imitation Cream Black Forest Cake Slice



Cream Combo Pack



Milk Tart



Grilled Whole Chicken / Flatties Assorted



Crumbed Chicken Burger



Grilled Pork Chops & Starch



Panini Rolls



Imitation Cream Doughnuts 4's / Icing Cupcakes 4's



Mini Plain Scones 10's / Mzanzi Slice



Traditional / Chocolate Queen Cakes 10's



Hake & Chips



Grilled / Crumbed Go Meal 2 (2 Piece Chicken, Pap & Gravy)



Usu



Grilled Beef

Carrots 5kg & Beetroot 5kg



Potatoes



Onions



Green Beans



2 x BOXER Brown Bread (Unsliced) 600g & DEW DROP 40% Fat Spread Brick 500g



2 x BOXER White Bread (Unsliced) 600g & D'LITE 37% Fat Spread Tub 1kg



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DEW DROP Low Fat Dairy Snack Assorted 6 x 100g, Full Cream Flavoured Processed Cheese Slices Assorted 180g & Medium Cream Maas 2kg

R69

CLOVER Medium Cream Maas



BUY TWO 58 2 x 2kg

NUMBER 1 Mageu Assorted



25.99 1L

CLOVER flavoured Low Fat Family Dairy Snack



29.99 1.5kg

CLOVER Tropika Dairy Fruit Mix Assorted



34.99 2L

DANONE Danup 2 in 1 Assorted



24.99 950g

YUM FUN Ice Cream Assorted



89.99 5L

CLOVER Bliss Double Cream Yoghurt Assorted



BUY TWO 50 2 x (6 x 100g)

CLOVER Classic / Tropika Smooth Low Fat Yoghurt Based Dairy Snack Assorted



BUY THREE 50 3 x (6 x 100g)

HEARTLANDS Granola Assorted 400g, DANONE Nutriday Full Cream Yoghurt Assorted 900g & Nutriday Low Fat Smooth Yoghurt Assorted 6 x 100g



BUY ALL 80 per combo

CLOVER Smooth Yoghurt Low Fat Yoghurt



BUY TWO 60 2 x 1kg

CLOVER Bliss Double Cream Yoghurt Assorted



42.99 1kg

DEW DROP 37% Fat Spread Tub



BUY THREE 96 3 x 1kg

STORK Country Spread 40% Fat Spread Tub



47.99 1kg

D'LITE 37% Fat Spread Tub



34.99 1kg

SUNSHINE D Original Margarine 80% Fat Spread Brick



BUY FOUR 80 4 x 500g

RAMA Original 70% Fat Spread Brick



27.99 500g

GOLDEN RAY Apricot Jam



24.99 600g

TASTE & MORE Peanut Spread



79.99 1.2kg

YUM YUM Peanut Butter Assorted



36.99 400g

TASTE & MORE Apricot Jam



46.99 1.2kg

TOP-LAY / MARANG / NUTRILAY Large Eggs



69.99 30's

MAMA'S Viennas Assorted



59.99

BUY TWO 99 2 x 1kg

DEW DROP Full Cream Fresh Milk 2L, SASKO Premium Slices Sliced Brown Bread 700g & TOPLAY Large Eggs 6's



BUY ALL 50 per combo

CHEDDACHUB Cheese Cheese



74.99 800g

BEST COOK Chicken / French Polony 2kg & CLOVER Full Cream Processed Cheese Slices Assorted 400g



BUY BOTH 99 per combo

PARMALAT Flavoured Full Fat Cheese Assorted



99.99 600g

BEST COOK French / Chicken Polony 1kg & PARMALAT Processed Cheese Slices Assorted 200g



BUY BOTH 60 per combo

PARMALAT Full Cream Processed Cheese Slices Assorted



119.99 900g

MAMA'S French / Chicken Polony 250g & CHEDDACHUB Cheddar Cheese 450g



BUY BOTH 50 per combo

MAMA'S Value Burgers Assorted



59.99 1kg

BEST COOK French / Chicken Polony



54.99 2kg each

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BLACK CAT Smooth Peanut Butter 800g



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SHIBOBO Instant Maize Porridge Assorted

BUY TWO 40 2 x 1kg

MORVITE Instant Porridge Assorted

BUY TWO 50 2 x 1kg

320g **YUM FUN Cereal Puffs / Hoops Assorted 320g, NUTRIFIC Wholewheat Biscuits 450g & SELATI Golden Brown Sugar 2kg**

450g + 2kg

BUY ALL 99 per combo

GOLDEN RAY Corn Flakes

24.99 500g

BUY THREE 69 3 x 500g

KING KORN Fine / Coarse Mabele Meal

44.99 2kg each

WHEELS Cream Biscuits Assorted

BUY TWO 30 2 x 180g

YUM FUN Marie Biscuits

BUY THREE 30 3 x 150g

DEW DROP Long Life Milk Assorted

94.99 6 x 1L

BUY TWO 179 2 x (6 x 1L)

FRISCO Instant Coffee Refill Assorted

109.99 750g each

BAKERS Tennis Biscuits

24.99 200g

BAKERS EET-SUM-MOR Biscuits

29.99 200g

HENRO Super Creams Biscuit Assorted

BUY TWO 16 2 x 125g

NESTLÉ Nespray Milk Powder

BUY TWO 99 2 x 400g

BREWER'S BLEND Tagless Teabags

21.99 100's

LAAGER Pure Rooibos Teabags

39.99 80's

JOKO Tagless Teabags

49.99 100's

CREAMLINE Medium Fat Dairy Liquid Blend

13.99 1L

NESCAFÉ Ricoffy Instant Coffee Original

750 g + 150 g FREE 139.99 900g

NESCAFÉ Classic Coffee

119.99 200g

JACOBS Instant Coffee Assorted

89.99 95g

FRISCO Instant Coffee

56.99 250g

MIKSI Skimmed Milk Powder

400g+100g FREE 54.99 500g

ELLIS BROWN Creamer

BUY TWO 99 2 x 750g



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COCA-COLA
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BUY TWO
50
2 x 2L

SPAR-LETTA / TWIST
Soft Drink
Assorted



AS SEEN ON TV

BUY ANY TWO
34
2 x 2L

PEPSI
Original
Soft
Drink



BUY SIX
99
6 x 2L

SPRITE /
STONEY /
FANTA
Soft Drink
Assorted



BUY ANY TWO
40
2 x 2L

THIRSTI
Sparkling
Flavoured
Water
Assorted



BUY TWO
16
2 x 500ml

AQUELLÉ
Still Natural
Spring Water



24.99
5L

AQUELLÉ
Flavoured
Sparkling
Assorted



BUY TWO
32
2 x 1.5L

ENERGADE
Sport Drink
Assorted



BUY TWO
26
2 x 500ml

RED BULL
Energy Drink
Assorted



BUY TWO
30
2 x 250ml

REBOOST / SUPER C
Energy Drink
Assorted



R36
4 x 500ml each

YUM FUN
Juice
Assorted



BUY TWO
14
2 x 330ml

RHODES
40% Fruit Juice
Nectar Blend
Assorted



29.99
6 x 200ml

RHODES
Fruit Juice
Nectar Blend
Assorted



BUY TWO
38
2 x 1L

RHODES /
LIQUI-FRUIT
100% Fruit
Juice Blend
Assorted



AS SEEN ON TV

29.99
1L each

ISLAND THIRST
Dairy Fruit Blend Concentrate
Assorted



49.99
5L

COCA-COLA /
SPRITE /
STONEY / FANTA
Soft Drink
Assorted



49.99
6 x 300ml

HALL'S
Smooth Dairy
Blend
Concentrate
Assorted



15.99
1L

YUM FUN
Flavoured
Cordial
Assorted



BUY TWO
20
2 x 750ml

BROOKES
Oros Squash
Assorted



37.99
2L



STAND A CHANCE TO WIN THE VALUE OF YOUR SASSA GRANT IN BOXER eCOUPONS

1. Buy any 2 advertised products
2. DIAL *120*26937*uniquecode# and follow the prompts (20c per 20 seconds)
3. You could be a **WINNER!**

TRUDA Flyers Puffed Corn Baler



59.99 50 x 20g

SIMBA Doritos Corn Chips Assorted



BUY TWO **40** 2 x 145g

SIMBA Potato Chip Assorted



BUY THREE **50** 3 x 120g

FRIMAX Pops / Tinglers / Thunder Pop-T-Corn Assorted



BUY THREE **30** 3 x 100g



TWIZZA Soft Drink Assorted 2L, TRUDA Spookies Maize Puffs Assorted / Flyers Cheese & Chives Flavored Puffed Corn 100g & HENRO Super Creams Biscuits Assorted 125g

R30



TRUDA Spookies Maize Puffs Assorted / Flyers Cheese & Chives Flavoured Puffed Corn

BUY TWO **18** 2 x 4's



TRUDA Chippa Naks 2 x 135g / Strips 2 x (5 x 22g) Assorted

BUY ANY TWO **18**

TINKIES Mini Cream Filled Sponge Cake



BUY TWO **10** 2 x 30g

BEACON / MAYNARDS Pink & White Mallows



BUY TWO **34** 2 x 135g

YUM FUN Pink & White Mallows 130g & BEACON Chocolate Slabs Assorted 80g



BUY BOTH **30** per combo

YUM FUN Flavoured Sweet Rolls Assorted



BUY TWO **10** 2 x 26g

YUM FUN Flavoured Lollies Assorted 5's



BUY TWO **12** 2 x (5 x 35g)

BEACON / MAYNARDS Sweets Assorted



BUY TWO **24** 2 x 60g

CADBURY Lunch Bar 44g / P.S. Chocolate Bar 48g / 5 Star Chocolate 48.5g / Astros Chocolate Box 40g / Crunchie 40g



BUY ANY TWO **22**

NESTLÉ Bar One Mega 84g / Tex Mega 58g / Peppermint Crisp Chocolate 49g



BUY ANY TWO **30**

CADBURY Dairy Milk Chocolate Slab Assorted



BUY TWO **38** 2 x 80g

CLOVER Vanilla Flavoured Custard



BUY TWO **48** 2 x 1kg

GOLDEN RAY Instant Yeast



BUY FOUR **18** 4 x 10g

GOLDEN RAY Baking Powder



24.99 200g

GOLDEN CLOUD Premix Muffin Mix Assorted



34.99 1kg

YUM FUN Flavoured Jelly Assorted



BUY TWO **16** 2 x 80g

500 PHONES TO BE WON!



1 BUY ANY 2 OF THE BELOW ADVERTISED PRODUCTS 2 SWIPE YOUR FOR AUTOMATIC ENTRY



COMPETITION VALID: 21/09/2026 - 04/11/2026 • WINNERS WILL BE ANNOUNCED: 18/11/2026 • TS & CS APPLY • VISIT WWW.BOXER.CO.ZA

SWIPE & STAND A CHANCE TO WIN YOUR SHARE OF

CUPBOARD COMBO



NOLA Mayonnaise 750g, ALL GOLD Tomato Sauce 700ml & BEST COOK Chutney Assorted 460g

R99

BEST COOK Tomato Sauce 750ml, Mayonnaise 750g, Macaroni / Spaghetti 500g & Baked Beans 3 x 410g



BUY ALL **99** per combo



BEST COOK Sweet Chilli / Barbeque / Peri-Peri Assorted / Pele-Naise Sauce / Chakalaka Naise

26.99 500ml / 500g each



BEST COOK Tomato Sauce

29.99 750ml



CROSSE & BLACKWELL Tangy Mayonnaise

41.99 750g



TASTE & MORE Tomato Sauce 2L / Mayonnaise 1.5kg / Fruit Chutney 1kg

59.99 each



EXCELLA Mayonnaise Assorted

BUY THREE **99** 3 x 750g



BEST COOK Pilchards Assorted

BUY TWO **50** 2 x 400g



BEST COOK Tomato & Onion Mix / Mixed Vegetables Assorted / Processed Peas In Sweetened Brine

16.99 410g each



BEST COOK Chakalaka Assorted

19.99 410g each



BEST COOK Grated Beetroot

27.99 780g



BEST COOK Baked Beans

BUY SIX **66** 6 x 410g



KOO Baked Beans

BUY TWO **32** 2 x 400g



KOO Creamstyle Sweetcorn / Whole Kernel Sweetened In Brine

BUY TWO **36** 2 x 410g / 415g



KOO Chakalaka Assorted

BUY TWO **40** 2 x 410g



BEST COOK Corned Meat

28.99 300g



BEST COOK Instant Noodles Multipack Assorted 5's

BUY SIX **90** 6 x (5 x 65g)



FATTI'S & MONI'S Macaroni / Spaghetti

15.99 500g each



GOLDEN RAY Macaroni / Spaghetti

BUY ANY TWO **26** 2 x 500g



BEST COOK Macaroni / Spaghetti

BUY ANY TWO **30** 2 x 500g



TASTE & MORE Macaroni

74.99 3kg

BOXER LIQUORS

CARLING Black Label RB 3 x 750ml



BUY THREE **55**

CARLING Black Label Cans 2 x (6 x 500ml)



BUY TWO **170**

FLYING FISH Pressed Lemon Cans 2 x (6 x 500ml)



BUY TWO **170**

CORONA Extra NRB 2 x (6 x 355ml)



BUY TWO **200**

BRUTAL FRUIT Assorted Cans 2 x (6 x 500ml)



BUY TWO **200**

BERNINI Mimosa Cans 2 x (6 x 500ml)



BUY TWO **220**

PRICES VALID AT SELECTED BOXER LIQUORS STORES ONLY

Alcohol Not for Sale to Persons Under the Age of 18. Drink Responsibly.

3 MILLION

2 rewards

Buy any 2 advertised participating brands to qualify

Swipe your for automatic entry

SCAN ME

Competition valid: 21/09/2026 - 08/11/2026 • Winners announced: 27/11/2026 *Ts & Cs Apply • www.boxer.co.za

NYAMA BATTLE
Shisanyama Seasoning
22.99 200ml

KNORR
Aromat Seasoning Trio Pack Refill
24.99 200g

TOP CLASS
Spice Bowl Assorted
24.99 400g

KNORROX
Cubes Assorted
21.99 24's

BEST COOK
Soya Mince Assorted
28.99 500g

TASTE & MORE
Soup
10's
44.99 10 x 50g

KNORR
Soup Assorted
AS SEEN ON TV
BUY FOUR
20 4 x 45g

BEST COOK
Polybag Soup Assorted
19.99 500g

ROBERTSONS
Rajah Curry Powder Assorted
AS SEEN ON TV
19.99 100g

BEST COOK
Curry Powder Assorted
BUY TWO
30 2 x 100g

TASTE & MORE
Soya Mince Assorted
39.99 1kg

ESSENTIALS COMBO

2kg GOLDEN RAY Parboiled Rice + 1kg GOLDEN RAY + 2.5kg IWISA No 1 SUPER MAIZE MEAL + 750ml GOLDEN RAY Cooking Oil

GOLDEN RAY Parboiled Rice 2kg, GOLDEN RAY Brown Sugar 1kg, IWISA Super Maize Meal 2.5kg & GOLDEN RAY Cooking Oil 750ml

R99

10kg
SELATI
Golden Brown Sugar
199.99 10kg

ILLOVO
Brown Sugar
2kg
BUY TWO
88 2 x 2kg

SELATI
Pure White Sugar
2.5kg
59.99 2.5kg

6kg
KING KORN
G.S. Malt
124.99 6kg

2.5kg
SHIBOBO
Braaipap Super Maize Meal
32.99 2.5kg

2L
EXCELLA
Sunflower Oil
74.99 2L

4L
GOLDEN RAY
Cooking Oil
124.99 4L

25kg
ITAU
Super White Super Maize Meal
167.99 25kg
10kg
69.99 10kg

12.5kg
SHIBOBO
Super Maize Meal
84.99 12.5kg

IWISA
Super Maize Meal
5kg
49.99 5kg

10kg
SNOWFLAKE
Cake Wheat Flour
119.99 10kg

2.5kg
GOLDEN RAY
Cake Wheat Flour
29.99 2.5kg

GOLDEN RAY
Red Speckled Beans
2kg
69.99 2kg

SHIBOBO
Samp and Beans
500g
10.99 500g

TASTIC Long Grain Parboiled White Rice 10kg, ACE Super Maize Meal 10kg & GOLDEN CLOUD Cake Wheat Flour 10kg
10kg + 10kg + 10kg
BUY ALL
329 per combo

EXCELLA
Long Grain Parboiled Rice 5kg, ITAU Super White Super Maize Meal 5kg & GOLDEN CLOUD Cake Wheat Flour 5kg
5kg + 5kg + 5kg
BUY ALL
179 per combo

EXCELLA
Long Grain Parboiled White Rice
10kg
129.99
2kg
26.99

GOLDEN RAY
Parboiled Rice
10kg
99.99 10kg

GOLDEN DELIGHT
Premium Grade Long Grain White Parboiled Thai Rice
2kg
BUY TWO
50 2 x 2kg

AMARULA
Cream Liqueur 750ml
154.99

4TH STREET
Natural Wine Assorted 5L
164.99

GORDON'S
Gin Assorted 750ml
169.99

1.5L
RED HEART
Rum Original 750ml & COCA-COLA Original Soft Drink 1.5L
BUY BOTH
219.99

JAMESON
Select Reserve Triple Distilled Blended Irish Whiskey 750ml
479.99

HENNESSY
VS Cognac 750ml
519.99

PRICES VALID AT SELECTED BOXER LIQUORS STORES ONLY

Alcohol Not for Sale to Persons Under the Age of 18. Drink Responsibly.



HEALTH BEAUTY

Oral Care

AQUASMILE
Toothbrush & Toothpaste Set
22.99 each

COLGATE
Triple Action Toothpaste Value Pack
Assorted
125ml
BUY TWO 38
2 x 125ml

COLGATE
Maximum Cavity / Herbal Toothpaste
Family Pack
BUY TWO 46
2 x 125ml

COLGATE
Charcoal Toothpaste
34.99 100ml

SENSODYNE
Toothpaste
Assorted
FROM 29.99 75ml each

AQUASMILE
Family Pack
Toothbrush
5's
39.99 per pack

COLGATE
Charcoal
Double Action
Toothbrush
BUY TWO 44

AQUASMILE
Mouthwash
Assorted
27.99 250ml each

COLGATE
Plax
Mouthwash
39.99 250ml

Feel Good

MITCHUM
Roll On Assorted
36.99 50ml each

DOVE
Anti-Perspirant
Roll On
Assorted
AS SEEN ON TV
28.99 50ml each

REXONA
Shield
Anti-Perspirant
Roll On
Assorted
BUY TWO 40
2 x 50ml

NIVEA
Male / Female
Anti-Perspirant
Roll On
Assorted
BUY TWO 50
2 x 50ml

NIVEA / DOVE
Anti-Perspirant
Deodorant
Assorted
39.99 150ml each

GOLD SERIES
Perfume
Assorted
59.99 100ml

CLERE
Glycerine / Gly-Co-Oil /
Tissue Oil Assorted
39.99 200ml each

GENTLE MAGIC
Skincare Lotion 125ml / Serum 50ml /
Mask 100ml / Soap 100g
FROM 15.99 each

VASELINE
Petroleum
Jelly
Assorted
44.99 250ml

INGRAM'S
Body Cream
Assorted
46.99 400ml / 450ml

CLERE
Body Lotion 400ml /
Creme 300ml Assorted
26.99 each

NIVEA
Body Lotion /
Cream Assorted
54.99 400ml each

VASELINE
Body Lotion /
Cream
Assorted
AS SEEN ON TV
54.99 400ml each

Baby

HUGGIES
Dry
Comfort
Diapers
44's / 50's /
58's / 66's /
76's & Pants
32's / 34's /
42's
149.99 per pack
BUY TWO 250
x 2 packs

PAMPERS
Active Baby
Pants 35's / 40's /
48's / 56's /
Disposable Nappies
Value Pack
42's / 50's /
58's / 60's
OR
189.99 per pack

BABY STEPS
Wet Wipes Assorted
80's
19.99 each

PARMALAT
Low Fat
Dairy
Blend 3+
Growth
Milk
29.99 1L

PURITY
100% Fruit
Juice Blend
Assorted
BUY FOUR 45
4 x 200ml

PURITY
Pouches /
2nd
Food Jars
Assorted
BUY ANY FOUR 50
4 x 110ml / 125ml

REITZER'S
Aqueous Cream
Assorted
34.99 500ml each

PURITY
Baby Petroleum Jelly /
Aqueous Cream Assorted
44.99 450ml each

EPI-MAX
Original / Junior
Cream
89.99 400g each

PURITY
Cream Of Maize Baby's Soft
Porridge 400g / 3rd Foods Cereal
Assorted (Just Add Milk) 200g
23.99 each

NESTLÉ
Cerelac
Baby
Cereal
Assorted
79.99 500g

PURITY
Puree
Pouches /
3rd Food
Jars
Assorted
BUY ANY FOUR 60
4 x 150ml / 200ml



DEALS JUST FOR YOU!



Hair Care

SOFN'FREE Black Castor Oil Assorted



FROM **29.99** each

EASY WAVES Assorted



FROM **15.99** 125ml / 250ml each

ORS Assorted



FROM **19.99** each

SOFN'FREE Assorted



FROM **44.99** each

CAIVIL Just For Kids Assorted



FROM **29.99** each

BLACK CHIC Hair Food Assorted



17.99 125ml

INECTO Hari Colour Cream Assorted



29.99 50ml each

PERFECT CHOICE Black Charcoal Extract Hairline & Edge Control Gel 225g / Braid Spray / Detangling Spray 350ml



FROM **39.99** each

Self Care

SECUREX Active Hygiene Bath Soap Assorted



10.99 175g

BUY FIVE **50** 5 x 175g

LIFEBUOY Bath Soap Assorted



BUY THREE **39** 3 x 175g

DOVE Beauty Cream Bar 2 x 90g



39.99 per pack

EVOLVE Skin Science Foam Bath Assorted 2L & Male / Female Shower Gel Assorted 400ml



BUY BOTH **75** per combo

EVOLVE Fringe Guest Towel



BUY TWO **36**

GILLETTE Disposable Razor Blades Assorted



FROM **29.99** per pack

PROTEX Bath Soap Assorted



BUY TWO **26** 2 x 175g

REITZER'S Glycerine Soap Assorted



BUY TWO **40** 2 x 150g

ALWAYS Sanitary Pads Value Pack Assorted 12's / 14's / 16's / 18's / 20's



BUY TWO **60** x 2 packs

KOTEX Maxi Sanitary Pads Assorted 8's / 9's /10's / Pantyliners Assorted 20's



BUY ANY TWO **38** x 2 packs

KOTEX Pantyliners Value Pack 120's



49.99 per pack

Health Care

VICKS Cough Syrup Assorted 50ml / 90ml / 200ml / Vaporizing Ointment Assorted 10g / 45g / 50g / Lozenges 8's



FROM **12.99** each

PANADO Paracetamol Tablets 24's



27.99 each

GRAND-PA Headache Powders Stick Pack 12's



39.99 per pack

LENNON Assorted



34.99 20ml each

SELA Traditional Herbs Mixture Assorted 500ml / Traditional Herbs Tea Assorted 16's



FROM **29.99** each

UGAMBU Herbal Immune Tonic Assorted / Imimoya Gambu



79.99 1L

DETTOL Antiseptic Liquid Super Value Pack



99.99 750ml + 250ml

WOODWARD'S Gripe Water



46.99 150ml

CALPOL Paediatric Suspension Syrup



69.99 100ml

BORSTOL Cough Remedy Regular



34.99 50ml

CITRO-SODA Regular Powder



59.99 60g





BOXER

SWIPE & STAND A CHANCE TO

WIN YOUR SHARE OF 3 MILLION

rewards
1 B Reward = 1 Rand

Buy any 2 advertised participating brands to qualify • Swipe your for automatic entry

Download the Boxer App to Spend Your rewards TODAY!

parmalat · iTALO · Albany · ACE · Super White · Golden Ratz · Knorr · Benny · Excella · Huggies · Purity · always · Kotex · Sensodyne · Sunlight · Mortein · aer power pocket

*Ts & Cs Apply • visit www.boxer.co.za

2kg 750ml 500g

FRESH WAVE Hand Washing Powder Assorted 2kg, Dishwashing Liquid 750ml & Laundry Soap 500g

BUY ALL **99** per combo

3kg

SUNLIGHT Hand Washing Powder

AS SEEN ON TV **79.99** 3kg

SUNLIGHT Laundry Soap

BUY TWO **48** 2 x 500g

FRESH WAVE Laundry Soap

BUY TWO **30** 2 x 500g

STA-SOFT Fabric Conditioner Refill Assorted

BUY TWO **50** 2 x 500ml

JIK Bleach Assorted

34.99 1.5L

COBRA Relax Tile Cleaner Lavender Value Pack

39.99 750ml + 250ml

SWANSOFT 2 Ply 350 Sheets Toilet Tissue Rolls 18's

99.99 per pack

5kg

AQUA CLEAN Hand Washing Powder

99.99 5kg

SUNLIGHT Dishwashing Liquid

BUY TWO **58** 2 x 750ml

DOMESTOS Multipurpose Thick Bleach Cleaner

BUY TWO **56** 2 x 750ml

750ml 750ml 750ml

MAQ Multipurpose Cream Cleaner 750ml, Thick Bleach Assorted 750ml & Dishwashing Liquid 750ml

BUY ALL **75** per combo

3kg 12pcs

NYAMA BATTLE Long Burn Briquettes 3kg & Quick Light Firelighters 12pcs

BUY BOTH **65** per combo

TWINSAVER Luxury 2 Ply 200 Sheets Toilet Tissue Rolls 9's

39.99 per pack

CONTE Premium 1 Ply 300 Sheets Toilet Tissue Rolls 10's

34.99 per pack

300ml 280ml

MR MIN Multi Surface Cleaner Assorted 300ml & AIR WICK Lavender Air Freshener 280ml

BUY BOTH **69** per combo

JEYES FLUID Disinfectant & Cleaner

39.99 500ml

DOOM Super Multi Insect Killer Assorted

42.99 300ml

EPOL Adult Dog Food Assorted

169.99 8kg

HOME SQUARE Mini Oven

799.99 23L

HOME SQUARE Double Burner Hotplate

199.99 each

HOME SQUARE Stainless Steel Kettle

149.99 1.8L

GALAXY Fan 18 Inch

299.99 each

Buy any 2 Colgate Protex Sta-Soft and stand a chance to WIN!

1 of 20

LENOVO IDEA TABLETS WITH BOXER

HOW TO ENTER : 1 Buy any 2 Colgate, Protex or Sta-Soft products 2 Swipe your Club Card for automatic entry

Competition Valid: 21/09/2026 - 08/11/2026 | Winners will be announced: 27/11/2026 | Ts & Cs Apply. Visit www.boxer.co.za

PRICES VALID AT BOXER NORTH WEST & FREE STATE STORES ONLY

Range May Vary. Prices include VAT where applicable. Boxer will attempt to have sufficient advertised stock available to meet our customers anticipated demand, however if we still run out of stock we will obtain the stock or we will offer you a reasonable alternative. Boxer reserves the right to limit quantities per customer. Boxer takes utmost care to ensure that all promotion leaflets are correct. If, however, in the unlikely occurrence of a mistake, we will display a notice in-store with all the correct details. E.&O.E. Terms & Conditions apply.

BoxerSuperstores @BoxerStores www.boxer.co.za 087 093 4333 @boxer_superstores Boxer Superstores @Boxerstores • Boxer Customer Careline : 0860 02 69 37 • Download the BOXER App

CHAMPIONSHIP BOEREWORS SA'S NO.1

AS SEEN ON TV

109.99 per kg
Championship Thick/Thin Boerewors

AVOCADO
GREEN SKIN

Vitality

AS SEEN ON TV

BUY ANY 2 &
SAVE R10
Ripe & Ready Avocados 2/4/6 per pack

better every day

XTRA SAVINGS Checkers

19 OCTOBER - 8 NOVEMBER 2026

SAVE R22
74.99 1.35kg

Bokomo Weet-Bix Cereal

72 Biscuits

AS SEEN ON TV

BOKOMO WEET-BIX
WHOLEGRAIN WHEAT BISCUITS
1.35 kg

ANY 2 FOR
R75
BUY 1 FOR R39.99

AS SEEN ON TV

parmalat
fabulite
granadilla low fat yoghurt
low fat strawberry yoghurt

Parmalat Fruit/Fat Free/ Fabulite/ Plain Yoghurt All Variants 1kg

AS SEEN ON TV

LANCEWOOD
WHITE GOUDA
900g
FAMILY VALUE

SAVE R40
159.99 200g each

NESCAFÉ GOLD
ALL'ITALIANA
MILD

AS SEEN ON TV

Nescafé Gold Caffeinated Instant Coffee All Variants

SAVE R44
139.99 900g each

LANCEWOOD
CHEDDAR
900g

Lancewood Cheddar/ Gouda Cheese All Variants

STEAKHOUSE CLASSIC
- 21 cuts perfectly matured for maximising flavour and succulence
- Hand-trimmed and thick cut to our expert butchers' standards
- Vacuum-packed for added tenderness

VOTED FAVOURITE SUPERMARKET STEAK BRAND

179.99 per kg
Steakhouse Classic Beef Ribcanha Roast

AS SEEN ON TV

129.99 per kg
Extra Lean Beef Mince

Vitality

CAPE POINT
PRAWN MEAT

AS SEEN ON TV

SAVE R61
R159
Cape Point Frozen Prawn Meat 800g Each

Vitality

FRESH CHICKEN

79.99 per kg
Farmer's Choice Fresh 12-Piece Chicken Fillets

Discovery Vitality GET UP TO **75% BACK** on over 2500 HealthyFood items

Scan to choose Checkers as your primary HealthyFood partner

Checkers
also at Checkers Hyper
better and better

Download the app

OFFERS VALID FROM MONDAY 19/10/2026 UNTIL SUNDAY 08/11/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. ALCOHOL FOR SALE ON SUNDAYS IN GAUTENG ONLY. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. FOODS SHOWN AS SERVING SUGGESTIONS, ACCESSORIES NOT INCLUDED. APPLIANCE PRICE BEAT GUARANTEE. SEE WWW.TERMSCONDITIONS.CO.ZA FOR DETAILS. T&Cs APPLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

OUR EXPERT BUTCHERS' CUTS



59.99 per kg
Spatchcock Chicken



69.99 per kg
Pork Braai Chops



79.99 per kg
The Rooster Company Chicken Prego Fillet



99.99 per kg
Farmstead Pork Fillet



109.99 per kg
Championship Boerie Bites



109.99 per kg
Thor's Hammer Beef Shin



129.99 per kg
All Beef Roast



139.99 per kg
Grillhouse Style Pork Spare Ribs



179.99 per kg
Gourmet Lamb Potjie



189.99 per kg
Simple Truth Certified Natural Lamb Braai Chops

CERTIFIED NATURAL LAMB
- NO ADDED GROWTH HORMONES OR PROMOTERS
- A DIET FREE FROM ANIMAL BY-PRODUCTS
- THE FIRST SUPPLIER OF CERTIFIED NATURAL LAMB SINCE 2004

QUALITY SEAFOOD AT HARBOUR PRICES



SAVE R15
154.99 1kg
Cape Point Frozen Braai Snoek



SAVE R10
49.99 400g
MJC Frozen Seafood Marinara Mix



SAVE R10
89.99 800g
MJC Frozen Half Shell Mussels



SAVE R71
R149
Cape Point Frozen Platter Prawns 700g Each



SAVE 12%
Cape Point Frozen Crab Flavoured Sticks 500g

PROTEIN FOR EVERY PLATE



74.99 per kg
Farmer's Choice Fresh 16-Piece Chicken Drumsticks & Thighs



89.99 per kg
Simple Truth Free-Range Chicken 4 Drumsticks & 4 Thighs



119.99 per kg
Simple Truth Free-Range Chicken Breast Fillets



149.99 per kg
Farmer's Choice Crumbed Chicken Strips/Schnitzels



SAVE R15
49.99 350g/400g each
Crispy Cuts Frozen Chicken Steaklets/Nuggets/Pops All Variants



SAVE 10%
62.99 360g/400g each
Farmer Brown Frozen Crumbed Chicken Strips/Fillets All Variants



SAVE R27
ANY 2 FOR
R109
Rainbow Simply Chicken Frozen Bites/Pops/Nuggets/Fingers/Steaklets/Burgers 350g/400g



SAVE R10
64.99 325g/425g each
Rainbow Simply Chicken Frankfurters/Grillers All Variants



SAVE R25
109.99 1kg each
Rainbow Simply Chicken Original/Cheese Viennas



SAVE R17
79.99 1kg each
Rainbow Simply Chicken Polony All Variants



SAVE R20
89.99 700g each
County Fair Frozen Crumbed Chicken Strips/Nuggets/Breast Steaks



SAVE R20
R130
Earlybird Frozen Chicken Cocktail Snack Selection 1kg



SAVE R15
64.99 1kg each
Eskort Smoked/Red Viennas



SAVE R51
BUY 3 FOR
R99
Renown Streaky Bacon 200g



SAVE R40
159.99 700g
BRM Pork Loin Ribs



SAVE R25
89.99 600g
BRM Frozen Beef Rib Burger Patties



SAVE R20
104.99 800g each
I&J Beefers/Chicksters Frozen Burger Patties All Variants



SAVE R12
57.99 320g/400g each
Fry's Plant-Based Frozen Sausage Rolls/Burgers/Schnitzels All Variants



SAVE R25
74.99 4 per pack
Sea Harvest Frozen Hake Burgers



SAVE R30
79.99 600g
I&J Frozen Fish Fingers



SAVE R30
79.99 400g each
Sea Harvest Oven Crisp Frozen Crumbed Fish Fillet Portions All Variants



SAVE R40
94.99 500g each
Sea Harvest Crisp & Chunky Frozen Crumbed Fish Portions All Variants



SAVE R30
109.99 450g each
I&J Frozen Hake/Haddock Medallions

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

A BETTER FRESH SELECTION

FARM FRESH PROMISE 100% GUARANTEED

If you're not totally satisfied, neither are we. WE'LL REPLACE IT, NO QUESTIONS ASKED.

SAVE 40%
ANY 2 FOR
R50
Choice Packham Pears 1,5kg bag/Choice Cripps' Pink Apples/Golden Delicious Apples 1,5kg bag

AS SEEN ON TV

BUY ANY 2 & SAVE R10
Export Quality Blueberries 220g cup/350g tub/ Strawberries 250g/450g pack

BUY ANY 2 & SAVE 15%
Artichokes 2 per pack/ Asparagus 170g pack/250g bag

BUY ANY 2 & SAVE 20%
Padkos Raw Macadamia/ Almonds/Brazil/Walnuts/ Cashew Nuts 100g bag

BUY ANY 4 & SAVE 20%
Selected Salad Lines

BestBuy

SAVE 30%
ALL 4 FOR
R100
Choice Green Peppers 500g bag & Class 1 Onions 1kg bag & Class 1 Boil & Roast Potatoes 2kg bag & Class 1 Tomatoes 1kg bag

DELI

FROM **34.99** per 100g
Feinschmecker Smoked Pepperoni/ Cervelat/Beef/Pepper/ Hungarian/Traditional/ Italian Salami

BUY ANY 2 & SAVE 10%
Qualifresh Garlic All Variants 125g

SAVE 15%
Tirolean Meats Sliced Meat All Variants 400g Each

FRESH BAKERY DELIGHTS

SAVE 10%
Freshly Baked Dinner Brioche/ Sourdough Ciabatta/Baguette

SAVE R10
BUY 2 FOR
R60
Freshly Baked Banana Loaf 450g

BUY ANY 2 & SAVE 15%
Mezé Foods Pita Pockets All Variants 5-10 per pack

SAVE R10
84.99 each
Freshly Baked Black Forest Cake

BUY ANY 2 & SAVE 10%
Freshly Baked Muffins All Variants 4 per pack

MEAL SOLUTIONS

FROM **64.99** 350g / 280g each
Simple Truth Spinach & Butternut/ **Gourmade** Pumpkin Fritters

FROM **69.99** 500g each
Simply Great Potato Salad/ Caprese Pasta Salad

169.99 750g each
Ready to Braai Sweet & Sticky Asian-Style/ BBQ Pork Loin Ribs

SAVE 10%
134.99 450g each
Gourmade Peppermint Crunch/Strawberry Cheesecake Dessert

AS SEEN ON TV

BUY ANY 2 & SAVE R100
Bella Vita Beef Lasagne/Mac Cheese Pasta 1kg

SAVE R10
Foodie! Fried Rice/ **Gourmade** Cottage Pie 800g/1kg Each

THE WIDEST CHEESE RANGE IN SA

SAVE R10
42.99 250g each
Lancewood Cottage Cheese All Variants

SAVE R10
79.99 12 per pack
Kiri Medium Fat Cream Cheese Portions

SAVE 10%
44.99 125g each
Fairview Brie/ Camembert Cheese All Variants

SAVE R10
49.99 230g each
Lancewood Cream Cheese All Variants

SAVE R12
49.99 180g
Mezé Foods Haloumi Cheese Fingers

SAVE R15
59.99 400g each
Président Feta Cheese All Variants

SAVE 10%
71.99 350g
Mezé Foods Modified Feta Cheese

SAVE R10
89.99 150g
Mezé Foods Grated Parmesan Cheese

SAVE R20
BUY 2 FOR
R100
The Laughing Cow Dip & Crunch Cheese Dippers 140g

parmalat EVERYTHING needs cheese

SAVE R10
59.99 250g each
Parmalat Grated Cheese All Variants

SAVE R20
64.99 400g each
Parmalat/Melrose Cheese Slices All Variants

SAVE R40
119.99 900g each
Parmalat/Melrose Processed Cheese Slices All Variants

SAVE R40
129.99 850g each
Parmalat Gouda/ Cheddar Cheese

SAVE R10
26.99 150g each
Melrose Cheese Spread All Variants

SAVE R10
69.99 400g each
Melrose Cheese Spread All Variants

SAVE R31
ANY 2 FOR
R89
Melrose Cheese Wedges All Variants 200g

SAVE R31
ANY 2 FOR
R89
Melrose Cheese Spread All Variants 250g

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we bring the wine route to you

wine route

Available at Checkers & LiquorShop

BUY ANY 2 & SAVE R30
KWV Wine
All Variants 750ml



SAVE R20
79.99 750ml
Buitenverwachting
Buiten Blanc
White Wine



SAVE R15
84.99 750ml each
Kleine Zalze White
Wine All Variants



SAVE R20
109.99 750ml each
Neil Ellis
Wine
All Variants



SAVE R25
149.99 750ml each
Paul Cluver
Village Pinot Noir
Red/Chardonnay
White Wine Each





SAVE R30
89.99 6x300ml/ 750ml each
J.C. Le Roux
Sparkling Wine
All Variants



SAVE R20
79.99 750ml
Nederburg
Baronne Cabernet
Sauvignon Shiraz
Red Blend Wine



SAVE R15
94.99 750ml each
Kleine Zalze
Red Wine
All Variants



SAVE R30
199.99 750ml
Boschendal
Nicolas Red
Blend Wine



SAVE R30
164.99 750ml each
Kleine Zalze
Cap NV Brut/
Brut Rosé



SAVE R40
189.99 750ml each
L'Ormarins
Cap Classique
Sparkling Wine
All Variants



LiquorShop

SAVE R20
149.99 1ℓ
African Dew Marula
Cream Liqueur



SAVE R20
179.99 750ml
Sperone Aperitivo
Spirit Cooler



SAVE R50
FREE DEAL
179.99 750ml
BUY Smirnoff No. 21
Vodka 750ml &GET
Stoney Original
Ginger Beer Soft
Drink 2ℓ FREE!



SAVE R50
279.99 750ml
Tanqueray
Gin All Variants
Each



SAVE R40
239.99 750ml
William Grant's
Blended Scotch
Whisky



SAVE R60
299.99 750ml
Jack Daniel's
Tennessee Whiskey
All Variants Each



SAVE R60
379.99 750ml
Johnnie Walker
Black Label
12-Year-Old Blended
Scotch Whisky



SAVE R80
379.99 750ml
KWV 10-Year-Old
Brandy



SAVE R50
499.99 750ml
DE LUZE
VS Cognac



SAVE R45
ANY 2 FOR
R165
Kix Tropical
Spritzer NRB
6x330ml



SAVE R45
R195
Savanna
Dry Premium
Cider NRB
12x330ml per pack



SAVE R50
ANY 2 FOR
R200
Breezer Spirit
Cooler NRB
All Variants
6x275ml



SAVE R50
BUY 2 FOR
R200
Extreme
Energy NRB
6x275ml



SAVE R50
ANY 2 FOR
R210
Belgravia London
Dry Gin Cooler
NRB All Variants
6x275ml



SAVE R50
ANY 2 FOR
R240
Smirnoff Ice Pine/
Berry/Storm Spirit
Cooler 6x440ml



SAVE R55
BUY 2 FOR
R145
Flying Fish Pressed
Lemon Flavoured
Beer NRB 6x330ml



SAVE R55
BUY 2 FOR
R145
Castle Lite Beer
NRB 6x330ml



SAVE R40
ANY 2 FOR
R180
Heineken Original/
Silver Beer NRB
6x330ml



SAVE R55
ANY 2 FOR
R195
Windhoek
Premium Draught
Beer NRB/Cans
6x440ml



SAVE R40
ANY 2 FOR
R200
Corona Extra/Cero
Beer NRB 6x355ml



Not for Persons Under the Age of 18. Drink Responsibly. #NO18 awareforg

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SAVE R15
99.99 6x1ℓ per pack
Dewfresh Long Life Milk All Variants



BUY 2 FOR
R159
BUY 1 FOR R84.99
Clover Butro Full Cream Modified Butter Spread 500g



SAVE R50
ANY 2 FOR
R110
Ola Rich 'n Creamy Ice Cream All Variants 1,8ℓ



SAVE R30
ANY 2 FOR
R120
Dr. Oetker Ital Pizza Classic Frozen Pizza All Variants



BEST VALUE FOR MONEY SUPERMARKET

BestBuy AWARD — BEST VALUE FOR MONEY — CHECKERS: GENERAL MERCHANDISE RETAIL CHAIN



SAVE 10%
16.99
Sunbake Standard/ Farmstyle White Bread



SAVE 13%
19.99
Sunbake White Hot Dog Rolls/Hamburger Buns



SAVE R13
36.99
Rama Spread for Bread 37% Fat Spread



SAVE R51
ANY 3 FOR
R99
Canola Margarine/Fat Spread All Variants 1kg



SAVE R14
42.99
Sunshine D 40% Lite/ 60% Original Fat Spread



SAVE R21
ANY 2 FOR
R55
Stork White/Baking Margarine 500g

ANY 2 FOR
R139
BUY 1 FOR R74.99
Bonnita/Parmalat Salted Butter 500g





SAVE R30
79.99
Extra Large Eggs (Brands May Vary)



SAVE R18
ANY 2 FOR
R36
Parmalat Smooth Dairy Snack All Variants 6x100g per pack



SAVE R10
47.99
Lancewood Double Cream/ Lactose Free/Plain Greek Yoghurt



SAVE 20%
19.99
Danone Yogi Sip Drinking Yoghurt All Variants



SAVE R10
24.99
Parmalat Vanilla Flavoured Custard



SAVE 19%
29.99
Douglasdale Full Cream/ Low Fat Fresh Milk



SAVE 19%
34.99
Clover Tropika Dairy Fruit Mix All Variants



SAVE 14%
49.99
Sir Fruit 100% Fruit Juice Blend All Variants



SAVE R15
64.99
Take 5 100% Fruit Juice Blend All Variants



SAVE 24%
24.99
First Choice Whipping/ Dessert Cream



SAVE R10
42.99
Douglasdale Fresh Cream



SAVE R25
99.99
Clover Nolac Lactose Free Medium Cream Milk



SAVE R45
89.99
Nestlé Premium/**Dairymaid** Gelata Roma Ice Cream All Variants



SAVE R160
ANY 2 FOR
R160
Cadbury Ice Cream All Variants 5x60ml per pack



SAVE R30
119.99
Pieman's Frozen Pockets All Variants



SAVE R50
ANY 2 FOR
R120
Dr. Oetker Nice 'n Easy Frozen Ready Meals All Variants 320g/350g

SAVE R13
36.99 700g each
McCain Harvestime Gourmet Frozen Stir Fry Vegetables All Variants



SAVE R12
42.99 900g
Nature's Garden Frozen Mixed Vegetables



SAVE R13
46.99 1kg each
McCain Harvestime Gourmet Frozen Country Crop/Garden Mix Vegetables



SAVE R15
49.99 1kg each
McCain Frozen Slap Chips/Skinny Fries



SAVE R30
119.99 4/6/30 per pack
Mama's Pies Frozen Pies All Variants/ **Today** Frozen Beef Sausage Rolls



SAVE R35
129.99 4 per pack
Dr. Oetker Ital Pizza Classic Frozen Margherita Pizza



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BUY ANY 2 &

SAVE R10

Export Quality Blueberries 125g cup/350g tub/200g tube/600g pack/Frooties Blueberries 4 per pack/ Mini Strawberries 250g pack/Choice Strawberries 250g/400g/350g/ 700g pack

SAVE R20

ANY 2 FOR

R80

Simple Truth High Protein Muesli All Variants 350g

BUY ANY 2 &

SAVE R10

Ripe & Ready Avocados 2/4/6 per pack

20.9g protein per serving

49.99 400g

Simple Truth Ostrich Mince

12g protein per serving

protein-maxxing

Simple ways to enjoy more protein from breakfast to dinner.

44.99 150g each

Forage and Feast Light Meat Yellowfin Tuna Chunks in Olive Oil

SAVE UP TO 20%

FROM **24.99** 450g each

The Bakery Sourdough Loaves All Variants

14g protein per serving

SAVE R50

299.99 500g each

Wazoogles Superfood Protein Smoothie Blend All Variants

Same range, delivered.

SHOP NOW

BUY ANY 2 &

SAVE 15%

Asparagus 170g pack/250g bag/Baby Asparagus 100g pack/ Artichokes 2 per pack

25g protein per serving

SAVE R50

349.99 500g

Forage and Feast Frozen Norwegian Salmon Portions

more from metalab

FROM **699.99** 900g

Metalab Whey Protein All Variants each

protein keeps you fuller for longer

49.99 240ml

Metalab Protein Chocolate Milk

15g protein per serving

359.99 300g each

Metalab Whey Protein All Variants

EXCLUSIVE TO Checkers

249.99 400g

Metalab High Protein Pancake Mix

24.4g protein per serving

wellness better & better

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gut support

SAVE R20
ANY 2 FOR
R70
Simple Truth
Gluten Free Oats
All Variants 350g

SAVE R16
ANY 2 FOR
R40
Happy Culture
Kombucha/Water
Kefir All Variants
330ml/340ml

SAVE R16
ANY 2 FOR
R40
Uplift Kombucha
All Variants 300ml

SAVE R20
139.99
Simple Truth
Chia Seeds

supports a healthy balance of gut bacteria

NEW

BUY ANY 2 &
SAVE
R10
Mixed Berry
Duo 500g pack/
Mixed Berries
125g pack/
Raspberries
125g/200g pack

SAVE 12%
37.99 each
Wazoogles
Supernatural Oats
All Variants

fibre to keep your digestion moving

sip smarter

SAVE R10
49.99
Simple Truth
Coconut Water

SAVE R50
349.99
Gloot
Protein Water
All Variants

great for rehydration after a busy day

14g protein per serving

NEW

SAVE 26%
16.99 100ml each
Simple Truth
Cold-Pressed
Juice Shot
All Variants each

SAVE R11
ANY 2 FOR
R45
Sir Fruit Health
Shot All Variants
100ml

SAVE R20
139.99 6 per pack
Wazoogles
Saltwtr Electrolyte
Drink All Variants

whole foods worth sharing

BUY ANY 2 &
SAVE
20%
Padkos Raw
Nuts All Variants
100g bag

Nutrient-dense source of healthy fats

SAVE R10
69.99 15 per pack
Simple Truth
Large Free-Range
Eggs

SAVE R20
79.99 400g
Simple Truth
White Quinoa

BUY ANY 2 &
SAVE
R10
Cut Fruit
All Variants 150g

99.99 per kg
Simple Truth
Fresh Free-Range
Chicken Breast Fillets

BUY ANY 2 &
SAVE
20%
Simple Truth
Canned Range
All Variants 400g

olive oil helps your body absorb more nutrients

SAVE R40
259.99 1ℓ
Forage and Feast
Cold Extracted
Extra Virgin
Olive Oil

gluten-free favourites

Simple Truth

- SIMPLY THE BETTER CHOICE FOR YOU
- NO ADDED ARTIFICIAL COLOUR, FLAVOURS, SWEETENERS
- NO ADDED MSG

BUY ANY 2 &
SAVE
15%
Simple Truth
Gluten-Free Pizza
Bases 2 per pack/
Seed & Nut Rolls
2 per pack/Loaf
490g/Sourdough
Loaf/English
Muffins 4 per pack/
Ciabatta Loaf/
White Loaf/Hot Dog
Rolls/Hamburger
Buns 2 per pack

NEW

rest & reset

BUY ANY 2 &
SAVE
20%
Simple Truth
Organic Green/
Black/Rooibos Tea
20 per pack

169.99 100ml
Simple Truth
Eucalyptus Diffuser

SELECTED STORES

NEW

SAVE R50
599.99 300g
The Harvest Table
Multi Collagen
Granules

helps manage everyday stress

SELECTED STORES

199.99 each
Simple Truth
Soy Wax Candle

SAVE R11
ANY 2 FOR
R45
Sir Fruit Health
Shot All Variants
100ml

SAVE R20
169.99 30 per pack
Revite
Ashwagandha
with Vitamin B6
Capsules

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SAVE R8
31.99 2kg
Tastic Long Grain Parboiled White Rice

SAVE R11
41.99 500g-780g each
Nola Mayonnaise All Variants

SAVE R40
ANY 2 FOR R30
Fatti's & Moni's Pasta Shapes All Variants 500g

SAVE R26
ANY 2 FOR R58
Kellogg's Instant Noodles All Variants 5x70g per pack

KEEP SWIPING, KEEP SAVING

XTRA SAVINGS checkers

SAVE 10%
ANY 3 FOR R59
Cape Point Shredded Tuna in Oil/ Brine 170g

SAVE R10
22.99 410g each
Koo Peach Halves/ Slices in Syrup

BUY 2 FOR R32
Koo Baked Beans in Tomato Sauce 400g

SAVE 29%
16.99 410g/415g each
Koo Whole Kernel/ Creamstyle Sweetcorn

SAVE R5
16.99 410g each
Miami Tomato & Onion Mix

SAVE 14%
24.99 410g each
Miami Boerie Relish All Variants

SAVE R14
ANY 2 FOR R32
Miami Tomatoes All Variants 410g

SAVE 11%
32.99 300g each
Bull Brand Corned Meat All Variants

AS SEEN ON TV

SAVE R130
BUY 2 FOR R350
Santa Bianca Extra Virgin Olive Oil 1ℓ

SAVE R10
38.99 75g-80g each
Cape Herb & Spice Spice/ Seasoning Shaker All Variants

BUY ANY 2 & SAVE 30%
Walker Bay Herbs/Spice Shaker All Variants 17g-60g

SAVE R10
39.99 100ml each
Ina Paarman's Seasoning/ Spice Shaker All Variants

SAVE R13
39.99 200g-260g each
Cape Herb & Spice Spices All Variants

SAVE R50
109.99 500ml
Willow Creek Medoro Extra Virgin Olive Oil

SAVE R50
199.99 1ℓ
Vesuvio Extra Virgin Olive Oil

SAVE R10
29.99 780g each
Koo Grated/Sliced Beetroot All Variants

SAVE R10
36.99 410g each
Offenau Cocktail Onions All Variants

SAVE R10
79.99 780g
Mount Ceder Kalamata Olives

SAVE R10
46.99 125g each
Ina Paarman's Pesto Sauce All Variants

SAVE R15
59.99 400g each
Ina Paarman's Pasta Sauce All Variants

SAVE 17%
38.99 240g/750g each
B-well Mayonnaise All Variants

SAVE R15
24.99 200g each
Knorr Aromat Seasoning Trio Refill All Variants

SAVE R14
ANY 2 FOR R26
Robertsons Spice Refill All Variants

SAVE R14
ANY 2 FOR R30
Knorr Cook-in-Sauce/ Potato Bake All Variants

SAVE R12
BUY 6 FOR R36
Miami Tomato Paste 50g

SAVE R35
59.99 1kg
Tastic Basmati Rice

SAVE R20
59.99 5kg
White Star Super Maize Meal

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SAVE 19%
29.99 200g each
Denny Sauce All Variants

SAVE 19%
34.99 700ml each
Wellington's Tomato Sauce

SAVE R35
109.99 20 per pack
Nescafé Cappuccino Sticks All Variants

SAVE R41
BOTH FOR R99
AS SEEN ON TV
Jungle Corn Flakes 1kg & Alpen Nutrific Cereal 900g

SWIPE & SAVE XTRA

Xtra Savings Checkers

SAVE R17
39.99 each
Kühne German Mustard Beer Mug

SAVE R20
39.99 each
Tabasco Sauce All Variants

SAVE 17%
38.99 each
All Joy Veri-Peri Sauce All Variants

SAVE R10
36.99 each
Steers Sauce/Salad Dressing All Variants

SAVE R12
42.99 each
Wellington's Sweet Chilli/Jalapeño Sauce

SAVE R20
64.99 each
Spur Salad & French Fry Dressing

SAVE R15
69.99 each
Rooibaard Peri-Peri Sauce All Variants

SAVE R13
36.99 each
All Gold Apricot & Peach/ Smooth Apricot Jam

SAVE R10
59.99 each
Hillcrest Jam/ Marmalade All Variants

SAVE R20
69.99 each
Black Cat Peanut Butter All Variants

SAVE R13
49.99 each
Peck's/Redro Fish Spread

SAVE R25
99.99 each
Nutella Hazelnut Chocolate Spread

SAVE R10
39.99 each
Illovo Syrup All Variants

SAVE R10
69.99 each
The Kitchen Pure Honey

SAVE R8
26.99 each
Froozels Gluten Free Cereal All Variants

SAVE R20
59.99 each
Daily Fix Granola All Variants

SAVE R20
59.99 each
Five Roses Ceylon Blend Tea Bags

SAVE R22
FREE DEAL
119.99
BUY **Nestlé** Milo Malt Energy Drink & GET a **Dewfresh** Barista Long Life Milk 1ℓ FREE!

SAVE R30
289.99 each
Mostra Di Cafe Coffee Beans All Variants

SAVE R15
84.99 each
Nestlé Klim Full Cream Instant Milk Powder

SAVE R10
69.99 350g each
Simple Truth Reduced Sugar Choc Hazelnut Spread

SAVE R40
99.99 1.25kg each
AS SEEN ON TV
Futurelife Smart Food Cereal All Variants

SAVE R11
38.99 750g/ 1kg each
Jungle Original/ Instant Oats All Variants

SAVE R10
69.99 1kg
Jungle Taystee Wheat Semolina Porridge

SAVE R28
76.99 1kg
Kellogg's Corn Flakes Cereal

SAVE R20
79.99 1kg
Kellogg's All-Bran Flakes Cereal

better every day
AS SEEN ON TV
BUY ANY 2 &
SAVE 30%
Laager Teabags Products

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SAVE R10
34.99 2,5kg
Golden Cloud Cake Wheat Flour

SAVE R16
56.99 2,5kg
Huletts White Sugar

SAVE R12
69.99 250g-650g each
Ina Paarman's Cake/Dessert Mix All Variants

SAVE R15
74.99 2l each
Excella Sunflower Oil

OVER R25 MILLION IN DAILY SAVINGS

XTRA SAVINGS Checkers

SAVE R14
29.99
Nestlé Ideal Evaporated Milk/Dessert & Cooking Cream

SAVE R13
36.99
Nestlé Caramel Treat Cake Filling/Condensed Milk

SAVE 22%
24.99
Trumps Vermicelli All Variants

SAVE 12%
34.99
Trumps Cherries All Variants

SAVE 11%
39.99
Melt Easy Baking Chocolate All Variants

SAVE R10
59.99
Staffords Choc Chips

SAVE 8%
59.99
Staffords Lemon Curd

SAVE R15
39.99
Cook 'n Bake Non-Stick Spray All Variants

SAVE 26%
ANY 2 FOR
R22
Robertsons Essence/Food Colouring All Variants 40ml

SAVE 21%
29.99
Sheridans Gelatine

SAVE R12
ANY 3 FOR
R30
Moir's Jelly All Variants 80g

SAVE R15
29.99
Selati Castor/Icing Sugar

SAVE R25
74.99
Nestlé Cocoa

SAVE R40
34.99
Safari Dried Fruit Cake Mix

SAVE R10
BUY 4 FOR
R18
Anchor Instant Yeast 10g

SAVE 24%
28.99
Royal Baking Powder Refill

SAVE 14%
29.99
Snowflake Vanilla Flavoured Custard Powder

SAVE 12%
34.99
Moir's Vanilla Flavoured Custard Powder Refill

SAVE 12%
34.99
Maizena Gluten Free Cornflour

SAVE 11%
39.99
Golden Cloud Muffin Mix All Variants

SAVE R20
49.99
Snowflake Creations Premix All Variants

SAVE 15%
Golden Cloud Dessert Mix All Variants 250g Each

SAVE R15
59.99 6x500ml per pack
Thirsti Sports Drink All Variants

SAVE R30
64.99 6x750ml per pack
Bonaqua Pump Still Water All Variants
AS SEEN ON TV

SAVE R13
39.99 6x500ml per pack
Aquellé Unflavoured Still/Sparkling Water
AS SEEN ON TV

SAVE R16
R79
Pepsi Regular/Zero Sugar Cold Drink 12x330ml per pack

SAVE R31
BUY 2 FOR
R149
Castle Alcohol Free Lager Beer 6x410ml per pack
AS SEEN ON TV

SAVE R12
ANY 2 FOR
R32
Fitch & Leedes Tonic/Soft Drink All Variants 1

OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

SAVE 30%
ANY 2 FOR
R38
Doritos Corn Chips All Variants 145g

SAVE R45
ANY 2 FOR
R89
Nestlé Mini Chocolate Fun Bags All Variants

SAVE 15%
BUY 2 FOR
R49
Coca-Cola Original Taste Less Sugar Cold Drink 2ℓ

SAVE R20
49.99 2ℓ each
Liqui Fruit 100% Fruit Juice Blend All Variants

GET UP TO 30%* BACK IN-STORE
IN UCOUNT REWARDS POINTS
WHEN PAYING WITH YOUR QUALIFYING STANDARD BANK CARD
*T&Cs apply
Standard Bank

SAVE R10
ANY 2 FOR
R22
Jungle Energy Bar All Variants 40g-48g

SAVE R10
19.99
Bakers Red Label Cream Biscuits All Variants

SAVE R14
ANY 2 FOR
R46
Bakers Tennis Biscuits All Variants 200g

Bakers Romany Rusks

AS SEEN ON TV
SAVE 20%
Lindt Lindor Chocolate Balls All Variants 200g

SAVE R18
ANY 3 FOR
R33
Cadbury 5Star/Astros/Crunchie/ Lunch Bar/P.S. Chocolate Bar

SAVE R15
59.99
Ferrero Rocher Chocolate Slab All Variants

SAVE R15
ANY 3 FOR
R45
Oreo Biscuits All Variants 128g

SAVE R19
ANY 2 FOR
R55
De Vries Double Velvet Biscuits All Variants 185g

SAVE R28
39.99
Bakers Tennis/Romany/Ginger Nuts/ Nuttikrust/Blue Label Marie Rusks

AS SEEN ON TV
BUY ANY 3 & SAVE 25%
Cadbury Chocolate Slab All Variants 150g

SAVE R30
ANY 2 FOR
R110
Cadbury Whispers/ Tumbles Chocolate 170g/180g

AS SEEN ON TV
SAVE R20
99.99
Nestlé Quality Street Assorted Chocolates

SAVE 9%
29.99 150g each
Amajoya Sweets All Variants

SAVE R16
ANY 2 FOR
R40
Maynards Gum Sweets All Variants 100g

SAVE R24
ANY 2 FOR
R40
Maynards Jelly Tots Sweets All Variants 100g

SAVE R20
ANY 2 FOR
R40
Maynards Allsorts Liquorice All Variants 150g

SAVE R22
ANY 2 FOR
R44
Manhattan/Mister Sweet Gum/ Jelly Sweets All Variants 125g

SAVE R11
ANY 2 FOR
R29
Red Bull Energy Drink All Variants 250ml

SAVE R20
ANY 2 FOR
R50
Douwe Egberts Iced Coffee All Variants 250ml

SAVE R8
ANY 2 FOR
R20
Truda Flyers/Spookies Maize Snack Strip All Variants 4 per strip

SAVE R11
ANY 2 FOR
R25
Webbz Full 'O Joyz Pillow Snacks All Variants 5x25g per pack

SAVE R7
ANY 2 FOR
R17
Webbz Snack Balls All Variants 100g

SAVE 22%
ANY 2 FOR
R28
Wonder Pop Popcorn All Variants 90g

SAVE 20%
ANY 2 FOR
R32
Fiestas Corn Chips All Variants 150g

SAVE 22%
ANY 2 FOR
R36
Craves Crispy Rings Snack All Variants 60g

SAVE 17%
32.99
Cappy 100% Fruit Juice Blend All Variants

SAVE R6
41.99
Appletiser/Grapetiser Sparkling Juice All Variants

SAVE R12
ANY 2 FOR
R34
Pepsi Original/**Mirinda**/ **Mountain Dew** Cold Drink 2ℓ

SAVE 17%
ANY 2 FOR
R38
Fanta/Sprite/Stoney Cold Drink/ **Schweppes** Soda Water 2ℓ

SAVE R30
ANY 2 FOR
R100
Rose's Cordial Concentrate All Variants 750ml

SAVE R10
36.99
Brookes Oros Squash Concentrate All Variants

SAVE R40
109.99
Magalies Nectar Concentrate All Variants

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BABY



SAVE R45
249.99 850g each

Pediasure 3+ Vanilla/ Chocolate Nutritional Supplement for Growing Children

SAVE R40
219.99 per pack



Pampers Premium Care Value Pack Disposable Nappies/ Pants

BUY 2 FOR 229.99 PER PACK — SAVE R105 PER PACK

BUY 1 FOR 249.99 PER PACK — SAVE R85 PER PACK

Pampers Jumbo Pack Disposable Nappies/Pants



LOVIES ultra premium nappies

- Up to 12-hour protection
- Dermatologically tested
- Soothing aloe vera
- Stretchy waistband & sides for a snug fit

SAVE R40
149.99 per pack



Lovies Ultra Value Pack/ Jumbo Pack Disposable Nappies

SA's new premium nappy



SAVE R12 ANY 2 FOR R32

Johnson's Baby Soap All Variants 175g



SAVE R20 54.99 each

Johnson's Baby Aqueous Cream All Variants



SAVE R20 54.99 each

Johnson's Baby Jelly All Variants



SAVE R15 64.99

Johnson's Baby Powder



SAVE R25 79.99

Johnson's Baby Liquid Soap/ Shampoo/Baby Wash/Baby Oil



SAVE R15 ANY 2 FOR R45

Lovies Baby Wipes All Variants 72 per pack



SAVE R19 BOTH FOR R55

Dove Baby Wipes 50 per pack & Baby Soap All Variants 90g



SAVE R16 ANY 4 FOR R53

Purity 2nd Foods/Pouch Baby Food All Variants 110ml/125ml



SAVE R22 ANY 4 FOR R59

Purity 3rd Foods/Snack Pouch Baby Food All Variants 150ml/200ml



SAVE 22% 24.99 200g each

Purity Baby Cereal All Variants



SAVE 12% 54.99 each

Nestlé Nestum Baby Cereal All Variants



SAVE R20 169.99

Nestlé Nido 3+ Powdered Drink for Growing Children



SAVE R60 439.99

Pediasure 3+ Nutritional Supplement for Growing Children



3-PACK

SAVE R10 39.99

Jolly Tots Soft Tip Spoons 6 months All Variants



25-PACK

SAVE R10 69.99

Jolly Tots Breast Milk Storage Bags



SAVE R50 149.99 each

Tommee Tippee Cups 6-12 months+ All Variants



SAVE R40 199.99 each

Nuk Hard Spout Trainer Cup 230ml 6 months+ All Variants



SAVE R20 79.99 each

Jolly Tots Basic Baby Bath All Variants

GIVFOCLDYDUXE

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CARE FOR YOUR
DIGESTIVE WELLNESS



SAVE R13
29.99

Brooklax
Laxative Tablet



SAVE R20
ANY 2 FOR
R40

Brunel Mist Alba
Original/Banana 100ml



SAVE R10
59.99

Eno Regular/Orange
Active Fruit Salt



SAVE UP TO R40
FROM
89.99

Gaviscon Antacid Selected Variants
Peppermint/Aniseed 150ml - R89,99 Save R10
Plus Sachets 10mlx12 - R89,99 Save R40
Tablets 24 per pack - R89,99 Save R30
Peppermint 10mlx12 - R99,99 and Save R40



SAVE 25%

Rennie Peppermint/Spearmint/
Orange Chewable Antacid
Tablets 24/48/96 per pack

LITTLE ONES DESERVE
EXTRA CARE



SAVE 30%

Himalaya Bonnispaz Drops
15ml/Bonnisan Liquid 120ml



SAVE 19%
29.99

Muthi Wenyoni
Antacid



SAVE R15
49.99

Woodward's
Gripe Water

SAVE R15
49.99



Teejel
Teething Gel



SAVE R18
59.99

Panado Paediatric
Syrup All Variants

SAVE R20
89.99



Crèche Guard
Cough Remedy
Syrup



SAVE R40
119.99

Telament Paediatric
Colic Drops 30ml

VITAMINS & SUPPLEMENTS



BUY ANY 2 &
SAVE
20%

Bioplus Energy Gummies
All Variants 65g



BUY ANY 3 &
SAVE
20%

Vital
Products



SAVE R20
169.99

Revite Ashwagandha with
Vitamin B6 Capsules



SAVE R50
159.99

Centrum Men/Woman/Select
50+ Multivitamin Tablets



SAVE 25%
209.99

Medirite
Collagen Powder

CARE FOR
COLDS & FLU



SAVE R20
54.99

Triparc Triple Relief
Formula Powder



SAVE R13
59.99

Borstol Cough Syrup
All Variants



SAVE R16
ANY 2 FOR
R60

Panado Pain Relief Tablets Tub/
Blister Pack 24 per pack



BUY 3
& GET THE
CHEAPEST
FREE

Vicks Products
Excluding 10g



SAVE
20%

Sinutab Saline Nasal Spray 15ml/
Benylin Lozenges 20 per pack/Cough Syrup
100ml/All-in-One Flu Defence 100ml

DEALS ALSO AVAILABLE AT Medirite Plus

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SAVE R21
ANY 3 FOR
R39
Lux Bath Soap All Variants 150g

SAVE R22
ANY 2 FOR
R44
Colgate Toothpaste All Variants 100ml
EXCLUDING TRIPLE ACTION

SAVE R30
ANY 2 FOR
R90
Ingram's Body Cream Selected Variants 450ml

SAVE FROM R30
54.99 400ml each
Nivea Body Lotion/Cream Selected Variants
AS SEEN ON TV

BEST VALUE FOR PERSONAL CARE

BestBuy AWARD
BEST VALUE FOR MONEY
WWW.BESTBUYAWARD.ORG.ZA
CHECKERS HYGIENE AND PERSONAL CARE
GENERAL • 2026/2027

LENTHÉRIC
LONDON • PARIS

SAVE R10
59.99 100ml each
I Love Body & Hair Mist All Variants

SAVE R22
ANY 2 FOR
R48
Nivea Roll-On All Variants 50ml

SAVE R12
24.99 50ml each
Dove Roll-On All Variants

SAVE R20
69.99 150ml each
Mitchum Ladies' Roll-On All Variants

SAVE R30
89.99 each
Mitchum Gel Stick All Variants

SAVE 20%
Schick Razor Products

BUY ANY 2 &
SAVE
20%
Shower to Shower Roll-On 50ml/ Deodorant 150ml All Variants

SAVE R12
32.99 90ml each
Lenthéric Ladies' Deodorant All Variants

SAVE R8
41.99 150ml each
Dove Deodorant All Variants

SAVE
30%
Nivea Sun Protection Products

SAVE
30%
Everysun Sun Protection Products

THE AXE EFFECT
ZINC PAD TECH

SAVE R32
ANY 2 FOR
R60
Axe Deodorant All Variants 150ml

SAVE R20
169.99 150ml each
Palmer's Radiance Shimmer Body Oil

SAVE R30
99.99 400ml each
Vaseline Cera-Glow Body Lotion/Cream

SAVE R45
134.99 250ml each
Vaseline Cera-Glow Body Gel-Oil

BUY ANY 2 &
SAVE
15%
Nivea Facial Care Products

SAVE
15%
Nivea Q10 Firming Body Lotion All Variants 400ml/625ml Each

Protex
ACTIVELY NEUTRALISES ODOUR FOR LASTING FRESHNESS**
WITH SALICYLIC ACID TECHNOLOGY
NEW
NEW
Protex Odour Control
Protex Pimple Control
Protex Deep Clean
SAVE R12
ANY 3 FOR
R39
Protex Bath Soap All Variants 175g
24H LASTING GERM PROTECTION*

For soft skin &
lasting nourishment
Vaseline
SAVE R35
54.99 400ml each
Vaseline Body Lotion/ Cream Selected Variants

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SAVE FROM R65
249.99 500g each
E45 Dermatological Body Cream

SAVE R61
64.99 4x90g per pack
Dove Bath Soap All Variants

SAVE R30
119.99 750ml/900ml each
Tresemmé Shampoo/Conditioner All Variants

SAVE R70
ANY 2 FOR R120
Sanex Shower Gel All Variants 500ml

ADD THESE DEALS TO YOUR BASKET

XTRA SAVINGS checkers

SAVE FROM R10
ANY 2 FOR R40
White Glo Toothpaste All Variants 75ml

SAVE R20
79.99 75ml each
Sensodyne Toothpaste All Variants

AS SEEN ON TV
SAVE UP TO R80
ANY 2 FOR R110
Colgate Pro/Optic/Total Toothpaste All Variants 50ml-150ml

SAVE R20
59.99 300ml each
Colgate Plax Icy Cool Mint/Soft Mint Mouthwash

SAVE 25%
Colgate Toothbrush All Variants 1-4 per pack

SAVE 20%
Dentek Dental Floss Picks All Variants 75/90 per pack

SAVE R10
ANY 2 FOR R40
Reitzer's Glycerine Soap All Variants 100g/150g

SELECTED STORES
SAVE R15
74.99 400ml each
Dove Shower Gel All Variants

SAVE R61
ANY 2 FOR R99
Dettol Hand Wash Refill All Variants 500ml

BUY ANY 2 & SAVE 20%
Nonova Soak It Up Bath Accessories All Variants

SAVE R5
19.99 each
Essentials Robin Guest Towel 30x50cm All Variants

SAVE R15
44.99 32 per pack
Lil-lets Non-Applicator Tampons All Variants

SAVE R10
42.99 150 per pack
Lil-lets Pantyliners All Variants

SAVE FROM R45
ANY 2 FOR R75
Always Sanitary Pads All Variants 12-20 per pack

SAVE R20
129.99 per set
Wahl Home Pro Basic Hair Cutting Kit

SAVE R50
449.99 3-piece set
Wahl 2000W Professional Hair Dryer

NOURISHES THE SCALP TO STRENGTHEN HAIR
WITH GINSENG AND ALMOND OIL
UP TO 150 WASHES

SAVE R25
84.99 each
Organics Shampoo/Conditioner All Variants

SAVE R30
119.99 per pack
Revlon Colorstay Hair Colour All Variants

SAVE R20
89.99 300ml-500ml each
Perfect Touch Style Gel/Hairspray/Mousse All Variants

Aunt Jackie's™ CURLS & COILS
GET YOUR curl ON
SAVE 20%
Aunt Jackie's Hair Care Products
@auntjackiescurlsandcoils
auntjackiescurlsandcoils.com

ICE CURLS · CURL LA LA · TRANSFORM · DON'T SHRINK · IN CONTROL
BABY CURLS · REPAIR MY HAIR · OH SO CLEAN! · FRIZZ PATROL · KNOT ON MY WATCH · QUENCH

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PLATINUM



SAVE R50
449.99 each
Platinum Digital Coffee Maker · 12-Cup

PHILIPS



SAVE R200
799.99 each
Philips Analogue Air Fryer · 6,2ℓ

morphy richards



SAVE R100
899.99 each
Morphy Richards Silver Digital Microwave · 20ℓ

WE'LL BEAT ANY APPLIANCE PRICE IN SA, GUARANTEED!*

*T&Cs APPLY



SAVE R100
899.99 per set
Quisimo Pressed Aluminium Cookware Set · 7-Piece



SAVE R100
299.99 per set
Nordic Coupe Dinner Set · 24-Piece



SAVE R100
249.99
Morphy Richards Rose Gold & Black Steam Iron · 2200W



SAVE R50
349.99
Morphy Richards Hive Black Rose Gold/White Cordless Kettle · 1,5ℓ

morphy richards



SAVE R50
399.99
Morphy Richards Hive Black Rose Gold/White Toaster · 2-Slice



SAVE R50
349.99
Morphy Richards Black Jug Blender · 1,5ℓ



SAVE R20
229.99
Platinum Egg Cooker

PLATINUM



SAVE R20
379.99
Platinum Panini Press · 2-Slice



SAVE R50
299.99
Platinum On-the-Go Blender · 300W



SAVE R50
449.99
Platinum Hand Blender Set



- Tumbler - 49,99
- Hi Ball Blush - 49,99
- Flute - 59,99
- Red Wine - 59,99
- Beer Blush - 69,99

SAVE R10 FROM 49.99
Lav Nevakar Blush Glassware Range · 4-Pack



- Flute
- Red Wine
- Magnum Wine
- Stemless Flute
- Stemless Marta

SAVE R20
179.99
Maison Forine Marta Glassware Range · 4-Pack

- Magnum 2-Pack - 99,99
- Red Wine 6-Pack - 229,99
- White Wine 6-Pack - 229,99
- Flute 6-Pack - 229,99



SAVE R50
229.99
Maison Forine Bohemia Glassware Range · 2/6-Pack

SAVE 20%
Blue Floral Print Crockery Range

- Dinner Plate - 39,99
- Side Plate - 19,99
- Bowl - 29,99
- Coffee Mug - 24,99
- Cup & Saucer - 49,99



SAVE R50
299.99 per set
Flonal Cook & Indulge Non-Stick Fry Pan · 24cm & 28cm



SAVE R50
249.99 per set
Prochef Wooden Block Knife Set · 5-Piece



SAVE R50
349.99 per set
Sequence Stainless Steel Cutlery Set · 20-Piece



SAVE R150
599.99 per set
Majoré Stainless Steel Cookware Set · 12-Piece



GNFOCLDYOKE 356

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XTRA SAVINGS ON HOME & GARDEN ESSENTIALS









- Ideal for Vegetables, Flowers & Flowering Shrubs
- Sustained Release of Nitrogen
- Enhances Root Growth
- Less Volatile









- Bin Swing Lift 25ℓ - 199,99
- Bin Swing Lift 50ℓ - 249,99













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PET promotion



NOW ON 19 OCTOBER - 8 NOVEMBER 2026



SAVE R15
ANY 2 FOR
R65

Cesar Dog Food
All Variants 100g



SELECTED STORES

SAVE R20
ANY 2 FOR
R79

Husky Prime Cuts Dog Food All Variants 775g



SAVE R25
ANY 2 FOR
R85

Petley's Dog Food
All Variants 775g



SAVE R36
ANY 3 FOR
R99

Boss Dog Food
All Variants 775g/820g



SELECTED STORES

SAVE R60
ANY 3 FOR
R150

Chunky Charlie Frozen Dog Food Roll All Variants 500g



SELECTED STORES

SAVE R30
ANY 2 FOR
R150

Husky Prime Cuts Dog Food All Variants 6x85g per pack



SELECTED STORES

SAVE R20
169.99

Petley's Advanced Dog Food All Variants



SAVE R20
ANY 4 FOR
R95

Petshop Dog Treats
All Variants 120g



BUY ANY 2 &
SAVE
20%

Pedigree Denta Stix Dog Treats All Variants 110g-270g



SAVE R24
ANY 3 FOR
R30

Beeno Dog Biscuits
All Variants 49g



AS SEEN ON TV

SAVE R51
ANY 2 FOR
R129

Beeno Dog Biscuits
All Variants 800g



SAVE R19
ANY 2 FOR
R65

Beeno Dog Biscuits
All Variants 300g



SAVE R15
74.99

Beeno Dog Treats
All Variants



SAVE
15%

Petshop Grooming
Kit · 3-Piece



BUY ANY 3 &
SAVE
30%

Small Batch Jerky Dog
Treats All Variants



SAVE R20
FROM
19.99

Petshop Stainless
Steel Bowls All Variants



SAVE R20
59.99

Petshop Safari Plush
Toy All Variants



SAVE R20
99.99

Petshop Frisbee
Dog Toy · All Variants



SAVE R100
FROM
399.99

Dog's Life Taka M'su Monotone
Pet Cushion All Variants



SAVE R50
189.99
Vitagen Dog Food
All Variants

SAVE R20
109.99
Vitacat Cat Food
All Variants



SAVE R20
74.99
Epol Cat Food
All Variants

NO ARTIFICIAL COLOURS

VITAGEN IS A UNIQUE BLEND OF MINERALS, VITAMINS AND PROTEINS, WHICH GUARANTEES COMPLETE AND BALANCED NUTRITION ENSURING OPTIMUM HEALTH, VITALITY AND WELL-BEING FOR YOUR DOG!

PREMIUM CAT FOOD

NO ARTIFICIAL COLOURANTS OR FLAVOURANTS

HAIRBALL ASSIST ADDED CELLULOSE FIBRE

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Dreamies Cat Treats All Variants 60g



Pamper Cat Food All Variants 85g



Top Cat Cat Food All Variants



Petley's Advanced Cat Food All Variants 375g



Petley's Advanced Cat Food All Variants



Sheba Cat Food All Variants 70g



Drakensberg Wild Bird Seed/Rabbit Pellets 1kg



Brennco Garden Bird Seed



Bob Martin Condition Tablets All Variants

Pulvex Tick & Flea Products



Bob Martin Felight Cat Crystals All Variants 1,5kg/1,8kg



Petley's Cat Food All Variants 375g



Marltons Fish Food All Variants 40g

Marltons Dog Treats All Variants

Marltons Dog Treats All Variants

Marltons Dog Treats All Variants 120g

Marltons Dog Food Gravy All Variants 500ml

Marltons Get Off Spray for Pets

Marltons Regular Cat Litter

Marltons Cat Litter Crystals

Marltons Eco-Wood Cat Litter



OFFERS VALID FROM 19 OCTOBER 2026 UNTIL 8 NOVEMBER 2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES.

SAVE R30
119.99 3kg each
Omo Auto Washing Powder All Variants
AS SEEN ON TV

SAVE R150
BUY 2 & GET A 3RD FREE
Omo Detergent Capsules 20 per pack
AS SEEN ON TV
FREE!

SAVE R60
ANY 2 FOR R99
Sta-soft Fabric Softener All Variants 2ℓ
AS SEEN ON TV

SAVE R40
149.99 24 per pack
Twinsaver Classic 2-Ply White Toilet Rolls
AS SEEN ON TV

XTRA SAVINGS plus MONTHLY SUBSCRIPTION
UNLIMITED DELIVERIES!*
ONLY R99 PER MONTH
Sign up now
*R350 minimum spend. T&Cs apply.

BUY ANY 2 & SAVE 20%
Simple Truth Cleaning Products

FREE!
SAVE R33
BUY 2 & GET A 3RD FREE
Glade Air Freshener All Variants 180ml

SAVE R10
25.99
Handy Andy Cleaning Cream All Variants

SAVE R18
ANY 2 FOR R56
Domestos Disinfectant All Variants 750ml

SAVE 15%
33.99
Sunlight Anti Bacterial Dishwashing Liquid All Variants

SAVE R10
54.99
Sunlight Original Dishwashing Liquid

SAVE R35
ANY 2 FOR R95
Mr. Muscle Tile Cleaner All Variants 750ml

SAVE 30%
BUY 3 & GET THE CHEAPEST FREE
Ariel Auto Liquid Detergent 2ℓ/3ℓ Capsules 14/21/30 per pack

SAVE R10
34.99
Jik Bleach All Variants

SAVE R60
ANY 3 FOR R99
Comfort Fabric Conditioner Pouch All Variants 800ml

AS SEEN ON TV
SAVE R40
BUY 2 FOR R79
Dinu Mega Kitchen Towels 2 per pack

AS SEEN ON TV
SAVE 25%
219.99
Finish Dishwasher Tablets All Variants

SAVE R170
BUY 2 & GET A 3RD FREE
FREE!
Baby Soft Supreme Quilts 2-Ply Toilet Rolls 18 per pack

SAVE R8
39.99
Tuffy Budget Refuse Bags

SAVE R25
64.99
Raid Electric Mosquito Killer Unit/Refill

SAVE R5
ANY 3 FOR R55
Godrej Aer Power Pocket Freshener All Variants 10g

AS SEEN ON TV
SAVE R40
ANY 2 FOR R89
Doom Pro Insecticide All Variants 300ml
NEW

SAVE R10
59.99
Addis Charcoal/White Laundry Basket

SAVE R20
169.99
Addis Charcoal/White Linen Bin Hamper

GNFOCLOYDXIE

Checkers
also at Checkers Hyper
better and better
Download the app

OFFERS VALID FROM MONDAY 19/10/2026 UNTIL SUNDAY 08/11/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER & CHECKERS FOODS STORES GAUTENG, BRITS, LIMPOPO, MPUMALANGA & RUSTENBURG; EXCEPT MAFIKENG, LICHTENBURG & ZEERUST STORES. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. WINE ONLY AVAILABLE AT STORES WITH WINE DEPARTMENTS. BEER & SPIRITS ONLY AVAILABLE AT LIQUORSHOP STORES. ALCOHOL FOR SALE ON SUNDAYS IN GAUTENG ONLY. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. SEAFOOD ONLY AVAILABLE AT STORES WITH SEAFOOD COUNTERS. CERTAIN FOODS COOKED FOR STYLING PURPOSES ONLY. FOODS SHOWN AS SERVING SUGGESTIONS, ACCESSORIES NOT INCLUDED. APPLIANCE PRICE BEAT GUARANTEE, SEE WWW.TERMSCONDITIONS.CO.ZA FOR DETAILS. T&Cs APPLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

GOOD TIMES. GREAT POURS. XTRA SAVINGS



SAVE R20
79.99 750ml
Nederburg Baronne Cabernet Sauvignon Shiraz Red Blend Wine

SAVE R20
109.99 750ml
Neil Ellis · West Coast Sauvignon Blanc White · Short Left Red Blend Wine each

SAVE R40
189.99 750ml
L'Ormarins Brut Classique · NV · Rosé Cap Classique Sparkling Wine each

SAVE R20
279.99 500ml
Lemoencello Orange Liqueur

EXCLUSIVE

SAVE R120
479.99 750ml
Jameson Select Reserve Irish Whiskey

SAVE R120
449.99 750ml
Loch Lomond Original Single Malt Scotch Whisky

SAVE R120
479.99 750ml
Courvoisier VS Cognac

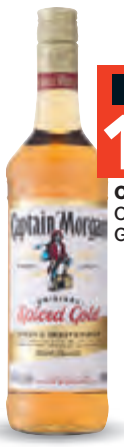
SAVE R100
849.99 750ml
Courvoisier V.S.O.P Cognac



SAVE R20
119.99 750ml
African Dew Cream Liqueur All Variants each



SAVE R20
169.99 750ml
Gordon's London Dry Gin/ Pink Berry/Sunset Orange Spirit Aperitif each



SAVE R30
169.99 750ml
Captain Morgan Original Spiced Gold Rum



SAVE R30
174.99 750ml
Vat 69 Blended Scotch Whisky



SAVE R40
199.99 750ml
Richelieu International Premium Brandy

BREWS MADE TO STAY ICE COLD



SAVE R40
ANY 2 FOR
R200
Corona Extra/Cero Beer NRB 6x355ml

SAVE R55
ANY 2 FOR
R195
Windhoek Premium Draught Beer NRB 6x440ml/ Cans 6x500ml

SAVE R50
2 FOR
R200
Extreme Energy Apple Ale NRB 6x275ml

SAVE R50
ANY 2 FOR
R200
Bacardi Breezer Blackberry/ Blueberry/ Watermelon/Peach Spirit Cooler NRB 6x275ml

SAVE R50
ANY 2 FOR
R210
Belgravia Gin & Tonic/Dry Lemon/ Pink Tonic/Dark Cherry Spirit Cooler NRB 6x275ml

SAVE R50
ANY 2 FOR
R240
Smirnoff Ice Storm/Berry Twist/Pine Twist Spirit Cooler Cans 6x440ml

SAVE R55
2 FOR
R145
Flying Fish Pressed Lemon Flavoured Beer NRB 6x330ml

SAVE R55
2 FOR
R145
Castle Lite Beer NRB 6x330ml

SAVE R50
ANY 2 FOR
R150
Brutal Fruit Ruby Apple/Litchi Sèche/ Strawberry Rouge Sparkling Spritzer NRB 6x275ml

SAVE R40
ANY 2 FOR
R180
Heineken Original/Silver/ Non-Alcoholic Pure Malt Lager Beer NRB 6x330ml

SAVE R45
R195
Savanna Dry Premium Cider NRB 12x330ml



Checkers LiquorShop



Download the app

Not for Persons Under the Age of 18. Drink Responsibly. #N18 awarded

GNLSLCAKMZ/E

WE BRING THE wine route TO YOU



SAVE R20
ANY 2 FOR
R90

Oakridge Wine All Variants 750ml



SAVE R10
59.99 750ml

Nalu · Rosé · Limelight Perlé · Sauvignon Blanc · Red Blend Wine each



SAVE R20
79.99 750ml

Buitenverwachting Buiten Blanc White Wine



BUY ANY 2 &
SAVE R30

KWV Classic Collection Wine All Variants 750ml



SAVE R30
199.99 750ml

Boschendal Nicolas Red Blend Wine



SAVE R25
149.99 750ml each

Paul Clüver · Village Pinot Noir Red · Chardonnay White Wine



SAVE R20
89.99 each

J.C. Le Roux Sparkling Wine All Variants 6x300ml Cans per pack/750ml each



SAVE R15
89.99 6x250ml per pack

Just Wine Sweet · White · Rosé Perlé Sparkling Wine Cans



SAVE R30
119.99 3ℓ

Oakridge · White · Red Wine Blend · Natural Sweet Rosé Wine each



SAVE R15
94.99 750ml

Kleine Zalze Cellar Selection Red Wine All Variants each

SAVE R15
84.99 750ml

Kleine Zalze Cellar Selection White Wine All Variants each

SAVE R30
164.99 750ml

Kleine Zalze Cap Classique · NV Brut · Brut Rosé Sparkling Wine each

GNLSLCAKMZ/E 996

HOUSE of FINE WHISKY

SAVE R30
179.99 750ml

Scottish Collie Blended Scotch Whisky



SAVE R35
189.99 750ml

J&B Blended Scotch Whisky

SAVE R100
349.99 750ml each

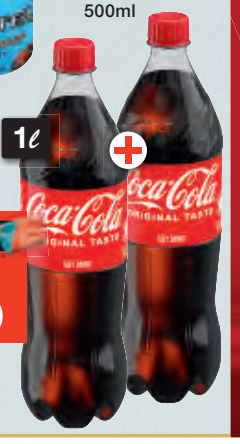
Loch Lomond Single Grain/ Peated Single Grain Scotch Whisky

STOCK UP ON MIXERS



SAVE R10
ANY 2 FOR
R30

Monster Energy Drink All Variants 500ml



SAVE R8
2 FOR
R36

Coca-Cola Original Taste Soft Drink 1ℓ





SAVE R25
149.99 750ml each

Russian Bear Vodka All Variants



SAVE R35
174.99 750ml

Olof Bergh Solera Brandy



SAVE R80
259.99 750ml each

Olmeca Silver/Reposado Tequila



SAVE R30
289.99 750ml

Bombay Sapphire London Dry Gin



SAVE R80
249.99 750ml each

Absolut Vodka All Variants

Checkers LiquorShop



OFFERS VALID FROM FRIDAY 23/10/2026 UNTIL SUNDAY 08/11/2026. PRICES APPLY TO CHECKERS & CHECKERS HYPER LIQUORSHOPS GAUTENG. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS PLEASE. SELECTED ITEMS MAY NOT BE AVAILABLE AT CERTAIN STORES. ALL WINE OFFERS ALSO AVAILABLE AT LIQUORSHOP STORES. LIQUOR ONLY AVAILABLE AT STORES WITH A VALID LIQUOR LICENCE. ERRORS & OMISSIONS EXCEPTED (E&OE). WHILE STOCKS LAST. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE). XTRA SAVINGS SUPPORT LINE 0800 33 33 85 (TOLL-FREE).

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Dis-Chem+

Better health starts here

Tuesday 20 October to Sunday 15 November 2026

BETTER SAVINGS

Dis-Chem +Better Rewards

SAVE R164



Biogen Creatine Monohydrate
500g
444.99
+B MEMBER PRICE: 280.34

SAVE R92



Biogen Ashwagandha Root
60 vegetarian capsules
248.99
+B MEMBER PRICE: 156.86

SAVE R81



Movicol
20 sachets
218.99
+B MEMBER PRICE: 137.96

SAVE R67



Lifestyle Food Xylitol Sugar Replacement
1kg
181.99
+B MEMBER PRICE: 114.65

Offer on ALL Johnson's Baby products

SAVE R74 per 6-pack



Johnson's Extra Sensitive
6 x 56 **OR**
Gentle All Over
6 x 72
Baby Wipes
VALUE PACK
199.99
+B MEMBER PRICE: 125.99 per 6-pack

SWIPE TO GET 30%OFF

+B GET AN EXTRA

10%OFF

ALL Better Rewards Brands

Member prices already reflect both discounts

NEW

Offer on Cetaphil Hydrating AND Firming body products

SAVE R111



Cetaphil Skin Activator Hydrating & Firming Cream
96g
299.99
+B MEMBER PRICE: 188.99

Offer on ALL Epi•Max Baby products

SAVE R48 each



129.99
+B MEMBER PRICE: 81.89 each

Epi•Max Baby & Junior Cream
400g

Offer on ALL Revlon Age Defying Foundations

SAVE R129



Revlon Age Defying 3X Foundation
349.95
+B MEMBER PRICE: 220.47



SAVE R740 per pack

1999.99
+B MEMBER PRICE: 1259.99 per pack

Oral-B iO Series 3 Electric Toothbrush
2-pack



SAVE R48

Listerine Cool Mint Mouthwash
VALUE PACK
750ml
129.99
+B MEMBER PRICE: 81.89

Offer on ALL Benzac AND Benzaderm face care products

SAVE R68



Benzac 4in1 Power Patch
23-piece
185.00
+B MEMBER PRICE: 116.55

Shop the Better Gifting Collection to unlock an **extra 5% off** Better Rewards brands this festive season.

Explore the festive gifting collection

MULTIVITAMINS & DAILY SUPPLEMENTS





SAVE R81

Biogen Lion's Mane Extract
30 vegetarian capsules
289.99
+B MEMBER PRICE: 208.79



SAVE R42

Biogen Ginkgo Biloba 200mg
30 capsules
151.99
+B MEMBER PRICE: 109.43



SAVE R112

FoodGrown Pure Krill Oil 1000mg
60 softgels
399.99
+B MEMBER PRICE: 287.99



SAVE R92

329.99
+B MEMBER PRICE: 237.59
Vital Memory & Concentration
60 softgel capsules



SAVE R69

Tibb Stress-Away Syrup
100ml
248.99
+B MEMBER PRICE: 179.27

SWIPE TO GET

20%OFF

+B GET AN EXTRA

10%OFF

ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R39

Gold L-Theanine 250mg
60 vegecapsules
139.99
+B MEMBER PRICE: 100.79



SAVE R70

Gold Evening Primrose Oil 1000mg
90 softgel capsules
249.99
+B MEMBER PRICE: 179.99



SAVE R53

Gold Flaxseed Oil 1000mg
90 softgel capsules
189.99
+B MEMBER PRICE: 136.79



SAVE R72

Créche Guard Immune Multivitamin Syrup
200ml
259.99
+B MEMBER PRICE: 187.19



SAVE R74

Lifestyle Health Multivitamin & Mineral Gummy Bears for Kids
120 gummies
264.99
+B MEMBER PRICE: 190.79



SAVE R82

Gummy Vites Daily Multivitamin
120 gummies
292.99
+B MEMBER PRICE: 210.95



SAVE R149

534.99
+B MEMBER PRICE: 385.19
InsuMax-Q
30 day supply

2+1 CHEAPEST FREE MEMBER DEAL



Stress No More
40 capsules
224.99



SAVE R64

319.99
MEMBER PRICE: 255.99
NeuroXCEL
30 day supply



SAVE R12

31.99
MEMBER PRICE: 2 FOR 50.99
Relicalm L-Theanine 150mg
4 tablets



SAVE R39

ReVite Omega-3 Fish Oil 1000mg
90 softgel capsules
194.99
MEMBER PRICE: 155.99

Scan the QR code to **join Better Rewards** for **FREE**

MULTIVITAMINS & DAILY SUPPLEMENTS



Biogen Supreme Omega-3
60 **PLUS** 10 softgel capsules
VALUE PACK
309.99
+B MEMBER PRICE: 278.99 per pack

SWIPE TO GET 2+1 FREE + GET AN EXTRA 10% OFF ALL Better Rewards Brands



Biogen Sure Sleep
60 vegetarian capsules
199.99
+B MEMBER PRICE: 179.99



Biogen Milk Thistle
60 capsules
199.99
+B MEMBER PRICE: 179.99



Biogen Supreme Co-Enzyme Q10 300mg
30 vegetable capsules
369.99
+B MEMBER PRICE: 332.99



Biogen Vitamin D3 with Coconut Oil
60 soft gelatine capsules
199.99
+B MEMBER PRICE: 179.99



Biogen Vitamin K2
30 vegetarian capsules
309.99
+B MEMBER PRICE: 278.99



SAVE R105
Gold Omega 3 Salmon Oil + 1000mg
90 softgel capsules
189.99
+B MEMBER PRICE: 2 FOR 273.99

SAVE R195



FoodGrown Methyl Complex
60 capsules
349.99
+B MEMBER PRICE: 2 FOR 503.99

SAVE R187



FoodGrown Lion's Mane Extract 1000mg
60 capsules
334.99
+B MEMBER PRICE: 2 FOR 481.99

SAVE R181

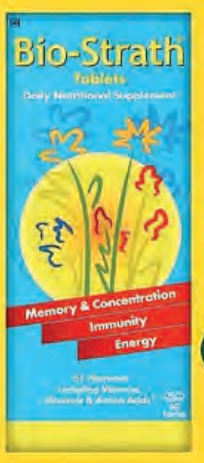


Biogen Omega-3
90 **PLUS** 90 softgel capsules
VALUE PACK
324.99
+B MEMBER PRICE: 2 FOR 467.99



SAVE R125
Gold Salmon & Evening Primrose Oil
90 softgel capsules
224.99
+B MEMBER PRICE: 2 FOR 323.99

SWIPE TO GET BULK BUYS + GET AN EXTRA 10% OFF ALL Better Rewards Brands



SAVE R121
Bio-Strath Daily Nutritional Supplement
60 tablets
216.99
+B MEMBER PRICE: 2 FOR 311.99



SAVE R117
Centrum Adult 50+ Multivitamin & Mineral Supplement
30 tablets
209.99
+B MEMBER PRICE: 2 FOR 301.99



SAVE R279
StaminoGro Daily Multivitamin Supplement
120 tablets
499.99
+B MEMBER PRICE: 2 FOR 719.99



SAVE R182
Essentiale Extreme 300mg
100 hard gelatin capsules
326.99
+B MEMBER PRICE: 2 FOR 470.99



SAVE R127
Lifestyle Health Cardio Q10+
30 vegecapsules
228.99
+B MEMBER PRICE: 2 FOR 329.99

Unlock all promo prices as a **Better Rewards member** and **save.** The promotional discount may only apply to specific products within the range. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Visit the app or in-store for more details. Ts and Cs apply. Offers valid while stocks last or until Sunday 15 November 2026. Available at dischem.co.za **OR** at selected stores. E&OE. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

ENERGY & MINERALS

Offer on ALL Slow•Mag products



Slow•Mag Magnesium
100 capsules

419.99

+B MEMBER PRICE: 377.99

SWIPE TO GET 2+1 CHEAPEST FREE + GET AN EXTRA 10% OFF ALL Better Rewards Brands

Offer on ALL Slow•Mag products



Slow•Mag Magnesium Fizzies
30 effervescent tablets

279.99

+B MEMBER PRICE: 251.99

SAVE R111



Lifestyle Health Magnesium Fizzy
30 effervescent tablets

199.99

+B MEMBER PRICE: 2 FOR 287.99

SAVE R192



Biogen Calmag Max Calcium Magnesium
120 tablets

344.99

+B MEMBER PRICE: 2 FOR 496.99

SAVE R97



Gold B-Complex Slow Release
60 coated tablets

174.99

+B MEMBER PRICE: 2 FOR 251.99

SAVE R187



FoodGrown Vitamin B Complex
60 capsules

334.99

+B MEMBER PRICE: 2 FOR 481.99

SAVE R346



Biogen Magnesium Glycinate
120 tablets

619.99

+B MEMBER PRICE: 2 FOR 892.99

SWIPE TO GET BULK BUYS + GET AN EXTRA 10% OFF ALL Better Rewards Brands

SAVE R101



Gold Magnesium Slow Release
100 coated tablets

182.99

+B MEMBER PRICE: 2 FOR 263.99

SAVE R83



Biogen Vitamin B12
60 chewable tablets

149.99

+B MEMBER PRICE: 2 FOR 215.99

SAVE R105



Gold Iron Plus High Strength
60 coated tablets

189.99

+B MEMBER PRICE: 2 FOR 273.99

SAVE R167



Lifestyle Health Calcium+
90 tablets
VALUE PACK

299.99

+B MEMBER PRICE: 2 FOR 431.99

SAVE R73



Lifestyle Health Zinc with added Vitamin A
100 tablets

132.99

+B MEMBER PRICE: 2 FOR 191.99

SAVE R86



Vital Zinc Complex
90 tablets

154.99

+B MEMBER PRICE: 2 FOR 222.99

SAVE R167



A.Vogel Multiforce Alkaline Powder
225g / Assorted

299.99

+B MEMBER PRICE: 2 FOR 431.99

WOMEN'S HEALTH



Lifestyle Health B12 + Folic Acid
60 tablets
70.99
+B MEMBER PRICE: 63.99

SWIPE TO GET 2+1 FREE + GET AN EXTRA 10% OFF ALL Better Rewards Brands



Gold Biotin 500µg
60 coated tablets
164.99
+B MEMBER PRICE: 148.49



Vital Cranberry 12 500mg
30 softgel capsules
194.99
+B MEMBER PRICE: 175.49



Vital Hair, Skin & Nails
30 softgel capsules
182.99
+B MEMBER PRICE: 164.69



Biogen Collagen
60 PLUS 30 capsules
VALUE PACK
254.99
+B MEMBER PRICE: 229.49



Biogen Collagen with Peptan
280g
409.99
+B MEMBER PRICE: 368.99

DIGESTIVE & GUT HEALTH



SAVE R202
Iberogast Oral Liquid
50ml
362.99
+B MEMBER PRICE: 2 FOR 522.99

SWIPE TO GET BULK BUYS + GET AN EXTRA 10% OFF ALL Better Rewards Brands



SAVE R139
Entiro Probiotic
30 capsules
249.99
+B MEMBER PRICE: 2 FOR 359.99



SAVE R25
Lifestyle Food Activated Charcoal
100g
45.99
+B MEMBER PRICE: 2 FOR 65.99



SAVE R43
78.99
Lifestyle Health Colon Cleanse
10 vegecapsules
+B MEMBER PRICE: 2 FOR 113.99



SAVE R69
119.99
Rehidrat
6 sachets
+B MEMBER PRICE: 2 FOR 170.00



SAVE R164
ProbiFlora Adult Intensive Rescue Probiotic 9 Strain
60 capsules
319.99
+B MEMBER PRICE: 2 FOR 474.99



SAVE R109
275.99
Reuterina Daily Probiotic
30 chewable tablets
MEMBER PRICE: 2 FOR 441.99



SAVE R47
236.99
Tasectan Duo Adult with Probiotic
10 tablets
MEMBER PRICE: 189.99



SAVE R50
Mom2B Pregnancy Shake
400g
249.99
MEMBER PRICE: 199.99



SAVE R70
20% OFF MEMBER DEAL
352.99
MEMBER PRICE: 282.39
Pro Collagen
90 capsules

Unlock all promo prices as a **Better Rewards member** and **save.** The promotional discount may only apply to specific products within the range. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Visit the app or in-store for more details. Ts and Cs apply. Offers valid while stocks last or until Sunday 15 November 2026. Available at dischem.co.za **OR** at selected stores. E&OE. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

DIGESTIVE CARE & ANTACIDS





SAVE R26

Citro-Soda
60g
94.99
+B MEMBER PRICE: 68.39

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R37

Citro-Soda
120g
134.99
+B MEMBER PRICE: 97.19



SAVE R15

Mayogel Suspension Antacid
200ml
54.99
+B MEMBER PRICE: 39.59



SAVE R33

119.99
+B MEMBER PRICE: 86.39
Movicol
8 sachets



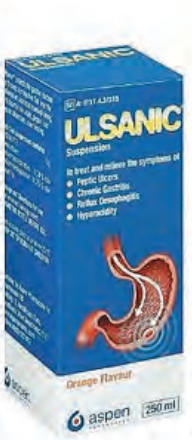
SAVE R51

184.99
+B MEMBER PRICE: 133.19
Rennie Salts
20 sachets



SAVE R16

59.99
+B MEMBER PRICE: 43.19
Rennie Antacid
24 chewable tablets



SAVE R79

Ulsanic Suspension
250ml
578.99
MEMBER PRICE: 499.99



SAVE R35

Ulsanic 1g
20 tablets
224.99
MEMBER PRICE: 189.99



SAVE R20

209.99
MEMBER PRICE: 189.99
Gaviscon Double Action
48 chewable tablets



SAVE R40

Gaviscon Double Action Liquid
300ml
239.99
MEMBER PRICE: 199.99



SAVE R50

299.99
MEMBER PRICE: 249.99
Pegicol Children Chronic Constipation Powder
20 sachets



SAVE R15

Lacson Syrup
150ml
79.99
MEMBER PRICE: 64.99



SAVE R29

49.99
MEMBER PRICE: 2 FOR 70.00
Brooklax Senna Laxative Chocolate
4 tablets

SAVE R31

20% OFF MEMBER DEAL



154.99
MEMBER PRICE: 123.99
Lennon Glycerin Adult
12 suppositories



SAVE R18

Alkafizz Granules
120g
107.99
MEMBER PRICE: 89.99



SAVE R20

Gelacid Suspension
200ml
129.99
MEMBER PRICE: 109.99



SAVE R19

Magasil Antacid
200ml
39.99
MEMBER PRICE: 2 FOR 60.00

MEMBER DEAL 20% OFF ALL Dulcolax Adult OR Paed Suppositories



SAVE R42

Dulcolax Adult Suppositories 10mg
10-pack
209.99
MEMBER PRICE: 167.99

IMMUNE SUPPORT





SAVE R152

Airmune Immune System Supporter
30 effervescent tablets

272.99

+B MEMBER PRICE: 2 FOR 392.99

SWIPE TO GET **BULK BUYS** + GET AN EXTRA **10% OFF** **ALL** Better Rewards Brands



SAVE R153

Viral Guard Colds & Flu Immune Protection
60 tablets

274.99

+B MEMBER PRICE: 2 FOR 395.99

SAVE R69



124.99

Efferflu C Immune Booster Plus
20 effervescent tablets

+B MEMBER PRICE: 2 FOR 179.99

SAVE R86



Flugon Immune Support
50 capsules

154.99

+B MEMBER PRICE: 2 FOR 222.99

SAVE R72



Gold Selenium
60 vegecapsules

129.99

+B MEMBER PRICE: 2 FOR 186.99

SAVE R111



Viral Guard Throat Spray
30ml

199.99

+B MEMBER PRICE: 2 FOR 287.99



SAVE R86

A.Vogel Echinaforce Echinacea
120 tablets

309.99

+B MEMBER PRICE: 223.19

SWIPE TO GET **20% OFF** + GET AN EXTRA **10% OFF** **ALL** Better Rewards Brands

Member prices already reflect both discounts



SAVE R70

Cal-C-Vita Immune Support
30 effervesent tablets

249.99

+B MEMBER PRICE: 179.99



SAVE R42

Lifestyle Health Vitamin C 1000mg
100 tablets

149.99

+B MEMBER PRICE: 107.99



SAVE R56

Lifestyle Health Sinuplus
30 vegecapsules

199.99

+B MEMBER PRICE: 143.99



SAVE R56

Gold L-Cysteine
60 vegecapsules

199.99

+B MEMBER PRICE: 143.99



SAVE R98

Biogen Quercetin Complex
60 vegecapsules

349.99

+B MEMBER PRICE: 251.99



SAVE R92

Sinupret Plus
20 tablets

232.99

MEMBER PRICE: 2 FOR 372.99



SAVE R80

ViraVance Immune System Support
90 tablets

399.99

MEMBER PRICE: 319.99



SAVE R56

VirAway Cold & Flu
120 capsules
VALUE PACK

279.99

MEMBER PRICE: 223.99



SAVE R133

Promato Nutritional Supplement
60 capsules

334.99

MEMBER PRICE: 2 FOR 535.99

Unlock all promo prices as a **Better Rewards member** and **save.** The promotional discount may only apply to specific products within the range. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Visit the app or in-store for more details. Ts and Cs apply. Offers valid while stocks last or until Sunday 15 November 2026. Available at dischem.co.za **OR** at selected stores. E&OE. These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

+B Choose Better Rewards brands and get 10% off instantly

COUGHS, COLDS & FLU

Offer on Vicks Xtra Strong products*



Vicks VapoRub Xtra Strong
VALUE PACK
50g
94.99
+B MEMBER PRICE: 85.49

SWIPE TO GET 2+1 CHEAPEST FREE + +B GET AN EXTRA 10% OFF ALL Better Rewards Brands

*Excludes Vicks Xtra Strong 10g AND Vicks Medinite 180ml

Offer on Vicks Xtra Strong products*



Vicks Acta Plus Xtra Strong Wet + Dry Cough Syrup
200ml
174.99
+B MEMBER PRICE: 157.49

*Excludes Vicks Xtra Strong 10g AND Vicks Medinite 180ml

Offer on ALL Sterimar products



SAVE R81
Stérimar Nasal Spray
100ml
289.99
+B MEMBER PRICE: 208.79

SWIPE TO GET 20% OFF + +B GET AN EXTRA 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R41
Benylin AllinOne Syrup
100ml
148.99
+B MEMBER PRICE: 107.27



SAVE R75
Stérimar Baby Nasal Spray
50ml
267.99
+B MEMBER PRICE: 192.95



SAVE R75
Sterimar Blocked Nose Nasal Spray
30ml
267.99
+B MEMBER PRICE: 192.95



SAVE R37
Benylin Wet Cough Mucus Relief Syrup
200ml
134.99
+B MEMBER PRICE: 97.14



SAVE R34
Benylin 4Cough Syrup
100ml
121.99
+B MEMBER PRICE: 87.83



SAVE R29
Medic+ Sterile Saline Nasal Spray
100ml
178.99
MEMBER PRICE: 149.99

MEMBER DEAL 20% OFF ALL Flo products



SAVE R44
Flo Baby Saline Nasal Spray
15ml
220.99
MEMBER PRICE: 176.79

SAVE R22



109.99
MEMBER PRICE: 87.99
Strepsils Lozenges
24 lozenges

20% OFF MEMBER DEAL



SAVE R22
109.99
MEMBER PRICE: 87.99
Strepsils Sugar Free Lozenges
16 lozenges



SAVE R37
186.99
MEMBER PRICE: 149.99
Salex SSR Refill Kit



SAVE R30
Salex Omni-Angle Saline Nasal Spray
30ml
134.99
MEMBER PRICE: 104.99

MEMBER DEAL 20% OFF ALL Bionase products



SAVE R23
Bionase Nasal Congestion Health Spray
30ml
114.99
MEMBER PRICE: 91.99



SAVE R90
194.99
MEMBER PRICE: 2 FOR 299.98
Contour Plus
50 strips

Scan the QR code to **join Better Rewards** for **FREE**

Shop the **Better Gifting Collection** to unlock an **extra 5% off** Better Rewards brands this festive season.

PAIN MANAGEMENT, MUSCLE RELIEF & FIRST AID





SAVE R13 each

Calpol Pain & Fever
24 tablets
47.99
+B MEMBER PRICE: 34.55 each



SAVE R25

Calpol Paediatric Suspension Syrup
100ml
89.99
+B MEMBER PRICE: 64.79



SAVE R34

122.99

Disprin Extra Strength 500mg
48 tablets
+B MEMBER PRICE: 88.55



SAVE R13

47.99

Grand-Pa Headache Powders
12 sticks
+B MEMBER PRICE: 34.55

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R30

108.99

Grand-Pa Headache Powders
38 sticks
+B MEMBER PRICE: 78.47



SAVE R55

Savlon Antiseptic Liquid
2 litres
198.99
+B MEMBER PRICE: 143.27



SAVE R98 each

349.99

TransAct Medicated Pain Relief Patch
10 patches
+B MEMBER PRICE: 251.99 each



SAVE R34

Dettol Antiseptic Liquid
750ml
122.99
+B MEMBER PRICE: 88.55



SAVE R14

88.99

Panamor Gel
30g
MEMBER PRICE: 74.99



SAVE R10

39.99

Triparc Pain Relief Powder
12-pack
MEMBER PRICE: 29.99



SAVE R15

78.99

Triparc Pain Relief Powder
38-pack
MEMBER PRICE: 63.99



SAVE R35

Dr.Lee Pain Relief Patch
6-pack
VALUE PACK
67.99
MEMBER PRICE: 2 FOR 100.00



Medic+ Surgical Spirits
200ml
55.99



Medic+ 91% Rubbing Alcohol
500ml
86.99

2+1 CHEAPEST FREE on ANY Medic+ Surgical Spirits, Rubbing Alcohol AND Mercurochrome



Medic+ Mercurochrome Solution 2%
20ml
41.99



Medic+ Gauze Swabs
100mm x 100mm
99.99

Unlock all promo prices as a **Better Rewards member** and **save.** The promotional discount may only apply to specific products within the range. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Visit the app or in-store for more details. Ts and Cs apply. Offers valid while stocks last or until Sunday 15 November 2026. Available at dischem.co.za **OR** at selected stores. E&OE.
These unregistered medicines have not been evaluated by the SAHPRA for their quality, safety or intended use.

Dis-Chem

+B Choose Better Rewards brands and get 10% off instantly

BREAKFAST CORNER





Lifestyle Food Rusks
400g
71.99
+B MEMBER PRICE: 64.79

SWIPE TO GET 2+1 FREE + +B GET AN EXTRA 10% OFF ALL Better Rewards Brands



Lifestyle Food Rusks
400g
71.99
+B MEMBER PRICE: 64.79



SAVE R43 each

Lifestyle Food Gluten Free Rolled Oats
1kg
154.99
+B MEMBER PRICE: 111.59 each



SAVE R19

Futurelife Granola Bars
200g
68.99
+B MEMBER PRICE: 49.67



SAVE R25

Futurelife Granola Crunch Smart+ Food
700g
91.99
+B MEMBER PRICE: 66.23



SAVE R39 each

Futurelife Smart+ Food
1.25kg
141.99
+B MEMBER PRICE: 102.23 each

SWIPE TO GET 20% OFF + +B GET AN EXTRA 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R11

Blue Diamond Almond Breeze Almond & Oat Milk
1 litre
41.99
+B MEMBER PRICE: 30.23



SAVE R14

Blue Diamond Almond Breeze Barista Blend Almond Milk
1 litre
52.99
+B MEMBER PRICE: 38.15



SAVE R11

Blue Diamond Almond Breeze Almond Milk
1 litre
41.99
+B MEMBER PRICE: 30.23



SAVE R11

Blue Diamond Almond Breeze Almond Milk
1 litre
41.99
+B MEMBER PRICE: 30.23



Swipe to get 2+1 Cheapest FREE on Health Food Basket*

Friday 30 October to Sunday 1 November 2026 ONLY

*Offer applies to the lowest priced items in your healthy foods basket.
Excludes products already on promotion AND Lifestyle Food Long Life Milk.



Scan the QR code to **join Better Rewards** for **FREE**

HEALTHY FOODS

SAVE R51



Lifestyle Food Barley Grass Powder
100g
182.99
+B MEMBER PRICE: 131.75

SAVE R25



Lifestyle Food Bentonite Clay Powder
200g
89.99
+B MEMBER PRICE: 64.79

SAVE R40



Lifestyle Food Chia Seeds
300g
144.99
+B MEMBER PRICE: 104.39

SAVE R22



Lifestyle Food Flaxseed
500g
78.99
+B MEMBER PRICE: 56.87

SAVE R12



Lifestyle Food Gluten Free Macaroni Pasta
250g
45.99
+B MEMBER PRICE: 33.11

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF
ALL Better Rewards Brands
Member prices already reflect both discounts

SAVE R53



Lifestyle Food Honey
1kg
189.99
+B MEMBER PRICE: 136.79

SAVE R11



Lifestyle Food Apple Cider Vinegar
500ml
41.99
+B MEMBER PRICE: 30.23

SAVE R21



Lifestyle Food Gelatine Powder
80g
76.99
+B MEMBER PRICE: 55.43

SAVE R16

Lifestyle Food Gluten Free Rice Flour
500g
59.99
+B MEMBER PRICE: 43.19

SAVE R31

Lifestyle Food Ultimate 4 Seed Mix
500g
112.99
+B MEMBER PRICE: 81.35



2+1 FREE MEMBER DEAL

Canderel Sucralose Café Sticks
200 sticks
137.99



2+1 CHEAPEST FREE on ANY Carbsmart products

Carb Smart Sriracha Mayo Styled Sauce
375g
99.99



2+1 CHEAPEST FREE on ANY Glutagon products

Glutagon Gluten Free Cake Mix
375g
61.99



2+1 CHEAPEST FREE on ANY Replace products

Replace Classic Meal Replacement Shake
400g
189.99



2+1 FREE on ANY 28g Trigz Corn Chips

Trigz Crunchy Popped Corn Chips
28g
11.99

SAVE R8



Natural Herbs & Spices Steak & Chops Grinder
48g
39.99
MEMBER PRICE: 31.99

MEMBER DEAL 20% OFF ALL Natural Herbs & Spices products



SAVE R10

Natural Herbs & Spices Himalayan Pink Salt Grinder
390g
52.99
MEMBER PRICE: 42.39

MEMBER DEAL 20% OFF ALL Natural Herbs & Spices products



SAVE R7

Natural Herbs & Spices Turmeric Ground Shaker
60g
38.99
MEMBER PRICE: 31.19

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Dis-Chem

+B Choose Better Rewards brands and get 10% off instantly

SPORTS NUTRITION



SAVE R126



Biogen L-Glutamine
500g
452.99
+B MEMBER PRICE:
326.15

SAVE R392



Biogen Premium Iso-Whey
1.5kg
1399.99
+B MEMBER PRICE:
1007.99

SAVE R112



Biogen Complete 9 Aminos
360g
399.99
+B MEMBER PRICE:
287.99

SAVE R156 each



559.99

Biogen Premium Vita-Packs Daily Multi-Nutrients
30 sachets
+B MEMBER PRICE:
403.19 each

SAVE R249 each



889.99

NPL Platinum Whey + Complete Protein
2kg
+B MEMBER PRICE:
640.79 each

SWIPE TO GET

20%OFF

+B GET AN EXTRA

10%OFF

ALL Better Rewards Brands

Member prices already reflect both discounts

SAVE R196 each



699.99

NPL Diet Pro
1.8kg
+B MEMBER PRICE:
503.99 each

SAVE R81



289.99

NPL Creatine Nitrate
270g
+B MEMBER PRICE:
208.79

SAVE R106



379.99

NPL Anarchy Creatine Mono Box Set
310g
+B MEMBER PRICE:
273.59

SAVE R84



NPL Night-Time Burn
90 rapid release capsules
299.99
+B MEMBER PRICE:
215.99

Get 10% off instantly on hundreds of Better Rewards brands, on top of any Better Rewards deals. Look out for this icon in-store and online.

Dis-Chem Better Rewards

Scan the QR code to **join Better Rewards** for **FREE**

ENDURANCE



SAVE R14



Biogen Elite Carb Bar
50g

52.99

+B MEMBER PRICE: **38.15**

SAVE R12



Biogen Elite Carb Drink Sachet
84g

44.99

+B MEMBER PRICE: **32.39**

SAVE R109



Biogen Carbogen Carbo Loader
900g

389.99

+B MEMBER PRICE: **280.79**

SAVE R107



Biogen Cytogen Racing Mix
800g

384.99

+B MEMBER PRICE: **277.19**

SAVE R5

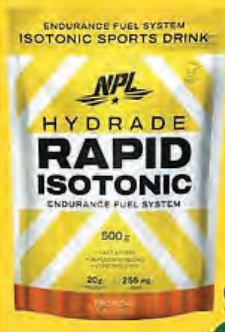


NPL Hydrade Race Fuel Gel
36g

19.99

+B MEMBER PRICE: **14.39**

SAVE R28

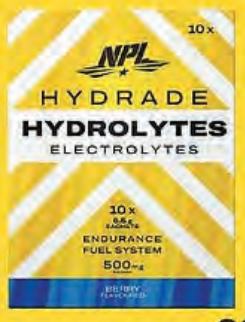


NPL Hydrade Rapid Isotonic
500g

99.99

+B MEMBER PRICE: **71.99**

SAVE R28



NPL Hydrade Hydrolytes Electrolytes
10 sachets

99.99

+B MEMBER PRICE: **71.99**

SWIPE TO GET

Pre-Order +Better Rewards

20% OFF

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands

Member prices already reflect both discounts

SAVE R131



Biogen Recovergen 4:1 Carb: Protein
855g

469.99

+B MEMBER PRICE: **338.39**

SAVE R112



Primal Blended Whey
750g

399.99

+B MEMBER PRICE: **287.99**

SAVE R67



Primal Concentrate Pre-Workout
240g

239.99

+B MEMBER PRICE: **172.79**

SAVE R140



Primal Premium Casein Protein
750g

499.99

+B MEMBER PRICE: **359.99**

SAVE R75



Primal Amino Force
340g

269.99

+B MEMBER PRICE: **194.39**

SAVE R138



USN BlueLab 100% Whey
908g

689.99

MEMBER PRICE: **551.99**

SAVE R65



USN Amino Energy
300g

324.99

MEMBER PRICE: **259.99**

20% OFF MEMBER DEAL



USN Diet Fuel Ultralean
900g

399.99

MEMBER PRICE: **319.99**

SAVE R80

SAVE R40



USN Phedracut Slim Packs
20 sachets

199.99

MEMBER PRICE: **159.99**

+B Choose Better Rewards brands and get 10% off instantly

HAIR CARE





SAVE R84

Organics Shampoo & Conditioner
1 litre
109.99
+B MEMBER PRICE: 2 FOR 135.00



SAVE R52

Perfect Touch Ultra Hold Hairspray
350ml
104.99
+B MEMBER PRICE: 2 FOR 157.50



SAVE R52

Perfect Touch Curl Defining Mousse
300ml
104.99
+B MEMBER PRICE: 2 FOR 157.50



SAVE R52

Perfect Touch Heat Defence Spray
250ml
104.99
+B MEMBER PRICE: 2 FOR 157.50

SWIPE TO GET
BULK BUYS
+B GET AN EXTRA 10% OFF
ALL Better Rewards Brands



SAVE R77

Nature's Nourishment Dead Sea Shampoo OR Conditioner
907ml/1 litre
119.99
+B MEMBER PRICE: 2 FOR 162.00



SAVE R79

Dark and Lovely Superior Moisture Plus Relaxer Kit
440g
129.99
+B MEMBER PRICE: 2 FOR 180.00



SAVE R64

Pantene Shampoo OR Conditioner
360ml/400ml
99.99
+B MEMBER PRICE: 2 FOR 135.00



SAVE R77

Head & Shoulders Shampoo
300ml/360ml/400ml
119.99
+B MEMBER PRICE: 2 FOR 162.00



SAVE R173

Schwarzkopf Gliss Shampoo OR Conditioner
360ml/400ml
119.99
+B MEMBER PRICE: 4 FOR 306.00



SAVE R56

Got2b Wax Stick
50g
199.99
+B MEMBER PRICE: 143.99

SWIPE TO GET
20% OFF
+B GET AN EXTRA 10% OFF
ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R50

Pantene Shampoo
800ml
179.99
+B MEMBER PRICE: 129.59



SAVE R56

Got2b Glued Blasting Freeze Hairspray
300ml
199.99
+B MEMBER PRICE: 143.99



SAVE R84

Mielle Strengthening Shampoo
335ml
299.99
+B MEMBER PRICE: 215.99



SAVE R84

Mielle Scalp & Hair Strengthening Oil
59ml
299.99
+B MEMBER PRICE: 215.99



SAVE R51

Creme of Nature Strength & Shine Leave-In Conditioner
250ml
184.99
+B MEMBER PRICE: 133.19

Scan the QR code to **join Better Rewards** for **FREE**

HAIR CARE

Offer on ALL Sofnfree Black Castor Oil products

SAVE R19



Sofnfree Black Castor Oil Afro Spray
350ml
69.99

+B MEMBER PRICE: 50.39

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ALL Sofnfree Black Castor Oil products

SAVE R19



Sofnfree Black Castor Oil Curl Moisturising Spray
350ml
69.99

+B MEMBER PRICE: 50.39

MEMBER DEAL 2+1 CHEAPEST FREE on ANY The Perfect Hair products



The Perfect Hair Growth Treatment
125ml
47.99

SAVE R39



Eco Styling Gel
236ml
89.99

MEMBER PRICE: 2 FOR 140.00

SAVE R49



HR Conditioner OR Hydration Shampoo
1 litre
99.99

MEMBER PRICE: 2 FOR 150.00

SAVE R29



HR Placenta Hair Restructure and Sealant
3 x 10ml
64.99

MEMBER PRICE: 2 FOR 100.00



SAVE R39

Natural Expressions Ultra Bond Lace Wig Adhesive
45ml
89.99

MEMBER PRICE: 2 FOR 140.00



SAVE R29

Jane Seymour Wonder Set Hairspray
300ml
69.99

MEMBER PRICE: 2 FOR 110.00



SAVE R69

Difeel Root Stimulator
75ml
149.99

MEMBER PRICE: 2 FOR 230.00



SAVE R59

Monday Shampoo OR Conditioner
354ml
149.99

MEMBER PRICE: 2 FOR 240.00



SAVE R49

Provoke Touch of Silver Keep it Bright Shampoo OR Conditioner
200ml
109.99

MEMBER PRICE: 2 FOR 170.00



SAVE R54

Garnier Ultimate Blends Shampoo OR Conditioner
350ml/400ml
104.99

MEMBER PRICE: 2 FOR 155.00



SAVE R69

Natur Vital Silver Shampoo OR Conditioner
300ml
119.99

MEMBER PRICE: 2 FOR 170.00



SAVE R99

Natur Vital Coloursafe Permanent Hair Colour
159.99

MEMBER PRICE: 2 FOR 220.00



SAVE R149

Schwarzkopf Root Retoucher
120ml
149.99

MEMBER PRICE: 3 FOR 300.00



SAVE R79

Palette Deluxe Permanent Hair Colour
159.95

MEMBER PRICE: 2 FOR 240.00



SAVE R49

Palette Intensive Creme Permanent Hair Colour
99.99

MEMBER PRICE: 2 FOR 150.00



SAVE R19

Reflections Colour Impressions Permanent Hair Colour
49.99

MEMBER PRICE: 2 FOR 80.00

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+B Choose Better Rewards brands and get 10% off instantly

BATH & BODY CARE



SAVE R219

E45 Body Cream Pump
500g
334.99
+B MEMBER PRICE: 2 FOR 450.00



SAVE R62

Dove Soap Bars
4 x 90g
89.99
+B MEMBER PRICE: 2 FOR 117.00



SAVE R131

Bio-Oil Body Lotion
250ml
229.99
+B MEMBER PRICE: 2 FOR 328.50



SAVE R60

Vaseline Body Lotion
400ml
79.99
+B MEMBER PRICE: 2 FOR 99.00



SAVE R179

E45 Body Cream Jar
500g
314.99
+B MEMBER PRICE: 2 FOR 450.00

SWIPE TO GET BULK BUYS

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands



SAVE R61

84.99
Vaseline Argan Oil Body Cream OR Lotion
400ml
+B MEMBER PRICE: 2 FOR 108.00



SAVE R17

Dis-Chem Lip Therapy
10ml
19.99
+B MEMBER PRICE: 3 FOR 42.20



SAVE R34

84.99
Radox Body Wash
750ml
+B MEMBER PRICE: 2 FOR 135.00



SAVE R29

Nature's Nourishment Liquid Hand Wash
450ml
41.99
+B MEMBER PRICE: 2 FOR 54.00



SAVE R64

Old Spice Shower Gel
400ml
94.99
+B MEMBER PRICE: 2 FOR 125.10



SAVE R45

Dettol Shower Gel
500ml
76.99
+B MEMBER PRICE: 2 FOR 108.00



SAVE R49

Palmer's Body Lotion
400ml
114.99
MEMBER PRICE: 2 FOR 180.00



SAVE R16

30.99
Reitzer's Pure Glycerine Soap Bar
150g
MEMBER PRICE: 2 FOR 45.00



SAVE R13

21.99
Lifebuoy Soap Bar
175g
MEMBER PRICE: 2 FOR 30.00



SAVE R11

29.99
Pears Soap Bar
100g
MEMBER PRICE: 2 FOR 48.00

Scan the QR code to **join Better Rewards** for **FREE**

BATH & BODY CARE

SAVE R75



Epi•Max Cream
400g

129.99

+B MEMBER PRICE: 2 FOR 184.50

SAVE R35



Dove Shower Gel
400ml

89.99

+B MEMBER PRICE: 2 FOR 144.00

SAVE R15



Protex Soap Bar
200g

23.99

+B MEMBER PRICE: 2 FOR 32.40

SAVE R71



Nivea Body Lotion
400ml

87.99

+B MEMBER PRICE: 2 FOR 104.40

SAVE R27



Ef-Active Hand Wash
500ml

45.99

+B MEMBER PRICE: 2 FOR 64.80

SWIPE TO GET BULK BUYS

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands

SAVE R64



Nivea Men Shower Gel
500ml

90.99

+B MEMBER PRICE: 2 FOR 117.00

SAVE R87



Nivea Radiant and Beauty & Body Lotion OR Cream
400ml

95.99

+B MEMBER PRICE: 2 FOR 104.40

SAVE R29



Vaseline Petroleum Jelly
250ml

56.99

+B MEMBER PRICE: 2 FOR 84.60

NEW

SAVE R30



Nature's Nourishment Soap Bars
4 x 100g

54.99

+B MEMBER PRICE: 2 FOR 79.20

SAVE R64



Sanex Shower Gel
500ml

91.99

+B MEMBER PRICE: 2 FOR 119.70

SAVE R21



Clere Gly-Co-Oil
100ml

30.99

+B MEMBER PRICE: 2 FOR 40.50

SAVE R119



Dr. Teal's Foaming Bath
1 litre

184.99

MEMBER PRICE: 2 FOR 250.00

SAVE R17



Skin eFX Glycerine Soap Bar
150g

20.99

MEMBER PRICE: 3 FOR 45.00

SAVE R10



Bramley Body Lotion
400ml

36.99

MEMBER PRICE: 2 FOR 63.00

SAVE R13



Lux Soap Bar
150g

19.99

MEMBER PRICE: 2 FOR 26.00

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SUN CARE





SAVE R32

Sun Lab Derma Moisturising Suncare Cream SPF50
100ml
115.99
+B MEMBER PRICE: 83.51

Offer on ALL Sun Lab sun care products



SAVE R44

Sun Lab Family Water & Sun Sunscreen Lotion Spray SPF50
200ml
159.99
+B MEMBER PRICE: 115.19



SAVE R53

Sun Lab Family Water & Sun Sunscreen Trigger Spray SPF50
250ml
189.99
+B MEMBER PRICE: 136.79



SAVE R68

Sun Lab Family Size Sunscreen Express Spray SPF50
500ml
242.99
+B MEMBER PRICE: 174.95

Offer on ALL Everysun products



SAVE R75

Everysun Sunscreen Lotion SPF50
200ml
269.99
+B MEMBER PRICE: 194.39

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ALL Dermapol sun care products



SAVE R37

Dermopal Moisturising Sunscreen SPF30+
100ml
134.99
+B MEMBER PRICE: 97.19

Offer on ALL Portia M sun care products



SAVE R47

Portia M Marula Oil Sunscreen Lotion SPF50
100ml
169.99
+B MEMBER PRICE: 122.39

Offer on ALL Island Tribe sun care products



SAVE R28

Island Tribe Sun Stick SPF50
30ml
99.99
+B MEMBER PRICE: 71.99



SAVE R70

Island Tribe Light Lotion SPF50
200ml
249.99
+B MEMBER PRICE: 179.99



SAVE R50

Dermopal Moisturising Sunscreen SPF50+
100ml
179.99
+B MEMBER PRICE: 129.59

Offer on ANY Nivea sun care products



Nivea Sun Protect & Moisture Sunscreen Lotion SPF50+
200ml
299.99
+B MEMBER PRICE: 269.99

SWIPE TO GET 2+1 CHEAPEST FREE + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Offer on ANY Nivea sun care products



Nivea Sun Anti-Age Face Cream SPF50+
40ml
209.99
+B MEMBER PRICE: 188.99

SAVE R66



20% OFF ALL Techniblock sun care products

Techniblock Wet & Dry Sun Protection Spray SPF50
300ml
329.99
MEMBER PRICE: 263.99

SAVE R116



20% OFF ALL Vichy sun care products

Vichy Gentle Protective Kids Milk SPF50+
300ml
579.99
MEMBER PRICE: 463.99

SAVE R48



20% OFF ALL Bondi Sands products

Bondi Sands Self Tanning Lotion
200ml
239.99
MEMBER PRICE: 191.99

SAVE R100



20% OFF Heliocare Ultra and Advanced products

Heliocare Ultra 90 Gel Sunscreen SPF50+
200ml
499.99
MEMBER PRICE: 399.99

SUN CARE

Offer on ALL Cetaphil sun care products



SAVE R123 each

Cetaphil Sun Lotion SPF50+
236ml
439.99

+B MEMBER PRICE:
316.79 each

Offer on ALL Bioderma sun care products



SAVE R116 each

Bioderma Photoderm Xdefense SPF50 Invisible Fluid
40ml
415.00

+B MEMBER PRICE:
298.80 each

Offer on ALL Eucerin sun care products



SAVE R114

Eucerin Pigment Control Sun Fluid SPF50+
50ml
409.99

+B MEMBER PRICE:
295.19



SAVE R114

Eucerin Sensitive Protect Sun Cream SPF50+
50ml
409.99

+B MEMBER PRICE:
295.19

SWIPE TO GET

20% OFF

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ALL BioNike sun care products



SAVE R71

BioNike Defence Sun Mattifying Face Cream SPF50+
50ml
255.00

+B MEMBER PRICE:
183.60

Offer on ALL BioNike sun care products



SAVE R71

BioNike Defence Sun Fluid SPF50+
50ml
255.00

+B MEMBER PRICE:
183.60

Offer on ALL CeraVe sun care products

SAVE R95



CeraVe Invisible Hydrating Fluid Sunscreen SPF50
50ml
339.99

+B MEMBER PRICE:
244.79

SAVE R109



CeraVe Invisible Hydrating Sunscreen SPF30
177ml
389.99

+B MEMBER PRICE:
280.79

Offer on ALL La Roche-Posay sun care products

SAVE R162



La Roche-Posay Anthelios UVAir Serum Sunscreen SPF50+
50ml
579.99

+B MEMBER PRICE:
417.59

SAVE R117



La Roche-Posay Anthelios UVmune 400 Invisible Fluid SPF50+
50ml
419.99

+B MEMBER PRICE:
302.39

Get 10% off

instantly on hundreds of Better Rewards brands, on top of any Better Rewards deals. Look out for this icon in-store and online.



Unlock all promo prices as a **Better Rewards member** and **save.** The promotional discount may only apply to specific products within the range. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Visit the app or in-store for more details. Ts and Cs apply. Offers valid while stocks last or until Sunday 15 November 2026. Available at dischem.co.za **OR** at selected stores. E&OE.

Dis-Chem

+B Choose Better Rewards brands and get 10% off instantly

WORLD OF BEAUTY



SAVE R139



Deborah Milano Instant Lift Concealer
PLUS Instant Lift Foundation SPF30

+B MEMBER PRICE: BOTH FOR **290.25**

SWIPE TO GET **BULK BUYS**

+B GET AN EXTRA **10% OFF** ALL Better Rewards Brands

SAVE R111



Rimmel Multi-Tasker Look Locker Fixing Spray 100ml
PLUS
Grip Getter Primer Serum 30ml

+B MEMBER PRICE: BOTH FOR **287.93**

SAVE R95



Palladio Herbal Eyeliner
PLUS Lash Obsessed Mascara

+B MEMBER PRICE: BOTH FOR **199.13**

NEW

Offer only applicable when you buy ANY TWO L.A. Girl lip products



L.A. Girl Lip Haze Lip Colour **290.00**

+B MEMBER PRICE: **261.00**

SWIPE TO GET **20% OFF**

+B GET AN EXTRA **10% OFF** ALL Better Rewards Brands

Member prices already reflect both discounts

Offer only applicable when you buy ANY TWO Sally Hansen products



Sally Hansen Nailgrowth Miracle Serum **139.95**

+B MEMBER PRICE: **125.96**

Offer only applicable when you buy ANY TWO L.A. Girl lip products



L.A. Girl Blurry Babe Lip Colour **220.00**

+B MEMBER PRICE: **198.00**



L.A. Girl Shine On Glossy Balm **290.00**

+B MEMBER PRICE: **261.00**

Offer only applicable when you buy ANY TWO Sally Hansen products



Sally Hansen Complete Care 7-in-1 13.3ml **189.95**

+B MEMBER PRICE: **170.96**



Sally Hansen Miracle Gel Nail Polish 14.7ml **139.95**

+B MEMBER PRICE: **125.96**

SAVE R79



L'Oréal Paris Infaillible 3-Second Setting Mist 150ml **399.00**

MEMBER PRICE: **319.20**

SAVE R68



L'Oréal Paris Infaillible Skin Ink 2in1 Foundcealer **339.99**

MEMBER PRICE: **271.99**

MEMBER DEAL **20% OFF** ALL L'Oréal Paris Infaillible cosmetic products

SAVE R66



L'Oréal Paris Infaillible 24H Fresh Wear Foundation in a Powder **332.95**

MEMBER PRICE: **266.36**

SAVE R52



L'Oréal Paris Infaillible Matte Resistance Liquid Lipstick **264.95**

MEMBER PRICE: **211.96**

Scan the QR code to **join Better Rewards** for **FREE**

Become a **Better Rewards member** to **unlock promo prices**

WORLD OF BEAUTY





Yardley Hydra Tint Foundation SPF25
30ml
179.99



Yardley 3in1 Perfection Primer
25ml
179.99

MEMBER DEAL
Buy ANY 2 Yardley cosmetic products and get
20% OFF



Yardley Absolute Translucent Loose Powder
239.99



Yardley 3in1 Makeup Setting Spray
100ml
189.99



Kiss Bare Collection Eyelashes
1 pair
159.99

SAVE R32

MEMBER PRICE:
127.99



Kiss The New Natural Eyelashes
1 pair
185.99

SAVE R37

MEMBER PRICE:
148.79

MEMBER DEAL
20% OFF on ALL Kiss products



Kiss Salon Acrylic Nude French Nails
28 nails
199.99

SAVE R40

MEMBER PRICE:
159.99



Kiss Gel Fantasy Collection
28 nails
209.00

SAVE R41

MEMBER PRICE:
167.20





MEMBER DEAL
Buy ANY 2 Cala Press-On Nails and get
20% OFF

Cala Press-On Nails
24 nails
164.99

NEW



Disco Twist Eyeliner OR Eye & Lip Pencil
39.95 each

MEMBER DEAL
2+1 CHEAPEST FREE on ANY Disco Mascaras AND Eyeliners



Disco Mascara
49.99 each

BASICS Beauty



① **Eyebrow Razor**
3-piece
44.99



② **Makeup Sponges in Case**
4-piece
74.95



③ **Mini Makeup Sponge**
3-pack
29.95



④ **Teardrop Makeup Sponges**
44.99

MEMBER DEAL
2+1 CHEAPEST FREE on Basics Beauty Tools*



⑤ **Round Wheel Wedges Makeup Sponges**
6-piece
29.99



⑥ **Mini Teardrop Makeup Sponges**
3-piece
29.99



⑦ **Makeup Sponge Finger**
Pink
39.95

*Excludes Basics Beauty Mirrors, False Nails, Lashes **AND** Acrylic Organisers

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Dis-Chem

+B **Choose Better Rewards brands and get 10% off instantly**

FACE CARE

NEW

Offer on ANY Cetaphil face care products



Cetaphil Repair & Renew Serum
30ml
530.00
+B MEMBER PRICE: **477.00**

SWIPE TO GET 2+1 CHEAPEST FREE + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Offer on ANY Olay face care products



Olay Total Effects Foaming Cleanser
100g
109.99
+B MEMBER PRICE: **98.99**

Offer on ANY Cetaphil face care products



Cetaphil Acne Prone Skin Moisturizing Lotion
118ml
319.99
+B MEMBER PRICE: **287.99**



Cetaphil Daily Defence Moisturiser SPF30
50ml
300.00
+B MEMBER PRICE: **270.00**

Offer on ANY Olay face care products



Olay Super Collagen Ultra Firming Serum
30ml
649.99
+B MEMBER PRICE: **584.99**



Olay Regenerist Super Collagen-Peptides Face Cream
45g
649.99
+B MEMBER PRICE: **584.99**

Offer on ALL BioNike Aknet AND Anti-Ageing face care products

SAVE R41



BioNike Aknet Hydramat Sebum Cream
40ml
175.00
+B MEMBER PRICE: **133.88**

SAVE R69



Offer on ALL Dermactin Age-Defying products

Dermactin Age-Defying Smoothing Complex Stretch Mark & Wrinkles
30ml
295.00
+B MEMBER PRICE: **225.68**

SAVE R69



Dermactin Age-Defying Spot Serum
30ml
295.00
+B MEMBER PRICE: **225.68**

Offer on ALL Mineraline Serums

SAVE R163



Mineraline Peptide Plumping Serum
50ml
695.00
+B MEMBER PRICE: **531.68**

SAVE R116



BioNike Defence My Age Pearl Day Cream
50ml
495.00
+B MEMBER PRICE: **378.68**

SWIPE TO GET 15% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R106

Mineraline Rejuvenate Antioxidant Vitaserum
50ml
455.00
+B MEMBER PRICE: **348.08**

Offer on ALL Payot Harmonie AND Roselift face care products

SAVE R188



Payot Harmonie Dark Spot Corrector Cream SPF30
40ml
800.00
+B MEMBER PRICE: **612.00**

SAVE R217



Payot Harmonie Serum
30ml
925.00
+B MEMBER PRICE: **707.63**

SAVE R186



Payot Roselift Lifting CC Cream SPF30
40ml
795.00
+B MEMBER PRICE: **608.18**

SAVE R193



Payot Roselift Firming Redensifying Serum
30ml
825.00
+B MEMBER PRICE: **631.13**

Scan the QR code to **join Better Rewards** for **FREE**

FACE CARE

SAVE R135

Offer on Bioderma Sensibio face care products*



Bioderma Sensibio Micellar Cleansing Oil
150ml
485.00
+B MEMBER PRICE: 349.20

SAVE R235



Bioderma Sensibio AR + Bi-Serum
30ml
840.00
+B MEMBER PRICE: 604.80

*Excludes Bioderma Sensibio Value Packs **AND** 850ml Micellar Water

NEW

SAVE R176

Offer on ALL Eucerin Anti-Ageing AND Dermopure face care



Eucerin Anti-Age Hyaluron-Filler +Elasticity SPF50
50ml
629.99
+B MEMBER PRICE: 453.59

SAVE R183



Eucerin Hyaluron-Filler +Longevity Epicelline Day Care SPF30
50ml
655.00
+B MEMBER PRICE: 471.60

SAVE R126



Bioderma Sensibio H2O Cleanser
500ml
450.00
+B MEMBER PRICE: 324.00

SWIPE TO GET 20%OFF +B GET AN EXTRA 10%OFF ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ALL Eucerin Anti-Ageing AND Dermopure face care

SAVE R79



Eucerin Dermopure Clinical Correcting Cleanser
150ml
285.00
+B MEMBER PRICE: 205.20

Offer on ALL Nivea Q10 AND Luminous 630® face care



SAVE R36

Nivea Luminous 630® Skin Glow Gel Wash
150ml
129.99
+B MEMBER PRICE: 93.59

Offer on ALL L'Oreal Paris Age Perfect face care



SAVE R126

L'Oreal Paris Age Perfect Le Duo Serum
30ml
450.00
+B MEMBER PRICE: 324.00



SAVE R21

Nivea Luminous 630® Skin Glow Micellar Water
125ml
75.99
+B MEMBER PRICE: 54.71



SAVE R93

Nivea Q10 Anti-Wrinkle Expert Daily UV Fluid SPF50
40ml
335.00
+B MEMBER PRICE: 241.20



SAVE R134

L'Oréal Paris Age Perfect Cell Renew Midnight Serum
30ml
480.00
+B MEMBER PRICE: 345.60



SAVE R126

L'Oréal Paris Age Perfect Cell Renew Day Cream SPF30
50ml
450.00
+B MEMBER PRICE: 324.00

Offer on ALL Garnier Even & Bright AND Micellar Water products



SAVE R35

Garnier Even & Bright Vitamin C Serum Cleanser
100ml
125.00
+B MEMBER PRICE: 90.00



SAVE R75

Garnier Even & Bright Vitamin C Booster Serum
30ml
269.00
+B MEMBER PRICE: 193.68



SAVE R40

Garnier Even & Bright Vitamin C Day Cream SPF30
50ml
144.99
+B MEMBER PRICE: 104.39



SAVE R42

Garnier SkinActive Micellar Cleansing Water
400ml
152.99
+B MEMBER PRICE: 110.15

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Dis-Chem

FRAGRANCES



Offer on Nautica fragrances*

SAVE R203



Nautica Rose Island
EDP 100ml
725.00
+B MEMBER PRICE:
522.00

SAVE R190



Nautica Voyage Intense
EDT 100ml
680.00
+B MEMBER PRICE:
489.60

*Excludes Nautica Gift Sets

Offer on David Beckham fragrances*

SAVE R138



David Beckham Classic Blue
EDT 100ml
495.00
+B MEMBER PRICE:
356.40

SAVE R247



David Beckham Exquisite Leather
EDP 100ml
885.00
+B MEMBER PRICE:
637.20

*Excludes David Beckham Gift Sets

Offer on ALL Jeanne Arthes Boum fragrances

SAVE R83 each



Jeanne Arthes Boum Candy Land OR Savon
EDP 100ml
299.00
+B MEMBER PRICE:
215.28 each

SWIPE TO GET



20% OFF

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ALL Skil Mists

SAVE R53 each



Skil Body & Hair Glittering Mist
250ml
190.00
+B MEMBER PRICE:
136.80 each

Offer on ALL Zoé, Absolute, Grace AND Ava fragrances

SAVE R119 each



Zoé OR Absolute OR Grace OR Ava
EDP 100ml
425.00
+B MEMBER PRICE:
306.00 each

MEMBER DEAL
20% OFF
ALL Chanson d'Eau EDT fragrances*

SAVE R57 each



Chanson
EDT 100ml
285.00
MEMBER PRICE:
228.00 each

*Excludes Chanson d'Eau Gift Sets

MEMBER DEAL
20% OFF
ALL Alfa Romeo AND Lamborghini fragrances

SAVE R119 each



Tonino Lamborghini OR Alfa Romeo
EDT 125ml
595.00
MEMBER PRICE:
476.00 each

Shop the **Better Gifting Collection** to unlock an **extra 5% off** Better Rewards brands this festive season.

MALE DEODORANTS





SAVE R30

Old Spice Deodorant Body Spray 150ml
64.99
+B MEMBER PRICE: 2 FOR 99.00



SAVE R64

Old Spice Deodorant Stick 50ml
OR
Anti-Perspirant Gel 70ml
94.99
+B MEMBER PRICE: 2 FOR 125.10



SAVE R30

Dove Deodorant Body Spray 150ml
52.99
+B MEMBER PRICE: 2 FOR 75.60



SAVE R21

Dove Anti-Perspirant Roll-On 50ml
36.99
+B MEMBER PRICE: 2 FOR 52.20



SAVE R26

Rexona Shield Anti-Perspirant Deodorant Body Spray 150ml
44.99
+B MEMBER PRICE: 2 FOR 63.00

SWIPE TO GET BULK BUYS

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands



SAVE R13

Rexona Shield Anti-Perspirant Roll-On 50ml
24.99
+B MEMBER PRICE: 2 FOR 36.00



SAVE R28

Shower to Shower Deodorant Body Spray 150ml
45.99
+B MEMBER PRICE: 2 FOR 63.00



SAVE R13

Shower to Shower Anti-Perspirant Roll-On 50ml
22.99
+B MEMBER PRICE: 2 FOR 32.40

NEW



SAVE R26

Axe Deodorant Body Spray 150ml
44.99
+B MEMBER PRICE: 2 FOR 63.00



SAVE R9

Axe Anti-Perspirant Roll-On 50ml
22.99
+B MEMBER PRICE: 2 FOR 36.00



SAVE R24

Sanex Anti-Perspirant Roll-On 50ml
34.99
+B MEMBER PRICE: 2 FOR 45.00



SAVE R19

Nivea Men Derma Control Roll-On 50ml
33.99
+B MEMBER PRICE: 2 FOR 48.00



SAVE R53

Adidas Body Fragrance 75ml
89.99
MEMBER PRICE: 2 FOR 126.00



SAVE R20

Lenthéric Solo Deodorant Body Spray 150ml
47.99
MEMBER PRICE: 2 FOR 75.00

NEW

SAVE R21

20% OFF MEMBER DEAL



Brut Anti-Perspirant Deodorant Stick 75ml
104.99
MEMBER PRICE: 83.99



SAVE R9

Brut Deodorant Body Spray 120ml
44.99
MEMBER PRICE: 35.99

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Dis-Chem

+B Choose Better Rewards brands and get 10% off instantly

FEMALE DEODORANTS





SAVE R28

Shower to Shower Deodorant Body Spray
150ml
45.99
+B MEMBER PRICE: 2 FOR 63.00



SAVE R13

Shower to Shower Anti-Perspirant Roll-On
50ml
22.99
+B MEMBER PRICE: 2 FOR 32.40



SAVE R30

Dove Anti-Perspirant Deodorant Body Spray
150ml
52.99
+B MEMBER PRICE: 2 FOR 75.60



SAVE R21

Dove Anti-Perspirant Roll-On
50ml
36.99
+B MEMBER PRICE: 2 FOR 52.20



SAVE R26

Rexona Shield Anti-Perspirant Body Spray
150ml
44.99
+B MEMBER PRICE: 2 FOR 63.00

SWIPE TO GET BULK BUYS

+B GET AN EXTRA

10% OFF

ALL Better Rewards Brands



SAVE R13

Rexona Shield Anti-Perspirant Roll-On
50ml
24.99
+B MEMBER PRICE: 2 FOR 36.00



SAVE R24

Sanex Roll-On
50ml
34.99
+B MEMBER PRICE: 2 FOR 45.00



SAVE R34

Yardley Gorgeous Perfumed Body Spray
90ml
59.99
+B MEMBER PRICE: 2 FOR 85.50



SAVE R29

Nivea Anti-Perspirant Deodorant Body Spray for Men OR Women
150ml
49.99
+B MEMBER PRICE: 2 FOR 70.20



SAVE R19

Nivea Anti-Perspirant Roll-On
50ml
33.99
+B MEMBER PRICE: 2 FOR 48.00



SAVE R13

Playboy OR Playgirl Anti-Perspirant Roll-On
50ml
22.99
+B MEMBER PRICE: 2 FOR 32.40



SAVE R67

Mitchum Anti-Perspirant Power Gel
63g
114.99
+B MEMBER PRICE: 2 FOR 162.00



SAVE R33

Adidas Body Fragrance
75ml
79.99
MEMBER PRICE: 2 FOR 126.00



SAVE R27

Lenthéric I ♡ Love Body & Hair Fragrance Mist
100ml
69.99
MEMBER PRICE: 2 FOR 112.00



SAVE R30 each

Lavilin Roll-On Deodorant for Men OR Women
80ml
159.99
MEMBER PRICE: 129.99 each

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Shop the Better Gifting Collection to unlock an **extra 5% off** Better Rewards brands this festive season.

SMOOTH SHAVING





SAVE R350

Gillette Fusion5 Power 5-Blade Razor Blades
8 cartridges

1249.99

+B MEMBER PRICE: 899.99



SAVE R215

Gillette Mach3 Turbo 3-Blade Razor Blades
8 cartridges

769.99

+B MEMBER PRICE: 554.40



SAVE R140

Gillette Skinguard Sensitive 2-Blade Razor Blades
4 cartridges

499.99

+B MEMBER PRICE: 359.99



SAVE R37

Gillette Sensitive Shaving Gel
200ml

134.99

+B MEMBER PRICE: 97.19



SAVE R119

Gillette Venus Extra Smooth 5-Blade Razor
1 handle **PLUS** 2 cartridges

424.99

+B MEMBER PRICE: 305.99

SWIPE TO GET 20% OFF + +B GET AN EXTRA 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R175

Gillette Venus Extra Smooth 5-Blade Razor Blades
4 cartridges

624.99

+B MEMBER PRICE: 449.99

Offer only applicable on Nivea Gels, Foams 200ml **AND** Tins



SAVE R35

No Hair Hair Removal Lotion
400ml

124.99

+B MEMBER PRICE: 89.99



SAVE R22

No Hair Hair Removal Lotion
125ml

78.99

+B MEMBER PRICE: 56.87

SAVE R29



Nivea Men Even Tone Creme
150ml

104.99

+B MEMBER PRICE: 75.60



SAVE R31

Nivea Men Shaving Gel
200ml

112.99

+B MEMBER PRICE: 81.35



SAVE R4000

Braun IPL Hair Removal PL5052
White & Gold

10000.00

MEMBER PRICE: 6000.00

SAVE R1679



40% OFF MEMBER DEAL

Braun Series 7 72-N4200S Electric Shaver with Charging Stand

4199.00

MEMBER PRICE: 2519.40



SAVE R547

Braun Series 5 7in1 Trimmer AIO5520

1369.00

MEMBER PRICE: 821.40



SAVE R463

Braun Series X Hybrid Electric Beard Trimmer and Body Shaver XT5200

1159.00

MEMBER PRICE: 695.40

SAVE R15



20% OFF MEMBER DEAL

Nishman After Shave Cologne
150ml

76.99

MEMBER PRICE: 61.59

SAVE R29



20% OFF MEMBER DEAL

Nutriderma Men Purifying Face Wash
100ml

145.00

MEMBER PRICE: 116.00

SAVE R71



25% OFF MEMBER DEAL

Schick Quattro4 Titanium 4-Blade Razor Blades
4 cartridges

283.99

MEMBER PRICE: 212.99



SAVE R98

Schick Hydro5 5-Blade Razor Blades
4 cartridges

391.99

MEMBER PRICE: 293.99

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Dis-Chem

+B Choose Better Rewards brands and get 10% off instantly

DENTAL CARE



SAVE R26



Colgate Maximum Cavity Protection Toothpaste 100ml

34.99

+B MEMBER PRICE: 2 FOR 43.20

SWIPE TO GET BULK BUYS + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

SAVE R48



Colgate Total Toothpaste 75ml

66.99

+B MEMBER PRICE: 2 FOR 85.50

Offer on ALL Oral-B D100 AND D300 Toothbrushes

SAVE R314 each



Oral-B Vitality D150 Electric Toothbrush

849.99

+B MEMBER PRICE: 535.49 each

SWIPE TO GET 30% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ALL Oral-B D100 & D300 Toothbrushes

SAVE R370



Oral-B D300 Electric Toothbrush

999.99

+B MEMBER PRICE: 629.99

SAVE R51



Listerine Total Care Mouthwash 750ml

139.99

+B MEMBER PRICE: 88.19

SAVE R48 each



Listerine Cool Mint Mouthwash VALUE PACK 750ml

129.99

+B MEMBER PRICE: 81.89 each

SAVE R28 each



Colgate Optic White Toothpaste 75ml

99.99

+B MEMBER PRICE: 71.99 each

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts

SAVE R28



Colgate Optic White Instant Toothpaste 75ml

99.99

+B MEMBER PRICE: 71.99



SAVE R37 per pack

Colgate SlimSoft Advanced Toothbrushes 2-pack

134.99

+B MEMBER PRICE: 97.19 per pack



SAVE R37 per pack

Colgate 360° Charcoal Toothbrushes 2-pack

134.99

+B MEMBER PRICE: 97.19 per pack



SAVE R13 per pack

Colgate Double Action Toothbrushes 2-pack

46.99

+B MEMBER PRICE: 33.83 per pack

Scan the QR code to **join Better Rewards** for **FREE**

DENTAL CARE





SAVE R28 each

Sensodyne Repair & Protect Toothpaste
75ml
99.99

+B MEMBER PRICE:
71.99 each

SWIPE TO GET 20% OFF + GET AN EXTRA 10% OFF
ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R40

Sensodyne Repair & Protect Toothbrushes
2-pack
144.99

+B MEMBER PRICE:
104.39



SAVE R29

Elmex Sensitive Toothpaste
75ml
104.99

+B MEMBER PRICE:
75.59



SAVE R29 each

Meridol Gum Health Toothpaste
75ml
104.99

+B MEMBER PRICE:
75.59 each

INCONTINENCE CARE



SAVE R162

579.99

MoliCare Premium Elastic 8 Drops
Large / 8-pack

+B MEMBER PRICE:
417.59

SWIPE TO GET 20% OFF + GET AN EXTRA 10% OFF
ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R35

126.99

MoliCare Premium 4.5 Drops Lady Pads
12-pack

+B MEMBER PRICE:
91.43



MEMBER DEAL 2+1 CHEAPEST FREE on ANY Jordan products

Jordan Kids Toothpaste
50ml / 0-5 years
31.99

MEMBER DEAL 2+1 CHEAPEST FREE on ANY Himalaya Toothpastes



Himalaya Toothpaste
75ml
34.99

SAVE R18

20% OFF MEMBER DEAL



89.99

White Glo Toothpaste + Toothbrush
150g

MEMBER PRICE:
71.99



SAVE R200

Aquapulse Gen II Aquaflosser
999.00

MEMBER PRICE:
799.00

SAVE R34



MEMBER DEAL 20% OFF Softi Adult Diapers AND Stress Pads*

169.99

Softi Premium Adult Slips
Medium / 14-pack

MEMBER PRICE:
135.99



SAVE R16

79.99

Softi Premium Adult Stress Pads
Maxi / 14pack

MEMBER PRICE:
63.99

*Offer excludes Softi Pull-Ups

SAVE R53

20% OFF MEMBER DEAL



266.99

Tena Proskin Pants
Medium / 10-pack

MEMBER PRICE:
213.59



SAVE R20

184.99

Active Care Adult Pants
Extra large
8-pack

MEMBER PRICE:
164.99

Choose Better Rewards brands and get 10% off instantly

FEMININE HYGIENE

VALUE PACK

Offer on ANY Always Quattro AND Duo packs



Always Quattro Pack
24/26/32/36-pack
VALUE PACK

114.99
+B MEMBER PRICE: 103.49

SWIPE TO GET 2+1 CHEAPEST FREE + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Offer on ANY Always Quattro AND Duo packs



Always Ultra Duo Pack
14-pack
VALUE PACK

69.99
+B MEMBER PRICE: 62.99



Kotex Pantyliners
100-pack
VALUE PACK

69.99
+B MEMBER PRICE: 62.99

Offer on ANY Kotex products



Kotex Tampons
16-pack

37.99
+B MEMBER PRICE: 34.19



Kotex All Nighter Maxi Protect Pads
16-pack
VALUE PACK

56.99
+B MEMBER PRICE: 51.29



Kotex All Nighter Maxi Protect Pads
8-pack

29.99
+B MEMBER PRICE: 26.99



SAVE R70

Durex Condoms
3-pack

84.99
+B MEMBER PRICE: 2 FOR 99.00

SWIPE TO GET BULK BUYS + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands



SAVE R111

Durex Lubricant
50ml

154.99
+B MEMBER PRICE: 2 FOR 198.00



SAVE R9

Intima Ultra-Thin Pads
8-pack

24.99
MEMBER PRICE: 2 FOR 40.00



SAVE R49

Intima Intimate Wash
250ml

99.99
MEMBER PRICE: 2 FOR 150.00



SAVE R53

Libresse Ultra Long Pads
36/38-pack
MEGA PACK

106.99
MEMBER PRICE: 2 FOR 160.00



SAVE R19

Gynaguard Pantyliners
40-pack

39.99
MEMBER PRICE: 2 FOR 60.00



SAVE R8

Lil-Lets Maxi Thick Pads
16/20-pack

36.99
MEMBER PRICE: 2 FOR 65.00



SAVE R29

Lil-Lets Intimate Wash
150ml

84.99
MEMBER PRICE: 2 FOR 140.00



SAVE R9

Lil-Lets Smart Fit Tampons
10-pack

19.99
MEMBER PRICE: 3 FOR 50.00



SAVE R25

Comfitex Pantyliners
100-pack
VALUE PACK

62.99
MEMBER PRICE: 2 FOR 100.00

Scan the QR code to **join Better Rewards** for **FREE**

BATHING BABY

Offer on ALL Johnson's Baby products



SAVE R31

Johnson's Baby Powder
400g
84.99
+B MEMBER PRICE: 53.54

Offer on ALL Johnson's Baby products



SAVE R55 per 4-pack

Johnson's Extra Sensitive
4 x 56
OR Gentle All Over
4 x 72
Baby Wipes
VALUE PACK
149.99
+B MEMBER PRICE: 94.49 per 4-pack

Offer on ALL Johnson's Baby products



SAVE R7

Johnson's Baby Soap Bar
175g
19.99
+B MEMBER PRICE: 12.59



SAVE R37

Johnson's Baby Bedtime Bath
500ml
99.99
+B MEMBER PRICE: 62.99

SWIPE TO GET 30% OFF

+B GET AN EXTRA

10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R40

Johnson's Baby Oil
500ml
109.99
+B MEMBER PRICE: 69.29



SAVE R37

Johnson's Baby Top-to-Toe Wash
500ml
99.99
+B MEMBER PRICE: 62.99



SAVE R25

Johnson's Baby Lotion
500ml
69.99
+B MEMBER PRICE: 44.09



SAVE R25

Johnson's Baby Conditioning Spray
200ml
69.99
+B MEMBER PRICE: 44.09

Offer on ALL Johnson's Baby products



SAVE R27 each

Johnson's Baby Aqueous Cream OR Jelly
500ml
74.99
+B MEMBER PRICE: 47.24 each



SAVE R40

Johnson's Baby Lotion
500ml
109.99
+B MEMBER PRICE: 69.29

Offer on ALL Baby Dove products



SAVE R8

Baby Dove Rich Moisture Soap Bar
90g
29.99
+B MEMBER PRICE: 21.59

SWIPE TO GET 20% OFF + +B GET AN EXTRA 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R98

Bepanthen Baby Nappy Care Ointment
100g
349.99
+B MEMBER PRICE: 251.99

Unlock all promo prices as a **Better Rewards member** and **save.** The promotional discount may only apply to specific products within the range. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Visit the app or in-store for more details. Ts and Cs apply. Offers valid while stocks last or until Sunday 15 November 2026. Available at dischem.co.za **OR** at selected stores. E&OE.

+B Choose Better Rewards brands and get 10% off instantly

CHANGING BABY



SAVE R189



Pampers Premium Care Nappies
Sizes 1 – 6
OR Pants
Sizes 3 – 7
VALUE PACK
299.99
+B MEMBER PRICE:
2 FOR 409.99

SWIPE TO GET BULK BUYS + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands



SAVE R189

Pampers Ultra Skin Comfort Nappies
Sizes 1 – 6
OR Pants
Sizes 3 – 7
JUMBO PACK
299.99
+B MEMBER PRICE:
2 FOR 409.99

SAVE R94 per pack



Huggies Gold Skin Soft Nappies
Sizes 1 – 5
JUMBO PACK
289.99
+B MEMBER PRICE:
195.74 per pack

SWIPE TO GET 25% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands



SAVE R94 per pack

Huggies Gold Skin Soft Pants
Sizes 3 – 6
JUMBO PACK
289.99
+B MEMBER PRICE:
195.74 per pack

Member prices already reflect both discounts

ACTIVE CARE™ NAPPIES

Big Comfort for Little Movers!

- Comfort fit
- Ultra-absorbent
- Wetness indicator



BabyThings

SAVE R53 per pack

Active Care OR Premium Nappies
Sizes 1 – 5
189.99
+B MEMBER PRICE:
136.79 per pack



PREMIUM NAPPIES

Comfort that cares. Protection that lasts.

- Advanced ultra absorbent channels
- Comfort fit with stretchy side panels
- Up to 12 hours protection

Everything is better with BabyThings!

Exclusively available at Dis-Chem+ and babycity



SAVE R19 per 3-pack

BabyThings Sensitive OR Fresh
3 x 80
Baby Wipes
VALUE PACK
69.99
+B MEMBER PRICE:
50.39 per 3-pack

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts



SAVE R34 per 4-pack

Huggies Pure OR Natural
4 x 56
Baby Wipes
123.99
+B MEMBER PRICE:
89.27 per 4-pack



SAVE R74 per pack

Pampers Ultra Skin Comfort Nappies
Sizes 1 – 6
VALUE PACK
264.99
+B MEMBER PRICE:
190.79 per pack



SAVE R74 per pack

Pampers Ultra Skin Comfort Pants
Sizes 3 – 6
VALUE PACK
264.99
+B MEMBER PRICE:
190.79 per pack



SAVE R61 per 6-pack

Pampers Sensitive
6 x 56
OR Complete Clean
6 x 64
Baby Wipes
VALUE PACK
219.99
+B MEMBER PRICE:
158.39 per 6-pack



SAVE R81 per pack

Huggies Extra Care Nappies
Sizes 1 – 5
289.99
+B MEMBER PRICE:
208.79 per pack

Scan the QR code to **join Better Rewards** for **FREE**

Become a **Better Rewards member** to **unlock promo prices**

FEEDING BABY

SAVE R10



Squish 100% Fruit Purée Pouches
110ml
13.99
MEMBER PRICE: 4 FOR 45.00

SAVE R12



Purity Jars
125ml
OR Pouches
110ml
15.69
MEMBER PRICE: 4 FOR 50.00

SAVE R15



Purity Pouches 150ml
OR Jars 200ml
18.99
MEMBER PRICE: 4 FOR 60.00

SAVE R11



Purity Baby Cereal (Just Add Water)
450g
73.99
MEMBER PRICE: 62.99

SAVE R2



29.99
Nestlé Nestum Baby Cereal (Just Add Milk)
200g
MEMBER PRICE: 27.99

SAVE R3



42.99
Nestlé Cerelac Baby Cereal (Just Add Water)
200g
MEMBER PRICE: 39.99

SAVE R24



203.99
Nestlé Nido 3+ Powdered Drink
900g
MEMBER PRICE: 179.99

SAVE R30



Nestlé Nespray FortiGrow Powder
1.8kg
299.99
MEMBER PRICE: 269.99

MOM & BABY ESSENTIALS

SAVE R63



30% OFF MEMBER DEAL

209.99
Pure Beginnings Baby Wash & Shampoo
500ml
MEMBER PRICE: 146.99

SAVE R11



MEMBER DEAL 20% OFF ALL Reitzer's products

54.99
Reitzer's Baby Aqueous Cream
500ml
MEMBER PRICE: 43.99

SAVE R495



30% OFF MEMBER DEAL

1649.99
Philips Avent Electric Bottle Steriliser
MEMBER PRICE: 1154.99



SAVE R435

1449.99
Philips Avent Single Electric Breast Pump
MEMBER PRICE: 1014.99

SAVE R25



339.99
Sudocrem Skin and Baby Care Cream
400g **PLUS**
60g **FREE**
MEMBER PRICE: 314.99

SAVE R35



Happy Event Antenatal Massage Lotion
1 litre
VALUE PACK
349.99
MEMBER PRICE: 314.99

SAVE R4



42.99
Carriwell Maternity Pads
12-pack
MEMBER PRICE: 38.69



SAVE R25

124.99
Nûby Medi-Nurser Medicine Dispenser
MEMBER PRICE: 99.99

CHILDREN'S HEALTH

SAVE R25



30% OFF MEMBER DEAL

85.99
Phipp's Milk of Magnesia
100ml
MEMBER PRICE: 60.19

SAVE R58



30% OFF MEMBER DEAL

194.99
Antipeol Ointment
18g
MEMBER PRICE: 136.49

SAVE R72



30% OFF MEMBER DEAL

241.99
Vi-Daylin Multivitamin Supplement Drops
25ml
MEMBER PRICE: 169.39

SAVE R48



30% OFF MEMBER DEAL

159.99
Telament Paediatric Colic Drops
30ml
MEMBER PRICE: 111.99

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Dis-Chem

Better Rewards is available at all **Dis-Chem Baby City** stores

ANYTIME BABY EXCLUSIVE TO DIS-CHEM BABY CITY

SWIPE TO GET **25% OFF** + GET AN EXTRA **10% OFF** ALL Better Rewards Brands

Member prices already reflect both discounts



Pampers Ultra Skin Comfort Pants
Sizes 3 – 6
MEGA BOX

599.99
+B MEMBER PRICE: 404.99 per box



Huggies Gold Skin Soft Pants
Sizes 3 – 6
MEGA BOX

579.99
+B MEMBER PRICE: 391.49 per box



Pampers Ultra Skin Comfort Nappies Mega Box
Sizes 3 – 5
PLUS FREE WIPES

599.99
+B MEMBER PRICE: 404.99 per box



Pampers Premium Care Nappies Mega Box
Sizes 3 – 5
PLUS FREE WIPES

599.99
+B MEMBER PRICE: 404.99 per box



Pampers Premium Care Nappies Value Pack
2 x Sizes 1 – 2
PLUS FREE WIPES

599.99
+B MEMBER PRICE: 404.99 per 2-pack



Huggies Gold Skin Soft Nappies Jumbo Pack
2 x Sizes 1 – 5
PLUS FREE WIPES

579.99
+B MEMBER PRICE: 391.49 per 2-pack

SWIPE TO GET **20% OFF** + GET AN EXTRA **10% OFF** ALL Better Rewards Brands

Member prices already reflect both discounts



Huggies Extra Care Nappies
2 x Sizes 1 – 5
PLUS FREE WIPES

579.99
+B MEMBER PRICE: 417.59 per box



Huggies Extra Care Nappies
Size 0
25-pack

104.99
+B MEMBER PRICE: 75.59 per pack



Huggies Pure
12 x 56
Baby Wipes

279.99
+B MEMBER PRICE: 201.59 per box



309.99
Pampers Sensitive 9 x 56 **Baby Wipes**
MEGA BOX
+B MEMBER PRICE: 223.19 per box



3999.99
BabyThings 3in1 Mustang Travel System
Car seat included
+B MEMBER PRICE: 2879.99



2399.99
BabyThings Wagon
+B MEMBER PRICE: 1727.99



2299.99
BabyThings Ruby Range Camp Cot
+B MEMBER PRICE: 1655.99



1499.00
BabyThings High Chair and Swing
Black/Tan
+B MEMBER PRICE: 1079.28

Scan the QR code to **join Better Rewards** for **FREE**

HOUSEHOLD ESSENTIALS

Offer on Sunlight products*

SAVE R10



Sunlight Dishwashing Liquid
750ml
37.99
+B MEMBER PRICE: 27.35

*Offer excludes Sunlight Soap Bar 175g

SWIPE TO GET 20% OFF + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

Member prices already reflect both discounts

Offer on ANY Comfort Fabric Conditioners

SAVE R21



Comfort Perfume Deluxe Fabric Conditioner
800ml
74.99
+B MEMBER PRICE: 53.99

SAVE R32 each



Skip Auto Washing Powder
2kg OR Liquid
1.5 litres
114.99
+B MEMBER PRICE: 82.79 each

Offer on ANY Omo products

SAVE R30 each



Omo Auto Washing Powder
2kg OR Liquid
1.5 litres
109.99
+B MEMBER PRICE: 79.19 each

Offer on ANY Domestos products

SAVE R10



Domestos Thick Bleach
750ml
36.99
+B MEMBER PRICE: 26.63

SAVE R14



Comfort Fabric Conditioner Refill
800ml
52.99
+B MEMBER PRICE: 38.15

SAVE R68



Sta-Soft Fabric Conditioner Refill
500ml
48.99
+B MEMBER PRICE: 3 FOR 78.30

SWIPE TO GET BULK BUYS + GET AN EXTRA +B 10% OFF ALL Better Rewards Brands

SAVE R63



Sta-Soft Ultra Concentrate
800ml
52.99
+B MEMBER PRICE: 3 FOR 95.00

SAVE R20



Softi 2-Ply Toilet Rolls
18-pack
119.99
MEMBER PRICE: 99.99

SAVE R20



Home Butler Refuse Bags
50s
114.99
MEMBER PRICE: 94.99

SAVE R30 each



Ariel Automatic Washing Liquid
2 litres OR Pods
21 capsules
184.99
MEMBER PRICE: 154.99 each

SAVE R20



Baby Soft 2-Ply Toilet Rolls
9-pack
89.99
MEMBER PRICE: 69.99

MEMBER DEAL 20% OFF ALL Peaceful Sleep products

SAVE R22



Peaceful Sleep Insect Repellent Aerosol
150ml
109.99
MEMBER PRICE: 87.99

MEMBER DEAL 20% OFF ALL Raid products

SAVE R18 per pack



Raid Liquid Electric Mosquito Killer Refills
2 x 33ml
89.99
MEMBER PRICE: 71.99 per pack

MEMBER DEAL 20% OFF ALL Doom 300ml products

SAVE R11



Doom Multi Insect Spray
300ml
54.99
MEMBER PRICE: 43.99

20% OFF MEMBER DEAL

SAVE R12



Mortein Multi Insect Spray
450ml
VALUE PACK
62.99
MEMBER PRICE: 50.39

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Here's how to **stack your savings** this festive season



Get 10% off Better Rewards brands

This discount is instant and on-top of any deals.

PLUS

5% off Pharmacy Boost

Fill a script or buy from the pharmacy (valid for 30 days).

PLUS

5% off Capitec Boost

Pay with your Capitec card.

PLUS

5% off Gift Boost

Shop the Better Gifting Collection and get an extra 5% off all Better Rewards brands.

Look out for this icon online and in-store.

= 25% off instantly

Dis-Chem reserves the right to limit the quantity of any item offered for sale. Pictures are for illustration purposes only. Some offers may not be available at all stores. Ts and Cs apply. All member prices reflect 10% **Better Rewards** discount, maximum discounts apply. Prices include VAT and are valid for cash or credit card. Customer careline 0860 347 243 careline@dischem.co.za
Prices and offers valid Tuesday 20 October to Sunday 15 November 2026, while stocks last.

Dis-Chem
Better health starts here

LOW PRICES TO GET YOUR GLOW ON!



HAIR & BEAUTY PROMOTION NOW ON!



SHOPRITE

LOWER PRICES YOU CAN TRUST *Always*

OFFERS VALID FROM MONDAY 19 OCTOBER UNTIL SUNDAY 8 NOVEMBER 2026

OFFERS VALID FROM MONDAY 19 OCTOBER UNTIL SUNDAY 8 NOVEMBER 2026. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, IKAGENG, JOUBERTON, KANANA, KHUTSONG, KLERKSDORP TERMINUS, LEHURUTSHE, LICHTENBURG, MAFIKENG, MMABATHO, ORKNEY, PARYS, POTCHEFSTROOM, SASOLBURG, SCF KLERKSDORP, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG, WOLMARANSSTAD & ZEERUST. SOME ADVERTISED PRODUCTS IN THIS LEAFLET MAY NOT BE STOCKED AT SMALLER SHOPRITE STORES. WHILE STOCKS LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS. VAT INCLUDED. ERRORS AND OMISSIONS EXCEPTED. WWW.SHOPRITE.CO.ZA. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE).



GLOWING SKIN



WITH CARD

FROM **13.99**

Gentle Magic Facial Range All Variants each

99s GNFOSLDYUW/E



FROM **15.99** WITH CARD

Lemon Lite Facial Range All Variants each

95 YEARS of health & wellness

Himalaya SINCE 1930



For naturally radiant skin

BUY ANY Himalaya Facial Products

SAVE 25% WITH CARD



FROM **15.99** WITH CARD

Eskamel Facial Range All Variants each



BUY ANY Labello Lip Balm Products

SAVE 20% WITH CARD

POND'S



41.99

SAVE R8 WITH CARD

Pond's Normal to Oily Skin/ Lasting Oil Control Vanishing Cream 100ml each



41.99

SAVE R18 WITH CARD

Pond's Facial Cream All Variants 40ml each



21.99

SAVE R5 WITH CARD

Cuticura Black Soap All Variants 100g each

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Say hello to beautiful skin.

NIVEA



SELECTED STORES ONLY

NIVEA Perfect & Radiant Range

NIVEA Q10 Range

BUY ANY Nivea Facial Products SAVE 20% X WITH CARD



FROM 16.99 X WITH CARD

Oxy Facial Range All Variants each

GARNIER



FROM 19.99 X WITH CARD

Clere Facial Range All Variants each



FROM 59.99 X WITH CARD

Garnier Facial Range All Variants each



BUY ANY Portia M Products SAVE 30% X WITH CARD



FROM 21.99 X WITH CARD

Lemonvate Facial Range All Variants each



SELECTED STORES ONLY

FROM 18.99 X WITH CARD

Cuticura Facial Range All Variants each



SELECTED STORES ONLY

29.99 SAVE R13 X WITH CARD

Reitzer's Pure Glycerine Soap Facial Cleansing Bar All Variants 100g each

99 GNFOSLDYUW/E

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NOURISH YOUR SKIN



24.99 SAVE R10 WITH CARD

Bramley Tissue Oil 100ml/ Lotion All Variants 400ml each



26.99 SAVE R10 WITH CARD

Dawn Body Lotion/ Cream All Variants 400ml each



FROM **29.99** WITH CARD

Reitzer's Liquid Petroleum Jelly 100ml/200ml each



FROM **32.99** WITH CARD

Reitzer's Body Lotion 400ml/Aqueous Cream 500ml All Variants each

SELECTED STORES ONLY



69.99 SAVE R20 WITH CARD

Reitzer's Aqueous Cream 1ℓ



44.99 SAVE R20 WITH CARD

Reitzer's Pure Essens Gold Luxury Aqueous Cream 500ml



19.99 SAVE R7 WITH CARD

Lip Ice Regular/Spearmint Lip Balm 4,9g each



2 FOR R**34** SAVE R12 WITH CARD

Reitzer's Pure Glycerine 100ml



24.99 SAVE R5 WITH CARD

Dolly Varden Glycerine/Tissue Oil All Variants 100ml each



99.99 SAVE R40 WITH CARD

Epi-max Regular/Baby & Junior Cream 400g each

GNFOSLDYUWE 995

OFFERS VALID FROM MONDAY 19 OCTOBER UNTIL SUNDAY 8 NOVEMBER 2026. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, IKAGENG, JOUBERTON, KANANA, KHUTSONG, KLERKSDORP TERMINUS, LEHURUTSHE, LICHTENBURG, MAFIKENG, MMABATHO, ORKNEY, PARYS, POTCHEFSTROOM, SASOLBURG, SCF KLERKSDORP, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG, WOUMARANSSTAD & ZEERUST. SOME ADVERTISED PRODUCTS IN THIS LEAFLET MAY NOT BE STOCKED AT SMALLER SHOPRITE STORES. WHILE STOCKS LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS. VAT INCLUDED. ERRORS AND OMISSIONS EXCEPTED. WWW.SHOPRITE.CO.ZA. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE).



Dawn Roll-On for Ladies/Men All Variants 45ml each + **Lifebuoy** Bath Soap 100g + **Pepsodent** Green Tea 100g/ Cavity Fighter Toothpaste 150g each

ALL 3 FOR R40

SAVE R20 WITH CARD



26.99

SAVE R8 WITH CARD

Clere Body Crème 300ml/ Lotion for Ladies/Men All Variants 400ml each



54.99

SAVE R35 WITH CARD

Vaseline Body Lotion/Cream for Ladies/Men All Variants 400ml each



22.99

SAVE R7 WITH CARD

Clere Gly-co Pure Glycerine & Tissue/Marula Oil 100ml each



24.99

SAVE R5 WITH CARD

Connie Body Lotion for Ladies All Variants 400ml each



44.99

SAVE R15 WITH CARD

Ingram's Body Lotion 400ml/Cream All Variants 450ml each



69.99

SAVE R30 WITH CARD

Reitzer's Pure Glycerine Cream 500ml



39.99

SAVE R10 WITH CARD

Essentials Ecuador Guest Towels 3-Piece



109.99

SAVE R30 WITH CARD

Derm Opal SPF30+ Moisturising Sunscreen 100ml



149.99

SAVE R40 WITH CARD

Derm Opal SPF50+ Moisturising Sunscreen 100ml

foot CARE



Karroo Foot Powder 100g/ Foot Spray 120ml each

FROM 29.99

WITH CARD

99 GNFOSLDYUW/E

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HYGIENE





ANY 2 FOR R26
SAVE R14 WITH CARD

Lux
Bath Soap
All Variants
150g



ANY 2 FOR R26
SAVE R14 WITH CARD

Lifebuoy
Bath Soap
All Variants
175g



ANY 3 FOR R36
SAVE R9 WITH CARD

Renew
Bath Soap
All Variants
175g



64.99
SAVE R25 WITH CARD

Dove
Beauty
Cream Bar
All Variants
4x100g per pack



29.99
SAVE R20 WITH CARD

Tetmosol
Medicated
Bath Soap
75g each



ANY 2 FOR R40
SAVE R20 WITH CARD

Reitzer/Pure
Glycerine Soap
All Variants
100g/150g



64.99
SAVE R8 WITH CARD

GynaGuard
Intimate
Cleansing Bar
75g each



79.99
SAVE R10 WITH CARD

GynaGuard
Daily Essential/
Ultimate Intimate
Wash 140ml each



49.99
SAVE R10 WITH CARD

Lifebuoy
Total 10/Lemon
Fresh Hygiene Body
Wash 400ml each



59.99
SAVE R30 WITH CARD

Nivea
Shower Creme/
Gel All Variants
500ml each



SELECTED STORES ONLY

59.99
SAVE R30 WITH CARD

Sanex
Shower Gel
All Variants
500ml each



59.99
SAVE R13 WITH CARD

Lux
Body Wash
All Variants
400ml each



79.99
SAVE R20 WITH CARD

Satiskin
Bubble Bath
All Variants
2ℓ each

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GNFOSLDYUW/E



RENEW YOUR SKIN

Renew everyday care



SAVE R8 WITH CARD

24.99 Renew Body Lotion All Variants 400ml each



Renew Roll-On for Ladies/Men All Variants 50ml

ANY 2 FOR R26 SAVE R8 WITH CARD



Renew Hand Wash All Variants 500ml each

39.99 SAVE R5 WITH CARD



Renew Shampoo/ Conditioner All Variants 350ml each

31.99 SAVE R8 WITH CARD



Renew Body Wash All Variants 400ml each

39.99 SAVE R8 WITH CARD



29.99 SAVE R5 WITH CARD

Renew Derma Tissue Oil Spray 100ml each



24.99 SAVE R5 WITH CARD

Renew Magnolia/Cocoa Butter Tissue Oil 100ml each



Renew Derma Tissue Oil Gel 100ml each

59.99 SAVE R15 WITH CARD



Renew Derma Tissue Oil Body Oil 200ml each

69.99 SAVE R20 WITH CARD

PERSONAL CARE



Renew Cotton Buds 200 per pack

17.99 SAVE R8 WITH CARD



15.99 SAVE R8 WITH CARD

Renew Cotton Wool Roll 60g each



22.99 SAVE R7 WITH CARD

Cutex Nail Polish Remover All Variants 100ml each

OFFERS VALID FROM MONDAY 19 OCTOBER UNTIL SUNDAY 8 NOVEMBER 2026. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, IKAGENG, JOUBERTON, KANANA, KHUTSONG, KLERKSDORP TERMINUS, LEHURUTSHE, LICHTENBURG, MAFIKENG, MMABATHO, ORKNEY, PARYS, POTCHEFSTROOM, SASOLBURG, SCF KLERKSDORP, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG, WOLMARANSSTAD & ZEERUST. SOME ADVERTISED PRODUCTS IN THIS LEAFLET MAY NOT BE STOCKED AT SMALLER SHOPRITE STORES. WHILE STOCKS LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS. VAT INCLUDED. ERRORS AND OMISSIONS EXCEPTED. WWW.SHOPRITE.CO.ZA. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE).

GNFOSLDYUW/E



LOVE YOUR HAIR



16.99
SAVE R6 WITH CARD

Black Chic
Mega Black
Hair Colour
28ml each



41.99
SAVE R8 WITH CARD

SELECTED STORES ONLY

Inecto Hair Colour
Selected Variants each



21.99
SAVE R5 WITH CARD

Inecto
Super Black Hair
Colour Crème
28ml each



MPL
Hair Treatment/Oil
All Variants 125g each

42.99
SAVE R7 WITH CARD



HR Placenta Restructurer
Hair Treatment 125ml

59.99
SAVE R30 WITH CARD



34.99
SAVE R30 WITH CARD

HR
Placenta
Restructurer
Hair Treatment
3x10ml per pack

99 GNFOSLDYUW/E



FROM 29.99
WITH CARD
Sofnfree
Product Range
All Variants
each



Pretty Woman
Brush Combo
Set 3-Piece

39.99
SAVE R30 WITH CARD



BUY ANY 2
Renew Hairbrush
and/or Bonnet
Range All Variants
SAVE 20% WITH CARD



SAVE R10
WITH CARD
119.99
Xssentials
Hair Dryer
1200W



79.99
SAVE R20 WITH CARD

Xssentials
Black Broad
Plate Hair
Straightener



Xssentials
Soft Grip
Hair Clipper
Set

99.99
SAVE R30 WITH CARD



139.99
SAVE R10 WITH CARD

Wahl
HomePro
Basic Hair
Cutting Kit

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Dark and Lovely®



WITH CARD

FROM **28.99**

Dark and Lovely Product Range All Variants each

GNFOSLDYUWE

Black Chic®

Healthy-Looking Hair Starts At The Roots

TRY ME I'M NEW



SAVE R20

WITH CARD

69.99 Black Chic Daily Care Shampoo/ Conditioner 1ℓ each



SAVE R14

WITH CARD

35.99 Black Chic Daily Care Shampoo/ Conditioner 350ml each



- ✓ Moisturises and Protects
- ✓ Aids in Anti-Dryness
- ✓ Scalp and Haircare in One
- ✓ Daily Gentle Cleansing

SA's #1 Hair Treatment brand in African hair

Infused with Olive Oil and ProVitamin B5

ISOPLUS®



WITH CARD

FROM **22.99**

Isoplus Product Range All Variants each

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LOVE YOUR HAIR



Perfect Touch
Styling Gel
All Variants
250ml each

59.99
SAVE R5 WITH CARD



Perfect Touch
Ultra Hold
Hairspray 350ml

89.99
SAVE R15 WITH CARD



SAVE R25
WITH CARD
84.99
Organics
Shampoo/Conditioner
All Variants
1ℓ each



Palmolive
Shampoo/Conditioner
All Variants
350ml each

29.99
SAVE R10 WITH CARD



Protein Feed
Shampoo & Conditioner
Banded Pack
2x500ml per pack

89.99
SAVE R30 WITH CARD



Got2b Glued
Blasting Freeze
Hairspray
100ml

69.99
SAVE R30 WITH CARD

REVLON
REALISTIC

Revlon Flex
Ultra Control
Styling Mousse 150ml



79.99
SAVE R15 WITH CARD

SELECTED STORES ONLY



Revlon
ColorSilk
Hair Colour
All Variants
each

79.99
SAVE R30 WITH CARD



Glyco-Lemon
Shampoo/Conditioner
All Variants
400ml each

29.99
SAVE R20 WITH CARD



Head & Shoulders
Shampoo
All Variants
200ml each

64.99
SAVE R15 WITH CARD



WITH CARD
FROM
39.99
Sta-Sof-Fro
Hair Range
All Variants each

OFFERS VALID FROM MONDAY 19 OCTOBER UNTIL SUNDAY 8 NOVEMBER 2026. PRICES APPLY TO SHOPRITE STORES GAUTENG, MPUMALANGA, NORTH WEST & LIMPOPO PROVINCE, EXCLUDING GANYESA, IKAGENG, JOUBERTON, KANANA, KHUTSONG, KLERKSDORP TERMINUS, LEHURUTSHE, LICHTENBURG, MAFIKENG, MMABATHO, ORKNEY, PARYS, POTCHEFSTROOM, SASOLBURG, SCF KLERKSDORP, SCHWEIZER-RENEKE, VOLKSRUST, VRYBURG, WOLMARANSSTAD & ZEERUST. SOME ADVERTISED PRODUCTS IN THIS LEAFLET MAY NOT BE STOCKED AT SMALLER SHOPRITE STORES. WHILE STOCKS LAST. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. NO TRADERS. VAT INCLUDED. ERRORS AND OMISSIONS EXCEPTED. WWW.SHOPRITE.CO.ZA. CUSTOMER CARE LINE 0800 01 07 09 (TOLL-FREE).

99¢ GNFOSLDYUW/E



39.99

SAVE UP TO R20 WITH CARD

Perfect Choice
Product Range
each

Easy Waves®

STYLING YOU CAN SEE AND FEEL



FROM
19.99

SAVE UP TO R20 WITH CARD

Easy Waves
Product Range
All Variants each



SAVE R17

WITH CARD

42.99

Easy Waves
Curl Activator Gel
+ Conditioner Hairspray
Banded Pack
2x250ml per pack



Caivil
Product Range
All Variants each

FROM
29.99

WITH CARD



Black Chic
Product Range
All Variants each

FROM
16.99

WITH CARD

ORS
OLIVE OIL



BUY ANY
ORS Products

SAVE 30% WITH CARD

SELECTED STORES ONLY



BUY ANY
Nativechild
Products

SAVE 20% WITH CARD

HAIR EXTENSIONS

ALL HAIR EXTENSIONS AVAILABLE AT SELECTED STORES ONLY



SAVE R8

WITH CARD

29.99

Darling
One Million
Braids/Ombre Hair
Extensions
All Variants each

99≡ GNFOSLDYUW/E



GROOMING

SELECTED STORES ONLY



Gillette Product Range All Variants each

SAVE 25% WITH CARD



34.99

SAVE UP TO R12 WITH CARD

Schick Disposable Razor Blades All Variants 2/7 per pack



24.99

SAVE R5 WITH CARD

Vaya Smooth Aftershave Gel 30ml



Vaya Smooth Aftershave Bump Fighter/ Ladies Bump Fighter Shave Cream 7,5ml

ANY 2 FOR R30

SAVE R14 WITH CARD

SAVE 20%

BUY ANY Bic Disposable Razors All Variants per pack

WITH CARD

GNFOSLDYUWE



DX Smooth Product Range All Variants each

FROM **42.99**

SAVE UP TO R14 WITH CARD



DX Smooth Regular Hair Removal Lotion 200ml

79.99

SAVE R20 WITH CARD



DX Smooth/ Mandy's Hair Removal Lotion 30ml

ANY 2 FOR R40

SAVE R10 WITH CARD



Mandy's Hair Removal Lotion 100ml

49.99

SAVE R15 WITH CARD



Nivea Men Sensitive Shaving Gel 200ml each

99.99

SAVE R25 WITH CARD

SELECTED STORES ONLY



No Hair Hair Removal Lotion All Variants 125ml each

69.99

SAVE R10 WITH CARD



Chiskop Hair Removal Cream for Men 80g

59.99

SAVE R15 WITH CARD



49.99

SAVE R10 WITH CARD

Bump Patrol Razor Bump Solution 30ml

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PROTECT YOUR SMILE

parodontax
THE GUM EXPERTS



SAVE R20

54.99 WITH CARD

Parodontax Toothpaste All Variants 75ml each



34.99 SAVE R5 WITH CARD

Mentadent P Protection/Herbal Toothpaste 100ml each

EXCLUDES PREMIUM RANGE



SAVE 20% WITH CARD

Listerine Mouthwash 250ml/500ml each



21.99 SAVE R11 WITH CARD

Colgate Original/Gel/Herbal Toothpaste 100ml each



39.99 SAVE UP TO R25 WITH CARD

Colgate Total Toothpaste Selected Variants 75ml/100ml each



32.99 SAVE R12 WITH CARD

Colgate Triple Action Toothpaste 2x100ml per pack



Colgate Total Foam/ Charcoal Toothbrush 2/4 per pack

79.99 WITH CARD



Colgate Charcoal/ Double Action Toothbrush 2 per pack

34.99 SAVE R12 WITH CARD



ANY 2 FOR R44 SAVE UP TO R20 WITH CARD

White Glo Toothpaste Selected Variants 75ml



49.99 SAVE R15 WITH CARD

Sensodyne Toothpaste Selected Variants 75ml each



79.99 SAVE R20 WITH CARD

Sensodyne Toothpaste Selected Variants 75ml each



SAVE R10

ANY 2 FOR R30 Aquafresh Toothpaste All Variants 100ml WITH CARD



34.99 SAVE R8 WITH CARD

Aquafresh Herbal/Fresh & Minty Toothpaste 2x100ml each

Oral-B



BUY ANY 3 ORAL-B PRODUCTS & GET THE CHEAPEST 1 FREE! WITH CARD

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ALL DAY CONFIDENCE



ANY 2 FOR R44
SAVE R26 WITH CARD

Sanex Roll-On for Ladies/ Men All Variants 50ml



28.99
SAVE R8 WITH CARD

Dove Roll-On for Ladies/ Men All Variants 50ml each



21.99
SAVE R8 WITH CARD

Brut Roll-On for Men All Variants 50ml each



19.99
SAVE R8 WITH CARD

Axe Roll-On for Men All Variants 50ml each



32.99
SAVE R13 WITH CARD

Axe Deodorant for Men All Variants 150ml each



24.99
SAVE R10 WITH CARD

Nivea Roll-On for Ladies/ Men All Variants 50ml each



39.99
SAVE R10 WITH CARD

Mitchum Roll-On for Ladies/ Men All Variants 50ml each



89.99
SAVE R30 WITH CARD

Mitchum Deodorant Stick for Ladies/Men All Variants 63g each



19.99
SAVE R8 WITH CARD

Status Roll-On for Men All Variants 50ml each



34.99
SAVE R10 WITH CARD

Status Deodorant for Men All Variants 130ml each



36.99
SAVE R10 WITH CARD

Brut Deodorant for Men All Variants 120ml each



49.99
SAVE R23 WITH CARD

Old Spice Deodorant for Men All Variants 150ml each



29.99
SAVE R13 WITH CARD

Revlon Deodorant for Ladies 90ml/Men 120ml All Variants each



39.99
SAVE R10 WITH CARD

Nivea Deodorant for Ladies/ Men All Variants 150ml each



39.99
SAVE R17 WITH CARD

Yardley Deodorant for Ladies 90ml/Men 125ml All Variants each



ANY 2 FOR R60
SAVE R20 WITH CARD

It's a Vibe Body Spray All Variants 100ml



41.99
SAVE R11 WITH CARD

Dove Deodorant for Ladies/ Men All Variants 150ml each



34.99
SAVE R10 WITH CARD

Rexona Deodorant for Ladies/ Men All Variants 150ml each



34.99
SAVE R12 WITH CARD

Good Stuff Body Mist for Ladies All Variants 100ml each



SELECTED STORES ONLY

59.99
SAVE R10 WITH CARD

Lenthéric I Love Fragrance Mist for Ladies All Variants 100ml each

99¢ GNFOSLDYUWE

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CARE FOR HER



SELECTED STORES

14.99
SAVE R5 WITH CARD

Neno Sanitary Pads
All Variants 8/10 per pack



SAVE R33

WITH CARD

BUY 1
GET 1 FREE
Always Sanitary Pads
All Variants 6/7/8/9/10 per pack/
Pantyliners All Variants
20 per pack



Libresse
Duo Pack
Sanitary Pads
All Variants
16/18/20 per pack

36.99
SAVE R13 WITH CARD



16.99
SAVE R3 WITH CARD

Lil-lets Sanitary Pads
All Variants 7/8/10 per pack



Lil-lets
Tampons
All Variants
16 per pack

32.99
SAVE R12 WITH CARD



14.99
SAVE R10 WITH CARD

Stayfree Sanitary Pads
All Variants 8/10 per pack



16.99
SAVE R5 WITH CARD

Ultrex Ultra Thin
Pantyliners 30 per pack



16.99
SAVE R5 WITH CARD

Ultrex Ultra Sanitary Pads
All Variants 8/10/12 per pack



18.99
SAVE R6 WITH CARD

Libresse Goodnight
Maxi Sanitary Pads
7 per pack

GNFOSLDYUW/E

NEW

KOTEX YOUNG

Designed for young girls.



Period or not, she can.



Pads
Maxi Sanitary Pads
All Variants
8/9/10 per pack

R23,99



Pads
Young Ultra Thin
Sanitary Pads
All Variants
7/8/9/10 per pack

R24,99



Pads
Ultra/Maxi
Sanitary Pads
All Variants
14/16/20
per pack

ANY 2 FOR R80



Liners
Scented/Unscented
Pantyliners All
Variants 16/18/20
per pack

R23,99



Tampons
Normal/Super
Tampons
16 per pack

R26,99



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BUY 2 & GET A 3RD FREE WITH CARD

Medirite
B Shot Complex Exotic Berry Vitamin B Shot
25ml



Medirite
Dutch Medicine
All Variants
20ml each

29.99 SAVE R10 WITH CARD



29.99 SAVE R8 WITH CARD

Panado
Pain Relief Tablets Blister Pack/Tub
24 per pack



59.99 SAVE R18 WITH CARD

Tripare
Original/Lemon Triple Relief Formula Powder
38 per pack



SAVE R15

84.99 WITH CARD

Bioplus Original/Strawberry Syrup
200ml each



ANY 2 FOR R40 SAVE R10 WITH CARD

Rehidrat
Supplement Hydration Powder
All Variants
14g



Sela
Mixture
All Variants
500ml each

49.99 SAVE R20 WITH CARD



FROM 59.99 SAVE R45 WITH CARD

Medirite
Hair, Skin & Nails Capsules
30 per pack - R59,99
Medirite
Hair, Skin & Nails Gummies
60 per pack - R79,99



69.99 SAVE R20 WITH CARD

Centrum
Kids Essentials Effervescent Powder
All Variants
20 per pack



Brunel
Mist Alba Original/Banana Oral Suspension
100ml each

19.99 SAVE R10 WITH CARD



39.99 SAVE R10 WITH CARD

Black Forest
Herbal Laxative Teabags
10 per pack



49.99 SAVE R10 WITH CARD

Rennie
Heartburn & Indigestion Chewable Tablets
All Variants
24 per pack



59.99 SAVE R10 WITH CARD

Eno
Regular/Orange Active Fruit Salt
10 per pack



114.99 SAVE R20 WITH CARD

Relicalm
Calming Tablets
20 per pack



Silverlab
Colloidal Silver Nasal Spray
30ml



49.99 SAVE R10 WITH CARD

69.99 SAVE R25 WITH CARD

Citro-Soda
Original/Cranberry Flavour Effervescent Granules
60g each



FROM 79.99 SAVE R25 WITH CARD

Slow-Mag
Effervescent Tablets
20 per pack - R79,99
Slow-Mag
Effervescent Tablets
10 per pack - R99,99
Slow-Mag
Tablets
30 per pack - R164,99



94.99 SAVE R15 WITH CARD

Airmune
Citrus Immune Enhancer Effervescent
10 per pack



99.99 SAVE R25 WITH CARD

Cepacol
Raspberry Effervescent Tablets
10 per pack

SHOPRITE

LOWER PRICES YOU CAN TRUST Always

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3 WEEKS LEFT

COLLECT THE RANGE



99.99 per pack
WITH Rewards CARD

SPAR
Toilet Tissues
2 ply
18s



109.99 each
WITH Rewards CARD

Omo
Auto Washing
Powder 3 kg, Liquid
2 litre or
Capsules 420 ml
Assorted



Hth
Granular
Chlorine
8 kg

399.99 each
WITH Rewards CARD

UNLEASH YOUR INNER CHEF with nutrifresh™

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM
Retail Price R399.99
Discounted Price: **79.99** 19cm Cook's Knife
COLLECT 30 STICKERS

Shop, chop, slice and dice your way to **80% OFF** nutrifresh™ Kitchen Essentials.

Ends 8 November 2026

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Ts & Cs apply.



Flora
Regular, Light or Gold Tub
(Incl. Rama Regular 1 kg Tub)
1 kg
Assorted

54.99 each
WITH Rewards CARD

Nescafè
Gold
Coffee Assorted 200 g
or Pouch 220 g
(Excl. Alta Rica and Decaf)

149.99 each
WITH Rewards CARD

SPAR
Brown Sugar
2 kg

39.99 each
WITH Rewards CARD



Your Butcher By SPAR
Chicken
Star Pack
(Drumsticks
and Thighs)

69.99 per kg



SPAR
Long Life
Full Cream,
Low Fat
or Fat Free
Milk
(Excl.
Lactose
Free)
6 x 1 litre

89.99 per pack
WITH Rewards CARD

SPAR

Enjoy
Tender Chicken Bake
For Less



SPAR freshline White Ciabatta
36.99 each

SPAR Bakery Muffins 6s Assorted
59.99 per pack

SPAR Bakery Triffling Cake Assorted
79.99 each

Blue Ribbon Classic White Sliced Bread 700 g
17.99 each
WITH Rewards CARD

Your Butcher by SPAR Chicken Braai Pack
69.99 per kg

SPAR Tender & Tasty Buffalo Wings (BBQ / Peri-Peri)
109.99 per kg

SPAR Tender & Tasty Honey Glaze Pork Rashers
179.99 per kg

Your Butcher By SPAR Rooiberg Boerewors
109.99 per kg

SPAR Steak Co. Rump Medallion
199.99 per kg

Your Butcher By SPAR Rump or Sirloin Steak
169.99 per kg

Sourced for **quality** and **taste** so you can serve **irresistible** meals every day. **Affordable prices** mean you can enjoy moist, tender chicken dishes **more often.** **Your Butcher** products are available **only at SPAR.**

SPAR freshline Aqua Leaf Lettuce Head 400 g
14.99 each

SPAR freshline Seasonal Fruit Salad 450 g
49.99 each

SPAR freshline Banana Bag 750 g
24.99 per pack

SPAR freshline Potatoes 3 kg
54.99 per pack

SPAR freshline Tomatoes 1 kg
26.99 per bag

SPAR Rewards deals available while stocks last.

Maximum 10 deals per customer on all **SAVE EXTRA** products. **SAVE EXTRA** products are only **available in-store** and not on the SPAR2U App. Specials available at selected **SPAR, SUPERSPAR** in Limpopo and Pretoria area (excluding SPAR Express stores). Promotion valid from **19 October 2026** up to and including **08 November 2026**, while stocks last. We reserve the right to limit quantities. Prices include VAT. Please visit your nearest store to see if these specials apply. Not available in Western Cape, Eastern Cape, KwaZulu-Natal, Upington, Keimoes, Lowveld, South Rand Region and Belfast. Errors and Omissions Excepted (E&OE).

Fridge & Freezer



77.99 per pack
WITH Rewards CARD
SPAR Extra Large Eggs 30s



29.99 per pack
WITH Rewards CARD
SPAR Shoulder, Diced or Round Cut Bacon 200 g



34.99 per pack
WITH Rewards CARD
SPAR Back Bacon 200 g



79.99 each
WITH Rewards CARD
Rainbow Simply Chicken Polony 1 kg Assorted



39.99 per pack
WITH Rewards CARD
SPAR Lean, Streaky or Chicken Rashers 200 g Assorted



69.99 per pack
WITH Rewards CARD
SPAR Grillers 425 g Assorted



49.99 each
WITH Rewards CARD
SPAR French or Chicken Polony 2 kg





49.99 per pack
WITH Rewards CARD
SPAR Viennas Red, Smoked or Smoked with Cheese 500 g



45.99 per pack
WITH Rewards CARD
SPAR Pork Sausage, Minis or Cheese 375 g Assorted



69.99 each
WITH Rewards CARD
Parmalat or Melrose Cheese Slices (Incl 380 g Gourmet Slices) 400 g Assorted



124.99 each
WITH Rewards CARD
Clover Cheese 800 g Assorted



49.99 each
WITH Rewards CARD
Lancewood Double Cream Yoghurt (Incl Greek 700 g) 1 kg Assorted



74.99 each
WITH Rewards CARD
Kiri Cream Cheese 12 Piece Portions 200 g



64.99 each
WITH Rewards CARD
President Feta Cheese 400 g Assorted





69.99 each
WITH Rewards CARD
SPAR Choice Butter or Butterable Spread 500 g



BUY BONUS sticker!

39.99 each
WITH Rewards CARD
Parmalat Smooth or Fruit Yoghurt (Excl. Double Cream or Easy Gest) 1 kg Assorted



Danone Nutriday Smooth, Low Fat, Fruits or Plain Full Cream (Excl. Double Cream) 6 x 100 g Assorted

BUY ANY 2 FOR 38.00
WITH Rewards CARD



29.99 each
WITH Rewards CARD
SPAR Full Cream Maas 2 kg



42.99 each
WITH Rewards CARD
Clover Krush 100% Fruit Juice 1.5 litre Assorted



34.99 each
WITH Rewards CARD
Clover Tropika Dairy Fruit Mix 2 litre Assorted



29.99 each
WITH Rewards CARD
Clover Ultra Pasteurised Carton or Jug Full Cream or Low-Fat Fresh Milk 2 litre



24.99 each
WITH Rewards CARD
Danone Danup Multigrain & Yoghurt Blend Cream (Excl. Boost) 950 g Assorted

More Filling

Gourmet Recipe
McCOY
REAL DEAL PIES



McCOY Pies or Sausage Rolls Assorted

BUY ANY 2 FOR 65.00

Fresh & Convenient



Pieman's Pies or Sausage Rolls (Excl. Burger Pie) Assorted

BUY ANY 2 FOR 55.00
PIEMAN'S

Delicious Made Easy



The FOOD STALL at SPAR Beef Lasagne 1 kg + **SPAR freshline** Family Salad Bowl 400 g

220.00 per combo
The FOOD STALL at SPAR

Delicious Made Easy



CHIKKA CHICKEN 6 Meal (2 x Thighs, 2 x Drums, 2 x Wings) and 200 g Chips

99.99 per meal
CHIKKA CHICKEN

The **SPAR** & **TOPS** you love, **now online!** SPAR 2U DOWNLOAD **NOW** ON Available on the App Store | GET IT ON Google Play

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LOOK OUT FOR PARTICIPATING PRODUCTS TO GET BONUS STICKERS

Super BUNDLE DEAL



SPAR
Crumbed Chicken 750 g
Assorted
+ **McCain** Air Fryer Straight Cut Potato Chips 750 g + **Coca-Cola** Regular Only 1.5 litre

BUY ALL FOR **139.00** per combo
WITH Rewards CARD

Fridge & Freezer



SPAR
Frozen Chicken Mixed Portions 5 kg

189.99 per pack
WITH Rewards CARD



92.99 each
WITH Rewards CARD

Sea Harvest
Crisp & Chunky 500 g
or Hake Medallions 450 g
Assorted



82.99 per pack
WITH Rewards CARD

SPAR
Crumbed Hake Portions 480 g
Assorted



86.99 per pack
WITH Rewards CARD

I&J
Original Fish Fingers 600 g



119.99 per pack
WITH Rewards CARD

SPAR
Sausage Rolls 30s



SPAR
Frozen Pizza 250 g / 300 g
Assorted

46.99 each
WITH Rewards CARD



44.99 each
WITH Rewards CARD

SPAR
Crumbed Chicken Patties Original or Cheese 520 g



74.99 per pack
WITH Rewards CARD

SPAR
Southern Style Chicken Mixed Portions or Drumsticks 1 kg



56.99 per pack
WITH Rewards CARD

SPAR
Everyday Value Burgers 1.2 kg



44.99 per pack
WITH Rewards CARD

SPAR
Mediterranean Roast Mix 1 kg



42.99 per pack
WITH Rewards CARD

Nature's Garden
Chips Assorted 900 g



123.99 per pack
WITH Rewards CARD

Cadbury
Ice Cream Multipack Dairy Milk or Crunchie Blast 5 x 600 ml



74.99 per pack
WITH Rewards CARD

Magnum
Ice Cream Mini 5 x 55 ml
Assorted

Super BUNDLE DEAL



BUY ANY 2 FOR **100.00**
WITH Rewards CARD

Ola
Rich 'n Creamy Ice Cream 1.8 litre
Assorted

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SHOP & CHOP with nutrifresh™



Bulk Buys

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SPAR Super Maize Meal 12.5 kg

86.99 each
WITH Rewards CARD



Tastic Long Grain Parboiled Rice 10 kg

149.99 each
WITH Rewards CARD



49.99 each
WITH Rewards CARD

Iwisa or Super Sun Super Maize Meal 5 kg



26.99 each
WITH Rewards CARD

Excella Parboiled Rice 2 kg

Pantry Fillers



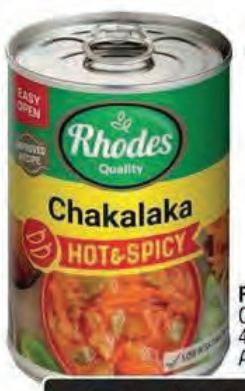
Fatti's & Moni's Macaroni or Spaghetti 500 g

BUY ANY 2 FOR **30.00**
WITH Rewards CARD



Maggi 2 Minute Instant Noodles 5s Assorted

BUY ANY 2 FOR **60.00**
WITH Rewards CARD



Rhodes Chakalaka 400 g Assorted

21.99 each
WITH Rewards CARD



Lucky Star Pilchards 400 g Assorted

29.99 each
WITH Rewards CARD



Koo Baked Beans in Tomato Sauce 400 g

14.99 each
WITH Rewards CARD



Bull Brand Curried Mince 400 g Assorted

BUY ANY 2 FOR **50.00**
WITH Rewards CARD



Bull Brand Corned Meat 300 g Assorted

BUY ANY 2 FOR **55.00**
WITH Rewards CARD



SPAR Shredded Tuna in Oil or Water 170 g

BUY ANY 2 FOR **38.00**
WITH Rewards CARD



SPAR Extra Virgin Olive Oil 1 litre

199.99 each
WITH Rewards CARD



Excella Sunflower Cooking Oil 2 litre

69.99 each
WITH Rewards CARD

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Morning Fix





54.99 per pack
WITH Rewards CARD

Joko
Tagless
Teabags
100s

SAVE EXTRA



46.99 per pack
WITH Rewards CARD

Freshpak
Rooibos
Tagless
Teabags
80s



89.99 each
WITH Rewards CARD

SPAR
Filter Coffee
(Incl. Beans)
250 g
Assorted



65.99 per pack
WITH Rewards CARD

House of Coffees
Hug in a Mug
8s
Assorted



44.99 each
WITH Rewards CARD

SPAR
Rusks
450 g
/ 500 g
Assorted



49.99 each
WITH Rewards CARD

Cremora
Coffee and
Tea Creamer
750 g



58.99 each
WITH Rewards CARD

SPAR
Refined
White
Sugar
2.5 kg

Pantry Fillers

Super BUNDLE DEAL



BUY ANY 2 FOR 27.00
WITH Rewards CARD

Robertsons
Spices
Medium Refill
(Excl. Herbs,
Black Pepper,
Whole Spice
& Ginger)
64 g - 100 g
Assorted



Super BUNDLE DEAL

BUY ANY 3 FOR 27.00
WITH Rewards CARD

Imana
Gravy
or Sauce
34 g / 38 g
Assorted

AS SEEN ON TV

BUY me for a BONUS sticker!



39.99 each
WITH Rewards CARD

Nola
Mayonnaise
(Excl.
Squeeze
Bottle 500 g
& 730 g)
750g / 780 g
Assorted

BUY me for a BONUS sticker!



32.99 each
WITH Rewards CARD

All Gold
Tomato
Sauce
(Incl.
Hot & Spicy)
700 ml



12.99 each
WITH Rewards CARD

Nando's
Umlilo
Hot Sauce
90 ml



25.99 per pack
WITH Rewards CARD

Knorr
Aromat
Seasoning
Refill
Trio Pack
200 g
Assorted

Super BUNDLE DEAL







COMBO DEAL

Tastic
Long Grain Rice 10 kg
+ **SPAR**
Super Maize Meal 10 kg
+
SaveMor
Cooking Oil 2 litre

BUY ALL FOR 279.99 per combo
WITH Rewards CARD

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SPAR Rewards deals available while stocks last.

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Breakfast



Bokomo Weet-Bix 900 g

49.99 each WITH Rewards CARD



Kellogg's All-Bran Flakes 1 kg

79.99 each WITH Rewards CARD



Kellogg's Corn Flakes 1 kg

72.99 each WITH Rewards CARD



Jungle Oats 1 kg

37.99 each WITH Rewards CARD



SPAR Muesli 750 g Assorted

54.99 each WITH Rewards CARD



Kellogg's Coco Pops, Crunchers, Frosties 400 g Froot Loops (Original or Bubblegum Berry) or Vanilla Rice Krispies (Excl. Fills and Mash Ups) 340 g / 350 g / 375 g / 400 g Assorted

BUY ANY 2 FOR 100.00 WITH Rewards CARD



Black Cat Peanut Butter 400 g Assorted

BUY ANY 2 FOR 70.00 WITH Rewards CARD



All Gold Smooth Apricot or Apricot & Peach Jam 900 g

39.99 each WITH Rewards CARD

Baking



Sasko Cake Wheat Flour 10 kg

119.99 each WITH Rewards CARD



Golden Cloud Cake Wheat Flour 2.5 kg

34.99 each WITH Rewards CARD



Snowflake Self Raising Flour 1 kg

21.99 each WITH Rewards CARD



Ina Paarman's Premixes 250 g Assorted

69.99 each WITH Rewards CARD



Snowflake Easy Mix 1 kg Assorted

32.99 each WITH Rewards CARD



Nestlé Cocoa Powder 62.5 g

49.99 each WITH Rewards CARD



Maizena Cornflour 500 g

31.99 each WITH Rewards CARD



SPAR Vanilla Flavoured Custard 1 litre

26.99 each WITH Rewards CARD



SPAR Honey 500 g

59.99 each WITH Rewards CARD



Moir's Instant Pudding 90 g Assorted

BUY ANY 2 FOR 22.00 WITH Rewards CARD



Trotters or Rhodes Jelly 40 g Assorted

BUY ANY 3 FOR 22.00 WITH Rewards CARD



Nestlé Dessert Cream 290 g, Ideal Evaporated Milk 380 g

39.99 each WITH Rewards CARD



Nestlé Gold Cross or Sweetened Condensed Milk 385 g

39.99 each WITH Rewards CARD



Nestlé Caramel Treat 360 g

44.99 each WITH Rewards CARD



Koo Fruit Cocktail or Fruit Salad 825 g

59.99 each WITH Rewards CARD



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SLICE & DICE WITH EASE

COMPLETE YOUR COLLECTOR'S CARD TO REDEEM
Retail Price R399.99
Discounted Price: 79.99
16.5cm Santoku Knife
COLLECT 30 STICKERS

Snacks & Treats

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BUY ANY 2 FOR **34.00** WITH Rewards CARD

Simba
Potato Chips
120 g
Assorted



BUY ANY 2 FOR **39.00** WITH Rewards CARD

Lay's
Potato Chips
120 g
Assorted
(Excl. Kettle Cooked)



Willard's
Cheasnaks
135 g
Assorted

BUY ANY 2 FOR **28.00** WITH Rewards CARD



Spookies or Flyers
Chips 100 g or
Chip Strip 4s
Assorted

BUY ANY 2 FOR **25.00** WITH Rewards CARD



13.99 per pack WITH Rewards CARD

Bakers
Biscuits
125 g
Assorted



Oreo
Biscuits
128.8 g / 129 g /
BTS 105 g
Assorted

BUY ANY 2 FOR **32.00** WITH Rewards CARD



BUY ANY 2 FOR **27.00** WITH Rewards CARD

Snickers, Mars or Twix
Chocolate Bar 40 g/ 46 g
(Excl. Bounty 57 g)
40 g
Assorted



Beacon
Allsorts
liquorice
150 g
or Maynards
Gums
or Jellies
100 g
Assorted

19.99 per pack WITH Rewards CARD



Wringleys
Airwaves or Orbit
Chewing Gums
10s / 14 g

BUY ANY 2 FOR **20.00** WITH Rewards CARD



SPAR Rewards deals available while stocks last.

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Refreshment Essentials



Coca-Cola
Regular
Less sugar
2 litre

BUY 4 FOR **99.99**
WITH Rewards CARD



Sparletta or Twist
Soft Drink
(Excl. Fanta, Sprite, Stoney or Coke Original less Sugar)
2 litre
Assorted

BUY ANY 2 FOR **34.00**
WITH Rewards CARD



SPAR
Carbonated
Soft Drink
2 litre
Assorted

BUY ANY 2 FOR **25.00**
WITH Rewards CARD



Pepsi Regular, Pepsi Max, Mirinda or Mountain Dew
Carbonated
Soft Drink
500 ml

BUY ANY 2 FOR **16.00**
WITH Rewards CARD



Rose's
Cordials
750 ml
Assorted

42.99 each
WITH Rewards CARD



Brookes
Oros Squash
Concentrate
2 litre
Assorted

36.99 each
WITH Rewards CARD



Fusion
Dairy Blend
1 litre
Assorted

BUY ANY 2 FOR **22.00**
WITH Rewards CARD



Lipton
Iced Tea
(Incl. Sugar Free)
1.5 litre
Assorted

24.99 each
WITH Rewards CARD



42.99 per pack
WITH Rewards CARD

aQuellè
Flavoured Still or Sparkling Water
(Excl. Natural Still or Sparkling)
6 x 500 ml
Assorted



39.99 per pack
WITH Rewards CARD

Fruitree
Juice
6 x 200 ml
Assorted



Monster
Energy Drink
(Incl. Zero)
500 ml
Assorted

BUY ANY 2 FOR **34.00**
WITH Rewards CARD



aQuellé
Natural Still or Sparkling Water
1.5 litre
Assorted

BUY ANY 2 FOR **22.00**
WITH Rewards CARD



Powerade
Sports Drink
500 ml
Assorted

BUY ANY 2 FOR **29.00**
WITH Rewards CARD



Every 500ml bottle you buy, **donates** to **breast cancer** support.

SPAR CANCERVIVE

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Baby & You

Super BUNDLE DEAL

Huggies
Dry Comfort
Jumbo Pack
Diapers
or Nappy Pants
or Gold Nappies
or Pants
Assorted

BUY ANY 2 FOR **294.99**
WITH Rewards CARD

BUY me for a BONUS sticker!

Huggies
Baby Wipes
56s
Assorted

29.99 each
WITH Rewards CARD

Johnson's
Baby Wipes
288s
Assorted

104.99 per pack
WITH Rewards CARD

Nestlé
Cerelac
Infant Cereal
500 g
Assorted

76.99 each
WITH Rewards CARD

Vaseline
Petroleum Jelly
250 ml
Assorted

46.99 each
WITH Rewards CARD

Super BUNDLE DEAL

Dettol
Hygiene Soap
175 g
Assorted

BUY me for a BONUS sticker!

BUY ANY 2 FOR **28.00**
WITH Rewards CARD

AS SEEN ON TV

Purity
Baby Food
Jar or Puree
200 ml
/ 150 ml
Assorted

BUY ANY 4 FOR **59.00**
WITH Rewards CARD

Super BUNDLE DEAL

23.99 each
WITH Rewards CARD

Care By SPAR
Facial Tissues
200s
Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **79.00**
WITH Rewards CARD

Kotex
Maxi Pads
16s / 20s
Assorted

41.99 each
WITH Rewards CARD

Lil-lets
Thin Pantyliners
100s or
Tampons 32s
Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **26.00**
WITH Rewards CARD

Lux
Beauty Soap
150 g
Assorted

SPAR
Germex
Hand Wash
or Hand Sanitiser
250 ml
Assorted

32.99 each
WITH Rewards CARD

79.99 each
WITH Rewards CARD

Satiskin
Foam Bath
2 litre
Assorted

Super BUNDLE DEAL

BUY ANY 2 FOR **18.00**
WITH Rewards CARD

SPAR
Petals
Pantyliners
20s
Assorted

22.99 per pack
WITH Rewards CARD

SPAR
Petals
Multipack
Pads &
Pantyliners
174 g

68.99 each
WITH Rewards CARD

NIvea
Shower Gel
or Cream
for Men or
Women
500 ml
Assorted

54.99 each
WITH Rewards CARD

Nivea
Lotion or Cream
for Men or
Women
(Incl. Radiant
& Beauty)
400 ml
Assorted

67.99 each
WITH Rewards CARD

GynaGuard
Ultimate
Daily Control
Intimate Wash
140 ml

39.99 each
WITH Rewards CARD

Colgate
Total Clean
Toothpaste
75 ml
Assorted

84.99 each
WITH Rewards CARD

Organics
Shampoo,
Conditioner
or 2 in 1
1 litre
Assorted

31.99 each
WITH Rewards CARD

Dawn
Cream for
Men or Women
400 ml
Assorted

26.99 each
WITH Rewards CARD

Dawn
Lotion for
Men or
Women
400 ml
Assorted

239.99 each
WITH Rewards CARD

Everysun
SPF50
Lotion
200 ml

Super BUNDLE DEAL

BUY me for a BONUS sticker!

BUY ANY 2 FOR **30.00**
WITH Rewards CARD

Aquafresh
Fresh & Minty, Mild & Minty,
Lemon Mint or Herbal Toothpaste
100 ml

Colgate
Max White Toothpaste
75 ml
Assorted

45.99 each
WITH Rewards CARD

42.99 each
WITH Rewards CARD

Dove
Antiperspirant
Deodorant
Body Spray
for Male or
Female
150 ml
Assorted

35.99 each
WITH Rewards CARD

Axe
Deodorant
for Men
150 ml
(Excl. Fine
Frangrance)
Assorted

BUY ANY 2 FOR **50.00**
WITH Rewards CARD

Dove
Antiperspirant
Roll-On
Deodorant
for Male
or Female
50 ml
Assorted

89.99 each
WITH Rewards CARD

Grandpa
Powder
Sachets 38s
or Tablets 76s

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Always-on savings!



goodliving Large Braai Stand

279.99 each

WITH Rewards CARD

Home Essentials



Poolbrite
Monthmate
Super Plus Floater
1.5 kg
Assorted

119.99 each

WITH Rewards CARD



SPAR
Paper Plates
230 mm
50s

39.99 per pack

WITH Rewards CARD



Kiwi
Paste
50 ml
Assorted

17.99 each

WITH Rewards CARD



Charka
Brikettes
5 kg
+
SPAR
Firelighters
12s

BUY BOTH FOR 119.99

WITH Rewards CARD



Garbie
Black
Refuse Bags
20s

49.99 per pack

WITH Rewards CARD

SPAR
Cling Wrap
Non-Perforated
30 m



49.99 each

WITH Rewards CARD





Home Care By SPAR
Dish Cloth
Assorted

16.99 each

WITH Rewards CARD

SPAR
Aluminium Foil
Heavy Duty
5 m



39.99 each

WITH Rewards CARD



Tuffy
Refuse
Black Bags
750 mm x 900 mm
10 x 80 litre

37.99 per pack

WITH Rewards CARD



Scotch Brite
Heavy Duty
Brass, Wire or
Stainless Steel
Scourers
1s / 3s

22.99 per pack

WITH Rewards CARD



SPAR
Kitchen Towel
2s
Assorted

21.99 per pack

WITH Rewards CARD

Addis
Everyday
Gloves
(Medium
or Large)



19.99 per pack

WITH Rewards CARD



Energizer
Batteries
Max AA
or AAA
8s

109.99 per pack

WITH Rewards CARD



Otima
Lock Box
600 ml

14.99 each

WITH Rewards CARD



goodliving
Cooler Box
26 litre
Assorted

199.99 each

WITH Rewards CARD



goodliving
Heavy
Duty Mop
300 g

99.99 each

WITH Rewards CARD



goodliving
Broom

59.99 each

WITH Rewards CARD



Pineware
Automatic
Black or White
Corded Kettle
1,7 litre

179.99 each

WITH Rewards CARD

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Sunlight Hand Washing Powder 2 kg Assorted

56.99 each

WITH Rewards CARD



Sta-Soft Fabric Conditioner Refill 500 ml Assorted

26.99 each

WITH Rewards CARD

Pro-Wash Laundry Bar 500 g Assorted

BUY ANY 2 FOR **32.99**

WITH Rewards CARD



Twinsaver Toilet Tissue Paper 1 ply 15s

76.99 per pack

WITH Rewards CARD



Sunlight Dishwashing Liquid 750 ml Assorted

29.99 each

WITH Rewards CARD



Finish All in 1 56s, Quantum Tabs 50s or Ultimate Plus Tabs 45s Assorted

209.99 per pack

WITH Rewards CARD



Glade Air Freshner Trigger 400 ml Assorted

44.99 each

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Handy Andy All Purpose Cleaner 750 ml Assorted

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Domestos Thick Bleach 750 ml Assorted

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Jik Bleach 1.5 litre Assorted

34.99 each

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Doom Insect Killer (Excl. Doom Pro Range) 300 ml Assorted

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Pet Deals



Marltons Rolls, Strips or Trainer Mix Treats 120 g Assorted

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Pamper Cat Food Multi-Pack Pouches 12 x 85 g Assorted

BUY ANY 2 FOR **239.99**

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Husky Wet Dog Food (Excl. Prime Cut) 775 g Assorted

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Marltons Cat Litter 10 kg

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SPAR Mixed Poultry Grain 2 kg

22.99 each

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